

Women 18-24 50 Yard Freestyle

```

=====
NATL: N 22.96 4/18/2010 KARA DENBY
MIN: L 25.17 4/18/2010 ERIKA BJORKLUND
Name Age Team Finals
=====
1 Seman, Karli 23 Blue Gills-30 32.62
-- Smith, Jenna L 24 KnightCrawlers-30 NS
    
```

Women 18-24 100 Yard Freestyle

```

=====
NATL: N 48.29 11/8/2009 DANA VOLLMER
MIN: L 55.19 4/2/1995 JENNIFER WILSON
Name Age Team Finals
=====
1 Seman, Karli 23 Blue Gills-30 1:16.20
35.96 40.24
-- Smith, Jenna L 24 KnightCrawlers-30 SCR
    
```

Women 18-24 50 Yard Breaststroke

```

=====
NATL: N 29.01 4/25/2010 KARA DENBY
MIN: L 30.48 12/6/2009 ERIKA BJORKLUND
Name Age Team Finals
=====
1 Smith, Jenna L 24 KnightCrawlers-30 33.58
    
```

Women 18-24 100 Yard Breaststroke

```

=====
NATL: N 1:02.86 5/18/2003 RILEY MANTS
MIN: L 1:10.17 4/1/2001 CHRISSY P MARTIN
Name Age Team Finals
=====
1 Smith, Jenna L 24 KnightCrawlers-30 1:19.01
36.59 42.42
    
```

Women 18-24 200 Yard Breaststroke

```

=====
NATL: N 2:14.90 5/18/2003 RILEY MANTS
MIN: L 2:34.15 4/18/2010 STEFF L WHITE-OLS
Name Age Team Finals
=====
1 Smith, Jenna L 24 KnightCrawlers-30 2:47.46
38.83 42.91 43.89 41.83
    
```

Women 18-24 50 Yard Butterfly

```

=====
NATL: N 24.54 11/8/2009 DANA VOLLMER
MIN: L 27.41 11/15/2009 ERIKA BJORKLUND
Name Age Team Finals
=====
-- Smith, Jenna L 24 KnightCrawlers-30 SCR
    
```

Women 18-24 100 Yard IM

```

=====
NATL: N 55.24 4/18/2010 KARA DENBY
MIN: L 1:01.99 4/18/2010 ERIKA BJORKLUND
Name Age Team Finals
=====
1 Smith, Jenna L 24 KnightCrawlers-30 1:12.63
34.59 38.04
    
```

Women 25-29 50 Yard Freestyle

```

=====
NATL: N 23.16 4/24/2005 PETRA MARTIN
MIN: L 25.18 4/13/1997 SHANNON BURGER
Name Age Team Finals
=====
1 Johnson, Katherine W 26 North Suburban-30 28.08
2 Wallace, Tricia 29 North Suburban-30 28.59
3 Schaitberger, Carrie 26 North Suburban-30 28.68
4 Knox, Sarah 29 Blue Gills-30 28.72
5 Edwardson, Erica A 29 Unat-30 30.28
6 Ihrke, Annette C 28 Minnesota Msc-30 30.40
    
```

7 Frimerman-Bergquist, San 27 Hopkins-30 30.99
 8 Bertram, Jamie 28 Blue Gills-30 34.04

Women 25-29 100 Yard Freestyle

```

=====
NATL: N 49.70 2/21/2010 MEAGAN JENDRICK
MIN: L 56.05 5/22/2005 JESSICA L CARNEY
Name Age Team Finals
=====
1 Schaitberger, Carrie 26 North Suburban-30 1:02.49
  30.17 32.32
2 Wallace, Tricia 29 North Suburban-30 1:03.26
  30.66 32.60
3 Ihrke, Annette C 28 Minnesota Msc-30 1:07.29
  31.89 35.40
4 Edwardson, Erica A 29 Unat-30 1:08.22
  32.28 35.94
5 Walsworth, Alyssa S 26 North Suburban-30 1:15.15
  35.32 39.83
  
```

Women 25-29 200 Yard Freestyle

```

=====
NATL: N 1:48.80 5/20/2001 LIMIN LIU
MIN: L 2:00.44 2/1/1986 JUDY ANDERSON
Name Age Team Finals
=====
1 Flessert, Amy 26 Wisconsin MAC-20 2:18.05
  31.46 34.92 35.71 35.96
2 Schaitberger, Carrie 26 North Suburban-30 2:19.63
  30.46 34.70 37.57 36.90
3 Frimerman-Bergquist, San 27 Hopkins-30 2:20.91
  32.69 35.45 36.26 36.51
4 Ihrke, Annette C 28 Minnesota Msc-30 2:28.19
  34.23 36.88 37.92 39.16
5 Bertram, Jamie 28 Blue Gills-30 2:45.51
  38.78 41.52 43.31 41.90
  
```

Women 25-29 500 Yard Freestyle

```

=====
NATL: N 4:49.88 1/3/1996 SHEILA TAORMINA
MIN: L 5:18.27 11/21/1985 JUDY ANDERSON
Name Age Team Finals
=====
1 Frimerman-Bergquist, San 27 Hopkins-30 6:06.89
  33.62 36.26 36.72 37.18 36.85 37.07 37.31 37.16
  37.71 37.01
2 Danich, Emily P 25 Star Masters-30 6:53.50
  36.60 40.56 41.90 41.62 42.30 42.57 42.09 42.31
  42.69 40.86
3 Walsworth, Alyssa S 26 North Suburban-30 7:34.41
  38.17 42.26 42.74 44.11 45.83 46.99 48.47 49.22
  49.34 47.28
4 Bertram, Jamie 28 Blue Gills-30 7:38.74
  40.83 44.26 45.48 46.25 46.94 47.41 47.92 47.73
  47.57 44.35
  
```

Women 25-29 1650 Yard Freestyle

```

=====
NATL: N 16:50.17 5/19/1991 KAREN BURTON
MIN: L 18:22.62 1/12/1986 Judy Anderson
Name Age Team Finals
=====
1 Frimerman-Bergquist, San 27 Hopkins-30 20:45.23
  33.73 35.85 36.83 37.04 36.93 37.00 37.20 37.38
  37.21 37.74 37.65 37.22 37.54 37.65 37.39 37.98
  37.70 37.82 37.65 37.89 38.11 37.88 37.96 37.91
  38.45 38.45 38.29 38.77 39.23 39.20 39.19 39.08
  39.31
2 Flessert, Amy 26 Wisconsin MAC-20 21:53.15
  32.33 35.73 37.85 38.81 39.79 39.68 39.81 40.15
  39.89 39.99 39.63 39.69 39.34 40.48 40.23 40.12
  40.50 40.34 40.00 40.62 40.71 40.50 40.61 40.98
  40.62 41.11 40.79 40.93 41.52 41.13 40.95 40.52
  37.80
3 Bertram, Jamie 28 Blue Gills-30 27:18.32
  43.52 47.26 48.03 49.27 50.20 50.54 49.49 49.98
  50.19 50.10 50.16 49.86 50.15 50.28 50.04 50.06
  50.74 50.80 50.07 50.05 50.24 50.04 49.85 50.03
  50.37 50.32 50.35 50.38 50.20 50.07 50.00 49.35
  46.33
  
