

2021 Minnesota Masters LCM Championship - 8/7/2021 to 8/8/2021

Psych Sheet

Event 3 Mixed 200 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Larsen, Babs	W74	Relaykers-30	4:30.00
2	Thomas, William	M45	Uc21	3:55.00
3	Durell, Bill	M71	Relaykers-30	3:50.00
4	Nelson, Curtis	M65	Relaykers-30	3:30.00
5	Nelson, Stephen C	M60	Minnesota Ice Swim Club-30	3:24.19
6	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	3:15.00
7	Thompson, Anthony G	M57	Movy Masters-28	2:55.55
8	Sabala, Michael C	M41	Uc45	2:48.21
9	Erwin, Abbey	W22	Hopkins Masters-30	2:32.00

Event 4 Mixed 100 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Bell, Carol	W70	Relaykers-30	2:20.20
2	Smollen, Carol	W77	Relaykers-30	2:00.00
3	Eischens, Emily	W23	I Swim Masters Team-30	1:58.11
4	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	1:52.00
5	Kaplan, Mark	M72	Relaykers-30	1:45.00
6	Gordon, Bob	M70	Relaykers-30	1:40.00
7	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	1:40.00
8	Thomas, William	M45	Uc21	1:35.00
9	Laskey, Marjorie	W60	Hopkins Masters-30	1:30.00
10	Jeske, Ingrid	W38	Minnesota Masters Swim Club-30	1:24.66
11	Woodford, Molly	W31	Hopkins Masters-30	1:06.94
12	Arradondo, Martha	W74	Relaykers-30	1:06.00
13	Ferrer, Alejandro	M49	Uc30	1:05.00
14	Gleason, Sam P	M25	Albany Armada Aq-38	1:01.17
15	Kemmerling, Steven	M42	Nashville Aquati-15	58.50
16	Hingtgen, Zach	M25	Minnesota Masters Swim Club-30	58.00
17	Swanson, Jack	M24	Uc30	55.75

Event 5 Mixed 50 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Bacon, AnnLiv	W79	Relaykers-30	1:30.00
2	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	58.80
3	Pendergast, Paula	W67	Relaykers-30	55.00
4	Becker, Signe	W21	Uc30	52.00
5	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	50.00
6	Anderson, Marc S	M72	Relaykers-30	39.99
7	Manlandro, Cara Marie	W32	Saint Augustine-14	39.50
8	Kleffman, Robin	M74	Relaykers-30	37.00
9	Becker, Kurt W	M55	Uc30	36.00
10	Eide, Miriam F	W23	Albany Armada Aq-38	34.10
11	Jernigan, Brandon	M42	Uc30	33.00
12	Sabala, Michael C	M41	Uc45	31.45

Event 6 Mixed 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Trobaugh, Shelby	W21	Uc30	2:50.00
2	Eischens, Emily	W23	I Swim Masters Team-30	2:42.65
3	Bloom, Judith A	W56	Riptide Masters-30	2:10.00
4	Arlander, David	M80	Relaykers-30	2:00.00
5	Pendergast, Paula	W67	Relaykers-30	1:56.00
6	Gordon, Bob	M70	Relaykers-30	1:55.00
7	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	1:52.00

2021 Minnesota Masters LCM Championship" - 8/7/2021 to 8/8/2021**Psych Sheet****Event 6 ... (Mixed 100 LC Meter Breaststroke)**

8	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	1:45.00
9	Jeske, Ingrid	W38	Minnesota Masters Swim Club-30	1:41.99
10	Nelson, Stephen C	M60	Minnesota Ice Swim Club-30	1:41.85
11	Hoke, James	M35	Minnesota Ice Swim Club-30	1:36.66
12	Thompson, Anthony G	M57	Movy Masters-28	1:24.24
13	Lum, Andrew	M28	Rose Bowl Masters-33	1:21.12
14	Kochendorfer, James	M61	Relaykers-30	1:16.63
15	Corbett, Chris	M31	Uc30	1:15.00
16	Fisher, Benjamin	M26	Minnetonka Masters-30	1:09.33

