

## MN Masters Icebreaker Meet 2014 - 1/19/2014

## Results

## Women 18-24 50 Yard Freestyle

NATL: 22.62 N 4/28/2012 MADISON KENNEDY  
 LOCAL: 24.92 L 1/29/2012 Alisha Blades  
 28.74 18-24 NQT

Name	Age	Team	Seed Time	Finals Time	Points
1 Halberstadt, Lexie	21	Ndsu Masters-52	26.50	25.20	NQT
2 Zetocha, Jenny	22	Ndsu Masters-52	27.00	27.16	NQT
3 Erickson, Courtney	22	In The Moment Storm-30	1:00.00	30.54	

## Women 18-24 100 Yard Freestyle

NATL: 48.29 N 11/8/2009 DANA VOLLMER  
 LOCAL: 54.96 L 1/29/2012 Alisha Blades  
 1:02.21 18-24 NQT

1 Erickson, Courtney	22	In The Moment Storm-30	2:00.00	1:08.72	
				32.50	1:08.72 (36.22)

## Women 18-24 200 Yard Freestyle

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER  
 LOCAL: 1:58.65 L 4/2/1995 JENNIFER WILSON  
 2:11.70 18-24 NQT

1 Guns, Alaina	23	Minnesota Masters Swim Club-30	2:15.00	2:19.50	
				31.22	1:05.79 (34.57)
					1:42.14 (36.35)
					2:19.50 (37.36)

## Women 18-24 500 Yard Freestyle

NATL: 4:49.97 N 10/25/2003 JESSICA FUSCHI  
 LOCAL: 5:21.31 L 12/5/1993 LYNN NEWTON  
 6:00.91 18-24 NQT

1 Guns, Alaina	23	Minnesota Masters Swim Club-30	6:00.00	6:24.07	
				34.52	1:13.19 (38.67)
					1:52.85 (39.66)
					2:32.74 (39.89)
				3:11.64 (38.90)	3:50.66 (39.02)
					4:29.16 (38.50)
					5:08.05 (38.89)
				5:46.46 (38.41)	6:24.07 (37.61)

## Women 18-24 1000 Yard Freestyle

NATL: 10:12.42 N 3/31/2012 LUANE ROWE  
 LOCAL: 11:16.91 L 4/10/1994 LYNN NEWTON  
 12:48.11 18-24 NQT

1 Zetocha, Jenny	22	Ndsu Masters-52	12:45.00	13:08.89	
				32.36	1:08.87 (36.51)
					1:47.41 (38.54)
					2:26.17 (38.76)
				3:04.72 (38.55)	3:44.83 (40.11)
					4:25.51 (40.68)
					5:06.74 (41.23)
				5:47.52 (40.78)	6:28.65 (41.13)
					7:09.31 (40.66)
					7:49.27 (39.96)
				8:29.66 (40.39)	9:10.69 (41.03)
					9:51.44 (40.75)
					10:31.67 (40.23)
				11:11.70 (40.03)	11:52.38 (40.68)
					12:32.04 (39.66)
					13:08.89 (36.85)

## Women 18-24 50 Yard Breaststroke

NATL: 28.47 N 4/21/2012 KELLY MCNICHOLS  
 LOCAL: 30.48 L 12/6/2009 ERIKA BJORKLUND  
 37.15 18-24 NQT

1 Erickson, Courtney	22	In The Moment Storm-30	1:00.00	36.81	NQT
2 Zetocha, Jenny	22	Ndsu Masters-52	38.00	38.50	

## Women 18-24 100 Yard Breaststroke

NATL: 59.97 N 4/28/2012 MICAH LAWRENCE  
 LOCAL: 1:10.17 L 4/1/2001 CHRISSY P MARTIN  
 1:21.09 18-24 NQT

1 Erickson, Courtney	22	In The Moment Storm-30	1:50.99	1:19.45	NQT
				36.90	1:19.45 (42.55)

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## Women 18-24 50 Yard Butterfly

NATL: 24.54 N 11/8/2009 DANA VOLLMER  
 LOCAL: 27.23 L 2/26/2012 Alisha Blades  
 31.29 18-24 NQT

1	Halberstadt, Lexie	21	Ndsu Masters-52	28.00	27.22	NQT
2	Zetochka, Jenny	22	Ndsu Masters-52	30.00	29.94	NQT

## Women 18-24 100 Yard Butterfly

NATL: 52.30 N 11/8/2009 DANA VOLLMER  
 LOCAL: 1:02.03 L 4/15/2012 Amanda Nelson  
 1:10.24 18-24 NQT

1	Halberstadt, Lexie	21	Ndsu Masters-52	1:02.00	1:00.70	NQT
	28.34		1:00.70 (32.36)			

## Women 18-24 100 Yard IM

NATL: 55.24 N 4/18/2010 KARA DENBY  
 LOCAL: 1:01.99 L 4/18/2010 ERIKA BJORKLUND  
 1:11.34 18-24 NQT

1	Halberstadt, Lexie	21	Ndsu Masters-52	1:07.00	1:03.73	NQT
	29.15		1:03.73 (34.58)			
2	Guns, Alaina	23	Minnesota Masters Swim Club-30	1:18.00	1:10.24	NQT
	32.65		1:10.24 (37.59)			

## Women 25-29 50 Yard Freestyle

NATL: 22.96 N 2/23/2013 KIM VANDENBERG  
 LOCAL: 25.14 L 4/13/2013 Katy Coombe  
 28.66 25-29 NQT

1	Johnston, Brittany	27	Dakota Masters	29.00	27.16	NQT
2	Flessert, Heidi	27	Minnesota Masters Swim Club-30	30.00	28.01	NQT
3	Mollenhauer, Dianna	28	Wg: North Suburban Aquatic-30	29.10	30.89	
4	Flessert, Amy	29	Nort'landers Swim Club-30	30.00	30.91	
5	Leaf, Tessa	26	Wg: LifeTime Fitness-30	38.00	33.62	

## Women 25-29 100 Yard Freestyle

NATL: 49.18 N 2/24/2013 KIM VANDENBERG  
 LOCAL: 52.15 L 4/13/2013 Stacy Busack  
 1:03.15 25-29 NQT

1	Moder, Justine	25	Wg: Med City Masters-30	1:06.00	1:05.12	
	30.87		1:05.12 (34.25)			
2	Mollenhauer, Dianna	28	Wg: North Suburban Aquatic-30	1:06.50	1:07.49	
	32.37		1:07.49 (35.12)			
3	Walsworth, Alyssa	29	Wg: North Suburban Aquatic-30	1:11.10	1:10.14	
	33.92		1:10.14 (36.22)			
4	Leaf, Tessa	26	Wg: LifeTime Fitness-30	1:18.00	1:13.70	
	35.23		1:13.70 (38.47)			

## Women 25-29 200 Yard Freestyle

NATL: 1:48.80 N 5/20/2001 LIMIN LIU  
 LOCAL: 1:58.97 L 4/13/2013 Katy Coombe  
 2:13.32 25-29 NQT

1	Lendway, Heather	29	Unattached Minnesota-30	2:00.60	2:01.77	NQT
	28.42		58.83 (30.41) 1:30.24 (31.41) 2:01.77 (31.53)			
2	Walsworth, Alyssa	29	Wg: North Suburban Aquatic-30	2:45.77	2:36.15	
	35.64		1:15.55 (39.91) 1:55.89 (40.34) 2:36.15 (40.26)			
3	Leaf, Tessa	26	Wg: LifeTime Fitness-30	2:45.00	2:43.57	
	36.76		1:18.74 (41.98) 2:01.86 (43.12) 2:43.57 (41.71)			

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## Women 25-29 500 Yard Freestyle

NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA  
 LOCAL: 5:18.27 L 11/21/1985 JUDY ANDERSON  
 5:59.33 25-29 NQT

1	Lendway, Heather	29	Unattached Minnesota-30	5:12.45	5:14.81 L NQT
	29.04	1:00.31 (31.27)	1:31.99 (31.68)	2:03.86 (31.87)	
	2:35.89 (32.03)	3:08.00 (32.11)	3:40.08 (32.08)	4:12.00 (31.92)	
	4:43.70 (31.70)	5:14.81 (31.11)			
2	Flessert, Amy	29	Nort'landers Swim Club-30	6:00.00	6:11.68
	31.79	1:07.17 (35.38)	1:44.30 (37.13)	2:21.93 (37.63)	
	3:00.72 (38.79)	3:39.01 (38.29)	4:17.49 (38.48)	4:56.40 (38.91)	
	5:34.82 (38.42)	6:11.68 (36.86)			
3	Walsworth, Alyssa	29	Wg: North Suburban Aquatic-30	7:26.14	7:04.32
	37.92	1:19.40 (41.48)	2:02.04 (42.64)	2:46.22 (44.18)	
	3:29.90 (43.68)	4:12.93 (43.03)	4:55.96 (43.03)	5:39.12 (43.16)	
	6:22.38 (43.26)	7:04.32 (41.94)			

## Women 25-29 50 Yard Backstroke

NATL: 25.26 N 5/22/2010 TANICA JAMISON  
 LOCAL: 27.89 L 12/4/2011 Katie L Wind  
 32.98 25-29 NQT

1	Moder, Justine	25	Wg: Med City Masters-30	33.60	33.31
2	Flessert, Heidi	27	Minnesota Masters Swim Club-30	37.00	34.72
3	Mollenhauer, Dianna	28	Wg: North Suburban Aquatic-30	34.50	35.87

## Women 25-29 100 Yard Backstroke

NATL: 54.06 N 5/23/2010 TANICA JAMISON  
 LOCAL: 1:01.67 L 5/1/2011 Katie Wind  
 LOCAL2: 1:01.67 L 4/13/2013 Stacy Busack  
 1:10.87 25-29 NQT

1	Moder, Justine	25	Wg: Med City Masters-30	1:12.57	1:11.89
	34.67	1:11.89 (37.22)			
2	Mollenhauer, Dianna	28	Wg: North Suburban Aquatic-30	1:15.50	1:18.00
	37.53	1:18.00 (40.47)			

## Women 25-29 50 Yard Breaststroke

NATL: 27.14 N 2/21/2010 MEGAN JENDRICK  
 LOCAL: 31.48 L 5/1/2011 Erika Bjorklund  
 36.82 25-29 NQT

1	Flessert, Heidi	27	Minnesota Masters Swim Club-30	37.00	35.34 NQT
2	Kirkegaard, Ashley	25	Minnesota Masters Swim Club-30	38.40	37.95
3	Johnston, Brittany	27	Dakota Masters	41.00	38.48

## Women 25-29 100 Yard Breaststroke

NATL: 59.58 N 2/6/2010 MEGAN JENDRICK  
 LOCAL: 1:09.07 L 12/7/2008 EVA B CHRISTIANSON  
 1:20.07 25-29 NQT

1	Moder, Justine	25	Wg: Med City Masters-30	1:19.11	1:19.92 NQT
	37.33	1:19.92 (42.59)			
2	Kirkegaard, Ashley	25	Minnesota Masters Swim Club-30	1:24.94	1:22.04
	38.98	1:22.04 (43.06)			

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## Women 25-29 200 Yard Breaststroke

NATL: 2:09.05 N 2/6/2010 MEGAN JENDRICK  
 LOCAL: 2:34.74 L 2/24/2008 EVA B CHRISTIANO  
 2:49.29 25-29 NQT

1	Kirkegaard, Ashley	25	Minnesota Masters Swim Club-30	3:05.80	3:02.88
	40.34	1:27.11 (46.77)	2:15.26 (48.15)	3:02.88 (47.62)	

## Women 25-29 50 Yard Butterfly

NATL: 24.41 N 5/22/2010 TANICA JAMISON  
 LOCAL: 26.80 L 4/13/2013 Katie Buhr  
 30.59 25-29 NQT

1	Johnston, Brittany	27	Dakota Masters	32.00	29.60	NQT
2	Kirkegaard, Ashley	25	Minnesota Masters Swim Club-30	36.15	36.28	

## Women 25-29 100 Yard IM

NATL: 54.43 N 2/6/2010 MEGAN JENDRICK  
 LOCAL: 1:03.19 L 4/11/1987 JUDY ANDERSON  
 1:10.76 25-29 NQT

1	Flessert, Heidi	27	Minnesota Masters Swim Club-30	1:15.00	1:10.07	NQT
	34.49	1:10.07 (35.58)				
2	Johnston, Brittany	27	Dakota Masters	1:15.00	1:11.90	
	32.45	1:11.90 (39.45)				
3	Kirkegaard, Ashley	25	Minnesota Masters Swim Club-30	1:23.75	1:19.92	
	38.91	1:19.92 (41.01)				
4	Walsworth, Alyssa	29	Wg: North Suburban Aquatic-30	1:27.78	1:24.69	
	39.00	1:24.69 (45.69)				

## Women 25-29 200 Yard IM

NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER  
 LOCAL: 2:15.83 L 4/13/2013 Stacy Busack  
 2:30.36 25-29 NQT

1	Moder, Justine	25	Wg: Med City Masters-30	2:45.00	2:47.40
	37.53	1:19.60 (42.07)	2:07.31 (47.71)	2:47.40 (40.09)	

## Women 30-34 50 Yard Freestyle

NATL: 22.48 N 11/29/2012 ERIKA ERNDL  
 LOCAL: 24.41 L 5/9/2013 Katy Coombe  
 29.20 30-34 NQT

1	Coombe, Katy	30	Hopkins Masters Swimming-30	25.52	25.16	NQT
2	Tweedy, Rebecca	31	Unattached Minnesota-30	29.00	28.67	NQT
3	Melsen, Krisie	33	Wg: LifeTime Fitness-30	30.22	29.80	
4	Nephew, Sara	32	Nort'landers Swim Club-30	NT	35.83	

## Women 30-34 100 Yard Freestyle

NATL: 48.03 N 2/23/2013 ERIKA ERNDL  
 LOCAL: 52.85 L 5/9/2013 Katy Coombe  
 1:04.23 30-34 NQT

1	Coombe, Katy	30	Hopkins Masters Swimming-30	54.99	55.28	NQT
	26.19	55.28 (29.09)				
2	Tweedy, Rebecca	31	Unattached Minnesota-30	1:05.41	1:03.30	NQT
	30.22	1:03.30 (33.08)				
3	Dank, Annie	34	Wg: St Cloud YMCA-30	1:04.98	1:03.76	NQT
	31.60	1:03.76 (32.16)				

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## Women 30-34 200 Yard Freestyle

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL  
 LOCAL: 1:55.79 L 5/9/2013 Katy Coombe  
 2:16.08 30-34 NQT

1	Coombe, Katy	30	Hopkins Masters Swimming-30	1:58.85	2:00.16	NQT
	27.73	57.38 (29.65)	1:28.17 (30.79)	2:00.16 (31.99)		
2	Heckman, Christa	33	In The Moment Storm-30	2:27.00	2:18.66	
	32.01	1:05.99 (33.98)	1:42.60 (36.61)	2:18.66 (36.06)		

## Women 30-34 500 Yard Freestyle

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN  
 LOCAL: 5:15.28 L 12/6/1992 JUDY LALLIER  
 6:09.42 30-34 NQT

