

## Minnesota LMSC Masters Swimming Records - Individual

### LCM - LONG COURSE METERS

as of 6/25/18

Name (Women)	Time	Date	Club/wg	Age Gr / Event	Name (Men)	Time	Date	Club/wg
<b>18 - 24</b>								
Emma Ruehle	28.21	08/06/2017	MINN	<b>50 FREE</b>	Jason Hansen	24.88	08/09/1997	MINN
Emma Ruehle	1:01.15	08/06/2017	MN-HOP	<b>100 FREE</b>	Jason Hansen	55.51	08/11/1996	MINN
Emma Ruehle	2:12.04	08/06/2017	MN-HOP	<b>200 FREE</b>	Paue V Zhuravlev	2:04.77	07/30/2006	MINN
Emma Ruehle	4:39.59	08/06/2017	MN-HOP	<b>400 FREE</b>	Daniel E Nelson	4:40.94	08/06/2017	MINN
Carolyn A Fittipaldi	10:43.43	08/06/2017	MINN	<b>800 FREE</b>	Philip English	10:10.85	06/20/2015	HOPK
Kristen Lefevre	20:04.25	08/11/2002	WMAC	<b>1500 FREE</b>	Daniel E Nelson	19:21.66	08/06/2017	MINN
Beth R Shimanski	31.79	08/23/1999	MINN	<b>50 BACK</b>	Mike C Wencil	29.42	07/21/2001	ALX
Beth R Shimanski	1:07.78	08/23/1999	MINN	<b>100 BACK</b>	Mike C Wencil	1:00.79	08/23/1999	ALX
Emma Ruehle	2:29.29	08/06/2017	MN-HOP	<b>200 BACK</b>	Mike C Wencil	2:20.78	08/23/1999	ALX
Lauren R Greenberg	32.92	07/30/2015	MINN	<b>50 BREAST</b>	Phillip C Rand	31.53	08/23/1999	SEMS
Lauren R Greenberg	1:13.32	07/30/2015	MINN	<b>100 BREAST</b>	Phillip C Rand	1:11.04	08/23/1999	SEMS
Courtney Silva	2:56.51	08/06/2015	UC30	<b>200 BREAST</b>	Phillip C Rand	2:41.12	08/23/1999	SEMS
Michele Whale	31.73	08/22/1993		<b>50 FLY</b>	Bryce Boston	26.07	06/24/2017	MN-MTK
Michele Whale	1:11.18	08/22/1993		<b>100 FLY</b>	Mike C Wencil	59.98	08/23/1999	ALX
Courtney Silva	2:43.72	08/06/2015	UC30	<b>200 FLY</b>	Shawn R Jeffrey	2:34.30	06/16/2001	MINN
Courtney Silva	2:38.72	08/06/2015	UC30	<b>200 I.M.</b>	Mike C Wencil	2:22.86	08/23/1999	ALX
Courtney Silva	5:46.50	08/06/2015	UC30	<b>400 I.M.</b>	Seth Baetzold	5:32.46	06/24/2017	UC30
<b>25 - 29</b>								
Shanda Louw	27.12	08/06/2017	UC30	<b>50 FREE</b>	Ryan Miksch	24.01	06/23/2018	MN-HOP
Shanda Louw	1:00.41	08/06/2017	UC30	<b>100 FREE</b>	Jason Hansen	54.89	08/16/1998	MINN
Rachel C Hughey	2:26.50	08/13/2007	MINN	<b>200 FREE</b>	Kevin Casson	2:00.96	08/22/1993	MINN
Laura Antonietta	5:08.05	08/10/1997	MINN	<b>400 FREE</b>	Kevin Casson	4:15.95	08/22/1993	MINN
Laura Antonietta	10:41.61	08/10/1997	MINN	<b>800 FREE</b>	David H Mason	9:34.06	08/23/1999	MINN
Laura Antonietta	20:30.18	08/10/1997	MINN	<b>1500 FREE</b>	Jose R Rosales Yopez	18:48.62	05/18/2014	UC30
Shanda Louw	31.37	08/06/2017	UC30	<b>50 BACK</b>	Robert Hauck	27.42	08/22/1993	MINN
Melissa M Nelson	1:13.77	08/06/2017	MN-ESC	<b>100 BACK</b>	Robert Hauck	58.92	08/22/1993	MINN
Katherine Kaiser	2:44.43	08/06/2017	MN-HOP	<b>200 BACK</b>	Robert Hauck	2:08.65	08/22/1993	MINN
Tamara Grewenow	35.81	08/22/1993	UNAT-MN	<b>50 BREAST</b>	Robert B Fox	32.46	08/10/1997	MINN
Alison G Schirmers	1:19.86	05/18/2014	GWST	<b>100 BREAST</b>	Jeffrey K Kennedy	1:12.01	08/17/1989	MINN
Steff White-Olson	3:07.36	07/12/2014	HOPK	<b>200 BREAST</b>	Kip M Kirkpatrick	2:42.52	08/23/1999	MINN
Shanda Louw	29.58	08/06/2017	UC30	<b>50 FLY</b>	Robert Hauck	26.13	08/22/1993	MINN
Katherine A Landberg	1:11.91	04/24/2008	MINN	<b>100 FLY</b>	Robert Hauck	57.51	08/22/1993	MINN
Katherine A Landberg	2:45.15	04/24/2008	MINN	<b>200 FLY</b>	Mike Halpenny	2:16.19	08/22/1993	MINN
Edith Spang	2:40.82	08/25/1983	MINN	<b>200 I.M.</b>	Joseph Vrudny	2:16.48	08/22/1993	MINN
Katherine Kaiser	5:51.17	06/23/2018	MINN	<b>400 I.M.</b>	Joseph Vrudny	4:56.43	08/22/1993	MINN
<b>30 - 34</b>								
Katy A Coombe	28.25	08/03/2014	HOPK	<b>50 FREE</b>	Brian L Jacobson	23.56	08/15/2005	MINN
Katy A Coombe	1:01.54	08/03/2014	HOPK	<b>100 FREE</b>	Tim Daly	56.23	08/17/1989	MINN
Katy A Coombe	2:19.80	08/03/2014	HOPK	<b>200 FREE</b>	Joseph M Anderson	2:02.89	08/17/2016	MN-HOP
Sandra Frimerman-Bergquist	4:47.06	06/24/2017	MN-HOP	<b>400 FREE</b>	Jeff Shea	4:22.69	08/22/1993	MINN
Heather J Lendway	9:43.05	08/06/2017	UC30	<b>800 FREE</b>	Joseph M Anderson	9:16.64	08/06/2015	HOPK
Sandra Frimerman-Bergquist	18:28.56	08/06/2017	MN-HOP	<b>1500 FREE</b>	Jeff Shea	17:21.26	08/22/1993	MINN
Kathryn E Vandam	33.90	08/06/2017	MN-MTK	<b>50 BACK</b>	Scott P Tripps	28.54	07/18/1999	MINN
Judith Lallier	1:09.79	08/23/1993	MINN	<b>100 BACK</b>	Scott P Tripps	1:01.59	07/16/2000	MINN
Judith Lallier	2:29.22	08/23/1993	MINN	<b>200 BACK</b>	Scott P Tripps	2:20.18	07/18/1999	MINN
Krisie M Melsen	37.40	08/03/2014	HOPK	<b>50 BREAST</b>	Brian L Jacobson	29.73	08/15/2005	MINN
Judith Lallier	1:21.16	08/22/1993	MINN	<b>100 BREAST</b>	Luke A Prokop	1:11.45	08/06/2017	MINN
Krisie M Melsen	2:59.30	08/03/2014	SCY	<b>200 BREAST</b>	Luke A Prokop	2:37.85	08/06/2017	MINN
Katie DeRegnier	30.35	08/06/2017	MN-MAC	<b>50 FLY</b>	Brian L Jacobson	25.72	07/18/2004	MINN
Katie DeRegnier	1:09.27	08/06/2017	MINN	<b>100 FLY</b>	Marcus Gernes	1:00.21	08/22/1993	STAR
Kelsey L Dahlager	2:30.98	08/06/2017	MINN	<b>200 FLY</b>	Marcus Gernes	2:18.86	08/22/1993	STAR
Judith Lallier	2:28.63	08/22/1993	MINN	<b>200 I.M.</b>	Scott P Tripps	2:21.80	07/18/1999	MINN
Kathryn E Vandam	5:38.02	08/06/2017	MN-MTK	<b>400 I.M.</b>	Joseph M Anderson	5:03.59	08/17/2016	MN-HOP