Event 8 Mixed 50 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Vonderharr, Mary R	W68	Relaykers-30	1:40.00
2	Becker, Signe	W21	Uc30	59.00
3	Pendergast, Paula	W67	Relaykers-30	53.00
4	Raasch, Alexis R	W24	James River Masters-52	50.20
5	Thomas, William	M45	Uc21	50.00
6	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	45.00
7	Nelson, Stephen C	M60	Minnesota Ice Swim Club-30	43.50
8	Nelson, Curtis	M65	Relaykers-30	42.00
9	Sabala, Michael C	M41	Uc45	35.94

Event 9 Mixed 200 LC Meter IM

	Name	Age	Team	Seed Time
1	Bacon, AnnLiv	W79	Relaykers-30	6:00.00
2	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	4:04.00
3	Jeske, Ingrid	W38	Minnesota Masters Swim Club-30	3:33.47
4	Gordon, Bob	M70	Relaykers-30	3:20.00
5	Anderson, Marc S	M72	Relaykers-30	3:20.00
6	Eide, Miriam F	W23	Albany Armada Aq-38	2:52.15
7	Thompson, Anthony G	M57	Movy Masters-28	2:50.33
8	Sabala, Michael C	M41	Uc45	2:48.21
9	Blumenfeld, Madeline	W25	Hopkins Masters-30	2:45.00
10	Corbett, Chris	M31	Uc30	2:25.00
11	Hingtgen, Zach	M25	Minnesota Masters Swim Club-30	2:25.00

Event 12 Mixed 50 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	54.00
2	Smollen, Carol	W77	Relaykers-30	52.00
3	Arlander, David	M80	Relaykers-30	50.00
4	Becker, Signe	W21	Uc30	48.00
5	Thomas, William	M45	Uc21	45.00
6	Kaplan, Mark	M72	Relaykers-30	41.00
7	Jeske, Ingrid	W38	Minnesota Masters Swim Club-30	40.57
8	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	40.00
9	Raasch, Alexis R	W24	James River Masters-52	37.39
10	Becker, Kurt W	M55	Uc30	34.00
11	Eide, Miriam F	W23	Albany Armada Aq-38	32.50
12	Jernigan, Brandon	M42	Uc30	28.00
13	Richards, Michael	M32	Minnesota Masters Swim Club-30	26.01
14	Fisher, Benjamin	M26	Minnetonka Masters-30	24.99

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Event 13 Mixed 400 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Eischens, Emily	W23	I Swim Masters Team-30	9:03.86
2	Bloom, Judith A	W56	Riptide Masters-30	8:10.00
3	Lee-Sheridan, Sharon	W69	Relaykers-30	7:08.60
4	Durell, Bill	M71	Relaykers-30	7:00.00
5	Laskey, Marjorie	W60	Hopkins Masters-30	7:00.00
6	Anderson, Marc S	M72	Relaykers-30	5:52.00
7	Manlandro, Cara Marie	W32	Saint Augustine-14	5:33.12
8	Ferrer, Alejandro	M49	Uc30	5:30.00
9	Sabala, Michael C	M41	Uc45	5:24.24
10	Hoke, James	M35	Minnesota Ice Swim Club-30	5:21.23
11	Blumenfeld, Madeline	W25	Hopkins Masters-30	5:20.00
12	Woodford, Molly	W31	Hopkins Masters-30	5:03.51
13	Kemmerling, Steven	M42	Nashville Aquati-15	4:50.00
14	Erwin, Abbey	W22	Hopkins Masters-30	4:45.00
15	Lum, Andrew	M28	Rose Bowl Masters-33	4:43.75
16	Swanson, Jack	M24	Uc30	4:14.04

Event 14 Mixed 100 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Larsen, Babs	W74	Relaykers-30	2:10.00
2	Gordon, Bob	M70	Relaykers-30	1:55.00
3	Thompson, Anthony G	M57	Movy Masters-28	1:25.25
4	Eide, Miriam F	W23	Albany Armada Aq-38	1:20.00
5	Erwin, Abbey	W22	Hopkins Masters-30	1:10.00
6	Boston, Bryce	M26	Minnesota Masters Swim Club-30	58.50