1	Dank, Annie	34	Wg: St Cloud YMCA-30	6:07.58	6:14.44	
	33.74	1:09.98 (36.24)	1:47.74 (37.76)	2:25.27 (37.53)		
	3:02.88 (37.61)	3:41.48 (38.60)	4:19.85 (38.37)	4:58.40 (38.55)		
	5:36.83 (38.43)	6:14.44 (37.61)				
2	Heckman, Christa	33	In The Moment Storm-30	6:15.00	6:23.37	
	33.82	1:10.54 (36.72)	1:49.07 (38.53)	2:28.25 (39.18)		
	3:08.12 (39.87)	3:48.00 (39.88)	4:27.76 (39.76)	5:06.79 (39.03)		
	5:45.74 (38.95)	6:23.37 (37.63)				

## Women 30-34 1000 Yard Freestyle

NATL: 9:51.93 N 4/15/2012 DAWN HECKMAN  
 LOCAL: 11:31.06 L 4/14/2002 KAREN K ZEMLIN  
 13:03.82 30-34 NQT

1	Dank, Annie	34	Wg: St Cloud YMCA-30	12:53.70	13:08.10	
	35.58	1:14.85 (39.27)	1:54.90 (40.05)	2:35.02 (40.12)		
	3:15.40 (40.38)	3:56.69 (41.29)	4:36.87 (40.18)	5:18.14 (41.27)		
	5:58.25 (40.11)	6:38.27 (40.02)	7:18.02 (39.75)	7:58.03 (40.01)		
	8:37.02 (38.99)	9:16.92 (39.90)	9:56.43 (39.51)	10:35.95 (39.52)		
	11:14.64 (38.69)	11:53.65 (39.01)	12:31.94 (38.29)	13:08.10 (36.16)		

## Women 30-34 50 Yard Backstroke

NATL: 24.96 N 5/1/2011 NORIKO INADA  
 LOCAL: 29.11 L 1/31/1993 JUDY LALLIER  
 34.03 30-34 NQT

1	Smith, Lisa I	31	Wg: LifeTime Fitness-30	33.00	31.79	NQT
2	Dank, Annie	34	Wg: St Cloud YMCA-30	35.90	34.77	

## Women 30-34 100 Yard Backstroke

NATL: 54.60 N 4/30/2011 NORIKO INADA  
 LOCAL: 1:02.51 L 4/29/2007 BETH R SHIMANSKI  
 1:14.28 30-34 NQT

1	Smith, Lisa I	31	Wg: LifeTime Fitness-30	1:13.00	1:09.77	NQT
	33.50	1:09.77 (36.27)				
2	Dank, Annie	34	Wg: St Cloud YMCA-30	1:14.11	1:17.51	
	38.59	1:17.51 (38.92)				

## Women 30-34 50 Yard Breaststroke

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND  
 LOCAL: 31.63 L 5/9/2013 Krisie M Melsen  
 38.12 30-34 NQT

1	Melsen, Krisie	33	Wg: LifeTime Fitness-30	34.27	34.14	NQT
2	Tweedy, Rebecca	31	Unattached Minnesota-30	40.50	37.24	NQT

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## Women 30-34 200 Yard Breaststroke

NATL: 2:15.99 N 1/20/2013 ERIKA ERNDL  
 LOCAL: 2:31.34 L 5/14/2006 DAWN R VANDERBEEK  
 2:55.16 30-34 NQT

1 Melsen, Krisie 33 Wg: LifeTime Fitness-30 2:43.21 2:40.82 NQT  
 36.85 1:17.83 (40.98) 1:58.88 (41.05) 2:40.82 (41.94)

## Women 30-34 50 Yard Butterfly

NATL: 24.18 N 4/15/2000 ANGEL MARTINO  
 LOCAL: 27.46 L 5/9/2013 Krisie Melsen  
 32.10 30-34 NQT

1 Smith, Lisa I 31 Wg: LifeTime Fitness-30 31.00 30.13 NQT

## Women 30-34 100 Yard Butterfly

NATL: 55.01 N 5/16/1999 ANGEL MARTINO  
 LOCAL: 1:02.16 L 4/4/1993 JUDY LALLIER  
 1:12.04 30-34 NQT

1 Melsen, Krisie 33 Wg: LifeTime Fitness-30 1:11.00 1:08.84 NQT  
 31.87 1:08.84 (36.97)

## Women 30-34 100 Yard IM

NATL: 57.01 N 4/15/2000 ANGEL MARTINO  
 LOCAL: 1:02.28 L 5/22/1993 JUDY LALLIER  
 1:13.33 30-34 NQT

1 Melsen, Krisie 33 Wg: LifeTime Fitness-30 1:08.69 1:08.52 NQT  
 31.71 1:08.52 (36.81)  
 2 Tweedy, Rebecca 31 Unattached Minnesota-30 1:30.00 1:16.44  
 36.39 1:16.44 (40.05)

## Women 35-39 50 Yard Freestyle

NATL: 22.34 N 2/25/2007 DARA TORRES  
 LOCAL: 24.49 L 2/24/2008 K RADKE GERRY  
 29.40 35-39 NQT

1 Sell, Cathy 36 Minnesota Masters Swim Club-30 34.00 30.13  
 2 Vail, Katherine 35 Wg: LifeTime Fitness-30 NT 31.37

## Women 35-39 100 Yard Freestyle

NATL: 49.72 N 2/25/2007 DARA TORRES  
 LOCAL: 53.57 L 2/24/2008 K RADKE GERRY  
 1:04.97 35-39 NQT

1 Sell, Cathy 36 Minnesota Masters Swim Club-30 1:25.00 1:07.79  
 31.97 1:07.79 (35.82)

## Women 35-39 50 Yard Backstroke

NATL: 25.97 N 5/22/2010 SHERI HART  
 LOCAL: 27.96 L 1/29/2012 Jie Li  
 34.58 35-39 NQT

1 Vail, Katherine 35 Wg: LifeTime Fitness-30 NT 33.23 NQT  
 2 Harwood, Mary 35 Minnesota Masters Swim Club-30 35.00 34.48 NQT  
 3 Sell, Cathy 36 Minnesota Masters Swim Club-30 1:00.00 37.21

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## Women 35-39 100 Yard Backstroke

NATL: 56.14 N 5/23/2010 SHERI HART  
 LOCAL: 1:00.04 L 1/29/2012 Jie Li  
 1:15.01 35-39 NQT

1	Harwood, Mary	35	Minnesota Masters Swim Club-30	1:15.00	1:15.02
	35.98				1:15.02 (39.04)

## Women 35-39 50 Yard Breaststroke

NATL: 29.63 N 4/15/2012 CYNTHIA LEWIS  
 LOCAL: 33.16 L 4/13/1997 JUDY LALLIER  
 38.22 35-39 NQT

1	France, Jessica	37	Minnesota Masters Swim Club-30	NT	37.18	NQT
2	Harwood, Mary	35	Minnesota Masters Swim Club-30	40.00	38.67	
3	Vail, Katherine	35	Wg: LifeTime Fitness-30	NT	40.18	
4	Andrychowicz, Noelle	38	Wg: LifeTime Fitness-30	45.00	45.66	

## Women 35-39 100 Yard Breaststroke

NATL: 1:03.46 N 4/15/2012 CYNTHIA LEWIS  
 LOCAL: 1:10.80 L 5/18/1997 JUDY LALLIER  
 1:23.32 35-39 NQT

1	Sell, Cathy	36	Minnesota Masters Swim Club-30	1:38.00	1:23.16	NQT
	38.75				1:23.16 (44.41)	

## Women 35-39 50 Yard Butterfly

NATL: 25.54 N 5/18/2003 S VON DER LIPPE  
 LOCAL: 27.74 L 4/14/2002 BARBARA A SCOULER  
 32.21 35-39 NQT

1	Vail, Katherine	35	Wg: LifeTime Fitness-30	NT	30.71	NQT
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## Women 35-39 100 Yard IM

NATL: 57.67 N 5/23/2010 SHERI HART  
 LOCAL: 1:01.81 L 5/18/1997 JUDY LALLIER  
 1:14.27 35-39 NQT

1	Vail, Katherine	35	Wg: LifeTime Fitness-30	NT	1:12.98	NQT
	31.95				1:12.98 (41.03)	
2	Harwood, Mary	35	Minnesota Masters Swim Club-30	1:15.00	1:15.41	
	34.01				1:15.41 (41.40)	
3	France, Jessica	37	Minnesota Masters Swim Club-30	NT	1:16.44	
	35.20				1:16.44 (41.24)	
4	Andrychowicz, Noelle	38	Wg: LifeTime Fitness-30	1:22.00	1:29.47	
	43.64				1:29.47 (45.83)	

## Women 35-39 200 Yard IM

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN  
 LOCAL: 2:11.77 L 5/12/1996 JUDY LALLIER  
 2:39.90 35-39 NQT

1	Andrychowicz, Noelle	38	Wg: LifeTime Fitness-30	3:00.00	3:09.63
	42.97				1:34.30 (51.33) 2:25.21 (50.91) 3:09.63 (44.42)

## Women 40-44 50 Yard Freestyle

NATL: 21.91 N 4/15/2007 DARA TORRES  
 LOCAL: 24.43 L 2/27/2011 K RADKE GERRY  
 29.39 40-44 NQT

1	Gammill, Amy	42	Wg: Minnetonka-30	30.00	30.54
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## Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN  
 LOCAL: 2:01.21 L 5/14/2006 BARBARA A SCOULER  
 2:16.13 40-44 NQT

1	Stone, Julie	42	Hopkins Masters Swimming-30	2:25.00	2:25.41
				28.40	1:08.89 (40.49)
					1:46.53 (37.64)
					2:25.41 (38.88)
2	Weiland, Carole	42	Unattached Minnesota-30	2:30.00	2:33.23
				34.42	1:13.26 (38.84)
					1:53.03 (39.77)
					2:33.23 (40.20)

## Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN  
 LOCAL: 5:17.14 L 4/16/2011 Karen K Zemlin  
 6:09.85 40-44 NQT

1	Gammill, Amy	42	Wg: Minnetonka-30	6:31.90	6:28.17
				34.31	1:12.61 (38.30)
					1:51.62 (39.01)
					2:31.30 (39.68)
					3:11.10 (39.80)
					3:50.83 (39.73)
					4:30.62 (39.79)
					5:10.46 (39.84)
					5:50.38 (39.92)
					6:28.17 (37.79)
2	Weiland, Carole	42	Unattached Minnesota-30	6:30.00	6:40.31
				36.06	1:15.65 (39.59)
					1:56.19 (40.54)
					2:36.66 (40.47)
					3:17.20 (40.54)
					3:58.09 (40.89)
					4:38.71 (40.62)
					5:19.31 (40.60)
					6:00.15 (40.84)
					6:40.31 (40.16)

## Women 40-44 100 Yard Breaststroke

NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE  
 LOCAL: 1:14.96 L 1/21/2007 BARBARA A SCOULER  
 1:23.47 40-44 NQT

1	Weiland, Carole	42	Unattached Minnesota-30	1:25.00	1:19.33 NQT
				38.88	1:19.33 (40.45)

## Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE  
 LOCAL: 2:49.86 L 2/26/2012 Carole Weiland  
 2:58.18 40-44 NQT

1	Weiland, Carole	42	Unattached Minnesota-30	2:50.00	2:49.00L NQT
				40.11	1:23.41 (43.30)
					2:06.89 (43.48)
					2:49.00 (42.11)

## Women 40-44 100 Yard IM

NATL: 57.95 N 4/28/2012 ERIKA BRAUN  
 LOCAL: 1:01.41 L 1/30/2011 Katrina D Radke G  
 1:13.32 40-44 NQT

1	Stone, Julie	42	Hopkins Masters Swimming-30	1:25.00	1:16.32
				35.40	1:16.32 (40.92)
2	Gammill, Amy	42	Wg: Minnetonka-30	1:18.00	1:18.96
				38.10	1:18.96 (40.86)

## Women 45-49 50 Yard Freestyle

NATL: 24.00 N 5/4/2008 SUSAN WALSH  
 LOCAL: 24.83 L 5/4/2008 BARBARA A SCOULER  
 29.64 45-49 NQT

1	Nordland, Michelle	45	Minnesota Masters Swim Club-30	38.00	32.84
2	Curtis, Lisa A	45	Nort'landers Swim Club-30	40.51	39.01
3	Click, Colleen	49	In The Moment Storm-30	NT	41.39
4	Rowenhorst, Lisa	49	In The Moment Storm-30	NT	42.23



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## Women 45-49 100 Yard Freestyle

NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN  
 LOCAL: 57.45 L 3/20/2010 BARBARA A SCOULER  
 1:05.48 45-49 NQT

1	Nordland, Michelle	45	Minnesota Masters Swim Club-30	1:35.00	1:13.36
	34.28				1:13.36 (39.08)
2	Rowenhorst, Lisa	49	In The Moment Storm-30	NT	1:47.78

## Women 45-49 50 Yard Backstroke

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN  
 LOCAL: 29.98 L 5/4/2008 TENLEY F BURNS  
 35.18 45-49 NQT

1	Nordland, Michelle	45	Minnesota Masters Swim Club-30	NT	37.40
2	Curtis, Lisa A	45	Nort'landers Swim Club-30	42.48	42.60
3	Click, Colleen	49	In The Moment Storm-30	NT	46.94

## Women 45-49 100 Yard Breaststroke

NATL: 1:05.85 N 3/27/2011 S VON DER LIPPE  
 LOCAL: 1:14.79 L 1/18/2009 BARBARA A SCOULER  
 1:26.21 45-49 NQT

1	Lamour, Susan	45	Wg: Y's Guys Swimming-30	3:00.00	1:53.25
	52.86				1:53.25 (1:00.39)

## Women 45-49 100 Yard IM

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE  
 LOCAL: 1:02.27 L 5/4/2008 BARBARA A SCOULER  
 1:15.01 45-49 NQT

1	Lamour, Susan	45	Wg: Y's Guys Swimming-30	2:00.00	1:44.62
	51.41				1:44.62 (53.21)

## Women 45-49 400 Yard IM

NATL: 4:32.87 N 12/26/2009 K PIPES-NEILSEN  
 LOCAL: 5:05.81 L 2/24/2008 BARBARA A SCOULER  
 5:43.36 45-49 NQT

1	Zemlin, Karen	46	Edina Swim Club-30	5:30.00	5:28.22	NQT
	38.61				1:21.22 (42.61)	
					2:03.25 (42.03)	
					2:44.54 (41.29)	
	3:33.42 (48.88)				4:20.64 (47.22)	
					4:55.00 (34.36)	
					5:28.22 (33.22)	

## Women 50-54 50 Yard Freestyle

NATL: 24.67 N 5/12/2013 LESLIE LIVINGSTON  
 LOCAL: 25.78 L 4/19/2009 ANN C SENN  
 30.88 50-54 NQT

1	Kjelden, Laurie	51	In The Moment Storm-30	NT	47.59
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## Women 50-54 100 Yard Freestyle

NATL: 54.38 N 5/17/2002 LAURA VAL  
 LOCAL: 58.73 L 4/19/2009 ANN C SENN  
 1:08.07 50-54 NQT

1	VanZyl, Karin	50	Wg: Y's Guys Swimming-30	1:50.00	1:34.41
	43.85				1:34.41 (50.56)

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## Women 50-54 500 Yard Freestyle

