

# Minnesota LMSC Masters Swimming Records - RELAYS

## SCY - SHORT COURSE YARDS

as 01/31/2019

| Type  | Group | Dist | Strokes      | Team / Swimmers                                    | Date       | Time    |
|-------|-------|------|--------------|--|------------|---------|
| Women | 18+   | 200  | Free Relay   | MINN<br>C Lamour, E Bjorklund, M Jacobsen, K Wind  | 04/18/2010 | 1:45.62 |
| Women | 18+   | 400  | Free Relay   | MINN<br>T Neill, N Phillips, J Hansen, H Niemi     | 04/19/1998 | 4:09.78 |
| Women | 18+   | 800  | Free Relay   | MINN<br>R Hughey, J Carney, E Miles, A Fink        | 04/28/2007 | 8:58.75 |
| Women | 18+   | 200  | Medley Relay | MINN<br>K Wind, E Bjorklund, C Lamour, M Jacobsen, | 04/18/2010 | 1:57.35 |
| Women | 18+   | 400  | Medley Relay | MINN<br>K Wind, E Bjorklund, C Lamour, M Jacobsen, | 04/18/2010 | 4:16.29 |

|       |     |     |              |   |            |         |
|-------|-----|-----|--------------|---|------------|---------|
| Women | 25+ | 200 | Free Relay   | HOPK<br>K Vandam, S White-Olson, K Melsen, K Coombe | 04/23/2015 | 1:42.28 |
| Women | 25+ | 400 | Free Relay   | HOPK<br>A Rittenhouse, K Vandam, K Melsen, K Coombe | 04/12/2015 | 4:00.03 |
| Women | 25+ | 800 | Free Relay   | HOPK<br>K Vandam, J Stone, J Li, A Andersen         | 04/15/2012 | 8:26.93 |
| Women | 25+ | 200 | Medley Relay | HOPK<br>K Vandam, S White-Olson, K Melsen, K Coombe | 04/23/2015 | 1:52.16 |
| Women | 25+ | 400 | Medley Relay | HOPK<br>K Vandam, S White-Olson, K Melsen, K Coombe | 04/12/2015 | 4:06.31 |

|       |     |     |              |  |            |         |
|-------|-----|-----|--------------|--|------------|---------|
| Women | 35+ | 200 | Free Relay   | MINN<br>K Melsen, A Ode, S Biegler, J France           | 04/08/2016 | 1:50.58 |
| Women | 35+ | 400 | Free Relay   | HOPK<br>J Casey, J Salamzadeh, A Rittenhouse, L Madley | 04/12/2013 | 4:20.39 |
| Women | 35+ | 800 | Free Relay   | HOPK<br>A Rittenhouse, J Casey, L Madley, K Zemlin     | 04/12/2013 | 9:21.44 |
| Women | 35+ | 200 | Medley Relay | MTKA<br>T Burns, B Scouler, C Stolar, A Senn           | 05/13/2006 | 2:00.89 |
| Women | 35+ | 400 | Medley Relay | Blue Gills<br>D Hess, C Weiland, S Terebayza, L Rades  | 04/14/2012 | 5:00.12 |

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|-------|-------|------|--------------|--|------------|----------|
| Women | 45+   | 200  | Free Relay   | MINN<br>E Schultz, C Stolar, B Scouler, K Bryant   | 11/07/2015 | 1:58.38  |
| Women | 45+   | 400  | Free Relay   | HOPK<br>T Bruncker, C Stolar, K Zemlin, K Lindblom | 04/12/2013 | 4:16.46  |
| Women | 45+   | 800  | Free Relay   | MINN<br>B Ballard, S Hromada, J Casey, L Kueny     | 04/09/2016 | 10:09.70 |
| Women | 45+   | 200  | Medley Relay | HOPK<br>B Ballard, K Zemlin, C Stolar, K Lindblom  | 04/12/2013 | 2:13.26  |
| Women | 45+   | 400  | Medley Relay | HOPK<br>K Zemlin, B Dalton, J Casey, L Kueny       | 04/12/2015 | 5:22.90  |

