

Minnesota LMSC Masters Swimming Records - RELAYS

SCY - SHORT COURSE YARDS

as of 5/04/2024

Type	Group	Dist	Strokes	Team / Swimmers	Date	Time
Women	18+	200	Free Relay	MINN K Vandam, K Melsen, M Lee, E Nymeyer	04/26/2019	1:45.33
Women	18+	400	Free Relay	MN-HOPK Abbey Erwin, Karen Zemlin, Katy Coombe, Rachel Krejci	03/20/2022	3:59.82
Women	18+	800	Free Relay	MINN Abbey Erwin, Karen Zemlin, Katy Coombe, Krisie Melsen	03/20/2022	8:48.01
Women	18+	200	Medley Relay	MINN M Lee, K Melsen, K Vandam, E Nymeyer	04/26/2019	1:56.16
Women	18+	400	Medley Relay	MINN Brooke Evensen, Chantal Naassana, Abbey Erwin, Rachel Krejci	04/16/2023	4:14.57

Women	25+	200	Free Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/23/2015	1:42.28
Women	25+	400	Free Relay	HOPK A Rittenhouse, K Vandam, K Melsen, K Coombe	04/12/2015	4:00.03
Women	25+	800	Free Relay	HOPK K Vandam, J Stone, J Li, A Andersen	04/15/2012	8:26.93
Women	25+	200	Medley Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/23/2015	1:52.16
Women	25+	400	Medley Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/12/2015	4:06.31

Women	35+	200	Free Relay	MINN K Melsen, A Ode, S Biegler, J France	04/08/2016	1:50.58
Women	35+	400	Free Relay	MINN Eva Christianson, Elizabeth Nymeyer, Rachel Krejci, Chelsea Reynolds	04/28/2024	4:11.23
Women	35+	800	Free Relay	HOPK A Rittenhouse, J Casey, L Madley, K Zemlin	04/12/2013	9:21.44
Women	35+	200	Medley Relay	MTKA T Burns, B Scouler, C Stolar, A Senn	05/13/2006	2:00.89
Women	35+	400	Medley Relay	Blue Gills D Hess, C Weiland, S Terebayza, L Rades	04/14/2012	5:00.12

Women	45+	200	Free Relay	MINN	11/07/2015	1:58.38
E Schultz, C Stolar, B Scouler, K Bryant						
Women	45+	400	Free Relay	HOPK	04/12/2013	4:16.46
T Bruncker, C Stolar, K Zemlin, K Lindblom						
Women	45+	800	Free Relay	MINN	04/09/2016	10:09.70
B Ballard, S Hromada, J Casey, L Kueny						
Women	45+	200	Medley Relay	HOPK	04/12/2013	2:13.26
B Ballard, K Zemlin, C Stolar, K Lindblom						
Women	45+	400	Medley Relay	HOPK	04/12/2015	5:22.90
K Zemlin, B Dalton, J Casey, L Kueny						

Women	55+	200	Free Relay	MINN	01/26/2020	2:12.91
Jacqueline Strebe, Sue Mohn, Pam Ogden, Susan Lee						
Women	55+	400	Free Relay	HOPK	04/12/2015	5:06.18
L Hoover, M Schwebach, B Ballard, S Swartz						
Women	55+	800	Free Relay	MN-RLK	04/28/2024	12:35.72
Sharon Lee-Sheridan, Karen Slakey, Loralie Langman, Paula Pendergast						
Women	55+	200	Medley Relay	MINN	05/22/2010	2:42.66
L Griffith, E Cutter, M Jablonski, S Swartz						
Women	55+	400	Medley Relay	Riptide Masters	05/16/2021	5:36.58
Amy Parratto, Judith Bloom, Peggy Kratz, Sara Stoltman						