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ  
 LOCAL: 5:58.79 L 4/16/2011 Jane D Hansen  
 6:25.98 50-54 NQT

1	Hines, Lisa	51	Wg: St Cloud YMCA-30	7:58.80	8:06.05
				42.01	1:29.31 (47.30)
				2:18.24 (48.93)	3:07.66 (49.42)
				3:57.63 (49.97)	4:48.67 (51.04)
				5:39.79 (51.12)	6:29.90 (50.11)
				7:19.55 (49.65)	8:06.05 (46.50)

## Women 50-54 50 Yard Backstroke

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON  
 LOCAL: 32.25 L 4/19/2009 ANN C SENN  
 36.72 50-54 NQT

1	Scouler, Barb	51	Wg: Minnetonka-30	33.40	31.78L NQT
2	Ballard, Barb	54	Hopkins Masters Swimming-30	35.80	35.48 NQT
3	VanZyl, Karin	50	Wg: Y's Guys Swimming-30	50.00	47.80

## Women 50-54 100 Yard Backstroke

NATL: 1:01.29 N 4/27/2012 K PIPES-NEILSEN  
 LOCAL: 1:10.35 L 4/15/2012 Barb Ballard  
 1:19.91 50-54 NQT

1	Ballard, Barb	54	Hopkins Masters Swimming-30	1:18.69	1:16.36 NQT
				37.72	1:16.36 (38.64)

## Women 50-54 200 Yard Backstroke

NATL: 2:13.93 N 12/16/2012 KARLYN PIPES  
 LOCAL: 2:30.56 L 4/15/2012 Barb Ballard  
 2:47.25 50-54 NQT

1	Ballard, Barb	54	Hopkins Masters Swimming-30	2:44.17	2:40.78 NQT
				37.48	1:17.86 (40.38)
				1:59.79 (41.93)	2:40.78 (40.99)

## Women 50-54 50 Yard Breaststroke

NATL: 32.37 N 5/21/2010 BRIGITTE HEUER  
 LOCAL: 36.29 L 4/29/2007 JILL WHITNEY  
 40.57 50-54 NQT

---	Kjelden, Laurie	51	In The Moment Storm-30	NT	DQ
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## Women 50-54 100 Yard Breaststroke

NATL: 1:09.21 N 2/18/2012 CAROLINE KRATTLI  
 LOCAL: 1:19.39 L 4/29/2007 JILL WHITNEY  
 1:28.37 50-54 NQT

1	Scouler, Barb	51	Wg: Minnetonka-30	1:18.60	1:17.83L NQT
				37.05	1:17.83 (40.78)
2	Hines, Lisa	51	Wg: St Cloud YMCA-30	1:40.00	1:38.34
				46.80	1:38.34 (51.54)

## Women 50-54 200 Yard Breaststroke

NATL: 2:29.92 N 2/20/2012 CAROLINE KRATTLI  
 LOCAL: 3:00.11 L 4/25/2004 ELIZABETH CUTTER  
 3:09.26 50-54 NQT

1	Hines, Lisa	51	Wg: St Cloud YMCA-30	3:29.90	3:30.44
				48.98	1:42.74 (53.76)
				2:37.56 (54.82)	3:30.44 (52.88)

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## Women 50-54 50 Yard Butterfly

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON  
 LOCAL: 30.02 L 4/16/2011 Jane D Hansen  
 34.14 50-54 NQT

1	Scouler, Barb	51	Wg: Minnetonka-30	29.20	28.74L NQT
2	VanZyl, Karin	50	Wg: Y's Guys Swimming-30	50.00	46.12

## Women 50-54 100 Yard IM

NATL: 1:02.18 N 4/28/2012 K PIPES-NEILSEN  
 LOCAL: 1:10.06 L 5/10/2009 NANCY L KRYKA  
 1:19.27 50-54 NQT

1	Hines, Lisa	51	Wg: St Cloud YMCA-30	1:30.90	1:33.41
				44.54	1:33.41 (48.87)
---	VanZyl, Karin	50	Wg: Y's Guys Swimming-30	1:50.00	DQ

## Women 50-54 200 Yard IM

NATL: 2:14.40 N 5/12/2013 JILL HERNANDEZ  
 LOCAL: 2:32.10 L 4/16/2011 Jane D Hansen  
 2:47.89 50-54 NQT

1	Scouler, Barb	51	Wg: Minnetonka-30	2:28.40	2:28.30L NQT
				31.01	1:09.56 (38.55) 1:52.51 (42.95) 2:28.30 (35.79)

## Women 55-59 50 Yard Freestyle

NATL: 25.29 N 5/10/2009 LAURA VAL  
 LOCAL: 27.31 L 5/23/2010 NANCY L KRYKA  
 32.50 55-59 NQT

1	Ogden, Pamela	57	Minnesota Masters Swim Club-30	32.00	32.21 NQT
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## Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL  
 LOCAL: 1:02.38 L 5/23/2010 NANCY L KRYKA  
 1:12.19 55-59 NQT

1	Ogden, Pamela	57	Minnesota Masters Swim Club-30	1:15.00	1:13.89
				35.17	1:13.89 (38.72)
2	Holt, Susan	58	Hopkins Masters Swimming-30	1:24.00	1:23.11
				39.52	1:23.11 (43.59)

## Women 55-59 200 Yard Freestyle

NATL: 1:59.02 N 5/10/2009 LAURA VAL  
 LOCAL: 2:20.94 L 5/1/2011 NANCY L KRYKA  
 2:33.44 55-59 NQT

1	Ogden, Pamela	57	Minnesota Masters Swim Club-30	2:45.00	2:41.58
				36.91	1:18.22 (41.31) 2:00.62 (42.40) 2:41.58 (40.96)
2	Holt, Susan	58	Hopkins Masters Swimming-30	3:00.00	3:06.18
				41.90	1:28.64 (46.74) 2:17.57 (48.93) 3:06.18 (48.61)

## Women 55-59 50 Yard Backstroke

NATL: 28.88 N 3/28/2010 LAURA VAL  
 LOCAL: 35.69 L 11/14/2010 Nancy Kryka  
 38.95 55-59 NQT

1	Ogden, Pamela	57	Minnesota Masters Swim Club-30	40.00	45.07
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## Women 65-69 500 Yard Freestyle

NATL: 6:29.22 N 4/1/2007 ARDETH MUELLER  
 LOCAL: 7:57.09 L 4/8/1989 PHYLLIS STAIGE  
 8:24.41 65-69 NQT

1 Larsen, Barbara (Babs) 66 Wg: Rochester Orcas-30 8:30.00 8:27.64  
 42.15 1:29.87 (47.72) 2:20.16 (50.29) 3:12.08 (51.92)  
 5:52.52 ( ) 6:45.65 (53.13)  
 7:37.85 (52.20) 8:27.64 (49.79)

## Women 65-69 50 Yard Backstroke

NATL: 33.16 N 5/10/2013 DIANN UUSTAL  
 LOCAL: 42.12 L 4/13/2013 Barbara Larsen  
 48.77 65-69 NQT

1 Larsen, Barbara (Babs) 66 Wg: Rochester Orcas-30 46.00 45.65 NQT

## Women 65-69 50 Yard Breaststroke

NATL: 37.74 N 4/25/2004 JOANN LEILICH  
 LOCAL: 48.36 L 12/2/2001 ANICE FLESH  
 52.67 65-69 NQT

1 Lillehei, Pat 69 Minnesota Masters Swim Club-30 1:04.12 1:06.59

## Women 65-69 100 Yard Breaststroke

NATL: 1:23.95 N 4/25/2004 JOANN LEILICH  
 LOCAL: 1:45.72 L 12/2/2001 ANICE FLESH  
 1:57.17 65-69 NQT

1 Lillehei, Pat 69 Minnesota Masters Swim Club-30 2:31.97 2:30.33  
 1:05.70 2:30.33 (1:24.63)

## Women 65-69 200 Yard Breaststroke

NATL: 3:01.50 N 4/4/2004 JOANN LEILICH  
 LOCAL: 3:54.12 L 4/14/2002 ANICE FLESH  
 4:11.93 65-69 NQT

1 Larsen, Barbara (Babs) 66 Wg: Rochester Orcas-30 4:10.00 4:14.87  
 57.68 2:01.52 (1:03.84) 3:07.33 (1:05.81) 4:14.87 (1:07.54)  
 2 Lillehei, Pat 69 Minnesota Masters Swim Club-30 5:10.69 5:15.28  
 1:08.97 2:31.47 (1:22.50) 3:56.49 (1:25.02) 5:15.28 (1:18.79)

## Women 65-69 200 Yard Butterfly

NATL: 2:59.21 N 4/1/2012 CAROLYN BOAK  
 LOCAL: 3:26.77 L 11/18/2012 Barbara (Babs) La  
 4:21.79 65-69 NQT

1 Larsen, Barbara (Babs) 66 Wg: Rochester Orcas-30 3:40.00 3:35.44 NQT  
 48.39 1:42.73 (54.34) 2:39.10 (56.37) 3:35.44 (56.34)

## Women 70-74 100 Yard Freestyle

NATL: 1:09.79 N 4/30/2000 GAIL ROPER  
 LOCAL: 1:24.32 L 4/10/1994 PHYLLIS STAIGE  
 1:36.33 70-74 NQT

1 Smollen, Carol 70 Minnesota Masters Swim Club-30 1:28.00 1:29.14 NQT  
 42.81 1:29.14 (46.33)

## Women 70-74 50 Yard Backstroke

NATL: 36.91 N 5/20/2007 BETSY JORDAN  
 LOCAL: 48.24 L 4/14/2002 KATHIE THEIS  
 53.77 70-74 NQT

1 Smollen, Carol 70 Minnesota Masters Swim Club-30 47.33 48.15L NQT

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## Women 70-74 100 Yard Backstroke

NATL: 1:21.68 N 4/13/2013 JOY WARD  
 LOCAL: 1:51.60 L 4/14/2002 KATHIE THEIS  
 1:59.12 70-74 NQT

1 Smollen, Carol 70 Minnesota Masters Swim Club-30 1:43.52 1:45.10L NQT  
 52.03 1:45.10 (53.07)

## Women 70-74 100 Yard IM

NATL: 1:21.97 N 4/30/2000 GAIL ROPER  
 LOCAL: 2:33.50 L 4/13/2003 BARB K NELSON  
 1:56.62 70-74 NQT

1 Smollen, Carol 70 Minnesota Masters Swim Club-30 1:45.67 1:47.91L NQT  
 50.65 1:47.91 (57.26)

## Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER  
 LOCAL: 21.06 L 3/14/1999 STEPHEN BRAUER  
 24.74 18-24 NQT

1 Goenner, Brady 19 Ndsu Masters-52 25.00 24.84  
 2 Spiker, Riley 21 Ndsu Masters-52 25.00 25.18  
 3 Janke, Christopher 19 Ndsu Masters-52 30.00 26.33  
 4 Jensen, Augustine 24 Edina Swim Club-30 26.43 26.67

## Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE  
 LOCAL: 46.38 L 12/6/2009 ZACH J WOOD  
 54.67 18-24 NQT

1 Goenner, Brady 19 Ndsu Masters-52 57.00 56.94  
 26.10 56.94 (30.84)  
 2 Spiker, Riley 21 Ndsu Masters-52 58.00 57.71  
 26.52 57.71 (31.19)  
 3 Janke, Christopher 19 Ndsu Masters-52 1:30.00 1:00.04  
 28.26 1:00.04 (31.78)

## Men 18-24 500 Yard Freestyle

NATL: 4:24.81 N 1/24/2010 ANDY GRANT  
 LOCAL: 4:50.60 L 6/2/1983 BRIAN ROSS  
 5:37.25 18-24 NQT

1 Tomashek, Joshua 24 Unattached Minnesota-30 7:30.00 7:01.70  
 35.75 1:15.69 (39.94) 1:56.97 (41.28) 2:39.06 (42.09)  
 3:22.54 (43.48) 4:06.30 (43.76) 4:50.15 (43.85) 5:34.09 (43.94)  
 6:18.64 (44.55) 7:01.70 (43.06)

## Men 18-24 50 Yard Backstroke

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT  
 LOCAL: 24.64 L 4/13/2013 Sky Boggio  
 28.86 18-24 NQT

1 Huseby, Nick 19 Ndsu Masters-52 28.92 27.74 NQT  
 2 Cormican, Zachary 22 Ndsu Masters-52 30.00 28.50 NQT  
 3 Kruchten, David 18 Ndsu Masters-52 30.00 29.77  
 4 Janke, Christopher 19 Ndsu Masters-52 45.00 33.77

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 18-24 200 Yard Backstroke**

NATL: **1:44.18** N 5/11/2013 **ANDREW ELLIOTT**  
 LOCAL: **2:02.87** L 4/13/2013 **Robert Simson**  
**2:17.54 18-24 NQT**

1	Huseby, Nick	19	Ndsu Masters-52	2:11.75	2:17.32	NQT
	31.31	1:05.55 (34.24)	1:41.35 (35.80)	2:17.32 (35.97)		
2	Kruchten, David	18	Ndsu Masters-52	2:27.00	2:25.31	
	34.49	1:11.52 (37.03)	1:49.20 (37.68)	2:25.31 (36.11)		

**Men 18-24 50 Yard Breaststroke**

NATL: **24.87** N 4/27/2012 **NELSON WESTBY**  
 LOCAL: **25.87** L 4/14/2002 **M D CHRISTIANSON**  
**32.17 18-24 NQT**

1	Cormican, Zachary	22	Ndsu Masters-52	29.00	30.91	NQT
2	Spiker, Riley	21	Ndsu Masters-52	33.00	35.14	
3	Jensen, Augustine	24	Edina Swim Club-30	34.78	35.66	

**Men 18-24 100 Yard Breaststroke**

NATL: **54.45** N 4/28/2012 **NELSON WESTBY**  
 LOCAL: **56.15** L 4/14/2002 **M D CHRISTIANSON**  
**1:10.23 18-24 NQT**

1	Jensen, Augustine	24	Edina Swim Club-30	1:14.63	1:19.49	
	36.21	1:19.49 (43.28)				
2	Tomashek, Joshua	24	Unattached Minnesota-30	1:30.00	1:20.49	
	38.98	1:20.49 (41.51)				

**Men 18-24 50 Yard Butterfly**

NATL: **21.45** N 4/27/2012 **TIMOTHY PHILLIPS**  
 LOCAL: **22.49** L 4/13/2013 **Sky Boggio**  
**27.27 18-24 NQT**

1	Cormican, Zachary	22	Ndsu Masters-52	27.00	25.98	NQT
2	Huseby, Nick	19	Ndsu Masters-52	27.80	26.80	NQT
3	Jensen, Augustine	24	Edina Swim Club-30	27.65	28.00	
4	Janke, Christopher	19	Ndsu Masters-52	45.00	33.26	