35 - 39								
Beth Schaffer	28.53	06/24/2017	MINN	<b>50 FREE</b>	Brian L Jacobson	23.35	06/25/2012	MINN
Peggy Kratz	1:04.73	08/25/1996	MINN	<b>100 FREE</b>	Brian L Jacobson	53.23	07/08/2012	MINN
Judith Lallier	2:11.43	08/28/1994	MINN	<b>200 FREE</b>	Duane W Dobko	2:02.82	05/16/2009	UNAT-MN
Sandra Frimerman-Bergquist	4:54.01	06/23/2018	HOPK	<b>400 FREE</b>	Christopher Black	4:22.53	08/17/2003	UNAT-MN
Sandra Frimerman-Bergquist	10:06.75	06/23/2018	HOPK	<b>800 FREE</b>	Christopher Black	8:55.03	08/17/2003	UNAT-MN
Sandra Frimerman-Bergquist	19:05.41	06/23/2018	HOPK	<b>1500 FREE</b>	Christopher Black	17:10.80	08/17/2003	UNAT-MN
Beth A Schaffer	32.26	08/06/2017	MINN	<b>50 BACK</b>	Thomas Senn	28.83	07/31/2005	MINN
Judith Lallier	1:08.98	08/27/1995	MINN	<b>100 BACK</b>	Paul Windrath	1:06.22	08/02/1992	MINN
Judith Lallier	2:28.37	08/27/1995	MINN	<b>200 BACK</b>	Christopher Black	2:21.39	08/17/2003	UNAT-MN
Krisie M Melsen	38.27	08/06/2017	MN-PLYL	<b>50 BREAST</b>	Brian L Jacobson	29.95	07/08/2012	MINN
Krisie M Melsen	1:25.99	08/06/2017	MN-PLYL	<b>100 BREAST</b>	Brian L Jacobson	1:07.86	07/08/2012	MINN
Krisie M Melsen	3:08.52	08/06/2017	MN-PLYL	<b>200 BREAST</b>	Chris Weissman	2:31.24	08/23/1999	TYR
Tricia M Lilleberg	32.83	08/06/2017	MINN	<b>50 FLY</b>	Brian L Jacobson	25.93	07/08/2012	MINN
Stacey Thureen	1:13.92	06/24/2017	MINN	<b>100 FLY</b>	Skip Grantham	1:00.40	08/18/1997	MINN
Stacey Thureen	2:51.31	06/24/2017	MINN	<b>200 FLY</b>	Dennis Mattai	2:28.77	08/14/1994	MINN
Judith Lallier	2:28.93	08/28/1994	MINN	<b>200 I.M.</b>	Chris Weissman	2:17.27	08/23/1999	TYR
Kristina J (Tina) Neill	5:57.16	07/16/2000	MINN	<b>400 I.M.</b>	Christopher Black	4:55.73	08/17/2003	UNAT-MN