```

Women 25-29 50 Yard Backstroke

=====			
NATL: N 25.26 5/22/2010 TANICA JAMISON			
MIN: L 29.52 11/14/2010 Julie A Olson			
Name	Age	Team	Finals
=====			
1 Schaitberger, Carie	26	North Suburban-30	34.14
2 Knox, Sarah	29	Blue Gills-30	35.92
3 Danich, Emily P	25	Star Masters-30	45.49

Women 25-29 100 Yard Backstroke

=====			
NATL: N 54.06 5/23/2010 TANICA JAMISON			
MIN: L 1:02.75 2/25/2007 BETH R SHIMANSKI			
Name	Age	Team	Finals
=====			
1 Johnson, Katherine W	26	North Suburban-30	1:13.36
	34.97	38.39	
2 Wallace, Tricia	29	North Suburban-30	1:13.90
	36.21	37.69	
3 Frimerman-Bergquist, San	27	Hopkins-30	1:14.18
	35.63	38.55	
4 Schaitberger, Carie	26	North Suburban-30	1:14.24
	36.07	38.17	
5 Knox, Sarah	29	Blue Gills-30	1:17.32
	37.91	39.41	
6 Danich, Emily P	25	Star Masters-30	1:30.46
	44.07	46.39	

Women 25-29 50 Yard Breaststroke

=====			
NATL: N 27.14 2/21/2010 MEGAN JENDRICK			
MIN: L 31.76 12/7/2008 EVA B CHRISTIANSO			
Name	Age	Team	Finals
=====			
1 Schaitberger, Carie	26	North Suburban-30	36.86
2 Ihrke, Annette C	28	Minnesota Msc-30	39.84

Women 25-29 100 Yard Breaststroke

=====			
NATL: N 59.58 2/6/2010 MEGAN JENDRICK			
MIN: L 1:09.07 12/7/2008 EVA B CHRISTIANSO			
Name	Age	Team	Finals
=====			
1 Flessert, Amy	26	Wisconsin MAC-20	1:23.10
	39.81	43.29	

Women 25-29 50 Yard Butterfly

=====			
NATL: N 24.41 5/22/2010 TANICA JAMISON			
MIN: L 27.88 1/20/2008 KATHERINE A LANDB			
Name	Age	Team	Finals
=====			
1 Schaitberger, Carie	26	North Suburban-30	32.27
2 Johnson, Katherine W	26	North Suburban-30	33.08

Women 25-29 100 Yard Butterfly

=====			
NATL: N 53.72 5/21/2010 TANICA JAMISON			
MIN: L 1:00.94 5/18/1988 MARTINA BEBIN			
Name	Age	Team	Finals
=====			
1 Frimerman-Bergquist, San	27	Hopkins-30	1:19.04
	34.83	44.21	

Women 25-29 100 Yard IM

=====			
NATL: N 54.43 2/6/2010 MEGAN JENDRICK			
MIN: L 1:03.19 4/11/1987 JUDY ANDERSON			
Name	Age	Team	Finals
=====			
1 Wallace, Tricia	29	North Suburban-30	1:12.39
	33.53	38.86	
2 Johnson, Katherine W	26	North Suburban-30	1:12.48
	32.77	39.71	
3 Schaitberger, Carie	26	North Suburban-30	1:12.81
	34.13	38.68	
4 Knox, Sarah	29	Blue Gills-30	1:17.75
	36.22	41.53	

Women 25-29 200 Yard IM

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=====
NATL: N 1:59.69      2/6/2010 MEGAN JENDRICK
MIN: L 2:20.46      12/7/2008 EVA B CHRISTIANSO
Name                Age Team                Finals
=====
1 Schaitberger, Carie      26 North Suburban-30      2:39.33
  34.70  40.50  47.35      36.78
2 Wallace, Tricia          29 North Suburban-30      2:42.18
  34.30  42.75  48.42      36.71
3 Johnson, Katherine W     26 North Suburban-30      2:44.96
  34.67  41.91  49.33      39.05
-- Bertram, Jamie          28 Blue Gills-30          SCR
=====

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Women 30-34 50 Yard Freestyle

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=====
NATL: N 22.70      3/11/2009 ERIKA ERNDL
MIN: L 25.73      4/29/2007 JESSICA L CARNEY
Name                Age Team                Finals
=====
1 Foley, Jessamyn A        31 St Cloud YMCA-30        29.45
2 Hilal, Susan M           34 Hopkins-30             30.98
3 Hankee, Diane L          33 North Suburban-30      31.49
4 Oberg, Heather M         32 Nort'landers-30        31.87
5 MacPherson, Jen L        31 Blue Gills-30          32.76
-- Manners, Jill M         31 Fast-30                 DQ
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Women 30-34 100 Yard Freestyle

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=====
NATL: N 49.07      12/6/2008 ERIKA ERNDL
MIN: L 55.45      4/4/1993 JUDY LALLIER
Name                Age Team                Finals
=====
1 Oberg, Heather M         32 Nort'landers-30        1:08.78
  33.68  35.10
2 Hankee, Diane L          33 North Suburban-30      1:15.12
  34.22  40.90
3 MacPherson, Jen L        31 Blue Gills-30          1:19.43
  37.71  41.72
4 Wiens, Christina         32 Unat-30                 1:19.54
  38.81  40.73
-- Manners, Jill M         31 Fast-30                 SCR
=====

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Women 30-34 200 Yard Freestyle

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=====
NATL: N 1:51.40      5/18/2003 KATRINA RADKE
MIN: L 1:58.11      5/22/1993 JUDY LALLIER
Name                Age Team                Finals
=====
1 Foley, Jessamyn A        31 St Cloud YMCA-30        2:23.69
  32.23  35.49  38.43      37.54
2 Oberg, Heather M         32 Nort'landers-30        2:26.56
  33.91  36.57  38.36      37.72
3 Hankee, Diane L          33 North Suburban-30      2:49.63
  40.40  44.43  41.56      43.24
4 Wiens, Christina         32 Unat-30                 2:52.61
  40.27  43.24  45.03      44.07
-- Manners, Jill M         31 Fast-30                 SCR
=====

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Women 30-34 500 Yard Freestyle