**Men 18-24 100 Yard Butterfly**

NATL: **46.65** N 11/30/2012 **EUGENE GODSOE**  
 LOCAL: **50.31** L 12/6/2009 **ZACH J WOOD**  
**1:00.55 18-24 NQT**

1	Huseby, Nick	19	Ndsu Masters-52	1:03.60	1:03.20	
	28.68	1:03.20 (34.52)				

**Men 18-24 100 Yard IM**

NATL: **50.14** N 2/18/2001 **ROMAIN BARNEIR**  
 LOCAL: **53.33** L 4/13/1991 **THOR PANDERSON**  
**1:02.76 18-24 NQT**

1	Cormican, Zachary	22	Ndsu Masters-52	1:05.00	59.90	NQT
	27.31	59.90 (32.59)				
2	Huseby, Nick	19	Ndsu Masters-52	1:03.00	1:02.02	NQT
	27.61	1:02.02 (34.41)				
3	Spiker, Riley	21	Ndsu Masters-52	1:10.00	1:05.88	
	29.30	1:05.88 (36.58)				
---	Jensen, Augustine	24	Edina Swim Club-30	1:08.12	DQ	
	33.11	DQ (35.89)				

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**NATL:** 1:49.35 N 2/14/2010 **RUSSELL PAYNE**  
**LOCAL:** 2:01.33 L 4/13/2013 **Sky Boggio**  
 2:15.74 18-24 NQT

1	Cormican, Zachary	22	Ndsu Masters-52	2:14.00	2:11.14	NQT
	27.21	1:01.62 (34.41)	1:40.18 (38.56)	2:11.14 (30.96)		

**Men 25-29 50 Yard Freestyle**

**NATL:** 18.67 N 2/13/2010 **F BOUSQUET**  
**LOCAL:** 20.21 L 4/18/2010 **TIMOTHY LIEBHOLD**  
 24.31 25-29 NQT

1	Timmer, Jason D	27	Wg: Sunday Swim Team Standouts-30	21.29	21.37	NQT
2	Woodson, Michael	27	Wg: Sunday Swim Team Standouts-30	22.76	21.78	NQT
3	Girard, Matt	27	Wg: Sunday Swim Team Standouts-30	22.90	22.53	NQT
4	Smith, Ben	27	Dakota Masters	25.00	22.96	NQT
5	Wojta, Samuel	25	Unattached Minnesota-30	23.90	24.46	
6	Braski, Jonathan	28	Nort'landers Swim Club-30	25.95	26.56	
7	Phillips, David	28	Wg: LifeTime Fitness-30	33.00	28.58	
8	Noonan, Michael	26	Minnesota Masters Swim Club-30	29.50	28.62	

**Men 25-29 100 Yard Freestyle**

**NATL:** 42.13 N 12/7/2013 **DARIAN TOWNSEND**  
**LOCAL:** 44.93 L 12/6/2009 **TIMOTHY LIEBHOLD**  
 53.87 25-29 NQT

1	Smith, Ben	27	Dakota Masters	55.00	50.33	NQT
	24.27	50.33 (26.06)				
2	Wojta, Samuel	25	Unattached Minnesota-30	53.00	53.09	NQT
	24.52	53.09 (28.57)				
3	Noonan, Michael	26	Minnesota Masters Swim Club-30	1:00.00	1:03.88	
	30.43	1:03.88 (33.45)				
4	Phillips, David	28	Wg: LifeTime Fitness-30	1:12.00	1:05.56	
	31.62	1:05.56 (33.94)				

**Men 25-29 200 Yard Freestyle**

**NATL:** 1:31.93 N 12/6/2013 **DARIAN TOWNSEND**  
**LOCAL:** 1:42.16 L 1/31/2010 **TIMOTHY LIEBHOLD**  
 1:55.76 25-29 NQT

1	Rosales Yepez, Jose R	27	Unattached Minnesota-30	2:00.00	1:54.42	NQT
	27.08	57.28 (30.20)	1:26.64 (29.36)	1:54.42 (27.78)		
2	Parish, Patrick	28	Hopkins Masters Swimming-30	2:13.58	2:14.99	
	32.22	1:06.55 (34.33)	1:40.80 (34.25)	2:14.99 (34.19)		
3	Noonan, Michael	26	Minnesota Masters Swim Club-30	2:40.00	2:42.80	
	38.09	1:18.77 (40.68)	2:00.81 (42.04)	2:42.80 (41.99)		

**Men 25-29 500 Yard Freestyle**

**NATL:** 4:20.82 N 4/17/2010 **ANDY GRANT**  
**LOCAL:** 4:40.64 L 4/4/1993 **KEVIN CASSON**  
 5:23.32 25-29 NQT

1	Rosales Yepez, Jose R	27	Unattached Minnesota-30	5:25.00	5:21.42	NQT
	28.37	59.64 (31.27)	1:31.61 (31.97)	2:03.97 (32.36)		
	2:36.53 (32.56)	3:09.37 (32.84)	3:42.44 (33.07)	4:15.38 (32.94)		
	4:48.64 (33.26)	5:21.42 (32.78)				
2	Parish, Patrick	28	Hopkins Masters Swimming-30	5:57.73	6:08.15	
	32.91	1:08.48 (35.57)	1:45.33 (36.85)	2:22.86 (37.53)		
	3:00.63 (37.77)	3:38.37 (37.74)	4:16.47 (38.10)	4:54.59 (38.12)		
	5:32.43 (37.84)	6:08.15 (35.72)				

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****(Men 25-29 500 Yard Freestyle)**

3	Phillips, David	28	Wg: LifeTime Fitness-30	6:45.00	6:54.20
	37.34	1:19.03 (41.69)	2:00.75 (41.72)	2:44.63 (43.88)	
	3:25.85 (41.22)	4:08.66 (42.81)	4:51.55 (42.89)	5:34.12 (42.57)	
	6:15.11 (40.99)	6:54.20 (39.09)			

**Men 25-29 1000 Yard Freestyle**

**NATL: 9:25.88 N 5/3/1998 ALEX KOSTICH**  
**LOCAL: 10:16.41 L 4/10/1994 JOE VRUDNY**  
**11:53.07 25-29 NQT**

1	Rosales Yopez, Jose R	27	Unattached Minnesota-30	11:30.00	11:04.98	NQT
	28.98	1:00.99 (32.01)	1:33.13 (32.14)	2:05.69 (32.56)		
	2:38.58 (32.89)	3:11.62 (33.04)	3:44.66 (33.04)	4:17.88 (33.22)		
	4:51.83 (33.95)	5:26.04 (34.21)	5:59.56 (33.52)	6:34.09 (34.53)		
	7:07.88 (33.79)	7:41.49 (33.61)	8:15.61 (34.12)	8:49.44 (33.83)		
	9:23.55 (34.11)	9:58.24 (34.69)	10:32.17 (33.93)	11:04.98 (32.81)		
2	Parish, Patrick	28	Hopkins Masters Swimming-30	12:39.62	13:10.49	
	35.00	1:12.95 (37.95)	1:51.84 (38.89)	2:30.98 (39.14)		
	3:10.16 (39.18)	3:49.62 (39.46)	4:29.23 (39.61)	5:09.07 (39.84)		
	5:49.38 (40.31)	6:29.57 (40.19)	7:09.71 (40.14)	7:50.79 (41.08)		
	8:32.20 (41.41)	9:12.27 (40.07)	9:52.74 (40.47)	10:33.10 (40.36)		
	11:13.17 (40.07)	11:52.94 (39.77)	12:33.25 (40.31)	13:10.49 (37.24)		

**Men 25-29 50 Yard Backstroke**

**NATL: 21.46 N 4/16/2010 ADAM MANIA**  
**LOCAL: 22.48 L 4/18/2010 TIMOTHY LIEBHOLD**  
**28.31 25-29 NQT**

1	Woodson, Michael	27	Wg: Sunday Swim Team Standouts-30	25.10	24.87	NQT
2	Braski, Jonathan	28	Nort'landers Swim Club-30	33.60	32.90	

**Men 25-29 50 Yard Breaststroke**

**NATL: 23.87 N 5/21/2010 MARK GANGLOFF**  
**LOCAL: 26.38 L 2/23/2013 Jason Timmer**  
**30.82 25-29 NQT**

1	Timmer, Jason D	27	Wg: Sunday Swim Team Standouts-30	26.38	26.60	NQT
2	Braski, Jonathan	28	Nort'landers Swim Club-30	35.78	34.86	
3	Noonan, Michael	26	Minnesota Masters Swim Club-30	40.00	43.03	

**Men 25-29 100 Yard Breaststroke**

**NATL: 52.30 N 5/22/2010 MARK GANGLOFF**  
**LOCAL: 57.52 L 1/26/1997 ANDREA CECCHI**  
**1:07.03 25-29 NQT**

1	Timmer, Jason D	27	Wg: Sunday Swim Team Standouts-30	59.70	58.54	NQT
	27.61	58.54 (30.93)				
2	Smith, Ben	27	Dakota Masters	1:20.00	1:08.98	
	32.52	1:08.98 (36.46)				

**Men 25-29 50 Yard Butterfly**

**NATL: 21.11 N 11/30/2012 DAVIS TARWATER**  
**LOCAL: 22.48 L 1/31/2010 TIMOTHY LIEBHOLD**  
**26.83 25-29 NQT**

1	Timmer, Jason D	27	Wg: Sunday Swim Team Standouts-30	22.88	23.13	NQT
2	Girard, Matt	27	Wg: Sunday Swim Team Standouts-30	24.00	25.09	NQT
3	Smith, Ben	27	Dakota Masters	27.00	26.39	NQT
4	Phillips, David	28	Wg: LifeTime Fitness-30	38.00	34.20	



**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 25-29 100 Yard Butterfly**

NATL: 45.32 N 11/30/2012 DAVIS TARWATER  
 LOCAL: 50.33 L 4/13/1991 ROBERT HAUCK  
 59.06 25-29 NQT

1 Rosales Yopez, Jose R 27 Unattached Minnesota-30 1:00.00 59.83  
 28.25 59.83 (31.58)

**Men 25-29 100 Yard IM**

NATL: 48.27 N 2/13/2010 MARK GANGLOFF  
 LOCAL: 50.45 L 12/6/2009 TIMOTHY LIEBHOLD  
 1:00.95 25-29 NQT

1 Girard, Matt 27 Wg: Sunday Swim Team Standouts-30 1:00.00 56.17 NQT  
 26.75 56.17 (29.42)  
 2 Simson, William 27 Wg: Sunday Swim Team Standouts-30 59.45 57.16 NQT  
 25.61 57.16 (31.55)  
 3 Smith, Ben 27 Dakota Masters 1:00.00 57.36 NQT  
 26.59 57.36 (30.77)  
 4 Wojta, Samuel 25 Unattached Minnesota-30 1:01.00 1:02.17  
 27.80 1:02.17 (34.37)  
 5 Braski, Jonathan 28 Nort'landers Swim Club-30 1:10.00 1:09.12  
 32.10 1:09.12 (37.02)  
 6 Parish, Patrick 28 Hopkins Masters Swimming-30 1:10.94 1:10.68  
 34.11 1:10.68 (36.57)  
 7 Noonan, Michael 26 Minnesota Masters Swim Club-30 1:30.00 1:20.18

**Men 25-29 200 Yard IM**

NATL: 1:41.88 N 12/5/2013 DARIAN TOWNSEND  
 LOCAL: 1:55.04 L 4/16/2011 Timothy Liebhold  
 2:11.23 25-29 NQT

1 Parish, Patrick 28 Hopkins Masters Swimming-30 2:31.86 2:35.35  
 32.77 1:13.49 (40.72) 1:59.20 (45.71) 2:35.35 (36.15)

**Men 30-34 50 Yard Freestyle**

NATL: 19.65 N 1/28/2012 NICHOLAS BRUNELLI  
 LOCAL: 20.93 L 4/4/2004 BRIAN L JACOBSON  
 24.99 30-34 NQT

1 Koepp, Kristopher 31 Minnesota Masters Swim Club-30 23.00 23.12 NQT  
 2 Sadrzadeh, Vahid 33 In The Moment Storm-30 28.00 25.71  
 3 Bryant, George 32 Wg: Riptide Masters-30 26.00 25.83  
 4 Smith, Conor S 31 Wg: LifeTime Fitness-30 33.50 30.86

**Men 30-34 100 Yard Freestyle**

NATL: 44.53 N 12/19/2004 MIKE PICOTTE  
 LOCAL: 47.34 L 1/20/2008 DUANE W DOBKO  
 55.08 30-34 NQT

1 Koepp, Kristopher 31 Minnesota Masters Swim Club-30 55.00 52.57 NQT  
 25.59 52.57 (26.98)  
 2 Bryant, George 32 Wg: Riptide Masters-30 56.00 55.80  
 26.89 55.80 (28.91)  
 3 Agren, Jon 34 Unattached Minnesota-30 NT 1:06.33  
 31.33 1:06.33 (35.00)

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 30-34 200 Yard Freestyle**

NATL: 1:38.03 N 5/16/1999 JON OLSEN  
 LOCAL: 1:45.51 L 1/20/2008 DUANE W DOBKO  
 1:58.41 30-34 NQT

1	Steele, Reed	33	Wg: North Suburban Aquatic-30	1:55.00	1:54.07	NQT
				27.25 56.00 (28.75) 1:25.06 (29.06) 1:54.07 (29.01)		
2	Overby, Nathan	33	Unattached Minnesota-30	2:25.00	2:11.38	
				30.76 1:04.04 (33.28) 1:38.67 (34.63) 2:11.38 (32.71)		
3	Agren, Jon	34	Unattached Minnesota-30	NT	2:25.93	
				32.51 1:08.36 (35.85) 1:46.72 (38.36) 2:25.93 (39.21)		

**Men 30-34 500 Yard Freestyle**

NATL: 4:29.49 N 2/25/1996 MATTHEW CETLINSKI  
 LOCAL: 4:50.62 L 1/20/2008 DUANE W DOBKO  
 5:28.03 30-34 NQT

1	Steele, Reed	33	Wg: North Suburban Aquatic-30	5:05.00	5:06.22	NQT
				28.08 58.21 (30.13) 1:28.34 (30.13) 1:59.10 (30.76)		
				2:29.94 (30.84) 3:01.03 (31.09) 3:32.25 (31.22) 4:03.60 (31.35)		
				4:35.12 (31.52) 5:06.22 (31.10)		
2	Overby, Nathan	33	Unattached Minnesota-30	6:15.00	5:52.66	
				32.52 1:07.51 (34.99) 1:43.42 (35.91) 2:19.59 (36.17)		
				2:55.78 (36.19) 3:31.72 (35.94) 4:07.32 (35.60) 4:43.09 (35.77)		
				5:18.81 (35.72) 5:52.66 (33.85)		

**Men 30-34 1000 Yard Freestyle**

NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF  
 LOCAL: 10:22.31 L 3/24/1996 JOE VRUDNY  
 11:47.84 30-34 NQT

1	Steele, Reed	33	Wg: North Suburban Aquatic-30	10:40.00	10:45.63	NQT
				28.93 1:00.68 (31.75) 1:32.90 (32.22) 2:05.43 (32.53)		
				2:38.01 (32.58) 3:10.64 (32.63) 3:43.30 (32.66) 4:15.91 (32.61)		
				4:48.39 (32.48) 5:20.90 (32.51) 5:53.58 (32.68) 6:26.09 (32.51)		
				6:58.62 (32.53) 7:31.21 (32.59) 8:03.98 (32.77) 8:36.52 (32.54)		
				9:09.37 (32.85) 9:41.76 (32.39) 10:14.04 (32.28) 10:45.63 (31.59)		

