



**August 2nd-6th:**

**U.S. Masters Swimming Summer Nationals(LCM) @ Univ. of Minnesota**

(You can swim 3 events without qualifying, plus any events you qualify for)

**Wednesday Aug 2 –**

- 1500 Free

**Thursday Aug 3 –**

- 800 Free,
- 400 IM,
- 200 Medley Relay

**Friday Aug 4 –**

- Men's 400 Free,
- 50 Back,
- 200 Fly,
- 100 Free,
- 200 Breast,
- 200 Free Relay

**Saturday Aug 5 –**

- Women's 400 Free,
- 50 Fly,
- 100 Breast,
- 50 Free,
- 200 Back,
- Mixed 200 Medley Relay

**Sunday Aug 6 –**

- 200 Free,
- 100 Back,
- 50 Breast,
- Mixed 200 Free Relay,
- 200 IM,
- 100 Fly



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