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=====
NATL: N 4:59.08      5/12/1996 K PIPES-NEILSEN
MIN: L 5:15.28      12/6/1992 JUDY LALLIER
Name                Age Team                Finals
=====
1 Schmitz, Marissa B       30 Star Masters-30        6:41.08
  36.40  40.60  41.90  41.46  41.80  40.47  40.62  39.44
  39.36  39.03
2 Foley, Jessamyn A        31 St Cloud YMCA-30        6:44.52
  36.77  40.89  40.76  40.53  40.75  41.08  40.93  41.27
  41.19  40.35
3 Hilal, Susan M           34 Hopkins-30             7:08.03
  36.93  39.68  42.62  43.43  43.24  43.59  43.86  44.08
  45.44  45.16
4 Hankee, Diane L          33 North Suburban-30      7:19.87
  38.02  41.29  42.56  44.15  45.04  45.85  46.05  45.85
  46.59  44.47
-- Manners, Jill M         31 Fast-30                 SCR
-- Oberg, Heather M        32 Nort'landers-30        SCR
=====

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Women 30-34 1650 Yard Freestyle

=====								
NATL: N 17:07.52		5/23/1993 KAREN BURTON						
MIN: L 19:26.47		4/14/2002 Karen K Zemlin						
Name	Age Team							Finals
=====								
1 Schmitz, Marissa B	30 Star Masters-30							23:22.60
37.27	41.81	43.01	42.95	42.41	42.13	42.39	43.23	
42.39	43.36	42.55	43.26	43.56	42.88	43.67	43.44	
42.85	43.34	42.51	42.97	43.51	42.85	42.88	43.15	
43.36	43.26	42.63	41.84	41.84	42.50	42.36	41.27	
39.17								

Women 30-34 100 Yard Backstroke

=====								
NATL: N 55.50		3/15/2009 NORIKO INADA						
MIN: L 1:02.51		4/29/2007 BETH R SHIMANSKI						
Name	Age Team							Finals
=====								
1 Foley, Jessamyn A	31 St Cloud YMCA-30							1:14.48
36.56	37.92							
2 MacPherson, Jen L	31 Blue Gills-30							1:20.70
39.60	41.10							

Women 30-34 50 Yard Breaststroke

=====								
NATL: N 28.48		5/4/2008 KATIE MCCLELLAND						
MIN: L 32.60		5/14/2006 DAWN R VANDERBEEK						
Name	Age Team							Finals
=====								
1 Melsen, Krisie M	30 St Cloud YMCA-30							35.55
2 Oberg, Heather M	32 Nort'landers-30							40.43

Women 30-34 100 Yard Breaststroke

=====								
NATL: N 1:02.08		5/4/2008 KATIE MCCLELLAND						
MIN: L 1:10.88		5/14/2006 DAWN R VANDERBEEK						
Name	Age Team							Finals
=====								
1 Melsen, Krisie M	30 St Cloud YMCA-30							1:16.45
36.13	40.32							

Women 30-34 200 Yard Breaststroke

=====								
NATL: N 2:17.34		4/30/2000 WENKE HANSEN						
MIN: L 2:31.34		5/14/2006 DAWN R VANDERBEEK						
Name	Age Team							Finals
=====								
1 Melsen, Krisie M	30 St Cloud YMCA-30							2:42.04
36.64	40.58	41.93	42.89					

Women 30-34 50 Yard Butterfly

=====								
NATL: N 24.18		4/15/2000 ANGEL MARTINO						
MIN: L 28.06		4/29/2007 BETH R SHIMANSKI						
Name	Age Team							Finals
=====								
1 Melsen, Krisie M	30 St Cloud YMCA-30							30.79
2 Schmitz, Marissa B	30 Star Masters-30							33.28

Women 30-34 100 Yard Butterfly

=====								
NATL: N 55.01		5/16/1999 ANGEL MARTINO						
MIN: L 1:02.16		4/4/1993 JUDY LALLIER						
Name	Age Team							Finals
=====								
1 Melsen, Krisie M	30 St Cloud YMCA-30							1:11.98
33.13	38.85							

Women 30-34 100 Yard IM

=====								
NATL: N 57.01		4/15/2000 ANGEL MARTINO						
MIN: L 1:02.28		5/22/1993 JUDY LALLIER						
Name	Age Team							Finals
=====								
1 Foley, Jessamyn A	31 St Cloud YMCA-30							1:16.56
2 Oberg, Heather M	32 Nort'landers-30							1:18.66
37.20	41.46							
3 Schmitz, Marissa B	30 Star Masters-30							1:19.96

37.66	42.30		
4 Hilal, Susan M		34 Hopkins-30	1:25.67
39.57	46.10		
5 MacPherson, Jen L		31 Blue Gills-30	1:25.96
41.18	44.78		

Women 35-39 50 Yard Freestyle

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=====
NATL: N 22.34    2/25/2007 DARA TORRES
MIN: L 24.49    2/24/2008 K RADKE GERRY
Name           Age Team           Finals
=====
1 Marentette, Kristin E    37 Hopkins-30    29.64

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Women 35-39 100 Yard Freestyle

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=====
NATL: N 49.72    2/25/2007 DARA TORRES
MIN: L 53.57    2/24/2008 K RADKE GERRY
Name           Age Team           Finals
=====
1 Marentette, Kristin E    37 Hopkins-30    1:04.43
30.92    33.51

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Women 35-39 200 Yard Freestyle

```

=====
NATL: N 1:51.55    5/3/1997 K PIPES-NEILSEN
MIN: L 2:03.88    4/14/1996 PEGGY KRATZ
Name           Age Team           Finals
=====
1 Weiland, Carole          39 Blue Gills-30    2:23.84
33.86    36.71    37.25    36.02

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Women 35-39 500 Yard Freestyle

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=====
NATL: N 4:56.09    5/3/1997 K PIPES-NEILSEN
MIN: L 5:17.00    4/13/1997 JUDY LALLIER
Name           Age Team           Finals
=====
1 Weiland, Carole          39 Blue Gills-30    6:27.70
35.55    38.78    39.26    39.39    39.78    39.84    39.33    39.17
39.17    37.43
2 Heim, Dawn M             35 Minnesota Msc-30    7:37.77
40.96    42.15    42.52    43.85    45.41    46.89    48.26    48.88
49.32    49.53

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Women 35-39 100 Yard Breaststroke

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=====
NATL: N 1:04.25    4/25/2004 S VON DER LIPPE
MIN: L 1:10.80    5/18/1997 JUDY LALLIER
Name           Age Team           Finals
=====
1 Weiland, Carole          39 Blue Gills-30    1:20.73
38.51    42.22

```

Women 35-39 200 Yard Breaststroke

```

=====
NATL: N 2:19.66    1/27/2002 CAROLINE KRATTLI
MIN: L 2:41.08    4/27/1990 JAN TRUCHAN
Name           Age Team           Finals
=====
1 Weiland, Carole          39 Blue Gills-30    2:47.67
38.99    42.57    43.11    43.00
2 Heim, Dawn M             35 Minnesota Msc-30    3:20.39
46.08    48.62    51.20    54.49

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Women 35-39 50 Yard Butterfly

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=====
NATL: N 25.54    5/18/2003 S VON DER LIPPE
MIN: L 27.74    4/14/2002 BARBARA A SCOULER
Name           Age Team           Finals
=====
1 Marentette, Kristin E    37 Hopkins-30    31.53