**Men 30-34 50 Yard Backstroke**

NATL: 22.64 N 1/15/2012 KEVIN DOAK  
 LOCAL: 24.28 L 2/24/2008 DUANE W DOBKO  
 29.49 30-34 NQT

1	Noffke, Paul	31	Wg: LifeTime Fitness-30	33.00	29.08	NQT
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**Men 30-34 100 Yard Backstroke**

NATL: 48.93 N 1/15/2012 KEVIN DOAK  
 LOCAL: 51.61 L 2/24/2008 DUANE W DOBKO  
 1:03.66 30-34 NQT

1	Noffke, Paul	31	Wg: LifeTime Fitness-30	1:10.00	1:01.84	NQT
				30.27 1:01.84 (31.57)		
2	Overby, Nathan	33	Unattached Minnesota-30	NT	1:14.21	
				36.60 1:14.21 (37.61)		

**Men 30-34 200 Yard Backstroke**

NATL: 1:47.33 N 1/28/2012 NICHOLAS BRUNELLI  
 LOCAL: 1:52.60 L 5/18/1997 ROBERT HAUCK  
 2:15.39 30-34 NQT

1	Noffke, Paul	31	Wg: LifeTime Fitness-30	2:35.00	2:22.08	
				33.91 1:09.59 (35.68) 1:46.26 (36.67) 2:22.08 (35.82)		

## MN Masters Icebreaker Meet 2014 - 1/19/2014

## Results

## Men 30-34 50 Yard Breaststroke

NATL: 24.84 N 4/30/2011 ED MOSES  
 LOCAL: 26.47 L 4/10/2005 BRIAN L JACOBSON  
 31.75 30-34 NQT

1	Bryant, George	32	Wg: Riptide Masters-30	34.00	33.13
2	Smith, Conor S	31	Wg: LifeTime Fitness-30	42.00	37.01

## Men 30-34 100 Yard Breaststroke

NATL: 53.44 N 4/29/2011 ED MOSES  
 LOCAL: 1:00.74 L 4/27/2008 BRIAN L JACOBSON  
 1:10.08 30-34 NQT

1	Bryant, George	32	Wg: Riptide Masters-30	1:12.00	1:10.54
	32.98		1:10.54 (37.56)		

## Men 30-34 50 Yard Butterfly

NATL: 21.44 N 12/5/2009 ZSOLT GASPAR  
 LOCAL: 23.20 L 4/10/2005 BRIAN L JACOBSON  
 27.28 30-34 NQT

1	Sadrzadeh, Vahid	33	In The Moment Storm-30	30.00	28.56
2	Bryant, George	32	Wg: Riptide Masters-30	30.00	29.82
3	Agren, Jon	34	Unattached Minnesota-30	NT	35.25

## Men 30-34 100 Yard IM

NATL: 49.81 N 4/28/2012 NICHOLAS BRUNELLI  
 LOCAL: 54.38 L 4/29/2007 BRIAN L JACOBSON  
 1:02.38 30-34 NQT

1	Koeppe, Kristopher	31	Minnesota Masters Swim Club-30	1:00.00	56.36	NQT
	24.93		56.36 (31.43)			
2	Steele, Reed	33	Wg: North Suburban Aquatic-30	1:05.00	1:00.87	NQT
	28.36		1:00.87 (32.51)			
3	Agren, Jon	34	Unattached Minnesota-30	NT	1:18.63	
	37.20		1:18.63 (41.43)			
4	Smith, Conor S	31	Wg: LifeTime Fitness-30	1:45.00	1:22.21	
	38.69		1:22.21 (43.52)			

## Men 30-34 200 Yard IM

NATL: 1:47.62 N 5/4/1997 RONALD KARNAUGH  
 LOCAL: 2:03.05 L 4/13/1997 JOE VRUDNY  
 2:15.11 30-34 NQT

1	Koeppe, Kristopher	31	Minnesota Masters Swim Club-30	2:10.00	2:15.99
	29.31		1:04.11 (34.80) 1:44.10 (39.99) 2:15.99 (31.89)		

## Men 35-39 50 Yard Freestyle

NATL: 20.14 N 5/4/2008 JOSH DAVIS  
 LOCAL: 20.79 L 4/18/2010 BRIAN L JACOBSON  
 25.33 35-39 NQT

1	Fischer, Jason	37	Minnesota Masters Swim Club-30	23.00	23.92	NQT
2	Klema, Todd H	36	Unattached Minnesota-30	26.89	26.40	
3	Tardia, Lutfi	36	Wg: West Express-30	27.89	27.31	
4	Opheim, Rob	35	Wg: St Cloud YMCA-30	NT	31.68	

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 35-39 100 Yard Freestyle**

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO  
 LOCAL: 46.95 L 4/29/2012 Brian L Jacobson  
 56.21 35-39 NQT

1	Fischer, Jason	37	Minnesota Masters Swim Club-30	53.00	54.85	NQT
	26.05				54.85 (28.80)	
2	Robinson, Nicholas	37	Wg: Macalester Masters-30	57.00	56.48	
	27.37				56.48 (29.11)	
3	Klema, Todd H	36	Unattached Minnesota-30	57.64	1:01.12	
	28.65				1:01.12 (32.47)	

**Men 35-39 200 Yard Freestyle**

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS  
 LOCAL: 1:46.66 L 4/19/2009 DUANE W DOBKO  
 2:00.08 35-39 NQT

1	Robinson, Nicholas	37	Wg: Macalester Masters-30	2:05.00	2:03.32	
	28.47				59.12 (30.65)	
					1:30.84 (31.72)	
					2:03.32 (32.48)	
2	Fischer, Jason	37	Minnesota Masters Swim Club-30	2:05.00	2:07.94	
	29.13				1:00.97 (31.84)	
					1:34.53 (33.56)	
					2:07.94 (33.41)	

**Men 35-39 500 Yard Freestyle**

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH  
 LOCAL: 4:54.46 L 4/19/2009 DUANE W DOBKO  
 5:37.64 35-39 NQT

1	Lau, Herman C	35	Wg: LifeTime Fitness-30	8:45.00	8:00.09	
	44.51				1:31.39 (46.88)	
					2:20.76 (49.37)	
					3:09.50 (48.74)	
	3:57.91 (48.41)				4:46.76 (48.85)	
					5:36.87 (50.11)	
	7:14.01 (48.78)				8:00.09 (46.08)	

**Men 35-39 50 Yard Breaststroke**

NATL: 25.35 N 5/21/2010 STEVE WEST  
 LOCAL: 26.75 L 4/29/2012 Brian L Jacobson  
 32.12 35-39 NQT

1	Tardia, Lutfi	36	Wg: West Express-30	34.66	34.29	
2	Opheim, Rob	35	Wg: St Cloud YMCA-30	NT	37.36	

**Men 35-39 100 Yard Breaststroke**

NATL: 55.12 N 4/29/2011 JEFF COMMINGS  
 LOCAL: 58.09 L 4/15/2012 Brian L Jacobson  
 1:10.14 35-39 NQT

1	Opheim, Rob	35	Wg: St Cloud YMCA-30	NT	1:27.92	
	39.01				1:27.92 (48.91)	

**Men 35-39 50 Yard Butterfly**

NATL: 22.26 N 4/29/2011 JOSH DAVIS  
 LOCAL: 23.39 L 5/1/2011 BRIAN L JACOBSON  
 27.80 35-39 NQT

1	Robinson, Nicholas	37	Wg: Macalester Masters-30	30.00	29.66	
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**Men 35-39 100 Yard IM**

NATL: 50.06 N 5/4/2008 JOSH DAVIS  
 LOCAL: 52.66 L 4/29/2012 Brian L Jacobson  
 1:04.28 35-39 NQT

1	Robinson, Nicholas	37	Wg: Macalester Masters-30	1:08.00	1:06.80	
	31.64				1:06.80 (35.16)	

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****(Men 35-39 100 Yard IM)**

2	Klema, Todd H	36	Unattached Minnesota-30	1:08.67	1:10.66
	33.66		1:10.66 (37.00)		
3	Tardia, Lutfi	36	Wg: West Express-30	1:17.30	1:12.18
	34.22		1:12.18 (37.96)		
4	Opheim, Rob	35	Wg: St Cloud YMCA-30	NT	1:22.90
	37.41		1:22.90 (45.49)		

**Men 40-44 50 Yard Freestyle**

**NATL:** 20.84 N 4/26/2009 **MICHAEL ROSS**  
**LOCAL:** 22.42 L 5/18/1997 **NATE LEIGH**  
 25.47 40-44 NQT

1	Jacobson, Brian	40	Minnesota Masters Swim Club-30	21.30	21.95L NQT
2	Vogen, Kirk	41	Minnesota Masters Swim Club-30	23.52	23.93 NQT
3	Hudson, Robert	42	Minnesota Masters Swim Club-30	NT	26.98
4	Corcoran, Bill	41	Wg: St Cloud YMCA-30	28.00	28.02
5	Elliott, Lance	43	Edina Swim Club-30	37.00	38.07

**Men 40-44 100 Yard Freestyle**

**NATL:** 45.35 N 5/4/2008 **MICHAEL ROSS**  
**LOCAL:** 48.33 L 5/18/1997 **NATE LEIGH**  
 56.20 40-44 NQT

1	King, Todd	44	Unattached Minnesota-30	58.00	58.63
	28.14		58.63 (30.49)		
2	Hudson, Robert	42	Minnesota Masters Swim Club-30	NT	1:00.12
	28.36		1:00.12 (31.76)		
3	Corcoran, Bill	41	Wg: St Cloud YMCA-30	1:03.00	1:03.76
	31.20		1:03.76 (32.56)		
4	Elliott, Lance	43	Edina Swim Club-30	1:25.00	1:26.80
	41.27		1:26.80 (45.53)		

**Men 40-44 200 Yard Freestyle**

**NATL:** 1:38.94 N 5/4/2008 **MICHAEL ROSS**  
**LOCAL:** 1:49.15 L 5/18/1997 **NATE LEIGH**  
 2:00.67 40-44 NQT

1	King, Todd	44	Unattached Minnesota-30	2:12.00	2:10.53
	30.84		1:04.39 (33.55) 1:38.31 (33.92)	2:10.53 (32.22)	
2	Linden, David	40	Wg: Rochester Orcas-30	2:10.53	2:12.85
	31.47		1:05.29 (33.82) 1:39.24 (33.95)	2:12.85 (33.61)	
3	Law, David	44	Unattached Minnesota-30	2:22.00	2:20.17
	31.64		1:06.52 (34.88) 1:43.02 (36.50)	2:20.17 (37.15)	
4	Corcoran, Bill	41	Wg: St Cloud YMCA-30	NT	2:20.87
	32.37		1:08.25 (35.88) 1:45.83 (37.58)	2:20.87 (35.04)	
5	Elliott, Lance	43	Edina Swim Club-30	2:38.00	3:15.43
	40.21		1:26.75 (46.54) 2:19.87 (53.12)	3:15.43 (55.56)	

**Men 40-44 500 Yard Freestyle**

**NATL:** 4:39.86 N 5/8/2010 **ALEX KOSTICH**  
**LOCAL:** 4:51.37 L 5/18/1997 **NATE LEIGH**  
 5:34.52 40-44 NQT

1	King, Todd	44	Unattached Minnesota-30	6:05.00	5:58.76
	33.16		1:08.94 (35.78) 1:45.55 (36.61)	2:21.89 (36.34)	
	2:58.77 (36.88)		3:35.14 (36.37) 4:11.50 (36.36)	4:47.31 (35.81)	
	5:23.21 (35.90)		5:58.76 (35.55)		

## MN Masters Icebreaker Meet 2014 - 1/19/2014

## Results

## Men 40-44 50 Yard Backstroke

NATL: 22.77 N 4/26/2009 MICHAEL ROSS  
 LOCAL: 25.15 L 4/18/2010 SCOTT P TRIPPS  
 29.83 40-44 NQT

1	Corcoran, Bill	41	Wg: St Cloud YMCA-30	31.00	32.68
2	Hudson, Robert	42	Minnesota Masters Swim Club-30	NT	36.45

## Men 40-44 50 Yard Breaststroke

NATL: 25.69 N 4/27/2012 STEVE WEST  
 LOCAL: 28.12 L 6/2/1983 VIRG LUKEN  
 32.51 40-44 NQT

1	Jacobson, Brian	40	Minnesota Masters Swim Club-30	27.30	27.22L NQT
2	Linden, David	40	Wg: Rochester Orcas-30	32.74	34.11
3	Law, David	44	Unattached Minnesota-30	37.00	37.12

## Men 40-44 100 Yard Breaststroke

NATL: 55.79 N 4/28/2012 STEVE WEST  
 LOCAL: 1:00.11 L 4/13/2003 CHRIS J WEISSMAN  
 1:11.82 40-44 NQT

1	Jacobson, Brian	40	Minnesota Masters Swim Club-30	1:00.18	1:01.02 NQT
				28.35	1:01.02 (32.67)

## Men 40-44 200 Yard Breaststroke

NATL: 2:00.78 N 4/29/2012 STEVE WEST  
 LOCAL: 2:20.83 L 4/14/2002 James Kochendorfe  
 2:34.77 40-44 NQT

1	Linden, David	40	Wg: Rochester Orcas-30	2:47.96	2:48.56
				37.04	1:20.10 (43.06) 2:04.68 (44.58) 2:48.56 (43.88)

## Men 40-44 50 Yard Butterfly

NATL: 22.61 N 4/26/2009 MICHAEL ROSS  
 LOCAL: 23.61 L 1/31/2010 MARTY MORAN  
 27.82 40-44 NQT

1	Jacobson, Brian	40	Minnesota Masters Swim Club-30	24.30	24.26 NQT
2	Vogen, Kirk	41	Minnesota Masters Swim Club-30	25.81	26.20 NQT
3	Corcoran, Bill	41	Wg: St Cloud YMCA-30	31.00	31.08

## Men 40-44 100 Yard IM

NATL: 51.85 N 5/23/2010 MICHAEL ROSS  
 LOCAL: 56.09 L 1/31/2010 SCOTT P TRIPPS  
 1:04.37 40-44 NQT

1	Linden, David	40	Wg: Rochester Orcas-30	1:06.26	1:06.90
				30.84	1:06.90 (36.06)
2	King, Todd	44	Unattached Minnesota-30	1:15.00	1:11.88
				33.86	1:11.88 (38.02)
3	Law, David	44	Unattached Minnesota-30	1:20.00	1:14.90
				36.83	1:14.90 (38.07)

## Men 40-44 200 Yard IM

NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS  
 LOCAL: 2:00.60 L 4/18/2010 SCOTT P TRIPPS  
 2:17.67 40-44 NQT

1	Jacobson, Brian	40	Minnesota Masters Swim Club-30	1:59.37	2:07.51 NQT
				28.04	1:02.49 (34.45) 1:38.43 (35.94) 2:07.51 (29.08)
2	Linden, David	40	Wg: Rochester Orcas-30	2:33.44	2:34.93
				31.53	1:14.69 (43.16) 1:58.11 (43.42) 2:34.93 (36.82)