|       |     |     |              |   |            |          |
|-------|-----|-----|--------------|---|------------|----------|
| Women | 55+ | 200 | Free Relay   | MINN<br>M Jablonski, E Cutter, S Swartz, L Griffith | 05/22/2010 | 2:21.36  |
| Women | 55+ | 400 | Free Relay   | HOPK<br>L Hoover, M Schwebach, B Ballard, S Swartz  | 04/12/2015 | 5:06.18  |
| Women | 55+ | 800 | Free Relay   | HOPK<br>B Dalton, S Swartz, M Schwebach, M Hoover   | 04/12/2015 | 13:44.35 |
| Women | 55+ | 200 | Medley Relay | MINN<br>L Griffith, E Cutter, M Jablonski, S Swartz | 05/22/2010 | 2:42.66  |
| Women | 55+ | 400 | Medley Relay | MINN<br>S Hromada, M Hoover, B Larsen, L Connelly   | 01/27/2019 | 7:02.30  |

|       |     |     |              |  |            |          |
|-------|-----|-----|--------------|--|------------|----------|
| Women | 65+ | 200 | Free Relay   | MINN<br>B Larsen, M Vonderharr, M Conway, S Lee-Sheridan | 01/27/2019 | 2:42.25  |
| Women | 65+ | 400 | Free Relay   | MINN<br>C Smollen, S Lee-Sheridan, C Bell, S Swartz      | 04/15/2018 | 6:44.42  |
| Women | 65+ | 800 | Free Relay   | MINN<br>S Lee-Sheridan, C Bell, S Swartz, C Smollen      | 04/14/2018 | 14:49.45 |
| Women | 65+ | 200 | Medley Relay | MINN<br>C Smollen, M Hoover, B Larsen, A Tripps          | 04/09/2016 | 3:14.14  |
| Women | 65+ | 400 | Medley Relay | MINN<br>C Smollen, M Hoover, B Larsen, J Nicol           | 04/08/2016 | 7:04.55  |

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| Type  | Group | Dist | Strokes      | Team / Swimmers | Date | Time |
|-------|-------|------|--------------|-----------------|------|------|
| Women | 75+   | 200  | Free Relay   | none            |      |      |
| Women | 75+   | 400  | Free Relay   | none            |      |      |
| Women | 75+   | 800  | Free Relay   | none            |      |      |
| Women | 75+   | 200  | Medley Relay | none            |      |      |
| Women | 75+   | 400  | Medley Relay | none            |      |      |

|     |     |     |              |  |            |         |
|-----|-----|-----|--------------|--|------------|---------|
| Men | 18+ | 200 | Free Relay   | Sunday Swim Team<br>M Girard, R Simson, W Simson, J Timmer | 01/25/2015 | 1:32.48 |
| Men | 18+ | 400 | Free Relay   | MINN<br>M Gernes, J Gernes, L Nyman, G Asmus               | 04/11/1987 | 3:21.31 |
| Men | 18+ | 800 | Free Relay   | HOPK<br>R Miksch, A Carpenter, J Anderson, S Tripps        | 04/14/2018 | 7:56.10 |
| Men | 18+ | 200 | Medley Relay | MINN<br>L Vestrum, B Jacobson, J Seaburg, J Arnold         | 04/23/2015 | 1:38.04 |
| Men | 18+ | 400 | Medley Relay | St Cloud YMCA<br>R Simson, J Hausauer, K Cordry, J Larson  | 04/12/2014 | 3:39.18 |

|     |     |     |              |   |            |         |
|-----|-----|-----|--------------|---|------------|---------|
| Men | 25+ | 200 | Free Relay   | Sunday Swim Team<br>M Girard, J Timmer, M Woodson, W Simson | 04/13/2013 | 1:26.37 |
| Men | 25+ | 400 | Free Relay   | Sunday Swim Team<br>M Girard, J Timmer, M Woodson, W Simson | 04/12/2014 | 3:12.17 |
| Men | 25+ | 800 | Free Relay   | Sunday Swim Team<br>M Girard, J Timmer, M Woodson, W Simson | 02/23/2013 | 7:25.38 |
| Men | 25+ | 200 | Medley Relay | Sunday Swim Team<br>M Woodson, J Timmer, W Simson, M Girard | 04/12/2014 | 1:34.85 |
| Men | 25+ | 400 | Medley Relay | Sunday Swim Team<br>M Woodson, J Timmer, W Simson, M Girard | 04/12/2014 | 3:31.23 |