```

Women 40-44 50 Yard Freestyle

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=====
NATL: N 21.91    4/15/2007 DARA TORRES
MIN: L 25.29    4/4/2004 BARBARA A SCOULER
Name           Age Team           Finals
=====
1 Radke Gerry, Katrina D    40 Unat-30    24.43L

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-- Melmer, Katie A 41 Minnesota Msc-30 NS

Women 40-44 100 Yard Freestyle

```
=====
NATL: N 48.34 4/15/2007 DARA TORRES
MIN: L 55.02 4/4/2004 BARBARA A SCOULER
Name Age Team Finals
=====
1 Radke Gerry, Katrina D 40 Unat-30 54.87L
26.21 28.66
-- Melmer, Katie A 41 Minnesota Msc-30 SCR
=====
```

Women 40-44 200 Yard Freestyle

```
=====
NATL: N 1:51.06 12/22/2002 K PIPES-NEILSEN
MIN: L 2:01.21 5/14/2006 BARBARA A SCOULER
Name Age Team Finals
=====
1 Zemlin, Karen K 43 Hopkins-30 2:05.46
30.02 32.03 31.93 31.48
=====
```

Women 40-44 500 Yard Freestyle

```
=====
NATL: N 4:58.98 10/5/2002 K PIPES-NEILSEN
MIN: L 5:19.95 4/18/2010 KAREN K ZEMLIN
Name Age Team Finals
=====
-- Melmer, Katie A 41 Minnesota Msc-30 NS
=====
```

Women 40-44 100 Yard Backstroke

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=====
NATL: N 57.15 5/18/2003 K PIPES-NEILSEN
MIN: L 1:04.44 4/13/2003 TENLEY F BURNS
Name Age Team Finals
=====
1 Zemlin, Karen K 43 Hopkins-30 1:18.93
38.13 40.80
=====
```

Women 40-44 50 Yard Breaststroke

```
=====
NATL: N 29.24 2/28/2010 S VON DER LIPPE
MIN: L 35.05 12/6/2009 KRISTEN L MCRAE
Name Age Team Finals
=====
1 Zemlin, Karen K 43 Hopkins-30 40.04
=====
```

Women 40-44 50 Yard Butterfly

```
=====
NATL: N 25.14 5/10/2009 S VON DER LIPPE
MIN: L 26.79 4/4/2004 BARBARA A SCOULER
Name Age Team Finals
=====
1 Radke Gerry, Katrina D 40 Unat-30 26.51L
=====
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Women 40-44 400 Yard IM

```
=====
NATL: N 4:28.43 5/4/2008 S VON DER LIPPE
MIN: L 5:13.85 5/4/2008 CARRIE E STOLAR
Name Age Team Finals
=====
1 Zemlin, Karen K 43 Hopkins-30 5:14.67
37.65 41.51 40.36 40.28 44.53 45.64 32.81 31.89
=====
```

Women 45-49 50 Yard Freestyle

```
=====
NATL: N 24.00 5/4/2008 SUSAN WALSH
MIN: L 24.83 5/4/2008 BARBARA A SCOULER
Name Age Team Finals
=====
1 Emison, Pam H 45 Minnesota Msc-30 30.09
2 Hess, Denise L 49 Blue Gills-30 30.48
3 Schaefer, Margaret A 49 Minnesota Msc-30 37.12
4 Takehiro, Teri N 49 KnightCrawlers-30 37.36
=====
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Women 45-49 100 Yard Freestyle

