

1 Hour National Championship Results 2023

Age Group	Swimmer	Distance	Place
F35-39	Crystal Boyd	3790 yards	20
F55-59	Loralie Langman	3780 yards	36
F65-69	Pam Ogden	3275 yards	32
F75-79	Babs Larsen	3220 yards	5
M40-44	Dan O'Kane	4100 yards	13
M50-54	Jeff Clemon	3765 yards	29
M75-79	John Ziegenhagen	3410 yards	10