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|------|-------|------|--------------|--|------------|---------|
| Men  | 35+   | 200  | Free Relay   | MINN<br>P Windrath, L Nyman, J Lukens, N Leigh     | 04/11/1992 | 1:33.45 |
| Men  | 35+   | 400  | Free Relay   | MINN<br>P Windrath, J Lukens, D Mattai, N Leigh    | 04/14/1996 | 3:19.38 |
| Men  | 35+   | 800  | Free Relay   | MINN<br>S Grantham, P Windrath, J Stewart, N Leigh | 04/14/1996 | 7:22.68 |
| Men  | 35+   | 200  | Medley Relay | MINN<br>P Windrath, J Evers, D Smith, N Leigh      | 04/04/1993 | 1:41.86 |
| Men  | 35+   | 400  | Medley Relay | MINN<br>P Windrath, J Evers, D Smith, N Leigh      | 04/04/1993 | 3:45.22 |

|     |     |     |              |  |            |         |
|-----|-----|-----|--------------|--|------------|---------|
| Men | 45+ | 200 | Free Relay   | MINN<br>B Holthus, C D Andersen, T Emison, M Burns | 04/29/2007 | 1:38.34 |
| Men | 45+ | 400 | Free Relay   | MINN<br>B Holthus, M Burns, D Smith, T Emison      | 04/29/2007 | 3:39.13 |
| Men | 45+ | 800 | Free Relay   | MINN<br>T Emison, M Burns, D Smith, C D Andersen   | 04/29/2007 | 8:05.13 |
| Men | 45+ | 200 | Medley Relay | MINN-SCY<br>M Moran, M Ewing, C Sieben, C Kvaal    | 04/08/2017 | 1:48.18 |
| Men | 45+ | 400 | Medley Relay | MINN<br>B Holthus, M Burns, D Smith, T Emison      | 04/29/2007 | 4:03.00 |

|     |     |     |              |  |            |         |
|-----|-----|-----|--------------|--|------------|---------|
| Men | 55+ | 200 | Free Relay   | MINN<br>M Anderson, J Lukens, D Lamour, D Smith      | 05/01/2014 | 1:41.98 |
| Men | 55+ | 400 | Free Relay   | MINN<br>B Gilman, B Holthus, J Kochendorfer, B Paakh | 03/11/2016 | 4:00.05 |
| Men | 55+ | 800 | Free Relay   | YSG<br>T Emison, D Lamour, B Holthus, D Smith        | 02/22/2014 | 9:01.99 |
| Men | 55+ | 200 | Medley Relay | MINN<br>B Holthus, J Kochendorfer, D Smith, B Paakh  | 04/09/2016 | 1:52.00 |
| Men | 55+ | 400 | Medley Relay | MINN<br>B Holthus, J Kochendorfer, D Smith, B Paakh  | 03/11/2016 | 4:14.78 |

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| Type | Group | Dist | Strokes      | Team / Swimmers                                     | Date       | Time     |
|------|-------|------|--------------|---|------------|----------|
| Men  | 65+   | 200  | Free Relay   | MINN<br>M Anderson, G Vandam, J Bachman, R Kleffman | 02/26/2017 | 1:52.77  |
| Men  | 65+   | 400  | Free Relay   | MINN<br>G Vandam, R Kleffman, J Bachman, M Anderson | 04/08/2017 | 4:13.59  |
| Men  | 65+   | 800  | Free Relay   | MINN<br>M Anderson, G Fine, R Kleffman, D Kornblatt | 01/22/2017 | 10:12.88 |
| Men  | 65+   | 200  | Medley Relay | MINN<br>D Kornblatt, G Fine, R Kleffman, M Anderson | 01/22/2017 | 2:07.56  |
| Men  | 65+   | 400  | Medley Relay | MINN<br>M Anderson, R Kleffman, G Vandam, J Bachman | 04/08/2017 | 4:56.80  |

