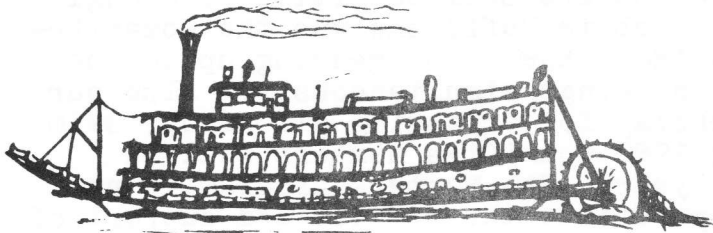


THE OLD STERNWHEELER



CARRIES THE MINNESOTA
MASTERS SWIMMING NEWS
ACROSS THE WATERS....

VOLUME VI, NUMBER 1

FEBRUARY-MARCH 1981

THE OLD STERNWHEELER WELCOMES YOU ABOARD...

As the new editor of our newsletter, I'd like to invite your articles, ideas, etc. If there is a champion swimmer out there with stroke tips, a swimming doctor with medical info, or a regular master with something of value to share with the rest of us, we want to hear from you. You may contact me by phone (612-633-9234) or write Pam Ramadei, 4363 Arden View Court, St. Paul, MN 55112.

The Old Sternwheeler will continue to carry its usual cargo of meet notices and meet results. If no one has anything else to contribute, that will be all you'll get. We have also eliminated any charge for receiving the newsletter and we are cleaning up our mailing list. You will remain on the mailing list only if you do one of two things; 1.) fill out the slip at the bottom of the page and mail it to:

MASTERS SWIMMING
2299 Lilac Lane
White Bear Lake, MN 55110

or 2.) fill out a like slip at the state meet and turn it in. Please be advised that you will no longer receive this mailing after this issue if you do not sign up.

And if you do sign up, The Old Sternwheeler will continue to arrive at your doorstep every other month.

MAILING LIST INFORMATION

NAME _____

ADDRESS _____

ZIP _____

PHONE () _____ - _____ BIRTHDATE _____

CLUB AFFILIATION _____

THANKS TO THE 1980 COMMITTEE...

Once again the Minnesota Masters Swim Committee is changing hands. We owe many thanks to Debbie Hoff; she was the woman behind the Old Sternwheeler in '80. She's now gearing up to the challenge of raising two human beings simultaneously. Also our thanks go out to Marsha Soucheray for arranging all of our swim meets for us. The remaining 1980 Committee members will be hanging in there for another year. The Masters program is an all volunteer group and we appreciate the service and support of the committee members as well as the starters, timers and all the others who are necessary to pull off a swim meet.

HOORAY FOR THE 1981 COMMITTEE ! !

With some shuffling of duties and a new face or two, here's what the 1981 Masters Swim Committee looks like...

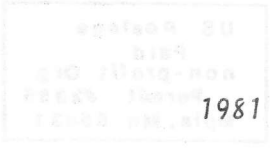
Bob Baker	Top Ten Chairperson
Roger Bosveld	Committee Coordinator
George Hill	Computer Chairperson
Lynn Doyle	Newsletter Coordinator
Peggy O'Brien	Representative Member
Jim Pelissier	Representative Member
Pam Ramadei	Newsletter Editor
Marianne Schulz	Awards Chairperson
Wendy Seikkula	Equipment Chairperson
Sue Sherin	Mailing List Chairperson

MASTERS AND U. S. SWIMMING, INC.

The Minnesota Masters Swim Committee is functioning as a part of the Minnesota Association of United States Swimming, Inc. The registration fee for an athlete has been set at \$8.00. This includes the accident and liability insurance coverage which is now mandatory. An amount of \$.50 per registration is used to help finance the Masters program.



NOTE: IF YOU WANT TO CONTINUE TO RECEIVE THIS NEWSLETTER, FILL OUT THE BACK OF THIS FORM AND MAIL IT TO THE STATED ADDRESS OR BE SURE TO SIGN UP FOR THE MAILING LIST AT THE STATE MEET.