Event 16 Mixed 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Trobaugh, Shelby	W21	Uc30	1:30.00
2	Bloom, Judith A	W56	Riptide Masters-30	1:10.00
3	Thomas, William	M45	Uc21	1:00.00
4	Gordon, Bob	M70	Relaykers-30	1:00.00
5	Arlander, David	M80	Relaykers-30	55.00
6	Pendergast, Paula	W67	Relaykers-30	51.00
7	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	50.00
8	Nelson, Stephen C	M60	Minnesota Ice Swim Club-30	45.66
9	Becker, Kurt W	M55	Uc30	42.00
10	Richards, Michael	M32	Minnesota Masters Swim Club-30	36.50
11	Thompson, Anthony G	M57	Movy Masters-28	35.71
12	Ferrer, Alejandro	M49	Uc30	35.00
13	Hingtgen, Zach	M25	Minnesota Masters Swim Club-30	35.00
14	Lum, Andrew	M28	Rose Bowl Masters-33	34.79
15	Kochendorfer, James	M61	Relaykers-30	32.72
16	Corbett, Chris	M31	Uc30	32.00
17	Fisher, Benjamin	M26	Minnetonka Masters-30	32.00

Event 19 Mixed 800 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Bell, Carol	W70	Relaykers-30	23:20.20
2	McLaughlin, Steve P	M63	Minneapolis Ywca Masters-30	18:03.00
3	Hodgson, Thomas	M72	Relaykers-30	16:01.13
4	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	15:00.00
5	Durell, Bill	M71	Relaykers-30	14:00.00
6	Hoke, James	M35	Minnesota Ice Swim Club-30	11:12.00

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Event 19 ... (Mixed 800 LC Meter Freestyle)

7	Manlandro, Cara Marie	W32	Saint Augustine-14	10:56.77
8	Blumenfeld, Madeline	W25	Hopkins Masters-30	10:40.00
9	Sabala, Michael C	M41	Uc45	10:30.21
10	Kemmerling, Steven	M42	Nashville Aquati-15	10:30.00
11	Woodford, Molly	W31	Hopkins Masters-30	10:28.94
12	Corbett, Chris	M31	Uc30	9:20.00
13	Swanson, Jack	M24	Uc30	8:51.97

Event 22 Mixed 400 LC Meter IM

	Name	Age	Team	Seed Time
1	Kaplan, Mark	M72	Relaykers-30	11:30.00
2	Fine, Gary	M71	Relaykers-30	9:00.00
3	Pendergast, Paula	W67	Relaykers-30	8:30.00
4	Durell, Bill	M71	Relaykers-30	8:20.00
5	Gordon, Bob	M70	Relaykers-30	7:55.00
6	Thompson, Anthony G	M57	Movy Masters-28	6:16.16
7	Eide, Miriam F	W23	Albany Armada Aq-38	6:00.00
8	Sabala, Michael C	M41	Uc45	5:42.21
9	Corbett, Chris	M31	Uc30	5:15.00
10	Swanson, Jack	M24	Uc30	4:53.01

Event 23 Mixed 100 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Bacon, AnnLiv	W79	Relaykers-30	2:27.96
2	Smollen, Carol	W77	Relaykers-30	2:15.00
3	Larsen, Babs	W74	Relaykers-30	2:10.00
4	Eischens, Emily	W23	I Swim Masters Team-30	2:03.69
5	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	2:00.00
6	Pendergast, Paula	W67	Relaykers-30	1:56.00
7	Gordon, Bob	M70	Relaykers-30	1:55.00
8	Nelson, Steven	M69	EP Foxjets Masters-30	1:25.00
9	Kemmerling, Steven	M42	Nashville Aquati-15	1:12.00