40 - 44								
Katrina D Radke Gerry	27.81	05/13/2012	UNAT-30	<b>50 FREE</b>	Brian L Jacobson	23.31	08/10/2014	MINN
Barbara A Scouler	1:05.36	08/11/2002	MINN	<b>100 FREE</b>	Brian L Jacobson	53.30	08/07/2013	MINN
Julie D Stone	2:29.34	07/08/2012	HOPK	<b>200 FREE</b>	Nate Leigh	2:05.67	08/23/1999	MINN
Barbara A Scouler	5:08.01	08/11/2002	MINN	<b>400 FREE</b>	Nate Leigh	4:29.83	08/23/1999	MINN
Katie A Melmer	10:51.52	05/14/2011	HOPK	<b>800 FREE</b>	Nate Leigh	9:21.77	08/23/1999	MINN
Katie A Melmer	20:51.95	05/13/2012	HOPK	<b>1500 FREE</b>	Paul Windrath	18:46.90	08/28/1994	MINN
Katrina D Radke Gerry	33.42	05/13/2012	UNAT-30	<b>50 BACK</b>	Peter D Rocca	29.08	08/23/1999	TYR
Judith Lallier	1:13.54	08/23/1999	MINN	<b>100 BACK</b>	Paul Windrath	1:06.89	08/28/1994	MINN
Judith Lallier	2:39.05	08/23/1999	MINN	<b>200 BACK</b>	Paul Windrath	2:24.78	08/28/1994	MINN
Jill S Whitney	39.67	08/10/1997	SEMS	<b>50 BREAST</b>	Brian L Jacobson	30.18	08/07/2013	MINN
Jill S Whitney	1:28.78	08/23/1999	SEMS	<b>100 BREAST</b>	Brian L Jacobson	1:07.58	08/07/2013	MINN
Marsha S Helm	3:16.69	08/06/2017	MN-MTK	<b>200 BREAST</b>	James L Kochendorfer	2:42.93	07/16/2000	MINN
Katrina D Radke Gerry	29.40	05/13/2012	UNAT-30	<b>50 FLY</b>	Brian L Jacobson	26.10	08/16/2017	MINN
Barbara A Scouler	1:12.01	08/11/2002	MINN	<b>100 FLY</b>	Brian L Jacobson	1:00.24	08/05/2015	MINN
Michele Devitt	2:50.62	08/23/1999	MINN	<b>200 FLY</b>	John McCall	2:38.76	08/22/1993	MINN
Michele Devitt	2:53.55	07/16/2000	MINN	<b>200 I.M.</b>	Brian L Jacobson	2:15.36	08/10/2014	MINN
Michele Devitt	6:01.04	08/23/1999	MINN	<b>400 I.M.</b>	Paul Windrath	5:23.26	08/11/1996	MINN