```
=====
NATL: N 52.23 12/16/2007 K PIPES-NEILSEN
MIN: L 57.45 3/20/2010 BARBARA A SCOULER
Name Age Team Finals
=====
```

1	Emison, Pam H	45	Minnesota Msc-30	1:09.05
	32.30 36.75			
2	Hess, Denise L	49	Blue Gills-30	1:09.60
	33.56 36.04			
3	Schaefer, Margaret A	49	Minnesota Msc-30	1:25.33
	42.70 42.63			

Women 45-49 200 Yard Freestyle

=====					
NATL: N 1:53.28		12/16/2007 K PIPES-NEILSEN			
MIN: L 2:00.80		5/4/2008 BARBARA A SCOULER			
Name		Age	Team		Finals
=====					
1	Green, Linda S	47	Minnesota Msc-30		2:22.35
	31.63 35.98 37.89		36.85		
2	Hromada, Sarah E	49	Minnesota Msc-30		2:44.87
	38.95 41.35 42.31		42.26		
3	Schaefer, Margaret A	49	Minnesota Msc-30		3:10.06
	44.63 48.07 50.38		46.98		

Women 45-49 500 Yard Freestyle

=====					
NATL: N 5:04.13		4/11/2009 K PIPES-NEILSEN			
MIN: L 5:32.95		3/20/2010 BARBARA A SCOULER			
Name		Age	Team		Finals
=====					
1	Green, Linda S	47	Minnesota Msc-30		6:27.88
	33.87 38.53 40.04		40.56 39.77 39.83 39.72		39.98
	38.87 36.71				
--	Hromada, Sarah E	49	Minnesota Msc-30		SCR

Women 45-49 50 Yard Backstroke

=====					
NATL: N 27.35		12/21/2008 K PIPES-NEILSEN			
MIN: L 29.98		5/4/2008 TENLEY F BURNS			
Name		Age	Team		Finals
=====					
1	Hromada, Sarah E	49	Minnesota Msc-30		37.93
2	Takehiro, Teri N	49	KnightCrawlers-30		43.42
3	Schaefer, Margaret A	49	Minnesota Msc-30		47.79

Women 45-49 100 Yard Backstroke

=====					
NATL: N 57.83		5/23/2010 ELLEN REYNOLDS			
MIN: L 1:03.62		5/4/2008 TENLEY F BURNS			
Name		Age	Team		Finals
=====					
1	Hess, Denise L	49	Blue Gills-30		1:19.27
	38.71 40.56				
2	Hromada, Sarah E	49	Minnesota Msc-30		1:21.96
	39.74 42.22				
3	Schaefer, Margaret A	49	Minnesota Msc-30		1:44.87
	49.44 55.43				

Women 45-49 50 Yard Breaststroke

=====					
NATL: N 30.17		5/20/2007 CAROLINE KRATTLI			
MIN: L 35.54		4/10/2005 JILL WHITNEY			
Name		Age	Team		Finals
=====					
1	Takehiro, Teri N	49	KnightCrawlers-30		48.72

Women 45-49 50 Yard Butterfly

=====					
NATL: N 26.24		8/2009 SCOULER/PIPES-NEI			
MIN: L 26.24		5/4/2008 BARBARA A SCOULER			
Name		Age	Team		Finals
=====					
--	Emison, Pam H	45	Minnesota Msc-30		SCR
--	Takehiro, Teri N	49	KnightCrawlers-30		SCR

Women 45-49 100 Yard IM

=====					
NATL: N 59.48		4/19/2009 K PIPES-NEILSEN			
MIN: L 1:02.27		5/4/2008 BARBARA A SCOULER			
Name		Age	Team		Finals
=====					
1	Hess, Denise L	49	Blue Gills-30		1:18.08
	35.55 42.53				
2	Takehiro, Teri N	49	KnightCrawlers-30		1:31.81

43.61 48.20

Women 50-54 50 Yard Freestyle

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for Traci Granger and Ann C Senn. Results for Britton, Ogden, Schumacher, and Perkins.

Women 50-54 100 Yard Freestyle

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for Laura Val and Ann C Senn. Results for Ogden, Schumacher, Perkins, and Britton.

Women 50-54 200 Yard Freestyle

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for Laura Val and Nancy L Kryka. Results for Ogden, Tinglov, and Perkins.

Women 50-54 500 Yard Freestyle

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for S Heim-Bowen and Mary Beth Windrat. Results for Tinglov.

Women 50-54 1650 Yard Freestyle

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for Laura Val and Vicki Barnes. Results for Hansen and Ogden.

Women 50-54 100 Yard Backstroke

Table with 4 columns: Name, Age, Team, Finals. Includes NATL and MIN records for K Andrus-Hughes and Ann C Senn. Results for Ogden.

Women 50-54 50 Yard Breaststroke

Table with 4 columns: Name, Age, Team, Finals. (Empty table)

Name	Age	Team	Finals
NATL: N 32.37 5/21/2010 BRIGITTE HEUER			
MIN: L 36.29 4/29/2007 JILL WHITNEY			
1 Britton, Becky A	50	Minnesota Msc-30	36.81
2 Tinglov, Gale A	54	St Cloud YMCA-30	47.32

Women 50-54 100 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 1:12.25 5/7/2010 JENNY COOK			
MIN: L 1:19.39 4/29/2007 JILL WHITNEY			
1 Britton, Becky A	50	Minnesota Msc-30	1:21.67
39.41	42.26		

Women 50-54 100 Yard IM

Name	Age	Team	Finals
NATL: N 1:03.72 5/10/2009 AHELEE SUE OSBORN			
MIN: L 1:10.06 5/10/2009 NANCY L KRYKA			
1 Britton, Becky A	50	Minnesota Msc-30	1:19.30
39.18	40.12		
2 Schumacher, Susan B	51	Unat-30	1:28.56
40.51	48.05		

Women 50-54 400 Yard IM

Name	Age	Team	Finals
NATL: N 4:56.39 5/10/2009 AHELEE SUE OSBORN			
MIN: L 5:40.60 1/31/2010 NANCY L KRYKA			
1 Hansen, Jane D	50	Minnesota Msc-30	5:43.07
35.96	40.18	44.85	43.98
	50.41	50.39	39.55
			37.75

Women 55-59 50 Yard Freestyle

Name	Age	Team	Finals
NATL: N 25.29 5/10/2009 LAURA VAL			
MIN: L 27.31 5/23/2010 NANCY L KRYKA			
1 Kryka, Nancy	55	Minnesota Msc-30	29.23
2 Handlos, Jan M	56	Minnesota Msc-30	42.01
-- Hakomaki, Sue K	59	Minnesota Msc-30	SCR

Women 55-59 100 Yard Freestyle

Name	Age	Team	Finals
NATL: N 54.72 5/4/2008 LAURA VAL			
MIN: L 1:02.38 5/23/2010 NANCY L KRYKA			
1 Kryka, Nancy	55	Minnesota Msc-30	1:05.35
30.92	34.43		
2 Handlos, Jan M	56	Minnesota Msc-30	1:29.72
43.61	46.11		

Women 55-59 200 Yard Freestyle

Name	Age	Team	Finals
NATL: N 1:59.02 5/10/2009 LAURA VAL			
MIN: L 2:21.03 4/18/2010 NANCY L KRYKA			
1 Handlos, Jan M	56	Minnesota Msc-30	3:15.64
45.27	49.33	51.31	49.73

Women 55-59 500 Yard Freestyle

Name	Age	Team	Finals
NATL: N 5:27.33 1/25/2009 LAURA VAL			
MIN: L 6:39.98 1/30/2011 Nancy Kryka			
-- Handlos, Jan M	56	Minnesota Msc-30	SCR

Women 55-59 1650 Yard Freestyle

Name	Age	Team	Finals
NATL: N 18:56.04 4/16/2010 LAURA VAL			
MIN: L 22:22.14 12/5/2010 Nancy L Kryka			

1 Hakomaki, Sue K 59 Minnesota Msc-30 32:55.01
 51.59 55.89 57.29 58.26 58.70 59.17 58.57 58.84
 1:00.81 59.88 1:00.18 59.65 59.92 59.90 1:00.14 59.92
 1:00.41 1:01.24 1:00.54 1:00.68 59.92 1:01.60 1:00.63 1:00.94
 1:01.40 1:02.37 1:02.71 1:00.77 1:02.33 1:01.10 1:01.38 1:00.68
 57.60

Women 55-59 50 Yard Butterfly

=====

NATL: N	28.20	4/10/2010	LAURA VAL	
MIN: L	31.08	4/18/2010	NANCY L KRYKA	
Name		Age	Team	Finals

=====

1 Kryka, Nancy		55	Minnesota Msc-30	32.62
----------------	--	----	------------------	-------

Women 55-59 200 Yard Butterfly

=====

NATL: N	2:16.28	5/10/2009	LAURA VAL	
MIN: L	2:47.42	4/18/2010	NANCY L KRYKA	
Name		Age	Team	Finals

=====

1 Kryka, Nancy		55	Minnesota Msc-30	2:56.08
35.97	42.84	47.96	49.31	

Women 60-64 50 Yard Freestyle

=====

NATL: N	27.36	5/23/2010	CHARLOTTE DAVIS	
MIN: L	33.35	4/25/1987	PHYLLIS STAIGE	
Name		Age	Team	Finals

=====

1 Larsen, Barbara (Babs) H		63	Minnesota Msc-30	37.61
----------------------------	--	----	------------------	-------

Women 60-64 200 Yard Freestyle

=====

NATL: N	2:15.60	5/10/2009	F.WILLIAMSON	
MIN: L	2:48.88	4/25/1987	PHYLLIS STAIGE	
Name		Age	Team	Finals

=====

1 Larsen, Barbara (Babs) H		63	Minnesota Msc-30	3:34.56
43.69	55.66	1:00.11	55.10	

Women 60-64 100 Yard Butterfly

=====

NATL: N	1:09.91	5/10/2009	BARBARA DUNBAR	
MIN: L	1:38.89	4/18/2010	B LARSEN	
Name		Age	Team	Finals

=====

-- Larsen, Barbara (Babs) H		63	Minnesota Msc-30	SCR
-----------------------------	--	----	------------------	-----

Women 60-64 400 Yard IM

=====

NATL: N	5:27.07	5/21/2010	CHARLOTTE DAVIS	
MIN: L	7:12.69	4/19/2009	B LARSEN	
Name		Age	Team	Finals

=====

-- Larsen, Barbara (Babs) H		63	Minnesota Msc-30	SCR
-----------------------------	--	----	------------------	-----

Women 65-69 50 Yard Freestyle

=====

NATL: N	30.42	5/20/2007	BETH SCHREINER	
MIN: L	34.67	5/4/1989	PHYLLIS STAIGE	
Name		Age	Team	Finals

=====

1 Smollen, Carol S		67	Minnesota Msc-30	40.38
--------------------	--	----	------------------	-------

Women 65-69 100 Yard Freestyle

=====

NATL: N	1:07.80	5/28/2007	ARDETH MUELLER	
MIN: L	1:16.80	5/4/1989	PHYLLIS STAIGE	
Name		Age	Team	Finals

=====

1 Smollen, Carol S		67	Minnesota Msc-30	1:29.05
43.07	45.98			

Women 65-69 200 Yard Freestyle

=====

NATL: N	2:24.66	5/21/2010	SUZANNE DILLS	
MIN: L	2:58.17	5/4/1989	PHYLLIS STAIGE	
Name		Age	Team	Finals

=====

1 Smollen, Carol S 67 Minnesota Msc-30 3:11.54
 44.28 48.73 49.67 48.86

Women 65-69 100 Yard IM

=====

NATL: N 1:18.86 5/10/2009 JACKIE MARR
 MIN: L 1:42.12 12/2/2001 ANICE FLESH

Name	Age	Team	Finals
1 Smollen, Carol S	67	Minnesota Msc-30	1:43.54
	50.98	52.56	

=====

Men 18-24 50 Yard Freestyle

=====

NATL: N 19.69 5/23/2010 STEVE SCHEREN
 MIN: L 21.06 3/14/1999 STEPHEN BRAUER

Name	Age	Team	Finals
1 Walsh, Thomas R	22	Minnesota Msc-30	23.81
2 Orban, Alexander J	19	Triton Masters S-14	25.00
3 Forslund, Cory W	21	Blue Gills-30	25.59
4 Socha, Nathan N	19	Nort'landers-30	25.84
5 Brown, Maxwell T	24	Nort'landers-30	26.45

=====

Men 18-24 100 Yard Freestyle

=====

NATL: N 43.77 11/8/2009 ANDY GRANT
 MIN: L 46.38 12/6/2009 ZACH J WOOD

Name	Age	Team	Finals
1 Forslund, Cory W	21	Blue Gills-30	55.43
	26.64	28.79	
2 Socha, Nathan N	19	Nort'landers-30	55.89
	27.43	28.46	
3 Orban, Alexander J	19	Triton Masters S-14	1:00.55
	28.36	32.19	

=====

Men 18-24 200 Yard Freestyle

=====

NATL: N 1:35.02 11/8/2009 ANDY GRANT
 MIN: L 1:44.99 4/2/2006 PAVEL V ZHURAVLEV

Name	Age	Team	Finals
1 Forslund, Cory W	21	Blue Gills-30	1:59.53
	27.30	29.90 31.51	30.82
2 Orban, Alexander J	19	Triton Masters S-14	2:10.57
	29.20	32.33 33.95	35.09
-- Socha, Nathan N	19	Nort'landers-30	DQ
	29.51	29.65 30.63	58.62

=====

Men 18-24 500 Yard Freestyle

=====

NATL: N 4:24.81 1/24/2010 ANDY GRANT
 MIN: L 4:50.60 6/2/1983 BRIAN ROSS

Name	Age	Team	Finals
1 Orban, Alexander J	19	Triton Masters S-14	6:04.72
	29.97	34.39 35.36	36.07 38.26 38.80 37.75 38.85
-- Brown, Maxwell T	24	Nort'landers-30	SCR

=====

Men 18-24 100 Yard Backstroke

=====

NATL: N 49.19 4/15/2007 C GIBSON
 MIN: L 52.63 4/16/2000 MIKE C WENCL

Name	Age	Team	Finals
1 Forslund, Cory W	21	Blue Gills-30	1:08.09
	33.88	34.21	
2 Socha, Nathan N	19	Nort'landers-30	1:09.81
	35.22	34.59	

=====

Men 18-24 50 Yard Breaststroke

=====

NATL: N 24.98 5/10/2009 RICKY EDDY
 MIN: L 25.87 4/14/2002 MIKE D CHRISTIANS

Name	Age	Team	Finals
1 Milberger, Alex R	23	St Cloud YMCA-30	32.12
2 Walsh, Thomas R	22	Minnesota Msc-30	33.10

=====

3 Brown, Maxwell T	24 Nort'landers-30	35.42
4 Orban, Alexander J	19 Triton Masters S-14	37.03

Men 18-24 100 Yard Breaststroke