Event 24 Mixed 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Vonderharr, Mary R	W68	Relaykers-30	1:40.00
2	Solberg, Norman	M81	Relaykers-30	1:00.00
3	Silver, Allyn	W57	Relaykers-30	59.50
4	Strebe, Jacqueline	W57	Relaykers-30	59.45
5	Flessert, Amy	W37	Nort'landers Swim Club-30	47.00
6	Kleffman, Robin	M74	Relaykers-30	46.00
7	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	45.00
8	Anderson, Marc S	M72	Relaykers-30	43.00
9	Swanson, Jack	M24	Uc30	36.00
10	Kochendorfer, James	M61	Relaykers-30	32.72

Event 25 Mixed 100 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Bell, Carol	W70	Relaykers-30	2:22.20
2	Eischens, Emily	W23	I Swim Masters Team-30	1:58.11
3	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	1:30.00
4	Hoke, James	M35	Minnesota Ice Swim Club-30	1:16.07
5	Eide, Miriam F	W23	Albany Armada Aq-38	1:09.10
6	Woodford, Molly	W31	Hopkins Masters-30	1:06.94
7	Blumenfeld, Madeline	W25	Hopkins Masters-30	1:06.00

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Event 25 ... (Mixed 100 LC Meter Freestyle)

8	Sabala, Michael C	M41	Uc45	1:04.21
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Event 27 Mixed 50 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Solberg, Norman	M81	Relaykers-30	1:00.00
2	Bell, Carol	W70	Relaykers-30	56.28
3	Gordon, Bob	M70	Relaykers-30	50.00
4	Eischens, Emily	W23	I Swim Masters Team-30	49.79
5	Kaplan, Mark	M72	Relaykers-30	41.20
6	Bloom, Judith A	W56	Riptide Masters-30	41.00
7	Strebe, Jacqueline	W57	Relaykers-30	38.24
8	Anderson, Marc S	M72	Relaykers-30	33.00
9	Manlandro, Cara Marie	W32	Saint Augustine-14	32.50
10	Thompson, Anthony G	M57	Movy Masters-28	30.03
11	Kochendorfer, James	M61	Relaykers-30	30.00
12	Ferrer, Alejandro	M49	Uc30	29.00
13	Corbett, Chris	M31	Uc30	29.00
14	Jernigan, Brandon	M42	Uc30	28.00
15	Baetzold, Seth	M26	Minnesota Masters Swim Club-30	27.99
16	Hingtgen, Zach	M25	Minnesota Masters Swim Club-30	27.64
17	Kemmerling, Steven	M42	Nashville Aquati-15	27.50
18	Gleason, Sam P	M25	Albany Armada Aq-38	27.50
19	Swanson, Jack	M24	Uc30	26.15
20	Boston, Bryce	M26	Minnesota Masters Swim Club-30	25.32

Event 28 Mixed 200 LC Meter IM

	Name	Age	Team	Seed Time
1	Pendergast, Paula	W67	Relaykers-30	4:15.00
2	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	3:35.00
3	Anderson, Marc S	M72	Relaykers-30	3:20.00
4	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	3:15.00
5	Woodford, Molly	W31	Hopkins Masters-30	2:47.00
6	Erwin, Abbey	W22	Hopkins Masters-30	2:32.00

Event 31 Mixed 50 LC Meter Backstroke

	Name	Age	Team	Seed Time
1	Arradondo, Martha	W74	Relaykers-30	1:24.50
2	Silver, Allyn	W57	Relaykers-30	1:10.00
3	Bacon, AnnLiv	W79	Relaykers-30	1:06.92
4	Smollen, Carol	W77	Relaykers-30	59.00
5	Pendergast, Paula	W67	Relaykers-30	53.00
6	Nelson, Steven	M69	EP Foxjets Masters-30	39.00
7	Sabala, Michael C	M41	Uc45	35.94
8	Thompson, Anthony G	M57	Movy Masters-28	35.35