Women	65+	200	Free Relay	MINN	01/27/2019	2:42.25
B Larsen, M Vonderharr, M Conway, S Lee-Sheridan						
Women	65+	400	Free Relay	MN-RLK	03/20/2022	6:00.46
Sharon Lee-Sheridan, Babs Larsen, Mary Vonderharr, Mary Conway						
Women	65+	800	Free Relay	MN-RLK	03/20/2022	12:42.33
Sharon Lee-Sheridan, Mary Conway, Paula Pendergast, Babs Larsen						
Women	65+	200	Medley Relay	MN-RLK	04/16/2023	3:03.43
Sharon Lee-Sheridan, Mary Vonderharr, Paula Pendergast, Pam Ogden						
Women	65+	400	Medley Relay	MN-RLK	05/16/2021	6:37.69
Sharon Lee-Sheridan, Paula Pendergast, Babs Larsen, Mary Conway						

Women	75+	200	Free Relay	MN-RLK	01/22/2023	3:32.80
Babs Larsen, Carol Smollen, Martha Arradondo, Annliv Bacon						
Women	75+	400	Free Relay	MN-RLK	01/21/2024	8:06.22
Carol Smollen, Pat Lillehei, Annliv Bacon, Babs Larsen						
Women	75+	800	Free Relay	MN-RLK	04/16/2023	18:52.04
Babs Larsen, Carol Smollen, Sandy Pierce, AnnLiv Bacon						
Women	75+	200	Medley Relay	MN-RLK	01/22/2023	4:09.41
Martha Arradondo, Carol Smollen, Babs Larsen, AnnLiv Bacon						
Women	75+	400	Medley Relay	MN-RLK	04/16/2023	8:46.10
Carol Smollen, Patsy Lillehei, Babs Larsen, AnnLiv Bacon						

Men	18+	200	Free Relay	MN WEST EXP	02/04/2024	1:28.56
Curt Wood, Sam Brennan, Jonathan Scouler, Alex Wold						
Men	18+	400	Free Relay	MINN	04/11/1987	3:21.31
M Gernes, J Gernes, L Nyman, G Asmus						
Men	18+	800	Free Relay	MINN	04/14/2019	7:36.56
C Vennefron, B Boston, Z Hingtgen, N Becker						
Men	18+	200	Medley Relay	MINN	04/23/2015	1:38.04
L Vestrum, B Jacobson, J Seaburg, J Arnold						
Men	18+	400	Medley Relay	St Cloud YMCA	04/12/2014	3:39.18
R Simson, J Hausauer, K Cordry, J Larson						

Men	25+	200	Free Relay	Sunday Swim Team	04/13/2013	1:26.37
M Girard, J Timmer, M Woodson, W Simson						
Men	25+	400	Free Relay	Sunday Swim Team	04/12/2014	3:12.17
M Girard, J Timmer, M Woodson, W Simson						
Men	25+	800	Free Relay	Sunday Swim Team	02/23/2013	7:25.38
M Girard, J Timmer, M Woodson, W Simson						
Men	25+	200	Medley Relay	Sunday Swim Team	04/12/2014	1:34.85
M Woodson, J Timmer, W Simson, M Girard						
Men	25+	400	Medley Relay	Sunday Swim Team	04/12/2014	3:31.23
M Woodson, J Timmer, W Simson, M Girard						

Men	35+	200	Free Relay	MINN	04/11/1992	1:33.45
				P Windrath, L Nyman, J Lukens, N Leigh		
Men	35+	400	Free Relay	MINN	04/14/1996	3:19.38
				P Windrath, J Lukens, D Mattai, N Leigh		
Men	35+	800	Free Relay	MINN	04/14/1996	7:22.68
				S Grantham, P Windrath, J Stewart, N Leigh		
Men	35+	200	Medley Relay	MINN	04/04/1993	1:41.86
				P Windrath, J Evers, D Smith, N Leigh		
Men	35+	400	Medley Relay	MINN	04/04/1993	3:45.22
				P Windrath, J Evers, D Smith, N Leigh		

Men	45+	200	Free Relay	MINN	04/29/2007	1:38.34
				B Holthus, C D Andersen, T Emison, M Burns		
Men	45+	400	Free Relay	MINN	04/29/2007	3:39.13
				B Holthus, M Burns, D Smith, T Emison		
Men	45+	800	Free Relay	MINN	04/29/2007	8:05.13
				T Emison, M Burns, D Smith, C D Andersen		
Men	45+	200	Medley Relay	MINN-SCY	04/08/2017	1:48.18
				M Moran, M Ewing, C Sieben, C Kvaal		
Men	45+	400	Medley Relay	MINN	04/29/2007	4:03.00
				B Holthus, M Burns, D Smith, T Emison		