```

=====
NATL: N 54.65    5/14/2006 GARY MARSHALL
MIN: L 56.15    4/14/2002 MIKE D CHRISTIANS
Name           Age Team           Finals
=====
1 Brown, Maxwell T      24 Nort'landers-30    1:17.73
  34.93    42.80

```

Men 18-24 200 Yard Breaststroke

```

=====
NATL: N 1:58.34  5/14/2006 GARY MARSHALL
MIN: L 2:11.35  4/19/1998 REID THORPE
Name           Age Team           Finals
=====
1 Milberger, Alex R    23 St Cloud YMCA-30    2:32.28
  34.01    38.82    39.21    40.24

```

Men 18-24 50 Yard Butterfly

```

=====
NATL: N 22.16    4/11/2006 MICHAEL SHELBY
MIN: L 22.84    4/13/1997 COLE PINNOW
Name           Age Team           Finals
=====
1 Walsh, Thomas R      22 Minnesota Msc-30    27.35

```

Men 18-24 100 Yard IM

```

=====
NATL: N 50.14    2/18/2001 ROMAIN BARNIER
MIN: L 53.33    4/13/1991 THOR ANDERSON
Name           Age Team           Finals
=====
1 Milberger, Alex R    23 St Cloud YMCA-30    1:04.25
  30.88    33.37
2 Brown, Maxwell T     24 Nort'landers-30    1:11.30
  33.16    38.14

```

Men 18-24 200 Yard IM

```

=====
NATL: N 1:49.35  2/14/2010 RUSSELL PAYNE
MIN: L 2:01.71  4/19/1998 JASON HANSEN
Name           Age Team           Finals
=====
1 Milberger, Alex R    23 St Cloud YMCA-30    2:16.15
  29.74    37.29    38.21    30.91
2 Forslund, Cory W     21 Blue Gills-30      2:16.26
  29.20    37.06    37.63    32.37
3 Orban, Alexander J   19 Triton Masters S-14 2:48.59
  32.80    46.07    53.57    36.15

```

Men 25-29 50 Yard Freestyle

