

## **Relay Card**

	Seed Time	Age Group	
Club			
<b>Distance</b> 200 400 800	<b>Relay Type</b> Free Relay Medley Relay	Gender Women Men Mixed	
Swimmer 1			
Swimmer 2			
Swimmer 3			
Swimmer 4			



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Swimmers must swim in specified order or notify official before swimming of change, or you will be disqualified.					





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