Men	55+	200	Free Relay	MINN	05/01/2014	1:41.98
				M Anderson, J Lukens, D Lamour, D Smith		
Men	55+	400	Free Relay	MN-RIP	04/28/2024	3:57.24
				Gary Muchow, Steven Gruenwald, James Wise, Tom Osteraas		
Men	55+	800	Free Relay	MN-RIP	04/28/2024	8:53.47
				Gary Muchow, Steven Gruenwald, James Wise, Tom Osteraas		
Men	55+	200	Medley Relay	MINN	04/09/2016	1:52.00
				B Holthus, J Kochendorfer, D Smith, B Paakh		
Men	55+	400	Medley Relay	MN-RLK	04/14/2019	4:03.80
				S Daniels, J Kochendorfer, D Smith, B Paakh		

Men	65+	200	Free Relay	MN-RLK	04/28/2024	1:51.14
Bruce Paakh, Brian Holthus, Marc Anderson, Darrell Smith						
Men	65+	400	Free Relay	MINN	04/08/2017	4:13.59
G Vandam, R Kleffman, J Bachman, M Anderson						
Men	65+	800	Free Relay	MINN	01/22/2017	10:12.88
M Anderson, G Fine, R Kleffman, D Kornblatt						
Men	65+	200	Medley Relay	MINN	04/28/2019	2:05.95
J Luken, P Strother, M Anderson, J Bergman						
Men	65+	400	Medley Relay	MINN	04/08/2017	4:56.80
M Anderson, R Kleffman, G Vandam, J Bachman						

Men	75+	200	Free Relay	MN-RLK	04/28/2024	2:32.96
Robin Kleffman, Kent Quackenbush, Dave Arlander, Pete Magee						
Men	75+	400	Free Relay	MINN	04/08/2017	6:11.18
Bill Kansas, John Bergman, Dave Arlander, Niel Petersen						
Men	75+	800	Free Relay	MN-RLK	04/28/2024	12:10.79
Marc Anderson, Kent Quackenbush, David Arlander, Robin Kleffman						
Men	75+	200	Medley Relay	MN-RLK	11/12/2023	2:43.93
Michael Rothweiler, Dave Arlander, Robin Kleffman, Kent Quackenbush						
Men	75+	400	Medley Relay	MN-RLK	04/28/2024	6:48.71
Marc Anderson, Mark Kaplan, Robin Kleffman, Kent Quackenbush						

Mixed	18+	200	Free Relay	MINN	04/12/2015	1:32.96
B Jacobson, L Greenberg, N Kennedy, T Behrens						
Mixed	18+	400	Free Relay	HOPK	04/13/2013	3:32.17
K Vandam, Z Hanson, K Coombe, B Bendix						
Mixed	18+	800	Free Relay	HOPK	04/12/2015	8:18.75
P English, Z Hanson, K Vandam, K Coombe						
Mixed	18+	200	Medley Relay	MINN	04/12/2015	1:40.23
T Behrens, L Greenberg, N Kennedy, B Jacobson						
Mixed	18+	400	Medley Relay	HOPK	04/18/2010	4:08.06
T Ruehle, S White-Olson, S Tripps, K Zemlin						

Mixed	25+	200	Free Relay	MINN	04/28/2019	1:33.67
K Vandam, J Recker, B Jacobson, K Coombe						
Mixed	25+	400	Free Relay	MINN-MACAL	04/09/2017	3:40.11
C Rupp, L Arnosti, K Dahlager, G Schneider-Bateman						
Mixed	25+	800	Free Relay	MINN-MACAL	04/09/2017	8:04.30
G Schneider-Bateman, L Arnosti, K Dahlager, C Rupp						
Mixed	25+	200	Medley Relay	MINN	04/28/2019	1:45.23
J Recker, B Jacobson, K Vandam, K Coombe						
Mixed	25+	400	Medley Relay	HOPK	04/16/2011	4:08.06
S Tripps, L B Johnson, K Vandam, K Marentette						