```

=====
NATL: N 18.67    2/13/2010 FRED BOUSQUET
MIN: L 20.21    4/18/2010 TIMOTHY LIEBHOLD
Name           Age Team           Finals
=====
1 Buhr, Dan            26 Unat-30          22.94
2 Bergquist, David R  26 Hopkins-30       30.43
3 Sawyer, Donald       29 Unat-30          31.59
-- Ziegler, Connor    25 Unat-30          SCR

```

Men 25-29 100 Yard Freestyle

```

=====
NATL: N 42.58    4/18/2010 ANDY GRANT
MIN: L 44.93    12/6/2009 TIMOTHY LIEBHOLD
Name           Age Team           Finals
=====
1 Buhr, Dan            26 Unat-30          49.88
  23.74    26.14
2 Janicki, Sam         25 Unat-30          49.94
  23.97    25.97
3 Ziegler, Connor     25 Unat-30          50.08
  24.17    25.91
4 Parish, Patrick L   25 North Suburban-30 59.81
  29.04    30.77
5 Olhoft, Jared       28 North Suburban-30 1:01.97
  30.09    31.88

```

6 Bergquist, David R	26 Hopkins-30	1:08.14
31.65 36.49		
7 Sawyer, Donald	29 Unat-30	1:10.04
32.91 37.13		
-- Sielaff, Mark	27 KnightCrawlers-30	NS

Men 25-29 200 Yard Freestyle

NATL: N 1:33.86 4/16/2010 ANDY GRANT		
MIN: L 1:42.16 1/31/2010 TIMOTHY LIEBHOLD		
Name	Age Team	Finals
1 Janicki, Sam	25 Unat-30	1:52.84
25.62 27.75 29.34 30.13		
2 Parish, Patrick L	25 North Suburban-30	2:16.67
30.37 34.53 35.77 36.00		
3 Olhoft, Jared	28 North Suburban-30	2:24.20
31.25 36.22 37.93 38.80		
4 Bergquist, David R	26 Hopkins-30	2:29.80
33.18 36.66 39.71 40.25		
5 Sawyer, Donald	29 Unat-30	2:47.16
33.42 40.89 45.48 47.37		
-- Sielaff, Mark	27 KnightCrawlers-30	SCR

Men 25-29 500 Yard Freestyle

NATL: N 4:20.82 4/17/2010 ANDY GRANT		
MIN: L 4:40.64 4/4/1993 KEVIN CASSON		
Name	Age Team	Finals
1 Parish, Patrick L	25 North Suburban-30	6:07.13
33.40 37.39 37.27 36.97 37.21 37.81 38.00 37.73		
36.34 35.01		

Men 25-29 1650 Yard Freestyle

NATL: N 15:44.70 5/3/1998 ALEX KOSTICH		
MIN: L 17:05.32 1982 James Stewart		
Name	Age Team	Finals
1 Johnson, Luke B	28 Hopkins-30	19:11.15
29.47 31.84 32.41 33.03 33.48 33.48 34.05 34.03		
34.09 34.09 33.66 34.19 34.62 35.91 36.28 36.26		
36.30 34.82 36.11 35.42 36.46 36.56 36.79 34.88		
36.28 36.36 36.82 36.48 35.81 36.66 36.18 35.48		
32.85		

Men 25-29 50 Yard Backstroke

NATL: N 21.46 4/16/2010 ADAM MANIA		
MIN: L 22.48 4/18/2010 TIMOTHY LIEBHOLD		
Name	Age Team	Finals
1 Ziegler, Connor	25 Unat-30	26.98
-- Buhr, Dan	26 Unat-30	SCR

Men 25-29 100 Yard Backstroke

NATL: N 45.95 4/15/2010 ADAM MANIA		
MIN: L 50.64 4/10/1994 ROBERT HAUCK		
Name	Age Team	Finals
1 Ziegler, Connor	25 Unat-30	55.54
26.79 28.75		

Men 25-29 50 Yard Breaststroke

NATL: N 23.87 5/21/2010 MARK GANGLOFF		
MIN: L 26.46 10/8/2000 TODD A BRICKER		
Name	Age Team	Finals
1 Hoedeman, John	28 Unat-30	28.74
2 Sielaff, Mark	27 KnightCrawlers-30	32.01
3 Bergquist, David R	26 Hopkins-30	37.08

Men 25-29 100 Yard Breaststroke

NATL: N 52.30 5/22/2010 MARK GANGLOFF		
MIN: L 57.52 1/26/1997 ANDREA CECCHI		
Name	Age Team	Finals

```

=====
1 Hoedeman, John          28 Unat-30          1:02.63
  29.43  33.20
2 Johnson, Luke B        28 Hopkins-30       1:07.37
  30.85  36.52
3 Sielaff, Mark          27 KnightCrawlers-30 1:11.98
  33.61  38.37
4 Bergquist, David R     26 Hopkins-30       1:28.87
  38.29  50.58
=====

```

Men 25-29 200 Yard Breaststroke

```

=====
NATL: N 1:57.46    5/20/2007 GARY MARSHALL
MIN: L 2:14.20    4/19/1998 ROBERT FOX
Name              Age Team              Finals
=====
1 Hoedeman, John   28 Unat-30          2:17.23
  31.12  34.98  35.22  35.91
2 Sielaff, Mark    27 KnightCrawlers-30 2:40.10
  34.93  40.77  43.26  41.14
3 Olhoft, Jared    28 North Suburban-30 2:52.81
  37.29  43.82  45.48  46.22
=====

```

Men 25-29 50 Yard Butterfly

```

=====
NATL: N 21.15     4/25/2004 SABIR MUHAMMAD
MIN: L 22.48     1/31/2010 TIMOTHY LIEBHOLD
Name              Age Team              Finals
=====
1 Ziegler, Connor  25 Unat-30          24.13
2 Buhr, Dan        26 Unat-30          24.58
3 Hoedeman, John   28 Unat-30          25.30
4 Janicki, Sam     25 Unat-30          25.79
-- Johnson, Luke B  28 Hopkins-30          SCR
=====

```

Men 25-29 100 Yard Butterfly

```

=====
NATL: N 47.51     3/7/2010 JAYME CRAMER
MIN: L 50.33     4/13/1991 ROBERT HAUCK
Name              Age Team              Finals
=====
1 Ziegler, Connor  25 Unat-30          53.42
  24.79  28.63
=====

```

Men 25-29 200 Yard Butterfly

```

=====
NATL: N 1:47.62   5/20/2007 ERIK SCALISE
MIN: L 1:58.88   4/13/1991 MIKE HALPENNY
Name              Age Team              Finals
=====
-- Ziegler, Connor  25 Unat-30          SCR
=====

```

Men 25-29 100 Yard IM