|     |     |     |              |   |            |          |
|-----|-----|-----|--------------|---|------------|----------|
| Men | 75+ | 200 | Free Relay   | MINN<br>P Magee, D Arlander, B Kansas, N Petersen   | 01/22/2017 | 2:45.05  |
| Men | 75+ | 400 | Free Relay   | MINN<br>B Kansas, J Bergman, D Arlander, N Petersen | 04/08/2017 | 6:11.18  |
| Men | 75+ | 800 | Free Relay   | MINN<br>B Kansas, N Petersen, P Magee, D Arlander   | 01/22/2017 | 14:14.21 |
| Men | 75+ | 200 | Medley Relay | MINN<br>B Kansas, D Arlander, J Bergman, N Petersen | 04/08/2017 | 3:06.71  |
| Men | 75+ | 400 | Medley Relay | MINN<br>P Magee, D Arlander, B Kansas, N Petersen   | 01/22/2017 | 7:11.57  |

|       |     |     |              |   |            |         |
|-------|-----|-----|--------------|---|------------|---------|
| Mixed | 18+ | 200 | Free Relay   | MINN<br>B Jacobson, L Greenberg, N Kennedy, T Behrens | 04/12/2015 | 1:32.96 |
| Mixed | 18+ | 400 | Free Relay   | HOPK<br>K Vandam, Z Hanson, K Coombe, B Bendix        | 04/13/2013 | 3:32.17 |
| Mixed | 18+ | 800 | Free Relay   | HOPK<br>P English, Z Hanson, K Vandam, K Coombe       | 04/12/2015 | 8:18.75 |
| Mixed | 18+ | 200 | Medley Relay | MINN<br>T Behrens, L Greenberg, N Kennedy, B Jacobson | 04/12/2015 | 1:40.23 |
| Mixed | 18+ | 400 | Medley Relay | HOPK<br>T Ruehle, S White-Olson, S Tripps, K Zemlin   | 04/18/2010 | 4:08.06 |

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as 01/31/2019

| Type  | Group | Dist | Strokes      | Team / Swimmers  | Date       | Time    |
|-------|-------|------|--------------|--|------------|---------|
| Mixed | 25+   | 200  | Free Relay   | HOPK<br>J Stone, J Hvistendahl, J Li, L B Johnson                | 04/15/2012 | 1:39.54 |
| Mixed | 25+   | 400  | Free Relay   | MINN-MACAL<br>C Rupp, L Arnosti, K Dahlager, G Schneider-Bateman | 04/09/2017 | 3:40.11 |
| Mixed | 25+   | 800  | Free Relay   | MINN-MACAL<br>G Schneider-Bateman, L Arnosti, K Dahlager, C Rupp | 04/09/2017 | 8:04.30 |
| Mixed | 25+   | 200  | Medley Relay | HOPK<br>L B Johnson, R Thorpe, K Vandam, A Andersen              | 04/15/2012 | 1:50.64 |
| Mixed | 25+   | 400  | Medley Relay | HOPK<br>S Tripps, L B Johnson, K Vandam, K Marentette            | 04/16/2011 | 4:08.06 |

|       |     |     |              |   |            |         |
|-------|-----|-----|--------------|---|------------|---------|
| Mixed | 35+ | 200 | Free Relay   | HOPK<br>S Williams, T Ruehle, K Zemlin, S Tripps      | 04/19/2009 | 1:38.19 |
| Mixed | 35+ | 400 | Free Relay   | HOPK<br>J McCarthy, S Williams, K Zemlin, R Woodworth | 04/19/2009 | 3:48.60 |
| Mixed | 35+ | 800 | Free Relay   | HOPK<br>K Zemlin, K Lindblom, T Ruehle, S Tripps      | 04/19/2009 | 8:19.98 |
| Mixed | 35+ | 200 | Medley Relay | MINN<br>M Moran, B Jacobson, K Melson, M Morris       | 04/30/2017 | 1:51.44 |
| Mixed | 35+ | 400 | Medley Relay | HOPK<br>K Lindblom, T Lee, S Tripps, K Zemlin         | 04/16/2009 | 4:19.56 |