Event 32 Mixed 200 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Kaplan, Mark	M72	Relaykers-30	7:40.00
2	Durell, Bill	M71	Relaykers-30	4:40.00
3	Larsen, Babs	W74	Relaykers-30	4:30.00
4	Fine, Gary	M71	Relaykers-30	4:00.00
5	Gordon, Bob	M70	Relaykers-30	3:40.00
6	Baetzold, Seth	M26	Minnesota Masters Swim Club-30	2:29.99

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Event 34 Mixed 200 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Bell, Carol	W70	Relaykers-30	4:45.40
2	Neal-Herman, Christian T	M29	Minneapolis Ywca Masters-30	3:45.00
3	Flessert, Amy	W37	Nort'landers Swim Club-30	2:50.00
4	Hoke, James	M35	Minnesota Ice Swim Club-30	2:35.00
5	Sabala, Michael C	M41	Uc45	2:33.21
6	Blumenfeld, Madeline	W25	Hopkins Masters-30	2:30.00
7	Eide, Miriam F	W23	Albany Armada Aq-38	2:28.00
8	Woodford, Molly	W31	Hopkins Masters-30	2:27.05
9	Kemmerling, Steven	M42	Nashville Aquati-15	2:15.00
10	Erwin, Abbey	W22	Hopkins Masters-30	2:15.00
11	Hingtgen, Zach	M25	Minnesota Masters Swim Club-30	2:08.00
12	Swanson, Jack	M24	Uc30	1:58.97

Event 35 Mixed 50 LC Meter Butterfly

	Name	Age	Team	Seed Time
1	Strebe, Jacqueline	W57	Relaykers-30	55.00
2	Silver, Allyn	W57	Relaykers-30	54.27
3	Anderson, Marc S	M72	Relaykers-30	40.00
4	Jernigan, Brandon	M42	Uc30	33.00
5	Sabala, Michael C	M41	Uc45	31.45
6	Gleason, Sam P	M25	Albany Armada Aq-38	31.17
7	Boston, Bryce	M26	Minnesota Masters Swim Club-30	26.07

Event 36 Mixed 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time
1	Eischens, Emily	W23	I Swim Masters Team-30	8:00.00
2	Solberg, Norman	M81	Relaykers-30	4:22.00
3	Bloom, Judith A	W56	Riptide Masters-30	4:20.00
4	Pendergast, Paula	W67	Relaykers-30	4:10.00
5	Gordon, Bob	M70	Relaykers-30	3:55.00
6	Fine, Gary	M71	Relaykers-30	3:46.23
7	Flessert, Amy	W37	Nort'landers Swim Club-30	3:45.00
8	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	3:30.00
9	Kochendorfer, James	M61	Relaykers-30	3:10.00
10	Thompson, Anthony G	M57	Movy Masters-28	2:56.66
11	Corbett, Chris	M31	Uc30	2:40.00

Event 38 Mixed 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Bell, Carol	W70	Relaykers-30	44:22.02
2	Bloom, Judith A	W56	Riptide Masters-30	31:00.00
3	Hodgson, Thomas	M72	Relaykers-30	30:21.93
4	Durell, Bill	M71	Relaykers-30	27:29.00
5	Lee-Sheridan, Sharon	W69	Relaykers-30	26:56.13
6	Ciavarella, Nicole	W24	Minneapolis Ywca Masters-30	25:00.00
7	Anderson, Marc S	M72	Relaykers-30	23:42.00
8	Flessert, Amy	W37	Nort'landers Swim Club-30	23:30.00
9	Ferrer, Alejandro	M49	Uc30	22:00.00
10	Hoke, James	M35	Minnesota Ice Swim Club-30	21:00.69
11	Sabala, Michael C	M41	Uc45	21:00.21
12	Manlandro, Cara Marie	W32	Saint Augustine-14	20:39.12
13	Blumenfeld, Madeline	W25	Hopkins Masters-30	20:30.00
14	Baetzold, Seth	M26	Minnesota Masters Swim Club-30	20:09.09
15	Kemmerling, Steven	M42	Nashville Aquati-15	20:00.00

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Event 38 ... (Mixed 1500 LC Meter Freestyle)

16 Woodford, Molly

W31 Hopkins Masters-30

19:49.16