45 - 49								
Barbara A Scouler	29.46	05/16/2009	MINN	<b>50 FREE</b>	Brian L Jacobson	24.12	06/23/2018	MINN
Jennifer Ridge	1:05.11	06/19/2015	HASA	<b>100 FREE</b>	Trip Hedrick	55.95	08/10/2003	UNAT-MN
Jennifer Ridge	2:22.52	08/06/2017	MN-HASA	<b>200 FREE</b>	Thomas Emison	2:11.08	08/10/2006	MINN
Jennifer Ridge	5:03.15	08/06/2017	MN-HASA	<b>400 FREE</b>	Thomas Emison	4:43.20	08/10/2006	MINN
Carole Weiland	11:38.05	08/06/2017	MINN	<b>800 FREE</b>	James A Stewart	9:52.98	06/16/2001	MINN
Carrie Stolar	20:57.34	08/17/2016	MN-MTK	<b>1500 FREE</b>	James A Stewart	18:50.88	06/16/2001	MINN
Barbara Ballard	38.20	07/31/2005	MINN	<b>50 BACK</b>	Peter D Rocca	29.18	02/10/2002	TYR
Jennifer Ridge	1:15.70	06/19/2015	HASA	<b>100 BACK</b>	Peter D Rocca	1:03.90	02/10/2002	TYR
Jennifer Ridge	2:42.18	06/19/2015	HASA	<b>200 BACK</b>	Scott P Tripps	2:26.38	08/06/2017	MN-HOP
Jill S Whitney	40.11	07/31/2005	SEMS	<b>50 BREAST</b>	Brian L Jacobson	32.28	06/23/2018	MINN
Elizabeth Cutter	1:28.54	07/26/1998	MINN	<b>100 BREAST</b>	James L Kochendorfer	1:12.19	05/16/2009	MINN
Elizabeth Cutter	3:15.20	07/12/1998	MINN	<b>200 BREAST</b>	James L Kochendorfer	2:47.63	07/31/2005	MINN
Barbara A Scouler	32.10	05/16/2009	MINN	<b>50 FLY</b>	Trip Hedrick	26.64	08/10/2003	UNAT-MN
Jennifer Ridge	1:11.47	08/06/2017	MN-HASA	<b>100 FLY</b>	John McCall	1:05.56	08/18/1997	MINN
Mary Beth Windrath	3:45.54	07/18/1999	MINN	<b>200 FLY</b>	John McCall	2:45.26	08/18/1997	MINN
Jennifer Ridge	2:38.79	08/06/2017	MN-HASA	<b>200 I.M.</b>	Scott P Tripps	2:31.41	08/06/2017	MN-HOP
Sharon M Lee-Sheridan	6:42.86	08/23/1999	MINN	<b>400 I.M.</b>	Thomas L Ruehle	5:46.17	05/16/2009	HOPK

**50 - 54**

Ann C Senn	28.85	05/16/2009	MINN	<b>50 FREE</b>	Trip Hedrick	25.09	08/15/2004	UNAT-MN
Ann C Senn	1:06.10	05/16/2009	MINN	<b>100 FREE</b>	Trip Hedrick	55.41	08/15/2004	UNAT-MN
Nancy L Kryka	2:36.41	08/10/2009	MINN	<b>200 FREE</b>	Thomas Emison	2:10.61	05/16/2009	MINN
Carrie E Stolar	5:22.54	08/06/2017	MN-MTK	<b>400 FREE</b>	Thomas L Ruehle	4:50.40	08/06/2017	MN-HOP
Peggy Kratz	12:13.48	05/19/2013	MINN	<b>800 FREE</b>	Thomas L Ruehle	10:10.47	08/06/2017	MN-HOP
Karen K Zemlin	20:18.14	08/06/2017	MN-HOP	<b>1500 FREE</b>	Dick Stone	19:35.27	07/21/2001	UNAT-MN
Jane J Duncan	35.48	08/10/2009	MINN	<b>50 BACK</b>	Trip Hedrick	31.55	08/15/2004	UNAT-MN
Jane J Duncan	1:19.36	08/10/2009	MINN	<b>100 BACK</b>	Jeffrey A Lukens	1:09.66	07/31/2005	UNAT-MN
Barbara Ballard	2:51.60	07/08/2012	HOPK	<b>200 BACK</b>	Randy J Schlichting	2:33.13	08/06/2017	MN-HOP
Sue M Nygaard	41.52	08/06/2017	MINN	<b>50 BREAST</b>	James L Kochendorfer	33.45	05/13/2012	MINN
Sue M Nygaard	1:32.55	08/06/2017	MINN	<b>100 BREAST</b>	James L Kochendorfer	1:15.88	05/13/2012	MINN
Elizabeth Cutter	3:26.64	08/10/2003	MINN	<b>200 BREAST</b>	Michael Ewing	2:50.14	08/06/2017	MINN
Jane J Duncan	32.46	08/10/2009	MINN	<b>50 FLY</b>	Trip Hedrick	26.25	08/12/2004	UNAT-MN
Nancy L Kryka	1:23.94	08/15/2005	MINN	<b>100 FLY</b>	Trip Hedrick	59.49	08/15/2004	UNAT-MN
Peggy Kratz	3:14.89	05/18/2014	MINN	<b>200 FLY</b>	Robert King	2:55.42	06/24/2017	MN-MAC
Nancy L Kryka	2:55.68	08/10/2009	MINN	<b>200 I.M.</b>	Randy J Schlichting	2:38.34	08/06/2017	MN-HOP
Nancy L Kryka	6:29.32	05/16/2009	MINN	<b>400 I.M.</b>	John M Hugo	5:55.27	07/08/2012	LTMN