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## Men 45-49 50 Yard Freestyle

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY  
 LOCAL: 22.06 L 4/14/2002 TRIP HEDRICK  
 25.86 45-49 NQT

1	Rasmussen, Steve	49	Unattached Minnesota-30	27.67	27.55
2	O'Connor, Ed	49	Wg: North Suburban Aquatic-30	30.00	27.96
3	Nieters, Mark	45	Wg: St Cloud YMCA-30	29.30	28.15
4	Hjelm, Erik	45	Unattached Minnesota-30	34.00	36.21

## Men 45-49 100 Yard Freestyle

NATL: 46.46 N 5/22/2010 DAVID SIMS  
 LOCAL: 48.35 L 4/14/2002 TRIP HEDRICK  
 57.25 45-49 NQT

1	Norton, David	46	Unattached Minnesota-30	58.90	59.30
				27.67	59.30 (31.63)
2	Rasmussen, Steve	49	Unattached Minnesota-30	1:02.20	1:00.53
				29.53	1:00.53 (31.00)
3	Weiler, Jeff J	49	Unattached Minnesota-30	1:05.00	1:00.67
				29.18	1:00.67 (31.49)
4	Nieters, Mark	45	Wg: St Cloud YMCA-30	1:04.00	1:03.09
				30.48	1:03.09 (32.61)
5	Zelenak, Mark	48	Unattached Minnesota-30	1:02.50	1:03.40
				30.80	1:03.40 (32.60)
6	Hjelm, Erik	45	Unattached Minnesota-30	1:20.00	1:18.11

## Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS  
 LOCAL: 1:51.69 L 5/20/2007 THOMAS EMISON  
 2:01.58 45-49 NQT

1	Moran, Marty	46	Wg: St Cloud YMCA-30	1:57.30	1:57.47	NQT
				27.71	57.17 (29.46)	1:27.32 (30.15)
						1:57.47 (30.15)
2	Rasmussen, Steve	49	Unattached Minnesota-30	2:20.00	2:12.70	
				31.21	1:04.48 (33.27)	1:38.42 (33.94)
						2:12.70 (34.28)
3	Weiler, Jeff J	49	Unattached Minnesota-30	2:15.00	2:13.66	
				31.02	1:05.51 (34.49)	1:40.64 (35.13)
						2:13.66 (33.02)
4	Hjelm, Erik	45	Unattached Minnesota-30	2:50.00	3:06.08	
					1:31.89 ( )	3:06.08 (1:34.19)

## Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER  
 LOCAL: 5:06.53 L 4/18/2010 TOM RUEHLE  
 5:34.37 45-49 NQT

1	Weiler, Jeff J	49	Unattached Minnesota-30	6:15.00	6:01.27
				31.79	1:07.05 (35.26)
					1:43.68 (36.63)
				2:57.54 (36.99)	3:34.51 (36.97)
					4:11.64 (37.13)
				5:25.94 (36.68)	6:01.27 (35.33)
2	Rasmussen, Steve	49	Unattached Minnesota-30	6:09.53	6:02.21
				31.85	1:06.17 (34.32)
					1:41.68 (35.51)
				2:55.40 (36.87)	3:32.83 (37.43)
					4:10.54 (37.71)
				5:26.98 (38.32)	6:02.21 (35.23)
3	Zelenak, Mark	48	Unattached Minnesota-30	6:25.00	6:21.12
				34.80	1:11.65 (36.85)
					1:50.27 (38.62)
				3:09.15 (39.50)	3:48.58 (39.43)
					4:27.66 (39.08)
				5:43.86 (37.74)	6:21.12 (37.26)

## MN Masters Icebreaker Meet 2014 - 1/19/2014

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**(Men 45-49 500 Yard Freestyle)**

4	Nieters, Mark	45	Wg: St Cloud YMCA-30	6:40.00	6:30.96
	35.61	1:13.68 (38.07)	1:52.73 (39.05)	2:31.71 (38.98)	
	3:11.22 (39.51)	3:51.26 (40.04)	4:32.01 (40.75)	5:12.93 (40.92)	
	5:53.09 (40.16)	6:30.96 (37.87)			

**Men 45-49 1000 Yard Freestyle**

**NATL: 9:43.93 N 5/20/2010 KEITH SWITZER**  
**LOCAL: 10:53.34 L 3/17/2002 JAMES A STEWART**  
**11:45.93 45-49 NQT**

1	Rasmussen, Steve	49	Unattached Minnesota-30	13:00.00	12:49.34
	33.63	1:10.17 (36.54)	1:48.77 (38.60)	2:28.00 (39.23)	
	3:06.81 (38.81)	3:45.35 (38.54)	4:24.33 (38.98)	5:02.74 (38.41)	
	5:41.95 (39.21)	6:21.17 (39.22)	7:00.08 (38.91)	7:39.44 (39.36)	
	8:18.21 (38.77)	8:57.72 (39.51)	9:36.61 (38.89)	10:15.15 (38.54)	
	10:54.49 (39.34)	11:33.97 (39.48)	12:12.40 (38.43)	12:49.34 (36.94)	

**Men 45-49 50 Yard Backstroke**

**NATL: 23.96 N 4/29/2012 CHRIS STEVENSON**  
**LOCAL: 25.83 L 5/9/2013 Marty Moran**  
**30.50 45-49 NQT**

1	Schlichting, Randy	48	Hopkins Masters Swimming-30	29.00	28.29	NQT
2	Zelenak, Mark	48	Unattached Minnesota-30	36.00	35.39	
3	O'Connor, Ed	49	Wg: North Suburban Aquatic-30	38.00	37.88	
4	Nelson, Jon	47	Nort'landers Swim Club-30	38.00	38.75	

**Men 45-49 100 Yard Backstroke**

**NATL: 51.55 N 4/30/2011 CHRIS STEVENSON**  
**LOCAL: 58.57 L 3/19/2000 JIM BENDTSEN**  
**1:06.39 45-49 NQT**

1	Schlichting, Randy	48	Hopkins Masters Swimming-30	1:02.00	1:00.14	NQT
	29.13	1:00.14 (31.01)				
2	Norton, David	46	Unattached Minnesota-30	1:09.00	1:10.67	
	34.51	1:10.67 (36.16)				
3	Nelson, Jon	47	Nort'landers Swim Club-30	1:20.00	1:24.77	
	40.84	1:24.77 (43.93)				

**Men 45-49 200 Yard Backstroke**

**NATL: 1:53.97 N 5/13/2011 RICH SAEGER**  
**LOCAL: 2:06.93 L 5/16/1999 PAUL WINDRATH**  
**2:18.88 45-49 NQT**

1	Schlichting, Randy	48	Hopkins Masters Swimming-30	2:18.00	2:13.10	NQT
	31.57	1:05.14 (33.57)	1:39.73 (34.59)	2:13.10 (33.37)		
2	Norton, David	46	Unattached Minnesota-30	2:30.00	2:32.28	
	35.18	1:12.84 (37.66)	1:52.18 (39.34)	2:32.28 (40.10)		

**Men 45-49 50 Yard Breaststroke**

**NATL: 26.58 N 12/20/2008 WALLY DICKS**  
**LOCAL: 28.41 L 4/27/2008 James Kochendorfe**  
**33.03 45-49 NQT**

1	Nelson, Jon	47	Nort'landers Swim Club-30	40.00	41.41
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**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 45-49 100 Yard Breaststroke**

NATL: 57.87 N 4/19/2009 CHRIS WEISSMAN  
 LOCAL: 1:02.01 L 4/19/2009 James Kochendorfe  
 1:12.63 45-49 NQT

1 Armstrong, Jeff 49 Minnesota Masters Swim Club-30 1:15.84 1:16.52  
 36.60 1:16.52 (39.92)

**Men 45-49 200 Yard Breaststroke**

NATL: 2:08.33 N 5/10/2009 DAVID GUTHRIE  
 LOCAL: 2:24.11 L 4/19/2009 MALACHY McCARTHY  
 2:38.79 45-49 NQT

1 Armstrong, Jeff 49 Minnesota Masters Swim Club-30 2:46.63 2:46.98  
 38.20 1:21.08 (42.88) 2:04.73 (43.65) 2:46.98 (42.25)

**Men 45-49 50 Yard Butterfly**

NATL: 22.67 N 5/4/2008 PAUL SMITH  
 LOCAL: 23.84 L 4/11/1999 TRIP HEDRICK  
 27.95 45-49 NQT

1 Moran, Marty 46 Wg: St Cloud YMCA-30 24.40 25.21 NQT  
 2 Young, Bob 49 Illinois Masters-21 25.30 26.52 NQT  
 3 Awad, Omar 45 Wg: North Suburban Aquatic-30 30.00 28.01  
 4 O'Connor, Ed 49 Wg: North Suburban Aquatic-30 35.00 35.41

**Men 45-49 100 Yard Butterfly**

NATL: 50.90 N 5/21/2010 DAVID SIMS  
 LOCAL: 53.28 L 4/11/1999 TRIP HEDRICK  
 1:02.48 45-49 NQT

1 Moran, Marty 46 Wg: St Cloud YMCA-30 54.30 57.51 NQT  
 27.16 57.51 (30.35)  
 2 Young, Bob 49 Illinois Masters-21 1:00.00 1:00.86 NQT  
 28.76 1:00.86 (32.10)  
 3 Awad, Omar 45 Wg: North Suburban Aquatic-30 1:08.00 1:05.79  
 32.11 1:05.79 (33.68)

**Men 45-49 200 Yard Butterfly**

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER  
 LOCAL: 2:15.50 L 5/4/1997 JOHN MCCALL  
 2:21.16 45-49 NQT

1 King, Robert 49 Wg: Macalester Masters-30 2:30.00 2:27.79  
 32.22 1:09.71 (37.49) 1:48.83 (39.12) 2:27.79 (38.96)

**Men 45-49 100 Yard IM**

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY  
 LOCAL: 57.95 L 4/29/2012 Marty Moran  
 1:05.55 45-49 NQT

1 Norton, David 46 Unattached Minnesota-30 1:20.00 1:08.42  
 31.78 1:08.42 (36.64)  
 2 King, Robert 49 Wg: Macalester Masters-30 1:12.00 1:11.57  
 34.47 1:11.57 (37.10)  
 3 Nieters, Mark 45 Wg: St Cloud YMCA-30 1:17.30 1:16.15  
 37.66 1:16.15 (38.49)  
 4 Zelenak, Mark 48 Unattached Minnesota-30 1:20.00 1:18.43  
 37.42 1:18.43 (41.01)  
 5 O'Connor, Ed 49 Wg: North Suburban Aquatic-30 1:20.00 1:19.39  
 37.46 1:19.39 (41.93)

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****(Men 45-49 100 Yard IM)**

6	Nelson, Jon	37.81	1:23.04 (45.23)	47	Nort'landers Swim Club-30	1:20.00	1:23.04
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**Men 45-49 200 Yard IM**

<b>NATL:</b>	<b>1:56.14</b>	<b>N</b>	<b>4/29/2012</b>	<b>DAVID SIMS</b>
<b>LOCAL:</b>	<b>2:11.85</b>	<b>L</b>	<b>4/16/2000</b>	<b>JIM BENDTSEN</b>
	<b>2:19.14</b>		<b>45-49 NQT</b>	

1	Awad, Omar	31.29	1:12.17 (40.88)	45	Wg: North Suburban Aquatic-30	2:40.00	2:34.81
						1:59.11 (46.94)	2:34.81 (35.70)

**Men 45-49 400 Yard IM**

<b>NATL:</b>	<b>4:14.17</b>	<b>N</b>	<b>5/21/2010</b>	<b>DENNIS BAKER</b>
<b>LOCAL:</b>	<b>4:40.39</b>	<b>L</b>	<b>4/11/1999</b>	<b>PAUL WINDRATH</b>
	<b>5:01.45</b>		<b>45-49 NQT</b>	

1	King, Robert	32.71	1:10.24 (37.53)	49	Wg: Macalester Masters-30	5:15.00	5:12.20
		3:16.62 (43.11)	4:00.82 (44.20)			1:52.12 (41.88)	2:33.51 (41.39)
						4:36.70 (35.88)	5:12.20 (35.50)

**Men 50-54 50 Yard Freestyle**

<b>NATL:</b>	<b>21.36</b>	<b>N</b>	<b>4/29/2011</b>	<b>ROWDY GAINES</b>
<b>LOCAL:</b>	<b>21.90</b>	<b>L</b>	<b>4/25/2004</b>	<b>TRIP HEDRICK</b>
	<b>26.76</b>		<b>50-54 NQT</b>	

1	Kough, David			50	Minnesota Masters Swim Club-30	28.00	27.21
2	Turner, Thorn			51	Wg: Minnetonka-30	28.00	27.37
3	Selby, Donald			52	Hopkins Masters Swimming-30	27.75	27.78
4	Risley, Roger			54	Nort'landers Swim Club-30	28.50	28.13
5	Fine, Alan R			51	Minnesota Masters Swim Club-30	28.00	28.57
6	Ness, Randal			51	Hopkins Masters Swimming-30	29.50	28.65
7	Seats, Michael			54	Minnesota Masters Swim Club-30	29.80	30.12

**Men 50-54 100 Yard Freestyle**

<b>NATL:</b>	<b>46.59</b>	<b>N</b>	<b>5/10/2009</b>	<b>ROWDY GAINES</b>
<b>LOCAL:</b>	<b>48.16</b>	<b>L</b>	<b>4/25/2004</b>	<b>TRIP HEDRICK</b>
	<b>58.72</b>		<b>50-54 NQT</b>	

1	Ness, Randal	29.95	1:02.32 (32.37)	51	Hopkins Masters Swimming-30	1:04.00	1:02.32
2	Selby, Donald	29.58	1:02.67 (33.09)	52	Hopkins Masters Swimming-30	1:03.00	1:02.67
3	Fine, Alan R	29.94	1:03.79 (33.85)	51	Minnesota Masters Swim Club-30	1:05.00	1:03.79
4	Seats, Michael	32.86	1:07.93 (35.07)	54	Minnesota Masters Swim Club-30	1:06.50	1:07.93

**Men 50-54 200 Yard Freestyle**

<b>NATL:</b>	<b>1:43.76</b>	<b>N</b>	<b>5/10/2009</b>	<b>ROWDY GAINES</b>
<b>LOCAL:</b>	<b>1:48.45</b>	<b>L</b>	<b>4/4/2004</b>	<b>TRIP HEDRICK</b>
	<b>2:05.50</b>		<b>50-54 NQT</b>	

1	Ness, Randal	32.17	1:07.72 (35.55)	51	Hopkins Masters Swimming-30	2:23.00	2:20.41
						1:44.37 (36.65)	2:20.41 (36.04)
2	Fine, Alan R	32.10	1:09.18 (37.08)	51	Minnesota Masters Swim Club-30	2:30.00	2:28.88
						1:49.06 (39.88)	2:28.88 (39.82)
3	Seats, Michael	34.24	1:11.03 (36.79)	54	Minnesota Masters Swim Club-30	2:28.00	2:29.34
						1:49.96 (38.93)	2:29.34 (39.38)