Minn AAU Swim Comm
3303 Silver Lake Dr
Mpls MN 55418

1981 MINNESOTA MASTERS SWIMMING CHAMPIONSHIPS
SHORT COURSE

Sponsored by: Minnesota Masters Swim Committee

Sanctioned by: Minnesota Assn. of U.S. Swimming

Hosted by: Minnesota Swim Club

Meet Director: Wendy Seikkula 483-8248

Date & Time: Sunday, March 15, 1981 9:00 a.m. Warm-up & Registration
10:00 a.m. Meet Starts

(Note: Registration will close at 9:45 a.m. for the first two events of the schedule so seeding can begin)

Location: Cooke Hall, University of Minnesota Campus

The Pool: Cooke Hall is a 25 yard, 6 lane pool with flat end walls and a 7' shallow end. The pool is fast, and is equipped with grabable starting blocks, backstroke flags, and good lane lines. There is plenty of bench seating around the pool and seating for about 1100 spectators.

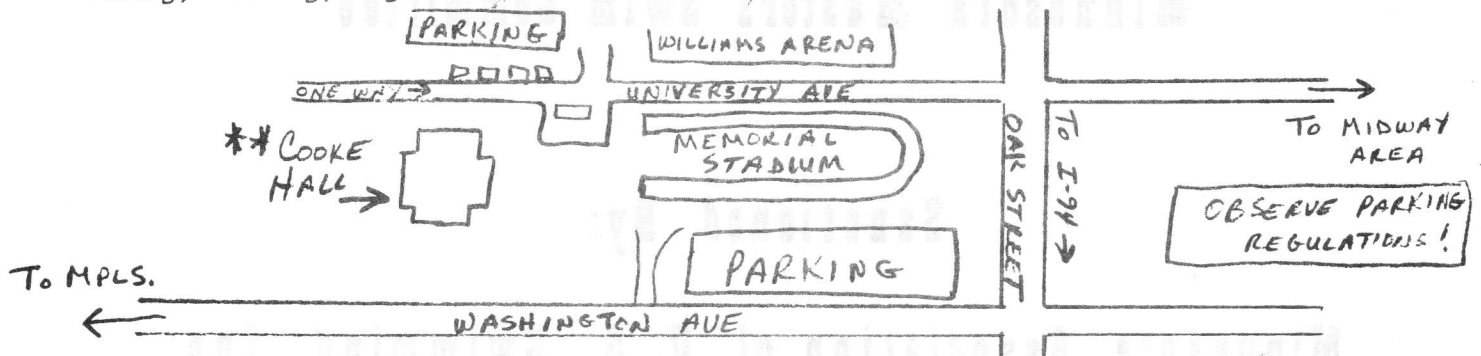
The Cost: There will be a \$7.00 entry fee, which covers unlimited entry in the events, plus a gift of the Official Minnesota Masters Swimming Pin. The entry fee automatically places your name on the MMSC mailing list for one year, which includes all the Meet Notices, all meet results, and the Old Sternwheeler's Masters Newsletter.

A U.S. Swimming registration is required, but this can be obtained at the pool. The cost of the U.S. Swimming card is \$8.00, and is good at all U.S. Swimming functions until December 31, 1981.

Schedule: "Open C" Schedule

- | | | |
|---------------------|---------------------|--------------------|
| 1. 50 Fly | 8. 100 Free | 15. 50 Breast |
| 2. 500 Free | 9. 200 Breast | 16. 100 Back |
| 3. 100 Breast | 10. 200 Back | 17. 50 Free |
| 4. 50 Back | 11. 100 I.M. | 18. 200 I.M. |
| 5. 400 I.M. | 12. 200 Free | 19. 200 Free Relay |
| 6. 200 Fly | 13. 100 Fly | 20. 1650 Free |
| 7. 200 Medley Relay | 14. 200 Mixed Relay | |

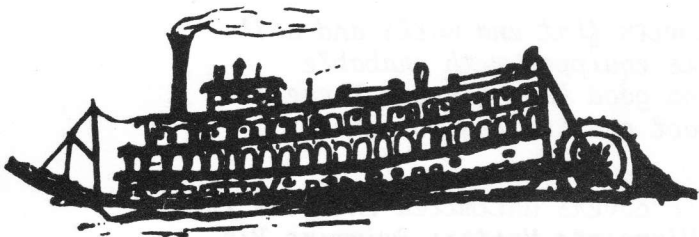
Help the Meet Director and her Committee: Bring a friend or two to help with timing, seeding, registration, or awards! Make this the best State Meet EVER!



Minn AAU Swim Comm
3301 Silver Lake Rd
Mpls, Mn 55418

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Mpls, Mn 55431

TOM HODGSON
5 ORIDLE LANE
ST PAUL MN 55110



The 1981 State Meet

Sunday, March 15, 1981

Sponsored By:

Minnesota Masters Swim Committee

Sanctioned By:

Minnesota Association of U. S. Swimming, Inc.