**55 - 59**

Barbara Scouler	30.92	08/06/2017	MN-MTK	<b>50 FREE</b>	Jerry M Kollross	25.96	08/06/2017	MINN
Peggy Kratz	1:09.08	08/06/2017	MN-RIP	<b>100 FREE</b>	Jerry M Kollross	58.52	08/06/2017	MINN
Barbara Scouler	2:29.58	08/06/2017	MN-MTK	<b>200 FREE</b>	Marc S Anderson	2:25.55	07/18/2004	MINN
Barbara Scouler	5:15.81	08/06/2017	MN-MTK	<b>400 FREE</b>	Perry Brown	5:17.19	05/14/2011	NORT
Barbara Scouler	10:58.71	08/06/2017	MN-MTK	<b>800 FREE</b>	Craig Collins	11:03.76	06/20/2015	HOPK
Barbara Scouler	20:38.81	08/06/2017	MN-MTK	<b>1500 FREE</b>	Craig Collins	21:24.88	06/20/2015	HOPK
Nancy L Kryka	39.24	07/08/2012	MINN	<b>50 BACK</b>	Ken R Brenton	33.79	08/06/2017	MN-MTK
Barbara Ballard	1:28.83	07/09/2016	MN-HOP	<b>100 BACK</b>	Ken R Brenton	1:14.52	08/06/2017	MN-MTK
Barbara Ballard	3:11.42	07/09/2016	MN-HOP	<b>200 BACK</b>	Brian K Holthus	2:47.72	07/05/2012	MINN
Jill S Whitney	43.08	06/21/2014	SEMS	<b>50 BREAST</b>	James L Kochendorfer	32.68	08/06/2015	MINN
Sue M Nygaard	1:34.64	06/23/2018	MINN	<b>100 BREAST</b>	James L Kochendorfer	1:16.39	08/06/2015	MINN
Marjorie D Laskey	3:33.13	08/06/2017	ISMT	<b>200 BREAST</b>	James L Kochendorfer	2:53.65	08/06/2017	MINN
Barbara Scouler	32.21	08/06/2017	MN-MTK	<b>50 FLY</b>	Trip Hedrick	27.77	05/13/2012	UNAT-MN
Peggy Kratz	1:23.72	08/06/2017	MN-RIP	<b>100 FLY</b>	Rick A Anderson	1:12.48	08/06/2017	MN-ESC
Peggy Kratz	3:05.33	08/06/2017	MN-RIP	<b>200 FLY</b>	Gary P Muchow	2:57.59	08/06/2017	MINN
Barbara Scouler	2:46.52	08/06/2017	MN-MTK	<b>200 I.M.</b>	John M Hugo	2:45.70	08/06/2017	MINN
Nancy L Kryka	6:35.29	08/03/2011	MINN	<b>400 I.M.</b>	John M Hugo	6:05.97	08/06/2017	MINN

**60 - 64**

Jill S Whitney	35.37	08/06/2017	MINN	<b>50 FREE</b>	Trip Hedrick	26.48	08/06/2017	UC30
Jill S Whitney	1:21.20	06/30/2017	MINN	<b>100 FREE</b>	Trip Hedrick	58.25	08/06/2017	UC30
Jill S Whitney	3:04.68	06/30/2017	MINN	<b>200 FREE</b>	Darrell J Smith	2:25.05	08/06/2017	MINN
Sarah E Nelson	6:31.94	08/06/2017	MINN	<b>400 FREE</b>	Marc S Anderson	5:27.72	05/19/2013	MINN
Carol S Smollen	15:38.71	07/18/2004	MINN	<b>800 FREE</b>	Marc S Anderson	11:24.30	05/15/2010	MINN
Pamela C Ogden	25:36.14	08/06/2017	MINN	<b>1500 FREE</b>	Marc S Anderson	22:12.29	07/08/2012	MINN
Cynthia L Maltry	41.13	08/06/2017	ISMT	<b>50 BACK</b>	Jeffrey A Lukens	34.06	08/06/2017	MINN
Cynthia L Maltry	1:34.09	08/06/2017	ISMT	<b>100 BACK</b>	Jeffrey A Lukens	1:14.18	08/06/2017	MINN
Cynthia L Maltry	3:24.81	08/06/2017	ISMT	<b>200 BACK</b>	Jeffrey A Lukens	2:44.79	08/06/2017	MINN
Jill S Whitney	43.96	08/06/2017	MN-SEMS	<b>50 BREAST</b>	Bruce Paakh	35.98	08/06/2017	MINN
Jill S Whitney	1:41.48	08/06/2017	MN-SEMS	<b>100 BREAST</b>	Jim L Pelissier	1:24.21	06/13/2004	MINN
Jill S Whitney	3:46.37	08/06/2017	MN-SEMS	<b>200 BREAST</b>	Jim L Pelissier	3:09.44	08/10/2006	MINN
Cynthia L Maltry	38.88	08/06/2017	ISMT	<b>50 FLY</b>	Trip Hedrick	27.85	08/06/2017	UC30
Barbara (Babs) Larsen	1:52.62	08/10/2009	MINN	<b>100 FLY</b>	Darrell J Smith	1:11.81	08/06/2017	MINN
Barbara (Babs) Larsen	3:53.91	05/16/2009	MINN	<b>200 FLY</b>	Darrell J Smith	2:45.99	08/06/2017	MINN
Cynthia L Maltry	3:21.74	08/06/2017	ISMT	<b>200 I.M.</b>	Marc S Anderson	2:50.34	05/19/2013	MINN
Pamela C Ogden	8:18.89	08/06/2017	MINN	<b>400 I.M.</b>	Darrell J Smith	6:07.44	08/06/2017	MINN