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## Results

## Men 50-54 500 Yard Freestyle

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA  
 LOCAL: 5:21.88 L 1/18/2009 THOMAS EMISON  
 5:47.01 50-54 NQT

1	Ness, Randal	51	Hopkins Masters Swimming-30	6:30.00	6:26.22
	34.28	1:12.70 (38.42)	1:51.88 (39.18)	2:31.47 (39.59)	
	3:11.20 (39.73)	3:50.97 (39.77)	4:30.62 (39.65)	5:10.04 (39.42)	
	5:49.79 (39.75)	6:26.22 (36.43)			
2	Fine, Alan R	51	Minnesota Masters Swim Club-30	7:00.00	7:23.54
	35.38	1:15.54 (40.16)	1:59.64 (44.10)	2:43.92 (44.28)	
	3:30.21 (46.29)	4:17.19 (46.98)	5:04.57 (47.38)	5:51.62 (47.05)	
	6:38.34 (46.72)	7:23.54 (45.20)			

## Men 50-54 1000 Yard Freestyle

NATL: 9:55.84 N 4/6/2013 KEITH SWITZER  
 LOCAL: 10:57.87 L 4/29/2007 JAMES A STEWART  
 12:03.72 50-54 NQT

1	Kough, David	50	Minnesota Masters Swim Club-30	12:50.00	12:43.07
	33.33	1:09.73 (36.40)	1:47.46 (37.73)	2:25.79 (38.33)	
	3:04.26 (38.47)	3:43.25 (38.99)	4:22.03 (38.78)	5:00.67 (38.64)	
	5:39.74 (39.07)	6:18.41 (38.67)	6:57.54 (39.13)	7:36.41 (38.87)	
	8:15.56 (39.15)	8:54.15 (38.59)	9:32.77 (38.62)	10:11.85 (39.08)	
	10:49.78 (37.93)	11:28.49 (38.71)	12:06.76 (38.27)	12:43.07 (36.31)	

## Men 50-54 50 Yard Backstroke

NATL: 24.75 N 4/3/2011 STEVE WOOD  
 LOCAL: 28.31 L 12/7/2008 JAMES B NIELSEN  
 31.67 50-54 NQT

1	Risley, Roger	54	Nort'landers Swim Club-30	37.00	38.73
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## Men 50-54 50 Yard Breaststroke

NATL: 26.98 N 5/21/2010 HOLDEN BANK  
 LOCAL: 29.60 L 4/15/2012 James Kochendorfe  
 34.17 50-54 NQT

1	Kochendorfer, James	53	Minnesota Masters Swim Club-30	31.50	32.07 NQT
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## Men 50-54 100 Yard Breaststroke

NATL: 59.04 N 4/7/2013 DAVID GUTHRIE  
 LOCAL: 1:04.11 L 4/16/2011 James Kochendorfe  
 1:15.20 50-54 NQT

1	Kochendorfer, James	53	Minnesota Masters Swim Club-30	1:10.00	1:09.73 NQT
	33.16	1:09.73 (36.57)			

## Men 50-54 50 Yard Butterfly

NATL: 23.19 N 4/25/2004 TRIP HEDRICK  
 LOCAL: 23.19 L 4/25/2004 TRIP HEDRICK  
 28.91 50-54 NQT

1	Turner, Thorn	51	Wg: Minnetonka-30	31.00	30.62
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## Men 50-54 100 Yard IM

NATL: 54.28 N 5/11/2013 DAVID SIMS  
 LOCAL: 56.53 L 4/25/2004 TRIP HEDRICK  
 1:08.04 50-54 NQT

1	Turner, Thorn	51	Wg: Minnetonka-30	1:17.00	1:11.26
	33.05	1:11.26 (38.21)			

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2	Selby, Donald	52	Hopkins Masters Swimming-30	1:14.00	1:14.14
	34.47		1:14.14 (39.67)		
3	Seats, Michael	54	Minnesota Masters Swim Club-30	1:21.00	1:22.41
	38.58		1:22.41 (43.83)		

**Men 55-59 50 Yard Freestyle**

**NATL:** 21.82 N 4/30/2000 **RICHARD ABRAHAMS**  
**LOCAL:** 23.33 L 4/16/2011 **TRIP HEDRICK**  
 27.28 55-59 NQT

1	Hedrick, Trip	59	Unattached Minnesota-30	23.92	23.78	NQT
2	Holthus, Brian	56	Wg: Y's Guys Swimming-30	25.50	25.67	NQT
3	Lamour, Didier	56	Wg: Y's Guys Swimming-30	26.00	26.90	NQT
4	Siegfried, Todd	55	Wg: Y's Guys Swimming-30	26.60	27.53	
5	Vollkommer, Paul	58	Unattached Minnesota-30	NT	31.52	
6	Tembreull, Mark	56	Wg: North Suburban Aquatic-30	32.31	33.39	
7	Stracke, Larry	57	Wg: St Cloud YMCA-30	39.00	37.65	

**Men 55-59 100 Yard Freestyle**

**NATL:** 48.37 N 4/30/2000 **RICHARD ABRAHAMS**  
**LOCAL:** 50.69 L 4/16/2011 **Trip Hedrick**  
 1:00.46 55-59 NQT

1	Holthus, Brian	56	Wg: Y's Guys Swimming-30	57.50	57.14	NQT
	26.84		57.14 (30.30)			
2	Smith, Darrell	57	Wg: Y's Guys Swimming-30	58.74	57.19	NQT
	27.67		57.19 (29.52)			
3	LaFerriere, William	56	Wg: St Cloud YMCA-30	1:10.00	1:09.49	
	32.82		1:09.49 (36.67)			
4	Vollkommer, Paul	58	Unattached Minnesota-30	NT	1:11.79	
	32.81		1:11.79 (38.98)			
5	Tembreull, Mark	56	Wg: North Suburban Aquatic-30	1:14.82	1:18.77	
	37.11		1:18.77 (41.66)			
6	Stracke, Larry	57	Wg: St Cloud YMCA-30	1:27.00	1:24.48	
	39.68		1:24.48 (44.80)			

**Men 55-59 200 Yard Freestyle**

**NATL:** 1:48.79 N 4/10/2010 **MICHAEL MANN**  
**LOCAL:** 2:01.18 L 4/29/2012 **Darrell J Smith**  
 2:09.96 55-59 NQT

1	Smith, Darrell	57	Wg: Y's Guys Swimming-30	2:09.14	2:12.45
	30.19		1:03.45 (33.26) 1:37.96 (34.51) 2:12.45 (34.49)		
2	Hafdahl, Jim	58	Nort'landers Swim Club-30	2:50.75	2:53.49
	38.37		1:22.14 (43.77) 2:08.29 (46.15) 2:53.49 (45.20)		
3	Stracke, Larry	57	Wg: St Cloud YMCA-30	3:15.00	3:05.12
	43.01		1:29.74 (46.73) 2:17.61 (47.87) 3:05.12 (47.51)		

**Men 55-59 500 Yard Freestyle**

**NATL:** 4:56.82 N 4/11/2010 **MICHAEL MANN**  
**LOCAL:** 5:48.73 L 4/15/2012 **Darrell J Smith**  
 6:01.09 55-59 NQT

1	Evers, John	59	Hopkins Masters Swimming-30	5:59.00	6:06.31
	32.96		1:10.67 (37.71) 1:50.34 (39.67) 2:31.27 (40.93)		
	3:12.72 (41.45)		3:54.08 (41.36) 4:35.83 (41.75) 5:16.69 (40.86)		
	5:54.56 (37.87)		6:06.31 (11.75)		

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****(Men 55-59 500 Yard Freestyle)**

2	Stracke, Larry	57	Wg: St Cloud YMCA-30	8:38.00	8:14.39
	45.73	1:36.02 (50.29)	2:27.07 (51.05)	3:17.39 (50.32)	
	4:07.59 (50.20)	4:57.04 (49.45)	5:46.73 (49.69)	6:36.68 (49.95)	
	7:25.81 (49.13)	8:14.39 (48.58)			

**Men 55-59 50 Yard Backstroke**

<b>NATL:</b>	<b>26.34</b>	<b>N</b>	<b>5/1/2011</b>	<b>TOM BARTON</b>
<b>LOCAL:</b>	<b>27.57</b>	<b>L</b>	<b>4/13/2013</b>	<b>Peter Rocca</b>
	<b>32.91</b>		<b>55-59 NQT</b>	

1	Holthus, Brian	56	Wg: Y's Guys Swimming-30	32.00	30.40	NQT
2	LaFerriere, William	56	Wg: St Cloud YMCA-30	39.00	37.98	
3	Tembreull, Mark	56	Wg: North Suburban Aquatic-30	48.28	51.37	

**Men 55-59 100 Yard Backstroke**

<b>NATL:</b>	<b>56.55</b>	<b>N</b>	<b>4/30/2011</b>	<b>TOM BARTON</b>
<b>LOCAL:</b>	<b>59.61</b>	<b>L</b>	<b>5/10/2009</b>	<b>JEFFREY A LUKENS</b>
	<b>1:11.87</b>		<b>55-59 NQT</b>	

1	Hafdahl, Jim	58	Nort'landers Swim Club-30	1:41.88	1:47.72
	52.92	1:47.72 (54.80)			

**Men 55-59 200 Yard Backstroke**

<b>NATL:</b>	<b>2:03.14</b>	<b>N</b>	<b>3/31/2012</b>	<b>TOM BARTON</b>
<b>LOCAL:</b>	<b>2:08.38</b>	<b>L</b>	<b>5/10/2009</b>	<b>JEFFREY A LUKENS</b>
	<b>2:33.89</b>		<b>55-59 NQT</b>	

1	Holthus, Brian	56	Wg: Y's Guys Swimming-30	2:25.00	2:25.56	NQT
	35.02	1:12.35 (37.33)	1:50.05 (37.70)	2:25.56 (35.51)		

**Men 55-59 50 Yard Breaststroke**

<b>NATL:</b>	<b>27.81</b>	<b>N</b>	<b>5/4/2008</b>	<b>TIMOTHY SHEAD</b>
<b>LOCAL:</b>	<b>32.22</b>	<b>L</b>	<b>4/13/2003</b>	<b>JIM PELISSIER</b>
	<b>35.12</b>		<b>55-59 NQT</b>	

1	Siegfried, Todd	55	Wg: Y's Guys Swimming-30	33.40	33.33	NQT
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**Men 55-59 100 Yard Breaststroke**

<b>NATL:</b>	<b>1:01.42</b>	<b>N</b>	<b>5/4/2008</b>	<b>TIMOTHY SHEAD</b>
<b>LOCAL:</b>	<b>1:09.39</b>	<b>L</b>	<b>4/1/2001</b>	<b>JIM PELISSIER</b>
	<b>1:18.27</b>		<b>55-59 NQT</b>	

1	Siegfried, Todd	55	Wg: Y's Guys Swimming-30	1:12.50	1:12.40	NQT
	34.31	1:12.40 (38.09)				
2	Evers, John	59	Hopkins Masters Swimming-30	1:13.00	1:13.28	NQT
	35.07	1:13.28 (38.21)				

**Men 55-59 200 Yard Breaststroke**

<b>NATL:</b>	<b>2:17.00</b>	<b>N</b>	<b>5/4/2008</b>	<b>TIMOTHY SHEAD</b>
<b>LOCAL:</b>	<b>2:31.82</b>	<b>L</b>	<b>4/1/2001</b>	<b>JIM PELISSIER</b>
	<b>2:49.11</b>		<b>55-59 NQT</b>	

1	Siegfried, Todd	55	Wg: Y's Guys Swimming-30	2:41.40	2:40.95	NQT
	37.19	1:18.84 (41.65)	1:59.99 (41.15)	2:40.95 (40.96)		
2	Evers, John	59	Hopkins Masters Swimming-30	2:42.00	2:45.77	NQT
	39.02	1:21.42 (42.40)	2:04.07 (42.65)	2:45.77 (41.70)		

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 55-59 50 Yard Butterfly**

NATL: 24.16 N 3/25/2007 **GREG SHAW**  
 LOCAL: 24.55 L 4/16/2011 **TRIP HEDRICK**  
 30.08 55-59 NQT

1	Hedrick, Trip	59	Unattached Minnesota-30	25.25	25.12	NQT
2	Lamour, Didier	56	Wg: Y's Guys Swimming-30	29.00	29.07	NQT
3	Vollkommer, Paul	58	Unattached Minnesota-30	NT	37.89	
4	Hafdahl, Jim	58	Nort'landers Swim Club-30	41.27	41.39	

**Men 55-59 100 Yard Butterfly**

NATL: 53.90 N 5/12/2013 **PAUL CARTER**  
 LOCAL: 56.02 L 4/17/2011 **Trip Hedrick**  
 1:08.02 55-59 NQT

1	Hedrick, Trip	59	Unattached Minnesota-30	57.10	57.78	NQT
				27.07	57.78 (30.71)	
2	Smith, Darrell	57	Wg: Y's Guys Swimming-30	1:06.73	1:04.60	NQT
				30.39	1:04.60 (34.21)	
3	Lamour, Didier	56	Wg: Y's Guys Swimming-30	1:06.00	1:06.79	NQT
				30.03	1:06.79 (36.76)	

**Men 55-59 100 Yard IM**

NATL: 56.20 N 5/4/2008 **TIMOTHY SHEAD**  
 LOCAL: 59.32 L 4/17/2011 **Trip Hedrick**  
 1:10.57 55-59 NQT

1	Lamour, Didier	56	Wg: Y's Guys Swimming-30	1:06.00	1:08.63	NQT
				32.00	1:08.63 (36.63)	
2	LaFerriere, William	56	Wg: St Cloud YMCA-30	1:22.00	1:22.15	
				37.56	1:22.15 (44.59)	
3	Tembreull, Mark	56	Wg: North Suburban Aquatic-30	1:31.89	1:40.07	
				49.63	1:40.07 (50.44)	

**Men 55-59 200 Yard IM**

NATL: 2:04.09 N 5/4/2008 **TIMOTHY SHEAD**  
 LOCAL: 2:23.08 L 4/29/2012 **Darrell J Smith**  
 2:31.99 55-59 NQT

1	Smith, Darrell	57	Wg: Y's Guys Swimming-30	2:32.92	2:33.53	
				31.68	1:12.04 (40.36)	1:58.69 (46.65)
						2:33.53 (34.84)

**Men 60-64 50 Yard Freestyle**

NATL: 22.30 N 5/22/2005 **RICHARD ABRAHAMS**  
 LOCAL: 25.32 L 4/13/2003 **JAMES WHITE**  
 LOCAL2: 25.32 L 4/13/2013 **Marc S Anderson**  
 28.95 60-64 NQT

1	Strother, Patrick	60	Unatminnetonka	28.70	28.24	NQT
2	Brown, Perry	61	Nort'landers Swim Club-30	27.00	29.08	
3	Fine, Gary	63	Wg: Y's Guys Swimming-30	31.00	30.67	
4	Kaplan, Mark	64	Edina Swim Club-30	33.24	34.23	
5	Langland, Jim	61	Unattached Minnesota-30	32.82	34.93	