|       |     |     |              |   |            |         |
|-------|-----|-----|--------------|---|------------|---------|
| Mixed | 45+ | 200 | Free Relay   | MINN<br>T Emison, P Emison, N Kryka, B Holthus          | 05/01/2011 | 1:45.74 |
| Mixed | 45+ | 400 | Free Relay   | MINN-HOPK<br>R Ness, K Zemlin, J Casey, R Schlichting   | 04/08/2016 | 4:13.82 |
| Mixed | 45+ | 800 | Free Relay   | MINN<br>T Emison, B Scouler, N Kryka, D Smith           | 04/15/2012 | 8:40.86 |
| Mixed | 45+ | 200 | Medley Relay | MINN-HOPK<br>R Schlichting, S Tripps, J Casey, K Zemlin | 04/09/2016 | 2:00.97 |
| Mixed | 45+ | 400 | Medley Relay | HOPK<br>R Schlichting, S Tripps, J Casey, K Zemlin      | 04/12/2015 | 4:21.83 |

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|-------|-------|------|--------------|---|------------|----------|
| Mixed | 55+   | 200  | Free Relay   | MINN<br>D Lamour, S Lee, S Hromada, D Smith           | 01/27/2019 | 2:00.71  |
| Mixed | 55+   | 400  | Free Relay   | MINN-HOPK<br>M Hoover, D Selby, C Collins, M Anderson | 04/09/2017 | 5:29.08  |
| Mixed | 55+   | 800  | Free Relay   | HOPK<br>B Dalton, C Collins, M McCarthy, S Swartz     | 04/12/2015 | 10:33.13 |
| Mixed | 55+   | 200  | Medley Relay | MINN<br>S Hromada, D Lamour, P Fleming, M Conway      | 01/27/2019 | 2:26.53  |
| Mixed | 55+   | 400  | Medley Relay | MINN<br>C Nelson, P Ogden, K Fischer, S Nelson        | 01/28/2018 | 5:32.85  |

|       |     |     |              |   |            |          |
|-------|-----|-----|--------------|---|------------|----------|
| Mixed | 65+ | 200 | Free Relay   | MINN<br>B Larsen, M Anderson, C Smollen, G Fine   | 04/09/2016 | 2:14.83  |
| Mixed | 65+ | 400 | Free Relay   | MINN<br>M Hoover, M Anderson, G Fine, B Larsen    | 02/20/2016 | 5:25.50  |
| Mixed | 65+ | 800 | Free Relay   | MINN<br>M Anderson, B Larsen, C Smollen, G Vandam | 02/20/2016 | 10:59.00 |
| Mixed | 65+ | 200 | Medley Relay | MINN<br>B Larsen, M Hoover, G Vandam, M Anderson  | 02/20/2016 | 2:32.84  |
| Mixed | 65+ | 400 | Medley Relay | MINN<br>B Larsen, M Anderson, G Vandam, C Smollen | 04/09/2016 | 5:35.43  |

|       |     |     |              |   |            |         |
|-------|-----|-----|--------------|---|------------|---------|
| Mixed | 75+ | 200 | Free Relay   | MINN<br>C Smollen, B Kansas, S Pierce, D Arlander | 01/27/2019 | 3:56.28 |
| Mixed | 75+ | 400 | Free Relay   | MINN<br>C Smollen, B Kansas, S Pierce, D Arlander | 01/27/2019 | 8:56.81 |
| Mixed | 75+ | 800 | Free Relay   | none  |            |         |
| Mixed | 75+ | 200 | Medley Relay | MINN<br>C Smollen, D Arlander, B Kansas, S Pierce | 01/27/2019 | 4:24.32 |
| Mixed | 75+ | 400 | Medley Relay | MINN<br>C Smollen, D Arlander, B Kansas, S Pierce | 01/27/2019 | 9:43.39 |