				<b>65 - 69</b>				
Sharon M Lee-Sheridan	39.16	06/23/2018	MINN	<b>50 FREE</b>	Marc S Anderson	28.67	08/06/2015	MINN
Phyllis B Staige	1:27.71	08/17/1989	MINN	<b>100 FREE</b>	Marc S Anderson	1:04.85	08/06/2015	MINN
Sharon M Lee-Sheridan	3:18.79	06/23/2018	MINN	<b>200 FREE</b>	Marc S Anderson	2:35.35	05/18/2014	MINN
Barbara (Babs) Larsen	7:08.13	07/08/2012	MINN	<b>400 FREE</b>	Marc S Anderson	5:33.28	06/20/2015	MN-HOP
Vicki Barnes	14:48.95	05/18/2014	UC30	<b>800 FREE</b>	Marc S Anderson	11:32.08	06/20/2015	MINN
Vicki Barnes	27:55.28	05/18/2014	UC30	<b>1500 FREE</b>	Marc S Anderson	21:54.77	08/06/2015	MINN
Patricia G Ophaug	46.24	08/06/2017	MINN	<b>50 BACK</b>	Steven E Nelson	36.67	08/06/2017	MINN
Sharon M Lee-Sheridan	1:39.98	06/23/2018	MINN	<b>100 BACK</b>	Steven E Nelson	1:20.19	08/06/2017	MINN
Sharon M Lee-Sheridan	3:32.42	08/06/2017	MINN	<b>200 BACK</b>	Steven E Nelson	2:57.05	08/06/2017	MINN
Elizabeth V Cutter	49.57	08/06/2017	MINN	<b>50 BREAST</b>	Marc S Anderson	39.34	06/24/2017	MN-HOP
Sharon M Lee-Sheridan	1:50.57	06/23/2018	MINN	<b>100 BREAST</b>	Marc S Anderson	1:30.25	06/20/2015	MINN
Sharon M Lee-Sheridan	3:58.77	08/06/2017	MINN	<b>200 BREAST</b>	Marc S Anderson	3:32.09	07/09/2016	MN-HOP
Sharon M Lee-Sheridan	45.20	06/23/2018	MINN	<b>50 FLY</b>	Marc S Anderson	32.10	05/18/2014	MINN
Barbara (Babs) Larsen	1:47.03	07/08/2012	MINN	<b>100 FLY</b>	Marc S Anderson	1:24.49	06/20/2015	MINN
Barbara (Babs) Larsen	3:52.29	07/08/2012	MINN	<b>200 FLY</b>	Marc S Anderson	3:22.66	08/06/2015	MINN
Sharon M Lee-Sheridan	3:36.94	08/06/2017	MINN	<b>200 I.M.</b>	Marc S Anderson	3:02.71	06/24/2017	MN-HOP
Sharon M Lee-Sheridan	7:34.37	08/06/2017	MINN	<b>400 I.M.</b>	Marc S Anderson	6:24.79	08/06/2015	MINN

				<b>70 - 74</b>				
Barbara (Babs) Larsen	44.08	08/02/2017	MINN	<b>50 FREE</b>	Robin T Kleffman	32.98	06/23/2018	MINN
Barbara (Babs) Larsen	1:37.03	06/23/2018	MINN	<b>100 FREE</b>	Dave G Anderson	1:12.66	07/21/2001	MINN
Barbara (Babs) Larsen	3:33.27	06/23/2018	MINN	<b>200 FREE</b>	Dave G Anderson	2:42.71	07/21/2001	MINN
Barbara (Babs) Larsen	7:27.66	06/23/2018	MINN	<b>400 FREE</b>	Dave G Anderson	5:52.47	08/11/2002	MINN
Barbara (Babs) Larsen	16:05.26	06/23/2018	MINN	<b>800 FREE</b>	Dave G Anderson	12:10.58	02/10/2002	MINN
Carol S Smollen	30:26.03	06/21/2014	MINN	<b>1500 FREE</b>	Dave G Anderson	23:42.75	08/10/2003	MINN
Barbara (Babs) Larsen	49.70	08/06/2017	MINN	<b>50 BACK</b>	Robin T Kleffman	39.64	08/03/2017	MINN
Barbara (Babs) Larsen	1:47.47	08/06/2017	MINN	<b>100 BACK</b>	Robin T Kleffman	1:26.82	08/06/2017	MINN
Barbara (Babs) Larsen	3:54.77	08/06/2017	MINN	<b>200 BACK</b>	Robin T Kleffman	3:19.79	06/23/2018	MINN
Marion Johnson	58.05	07/26/1981	UNAT-MN	<b>50 BREAST</b>	Jim L Pelissier	40.99	08/06/2017	MINN
Carol S Smollen	2:15.39	06/21/2014	MINN	<b>100 BREAST</b>	Jim L Pelissier	1:34.04	08/06/2017	MINN
Carol S Smollen	4:59.21	05/18/2014	MINN	<b>200 BREAST</b>	Jim L Pelissier	3:38.65	08/06/2017	MINN
Barbara (Babs) Larsen	53.48	06/24/2017	MINN	<b>50 FLY</b>	Robin T Kleffman	32.70	08/06/2017	MINN
Barbara (Babs) Larsen	1:57.98	08/02/2017	MINN	<b>100 FLY</b>	Robin T Kleffman	1:20.59	08/06/2017	MINN
Barbara (Babs) Larsen	4:06.31	06/23/2018	MINN	<b>200 FLY</b>	Robin T Kleffman	3:38.32	06/23/2018	MINN
Barbara (Babs) Larsen	4:09.75	08/06/2017	MINN	<b>200 I.M.</b>	Robin T Kleffman	3:14.54	06/24/2017	MINN
Barbara (Babs) Larsen	8:41.27	08/06/2017	MINN	<b>400 I.M.</b>	Robin T Kleffman	7:07.08	08/06/2017	MINN