## MN Masters Icebreaker Meet 2014 - 1/19/2014

## Results

## Men 60-64 500 Yard Freestyle

NATL: 5:11.17 N 4/29/2012 JIM MC CONICA  
 LOCAL: 5:54.87 L 4/19/2009 MARC S ANDERSON  
 6:21.61 60-64 NQT

1	Langland, Jim	61	Unattached Minnesota-30	7:34.30	7:44.86
	38.34	1:22.48 (44.14)	2:08.96 (46.48)	2:56.49 (47.53)	
	3:44.27 (47.78)	4:31.66 (47.39)	5:20.70 (49.04)	6:10.03 (49.33)	
	6:58.78 (48.75)	7:44.86 (46.08)			

## Men 60-64 1000 Yard Freestyle

NATL: 10:47.42 N 5/13/2011 JIM MC CONICA  
 LOCAL: 12:43.78 L 4/19/2009 MARC S ANDERSON  
 13:20.83 60-64 NQT

1	Langland, Jim	61	Unattached Minnesota-30	15:48.79	16:27.50
	39.86	1:25.06 (45.20)	2:13.31 (48.25)	3:01.09 (47.78)	
	3:51.78 (50.69)	4:41.75 (49.97)	5:32.86 (51.11)	6:23.63 (50.77)	
	7:15.23 (51.60)	8:05.42 (50.19)	8:56.44 (51.02)	9:48.66 (52.22)	
	10:39.53 (50.87)	11:31.06 (51.53)	12:21.71 (50.65)	13:12.60 (50.89)	
	14:02.38 (49.78)	14:51.98 (49.60)	15:41.52 (49.54)	16:27.50 (45.98)	

## Men 60-64 50 Yard Backstroke

NATL: 26.82 N 5/4/2008 HUGH WILDER  
 LOCAL: 31.71 L 4/17/2011 Marc S Anderson  
 34.66 60-64 NQT

1	Strother, Patrick	60	Unatminnetonka	36.00	38.55
2	Brown, Perry	61	Nort'landers Swim Club-30	41.00	38.92

## Men 60-64 50 Yard Breaststroke

NATL: 29.26 N 5/10/2013 RICK COLELLA  
 LOCAL: 32.21 L 4/4/2004 JIM PELISSIER  
 37.56 60-64 NQT

1	Strother, Patrick	60	Unatminnetonka	36.65	35.58	NQT
2	Fine, Gary	63	Wg: Y's Guys Swimming-30	38.00	39.18	
3	Brown, Perry	61	Nort'landers Swim Club-30	40.00	39.29	

## Men 60-64 100 Yard Breaststroke

NATL: 1:02.97 N 5/11/2013 RICK COLELLA  
 LOCAL: 1:10.29 L 4/4/2004 JIM PELISSIER  
 1:23.30 60-64 NQT

1	Strother, Patrick	60	Unatminnetonka	1:23.50	1:26.36
	41.77	1:26.36 (44.59)			

## Men 60-64 50 Yard Butterfly

NATL: 24.46 N 5/22/2005 RICHARD ABRAHAMS  
 LOCAL: 27.93 L 4/13/2003 JAMES WHITE  
 31.82 60-64 NQT

1	Brown, Perry	61	Nort'landers Swim Club-30	34.00	32.00
2	Langland, Jim	61	Unattached Minnesota-30	42.78	46.44
3	Kaplan, Mark	64	Edina Swim Club-30	45.63	49.02

## Men 60-64 200 Yard Butterfly

NATL: 2:10.06 N 4/16/2011 LAWRENCE DAY  
 LOCAL: 2:38.74 L 2/25/2007 JOHN ZIEGENHAGEN  
 2:59.89 60-64 NQT

1	Langland, Jim	61	Unattached Minnesota-30	4:44.00	4:36.69
	51.32	2:00.47 (1:09.15)	3:20.42 (1:19.95)	4:36.69 (1:16.27)	

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Men 60-64 100 Yard IM**

NATL: 57.23 N 5/11/2013 RICK COLELLA  
 LOCAL: 1:06.30 L 5/9/2013 Ralph Bovard  
 1:14.62 60-64 NQT

1	Anderson, Marc	64	Minnesota Masters Swim Club-30	1:06.30	1:07.52	NQT
	31.68				1:07.52 (35.84)	
2	Fine, Gary	63	Wg: Y's Guys Swimming-30	1:22.00	1:21.87	
	39.59				1:21.87 (42.28)	
3	Kaplan, Mark	64	Edina Swim Club-30	1:42.00	1:46.35	
	51.22				1:46.35 (55.13)	
---	Brown, Perry	61	Nort'landers Swim Club-30	1:18.00		DQ
	36.59				DQ (40.85)	

**Men 65-69 50 Yard Freestyle**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS  
 LOCAL: 26.92 L 4/5/1986 RAY HAKOMAKI  
 30.05 65-69 NQT

1	Quackenbush, Kent	66	Minnesota Masters Swim Club-30	29.90	29.12	NQT
2	Santi, Peter	66	In The Moment Storm-30	35.28	33.59	

**Men 65-69 100 Yard Freestyle**

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS  
 LOCAL: 1:02.32 L 4/11/1987 RAY HAKOMAKI  
 1:08.35 65-69 NQT

1	Quackenbush, Kent	66	Minnesota Masters Swim Club-30	1:04.50	1:04.84	NQT
	31.01				1:04.84 (33.83)	

**Men 65-69 50 Yard Backstroke**

NATL: 27.74 N 5/23/2010 RICHARD ABRAHAMS  
 LOCAL: 32.10 L 3/23/1985 C EDWARD JOHNSON  
 37.12 65-69 NQT

1	Santi, Peter	66	In The Moment Storm-30	55.72	47.60	
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**Men 65-69 50 Yard Breaststroke**

NATL: 30.53 N 5/10/2013 ROBERT STRAND  
 LOCAL: 33.47 L 5/23/2010 JIM PELISSIER  
 39.16 65-69 NQT

1	Pelissier, Jim	69	Minnesota Masters Swim Club-30	36.00	36.38	NQT
2	Santi, Peter	66	In The Moment Storm-30	46.10	46.09	

**Men 65-69 100 Yard Breaststroke**

NATL: 1:07.35 N 5/11/2013 ROBERT STRAND  
 LOCAL: 1:13.82 L 5/23/2010 JIM PELISSIER  
 1:29.05 65-69 NQT

1	Pelissier, Jim	69	Minnesota Masters Swim Club-30	1:20.00	1:20.18	NQT
	38.83				1:20.18 (41.35)	

**Men 65-69 200 Yard Breaststroke**

NATL: 2:30.17 N 5/1/2011 ROBERT STRAND  
 LOCAL: 2:47.36 L 5/10/2009 JIM PELISSIER  
 3:14.67 65-69 NQT

1	Pelissier, Jim	69	Minnesota Masters Swim Club-30	3:15.00	3:08.43	NQT
	42.86				1:32.00 (49.14)	
					2:21.25 (49.25)	
					3:08.43 (47.18)	



**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****Mixed 18+ 200 Yard Freestyle Relay**

NATL: 1:29.18 N 5/21/2010

AUBURN MASTERS

R HUGHEY, C HUGHEY, A HUGHEY, E EWING

LOCAL: 1:35.67 L 4/13/2013

Hopkins Masters

C Gunderson, K Coombe, Z Hanson, B Bendix

1	Wg: Sunday Swim Team Standou	A	1:29.00	1:27.54N
	1) Timmer, Jason D M27	2) Simson, William M27	3) Woodson, Michael M27	4) Girard, Matt M27
	21.26	43.89 (22.63)	1:05.29 (21.40)	1:27.54 (22.25)
2	Wg: St Cloud YMCA-30	B	NT	1:49.59
	1) Corcoran, Bill M41	2) LaFerriere, William M56	3) Nieters, Mark M45	4) Moran, Marty M46
	28.69	59.75 (31.06)	1:25.95 (26.20)	1:49.59 (23.64)
3	Minnesota Masters Swim Club-30	A	NT	1:49.82
	1) Fischer, Jason M37	2) Sell, Cathy W36	3) Nordland, Michelle W45	4) Koepp, Kristopher M31
	24.67	54.95 (30.28)	1:27.06 (32.11)	1:49.82 (22.76)
4	Wg: Minnetonka-30	A	2:00.00	1:56.69
	1) Turner, Thorn M51	2) Seats, Michael M54	3) Gammill, Amy W42	4) Hudson, Robert M42
	27.53	57.71 (30.18)	1:28.83 (31.12)	1:56.69 (27.86)
5	Wg: North Suburban Aquatic-30	A	2:00.00	1:58.25
	1) Tembreull, Mark M56	2) O'Connor, Ed M49	3) Walsworth, Alyssa W29	4) Steele, Reed M33
	28.36	1:01.36 (33.00)	1:34.22 (32.86)	1:58.25 (24.03)
6	Unattached Minnesota-30	A	NT	1:59.49
	1) Weiler, Jeff J M49	2) King, Todd M44	3) Law, David M44	4) Zelenak, Mark M48
	35.77	1:04.12 (28.35)	1:30.82 (26.70)	1:59.49 (28.67)
7	Nort'landers Swim Club-30	B	NT	2:03.36
	1) Hafdahl, Jim M58	2) Nelson, Jon M47	3) Braski, Jonathan M28	4) Risley, Roger M54
	28.06	1:01.26 (33.20)	1:36.95 (35.69)	2:03.36 (26.41)
8	Wg: LifeTime Fitness-30	A	NT	2:04.55
	1) Lau, Herman C M35	2) Andrychowicz, Noelle W38	3) Vail, Katherine W35	4) Phillips, David M28
	32.46	1:07.90 (35.44)	1:37.35 (29.45)	2:04.55 (27.20)
9	Nort'landers Swim Club-30	A	NT	2:12.76
	1) Brown, Perry M61	2) Flessert, Amy W29	3) Curtis, Lisa A W45	4) Nephew, Sara W32
	31.52	1:07.83 (36.31)	1:45.24 (37.41)	2:12.76 (27.52)
10	Wg: St Cloud YMCA-30	A	NT	2:18.19
	1) Hines, Lisa W51	2) Stracke, Larry M57	3) Dank, Annie W34	4) Opheim, Rob M35
	38.38	1:14.63 (36.25)	1:46.38 (31.75)	2:18.19 (31.81)
11	In The Moment Storm-30	A	NT	2:37.08
	1) Heckman, Christa W33	2) Kjelden, Laurie W51	3) Click, Colleen W49	4) Rowenhorst, Lisa W49
	47.61	2:08.15 ( )	2:37.08 (28.93)	

**Mixed 18+ 400 Yard Freestyle Relay**

NATL: 3:24.53 N 3/23/2013

NEW ENGLAND MAS

N LAPIERRE, C HEALEY, E MANCUSO, C HON

LOCAL: 3:32.17 L 4/13/2013

Hopkins Masters

K Vandam, Z Hanson, K Coombe, B Bendix

1	Wg: Sunday Swim Team Standou	A	NT	3:19.88N
	1) Girard, Matt M27	2) Timmer, Jason D M27	3) Woodson, Michael M27	4) Simson, William M27
	24.44	51.32 (51.32)	1:13.93 (22.61)	1:39.00 (47.68)
	2:02.78 (23.78)	2:28.63 (49.63)	2:53.02 (24.39)	3:19.88 (51.25)
2	Wg: St Cloud YMCA-30	A	NT	4:15.70
	1) Corcoran, Bill M41	2) LaFerriere, William M56	3) Nieters, Mark M45	4) Moran, Marty M46
	31.74	1:06.14 (1:06.14)	1:38.71 (32.57)	2:15.95 (1:09.81)
	2:46.44 (30.49)	3:20.41 (1:04.46)	3:46.69 (26.28)	4:15.70 (55.29)
3	Wg: LifeTime Fitness-30	A	NT	4:42.17
	1) Lau, Herman C M35	2) Leaf, Tessa W26	3) Smith, Conor S M31	4) Smith, Lisa I W31
	34.61	1:14.34 (1:14.34)	1:49.34 (35.00)	2:29.80 (1:15.46)
		3:38.91 (1:09.11)	4:08.89 (29.98)	4:42.17 (1:03.26)

**MN Masters Icebreaker Meet 2014 - 1/19/2014****Results****(Mixed 18+ 400 Yard Freestyle Relay)**

4	In The Moment Storm-30	A		NT	4:46.48
	1) Heckman, Christa W33	2) Erickson, Courtney W22	3) Santi, Peter M66	4) Sadrzadeh, Vahid M33	
	31.37	1:05.34 (1:05.34)	1:38.46 (33.12)	2:16.16 (1:10.82)	
	2:57.05 (40.89)	3:43.48 (1:27.32)	4:12.35 (28.87)	4:46.48 (1:03.00)	
5	Wg: St Cloud YMCA-30	B		NT	5:20.22
	1) Hines, Lisa W51	2) Stracke, Larry M57	3) Dank, Annie W34	4) Opheim, Rob M35	
	42.10	1:29.49 (1:29.49)	2:09.23 (39.74)	2:56.78 (1:27.29)	
	3:30.20 (33.42)	4:07.74 (1:10.96)	4:42.39 (34.65)	5:20.22 (1:12.48)	

**Mixed 18+ 400 Yard Medley Relay**

**NATL: 3:41.71 N 3/29/2009 RED TIDE OF NYC**

**K GARY, N WERNER, K MOUGHTY, J FAIN**

**LOCAL: 4:08.06 L 4/18/2010 Hopkins Masters**

**T L RUEHLE, S L WHITE-OLSON, S P TRIPPS, K K ZEMLI**

1	Wg: Sunday Swim Team Standou	A		3:35.00	3:36.05 N
	1) Woodson, Michael M27	2) Timmer, Jason D M27	3) Simson, William M27	4) Girard, Matt M27	
	26.39	53.62 (53.62)	1:20.38 (26.76)	1:51.28 (57.66)	
	2:17.35 (26.07)	2:47.37 (56.09)	3:10.37 (23.00)	3:36.05 (48.68)	
2	Unattached Minnesota-30	A		5:00.00	4:47.76
	1) Zelenak, Mark M48	2) Weiland, Carole W42	3) Klema, Todd H M36	4) Law, David M44	
	37.08	1:14.82 (1:14.82)	1:53.19 (38.37)	2:35.22 (1:20.40)	
	3:07.96 (32.74)	3:45.35 (1:10.13)	4:15.41 (30.06)	4:47.76 (1:02.41)	
3	Wg: St Cloud YMCA-30	A		NT	4:59.37
	1) Moran, Marty M46	2) Hines, Lisa W51	3) Corcoran, Bill M41	4) Dank, Annie W34	
	29.77	1:01.82 (1:01.82)	1:48.40 (46.58)	2:38.41 (1:36.59)	
	3:10.07 (31.66)	3:56.21 (1:17.80)	4:23.99 (27.78)	4:59.37 (1:03.16)	
4	Minnesota Masters Swim Club-30	A		NT	5:12.76
	1) Harwood, Mary W35	2) France, Jessica W37	3) Guns, Alaina W23	4) Ogden, Pamela W57	
	37.34	1:17.22 (1:17.22)	1:57.12 (39.90)	2:43.87 (1:26.65)	
	3:17.93 (34.06)	3:57.80 (1:13.93)	4:33.48 (35.68)	5:12.76 (1:14.96)	