Mixed	35+	200	Free Relay	HOPK	04/19/2009	1:38.19
S Williams, T Ruehle, K Zemlin, S Tripps						
Mixed	35+	400	Free Relay	HOPK	04/19/2009	3:48.60
J McCarthy, S Williams, K Zemlin, R Woodworth						
Mixed	35+	800	Free Relay	HOPK	04/19/2009	8:19.98
K Zemlin, K Lindblom, T Ruehle, S Tripps						
Mixed	35+	200	Medley Relay	MINN	04/30/2017	1:51.44
M Moran, B Jacobson, K Melsen, M Morris						
Mixed	35+	400	Medley Relay	HOPK	04/16/2009	4:19.56
K Lindblom, T Lee, S Tripps, K Zemlin						

Mixed	45+	200	Free Relay	MINN	05/01/2011	1:45.74
T Emison, P Emison, N Kryka, B Holthus						
Mixed	45+	400	Free Relay	MN-MAKO	04/28/2024	3:55.44
Stacey Matter, Robert Young, Jennifer Ridge, Aaron Harker						
Mixed	45+	800	Free Relay	MINN	04/15/2012	8:40.86
T Emison, B Scouler, N Kryka, D Smith						
Mixed	45+	200	Medley Relay	MN-MAKO	04/28/2024	1:57.13
Jennifer Ridge, Aaron Harper, Robert Young, Stacey Matter						
Mixed	45+	400	Medley Relay	HOPK	04/12/2015	4:21.83
R Schlichting, S Tripps, J Casey, K Zemlin						

Mixed	55+	200	Free Relay	MINN	01/27/2019	2:00.71
D Lamour, S Lee, S Hromada, D Smith						
Mixed	55+	400	Free Relay	Riptide Masters	05/16/2021	4:17.81
Gary Muchow, Peggy Kratz, Amy Parratto, Steven Gruenwald						
Mixed	55+	800	Free Relay	Riptide Masters	3/20/2022	9:51.76
Steven Gruenwald, Peggy Kratz, Judith Bloom, Gary Muchow						
Mixed	55+	200	Medley Relay	MINN	02/23/2019	2:16.12
P Pendergast, P Fleming, D Smith, S Lee						
Mixed	55+	400	Medley Relay	MINN	02/23/2019	5:17.31
P Pendergast, J Kochendorfer, D Smith, L Hines						

Mixed	65+	200	Free Relay	MN-RLK	04/14/2019	2:10.35
Marc Anderson, Mary Conway, Babs Larsen, Patrick Strother						
Mixed	65+	400	Free Relay	MN-RLK	04/14/2019	5:07.23
M Anderson, M Conway, S Lee-Sheridan, J Johnston						
Mixed	65+	800	Free Relay	MINN	02/20/2016	10:59.00
M Anderson, B Larsen, C Smollen, G Vandam						
Mixed	65+	200	Medley Relay	MN-RLK	03/20/2022	2:27.32
Sharon Lee-Sheridan, Didier Lamour, Darrell Smith, Paula Pendergast						
Mixed	65+	400	Medley Relay	MINN	04/09/2016	5:35.43
B Larsen, M Anderson, G Vandam, C Smollen						

Mixed	75+	200	Free Relay	MINN-RLK	11/12/2023	3:01.91
AnnLiv Bacon, Carol Smollen, Robin Kleffman, Pete Magee						
Mixed	75+	400	Free Relay	MN-RLK	04/28/2024	6:05.41
Marc Anderson, Babs Larsen, Robin Kleffman, AnnLiv Bacon						
Mixed	75+	800	Free Relay	MN-RLK	04/28/2024	12:57.06
Marc Anderson, AnnLiv Bacon, Babs Larsen, Wayne Helm						
Mixed	75+	200	Medley Relay	MN-RLK	01/21/2024	3:24.17
AnnLiv Bacon, Dave Arlander, John Ziegenhagen, Carol Smollen						
Mixed	75+	400	Medley Relay	MN-RLK	04/16/2023	6:39.31
Carol Smollen, Norm Solberg, John Ziegenhagen, Babs Larsen						