				<b>75 - 79</b>				
AnnLiv Bacon	58.96	06/24/2017	MINN	<b>50 FREE</b>	Pete Magee	33.84	07/08/2012	MINN
-	-	-	-	<b>100 FREE</b>	Pete Magee	1:18.58	06/05/2013	MINN
-	-	-	-	<b>200 FREE</b>	Dave G Anderson	2:50.25	07/30/2006	MINN
-	-	-	-	<b>400 FREE</b>	Dave G Anderson	6:14.08	08/13/2007	MINN
-	-	-	-	<b>800 FREE</b>	Dave G Anderson	13:00.53	07/30/2006	MINN
-	-	-	-	<b>1500 FREE</b>	Pete Magee	29:59.00	06/20/2015	MINN
AnnLiv Bacon	1:06.92	08/06/2017	MINN	<b>50 BACK</b>	John Bergman	43.53	08/06/2017	MINN
AnnLiv Bacon	2:27.96	08/06/2017	MINN	<b>100 BACK</b>	John Bergman	1:38.82	08/06/2017	MINN
AnnLiv Bacon	5:30.28	06/23/2018	MINN	<b>200 BACK</b>	Raymond Hakomaki	3:58.59	08/11/1996	MINN
Chiyoko Bando	1:25.77	08/22/1993	SEMS	<b>50 BREAST</b>	Raymond Hakomaki	49.12	08/11/1996	MINN
Chiyoko Bando	3:04.88	08/22/1993	SEMS	<b>100 BREAST</b>	Raymond Hakomaki	1:51.88	08/11/1996	MINN
-	-	-	-	<b>200 BREAST</b>	Bill Kansas	4:04.08	05/19/2013	MINN
-	-	-	-	<b>50 FLY</b>	John Bergman	47.67	08/06/2017	MINN
-	-	-	-	<b>100 FLY</b>	John Bergman	1:52.15	08/06/2017	MINN
-	-	-	-	<b>200 FLY</b>	-	-	-	-
-	-	-	-	<b>200 I.M.</b>	John Bergman	3:41.08	08/06/2017	MINN
-	-	-	-	<b>400 I.M.</b>	-	-	-	-

