

# OLD STERNWHEELER'S

## Masters Monthly



Volume IV, Number 4

UNMATCHED PROPAGANDA

April 3, 1979

Hello again, Sea Nymphs! Wow, what a State Meet! 118 swimmers, and a multitude of other assorted interested parties. Right off the top, we want to thank the meet directors Lynn Doyle and Judy Myers. Their thorough planning (meticulous would be a good description) helped make this meet one of the smoothest ever. Lynn asked me to thank all of the people who helped, and some that come to mind immediately are Lynn's husband Ken, who helped with registration; an awesome task with all those people. Bob Carl, despite a splitting headache (he had worked the Boy's High School Meet at Cooke the two days previous) risked vocal chords and sanity to start the meet. Bob refused compensation for his work, testimony to the generosity of this super gentleman. U of M swimmers Gail Cording and Ann Harris did super work running and playing Clerk of Course at the starting end. These two did more to get the right people into the right lanes than the swimmers themselves. Bob Harr and Sue Sherin (and Sue's daughter Kerry) did their usual unselfish job, helping us confused meatballs get registered/organized.

I'm sure to forget to name someone who busted buns to get this meet off the ground, and I'm sorry, it was certainly an unselfish team effort that made this our BEST MEET EVER!!

\*\*\*\*\*

SCHEDULE UPDATE Marsha Soucheray has put together this fabulous schedule to take us, kicking and screaming, into the summer.

			<u>Schedule</u>	<u>Regis.</u>	<u>Warm-up</u>	<u>Meet starts</u>
April 6	Burnsville Mini	Burnsville H.S.	Mini A	6:45PM	7:00PM	7:30 PM
Apr 7-8	Wisconsin State Meet	Kenosha				
Apr. 21	Hastings Open	Hastings Sr. High	Open C	12 Noon	12 Noon	1:00 PM
May 11	St. Kates Mini	St. Catherine Coll.	Mini B	6:30 PM	6:30 PM	7:00 PM
June 2	St. Louis Park Open		Open A	9:00 AM	9:00 MA	10:00 AM

Plus the possibility of swimming mini meets between the prelims and finals of A.A.U. Senior meets this summer in Rochester, Bloomington, and St. Paul, in long course pools!

\*\*\*\*\*

### LITTLE VICTORIES

- Steve Hoff, swimming in his first meet ever, had the courage to enter the 200 Free, which he swam in 3:58.1. Then he swam another 50, and some of his teammates, led by his wife Debbie, hollered "Two More". Then Steve turned and swam another length before his compassionate coach stopped him and put an end to this tasteless practical joke. On a happier note, the Hoff's are expecting their first little freestyler next fall. Congratulations!
- Bob Harr reports that he too works out at a Nautilus center, ran, and swam all on one day, and he glowed in the dark too!
- Also out at Lake Swim Club Masters (I'm wearing one of their T-shirts right now) Janet Wallace reports a deluge of new members: "I don't know where these people are coming from. People are just rolling out of the woodwork." 20 swimmers at Monday's 6:00 AM practice is great, and Janet says that the extra people (3-4 to a lane) is forcing everyone to swim the same workout, and swim together as a team.
- And Phyllis Losinski of Lake is doing flip turns now in practice, and Janet says that about one out of five end up facing in the right direction.
- Dick Donnelly set a new Personal Record in the 500 with a 7:09.2, a drop of 14 seconds, which he attributes to a new pace plan: going out a little easier, and swimming the second half with gas in the tank. It will be fun watching Dick's times improve as he perfects his race plan. Dick will be hosting the St. Louis Park Open, on the same weekend that his daughter is getting married. Now that's dedication!
- According to Bob Baker, Brenda Ueland is America's Oldest Active Masters Swimmer at 87!!

REGISTRATION REMINDER

If your mailing label has a red stripe down its left side (see illustration at right) that means your mailing list subscription has expired. Or as Sue Sherin would say, It means you have expired.



Use the mailing list renewal form on the back of the meet notice to renew yourself. Make checks payable to Masters Swim Committee. And we thank you.

\*\*\*\*\*

Responses to the mailing list renewals have been great, and some of the favorite cookies have been interesting. One wag wanted "Fortune Cookies, another listed his favorite cookie as "my wife". One guy sent in the questionnaire which we sent out LAST YEAR!

\*\*\*\*\*

How many of you saw Mamie Brown in the Dispatch on Monday the 19th? A nifty article by Cindy Boyd about a great lady who will turn 75 on May 21 (Will there be a party?)

\*\*\*\*\*

Fritz Schulze reports that he has a "Pre-Metamorphosis Butterfly" You can get out your Biology Books to figure that one out. I've seen Fritz's butterfly, and he's right.

\*\*\*\*\*

Team swimming has caught on, at least at the State Meet. Did you see the Minnesota Swim Club, with their red sweatsuits, ABC with the blue T-shirts - and the neat design, Lake in green, and Northern Shores in Menopause Blue, there was real live team spirit!

\*\*\*\*\*

For the 3rd Annual April Fool's Issue, we had planned a frisky lampoon of the national Masters "Bible" Swim-Master, complete with pictures and results. Unfortunately, time ran short and we had to go with the usual collection of tasteless garbage and bad gags.

\*\*\*\*\*

Remember our motto: "Women and Children First!"

Sue Sherin  
3735 Highland Avenue  
White Bear Lake, MN 55110

Non-Profit Org.  
U. S. Postage  
PAID  
Permit #81  
Wayzata MN