				<b>80 - 84</b>				
Lois Thompson	1:02.64	08/10/1997	MINN	<b>50 FREE</b>	Pete Magee	36.72	08/06/2017	MINN
Lois Thompson	2:18.74	08/10/1997	MINN	<b>100 FREE</b>	Pete Magee	1:29.31	08/06/2017	MINN
Mamie Brown	6:50.61	08/10/1985	MINN	<b>200 FREE</b>	Pete Magee	3:38.67	08/06/2017	MINN
-	-	-	-	<b>400 FREE</b>	-	-	-	-
-	-	-	-	<b>800 FREE</b>	-	-	-	-
-	-	-	-	<b>1500 FREE</b>	-	-	-	-
Lois Thompson	1:24.97	08/10/1997	MINN	<b>50 BACK</b>	C Edward Johnson	49.16	08/20/2000	MINN
-	-	-	-	<b>100 BACK</b>	Raymond Hakomaki	1:50.82	07/16/2000	MINN
-	-	-	-	<b>200 BACK</b>	Raymond Hakomaki	4:12.99	07/16/2000	MINN
-	-	-	-	<b>50 BREAST</b>	Raymond Hakomaki	51.26	07/16/2000	MINN
-	-	-	-	<b>100 BREAST</b>	Raymond Hakomaki	1:58.59	07/16/2000	MINN
-	-	-	-	<b>200 BREAST</b>	Raymond Hakomaki	4:22.49	07/16/2000	MINN
-	-	-	-	<b>50 FLY</b>	Pete Magee	1:00.75	06/23/2018	MINN
-	-	-	-	<b>100 FLY</b>	Bill Kansas	2:50.40	06/23/2018	MINN
-	-	-	-	<b>200 FLY</b>	-	-	-	-
-	-	-	-	<b>200 I.M.</b>	Bill Kansas	5:11.30	06/23/2018	MINN
-	-	-	-	<b>400 I.M.</b>	-	-	-	-
				<b>85 - 89</b>				
Chiyoko Bando	1:09.02	08/23/1999	SEMS	<b>50 FREE</b>	C Edward Johnson	44.50	08/15/2004	MINN
Chiyoko Bando	2:34.41	08/23/1999	SEMS	<b>100 FREE</b>	C Edward Johnson	2:00.42	08/10/2006	MINN
-	-	-	-	<b>200 FREE</b>	-	-	-	-
-	-	-	-	<b>400 FREE</b>	-	-	-	-
-	-	-	-	<b>800 FREE</b>	-	-	-	-
-	-	-	-	<b>1500 FREE</b>	-	-	-	-
Chiyoko Bando	1:19.18	08/23/1999	SEMS	<b>50 BACK</b>	C Edward Johnson	53.60	08/15/2005	MINN
Chiyoko Bando	2:48.27	08/23/1999	SEMS	<b>100 BACK</b>	Raymond Hakomaki	2:02.58	07/31/2005	MINN
-	-	-	-	<b>200 BACK</b>	Ruben Berg	9:27.48	08/16/1998	MINN
-	-	-	-	<b>50 BREAST</b>	Raymond Hakomaki	57.30	07/31/2005	MINN
Chiyoko Bando	3:38.99	08/23/1999	SEMS	<b>100 BREAST</b>	Raymond Hakomaki	2:07.47	07/31/2005	MINN
-	-	-	-	<b>200 BREAST</b>	-	-	-	-
-	-	-	-	<b>50 FLY</b>	Doug Strong	5:14.22	05/15/2010	MINN
-	-	-	-	<b>100 FLY</b>	-	-	-	-
-	-	-	-	<b>200 FLY</b>	-	-	-	-
-	-	-	-	<b>200 I.M.</b>	-	-	-	-
-	-	-	-	<b>400 I.M.</b>	-	-	-	-
				<b>90 - 94</b>				
-	-	-	-	<b>50 FREE</b>	Donald R Brown	1:08.03	08/06/2017	NORT
-	-	-	-	<b>100 FREE</b>	Donald R Brown	2:39.18	08/06/2017	NORT
-	-	-	-	<b>200 FREE</b>	Donald R Brown	5:37.71	08/06/2017	NORT
-	-	-	-	<b>400 FREE</b>	-	-	-	-
-	-	-	-	<b>800 FREE</b>	-	-	-	-
-	-	-	-	<b>1500 FREE</b>	-	-	-	-
-	-	-	-	<b>50 BACK</b>	Raymond Hakomaki	1:07.26	05/14/2011	MINN
-	-	-	-	<b>100 BACK</b>	Raymond Hakomaki	2:32.98	05/15/2010	MINN
-	-	-	-	<b>200 BACK</b>	-	-	-	-
-	-	-	-	<b>50 BREAST</b>	Raymond Hakomaki	1:04.85	05/15/2010	MINN
-	-	-	-	<b>100 BREAST</b>	Raymond Hakomaki	2:23.53	05/15/2010	MINN
-	-	-	-	<b>200 BREAST</b>	-	-	-	-
-	-	-	-	<b>50 FLY</b>	-	-	-	-
-	-	-	-	<b>100 FLY</b>	-	-	-	-
-	-	-	-	<b>200 FLY</b>	-	-	-	-
-	-	-	-	<b>200 I.M.</b>	-	-	-	-
-	-	-	-	<b>400 I.M.</b>	-	-	-	-

-	-	-	-	<b>95 - 99</b>	-	-	-	-
-	-	-	-	<b>50 FREE</b>	-	-	-	-
-	-	-	-	<b>100 FREE</b>	-	-	-	-
-	-	-	-	<b>200 FREE</b>	-	-	-	-
-	-	-	-	<b>400 FREE</b>	-	-	-	-
-	-	-	-	<b>800 FREE</b>	-	-	-	-
-	-	-	-	<b>1500 FREE</b>	-	-	-	-
-	-	-	-	<b>50 BACK</b>	-	-	-	-
-	-	-	-	<b>100 BACK</b>	-	-	-	-
-	-	-	-	<b>200 BACK</b>	-	-	-	-
-	-	-	-	<b>50 BREAST</b>	-	-	-	-
-	-	-	-	<b>100 BREAST</b>	-	-	-	-
-	-	-	-	<b>200 BREAST</b>	-	-	-	-
-	-	-	-	<b>50 FLY</b>	-	-	-	-
-	-	-	-	<b>100 FLY</b>	-	-	-	-
-	-	-	-	<b>200 FLY</b>	-	-	-	-
-	-	-	-	<b>200 I.M.</b>	-	-	-	-
-	-	-	-	<b>400 I.M.</b>	-	-	-	-