```

=====
NATL: N 48.27     2/13/2010 MARK GANGLOFF
MIN: L 50.45     12/6/2009 TIMOTHY LIEBHOLD
Name              Age Team              Finals
=====
1 Sielaff, Mark    27 KnightCrawlers-30 1:08.00
  34.06  33.94
2 Olhoft, Jared    28 North Suburban-30 1:14.17
  36.31  37.86
-- Bergquist, David R  26 Hopkins-30          SCR
=====

```

Men 25-29 200 Yard IM

```

=====
NATL: N 1:48.18   5/22/2010 MARK GANGLOFF
MIN: L 1:58.10   4/19/1998 SCOTT TRIPPS
Name              Age Team              Finals
=====
1 Parish, Patrick L  25 North Suburban-30 2:35.12
  33.49  43.99  44.49  33.15
-- Ziegler, Connor  25 Unat-30          SCR
=====

```

Men 25-29 400 Yard IM

```

=====
NATL: N 3:52.43   5/20/2007 ERIK SCALISE
MIN: L 4:18.90   4/14/1996 KEVIN CASSON
Name              Age Team              Finals
=====

```

1 Janicki, Sam 25 Unat-30 4:40.96
 29.22 34.01 35.85 36.32 40.08 40.88 33.14 31.46

Men 30-34 50 Yard Freestyle

=====

NATL: N 19.85 5/23/2010 LANCE ASTI
 MIN: L 20.93 4/4/2004 BRIAN L JACOBSON

Name	Age	Team	Finals
1 Knox, Jeffrey	31	Blue Gills-30	23.38
2 Jetton, Douglas A	33	North Suburban-30	24.41
3 Grovender, Adam D	31	Unat-30	25.67
4 Karpe, John M	34	Blue Gills-30	26.06
5 Swee, Chris	31	Red River-30	26.28
6 MacPherson, Jeremy A	31	Blue Gills-30	27.93
7 Hankee, Michael J	34	North Suburban-30	28.99

Men 30-34 100 Yard Freestyle

=====

NATL: N 44.53 12/19/2004 MIKE PICOTTE
 MIN: L 47.34 1/20/2008 DUANE W DOBKO

Name	Age	Team	Finals
1 Knox, Jeffrey	31	Blue Gills-30	54.03
25.64 28.39			
2 Jetton, Douglas A	33	North Suburban-30	55.96
26.91 29.05			
3 Grovender, Adam D	31	Unat-30	56.51
27.02 29.49			
4 Swee, Chris	31	Red River-30	58.55
28.25 30.30			
5 Hankee, Michael J	34	North Suburban-30	1:06.35
30.48 35.87			

Men 30-34 200 Yard Freestyle

=====

NATL: N 1:38.03 5/16/1999 JON OLSEN
 MIN: L 1:45.51 1/20/2008 DUANE W DOBKO

Name	Age	Team	Finals
1 Steele, Reed H	31	Unat-30	1:53.37
25.72 28.38 29.44 29.83			
2 Kirk, John	31	Unat-30	1:57.37
26.81 29.03 30.08 31.45			
3 Thompson, David K	32	Star Masters-30	1:59.72
26.84 30.88 30.99 31.01			
4 Knox, Jeffrey	31	Blue Gills-30	2:00.38
26.92 30.08 32.17 31.21			
5 Grovender, Adam D	31	Unat-30	2:05.96
28.09 31.17 32.68 34.02			
6 Hankee, Michael J	34	North Suburban-30	2:26.77
31.34 34.81 38.88 41.74			

Men 30-34 500 Yard Freestyle

=====

NATL: N 4:29.49 2/25/1996 MATTHEW CETLINSKI
 MIN: L 4:50.62 1/20/2008 DUANE W DOBKO

Name	Age	Team	Finals
1 Steele, Reed H	31	Unat-30	5:09.52
28.60 30.80 30.99 31.55 31.13 31.28 31.26 31.73			
31.64 30.54			
2 Hankee, Michael J	34	North Suburban-30	6:59.63
35.03 39.15 41.68 42.70 42.98 43.54 43.98 43.71			
43.39 43.47			

Men 30-34 1650 Yard Freestyle

=====

NATL: N 15:51.57 5/12/1996 JEFF ERWIN
 MIN: L 17:22.42 4/13/1997 Joe Vrudny

Name	Age	Team	Finals
1 Steele, Reed H	31	Unat-30	18:09.13
29.65 31.88 32.31 33.03 33.26 33.63 33.85 34.13			
34.10 33.80 33.81 33.75 33.51 33.30 33.45 33.34			
32.99 32.99 32.95 32.68 32.60 32.63 32.91 32.92			
33.07 33.02 32.90 33.46 33.14 33.06 33.13 32.20			
31.68			
2 Knox, Jeffrey	31	Blue Gills-30	22:35.91
32.87 37.37 39.11 39.78 40.84 41.91 41.63 42.88			

42.31	41.72	41.66	41.38	42.59	43.14	42.57	41.18
41.28	42.29	41.21	42.12	41.11	42.76	45.18	40.37
41.01	40.82	41.11	40.71	39.88	40.70	40.70	41.82
39.90							

Men 30-34 50 Yard Backstroke

```

=====
NATL: N 22.97      2/8/2009 DERYA BUYUKUNCU
MIN: L 24.28      2/24/2008 DUANE W DOBKO
Name              Age Team              Finals
=====
1 Jetton, Douglas A      33 North Suburban-30    29.36
2 MacPherson, Jeremy A   31 Blue Gills-30        33.36
3 Karpe, John M          34 Blue Gills-30        35.05
=====

```

Men 30-34 100 Yard Backstroke

```

=====
NATL: N 50.21      5/24/1992 CLAY BRITT
MIN: L 51.61      2/24/2008 DUANE W DOBKO
Name              Age Team              Finals
=====
1 Thompson, David K      32 Star Masters-30      1:05.99
   32.91   33.08
2 Knox, Jeffrey          31 Blue Gills-30        1:11.20
   33.16   38.04
3 MacPherson, Jeremy A   31 Blue Gills-30        1:16.51
   36.63   39.88
=====

```

Men 30-34 50 Yard Breaststroke

```

=====
NATL: N 25.69      5/4/2008 JEFF COMMINGS
MIN: L 26.47      4/10/2005 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Karpe, John M          34 Blue Gills-30        35.36
=====

```

Men 30-34 100 Yard Breaststroke

```

=====
NATL: N 55.85      5/20/2007 JEFF COMMINGS
MIN: L 1:00.74    4/27/2008 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Swee, Chris            31 Red River-30         1:14.35
   35.37   38.98
=====

```

Men 30-34 200 Yard Breaststroke

```

=====
NATL: N 2:00.64    5/10/2009 ERIK SCALISE
MIN: L 2:20.23    3/14/1998 JAMES WISE
Name              Age Team              Finals
=====
-- Kirk, John           31 Unat-30             SCR
=====

```

Men 30-34 50 Yard Butterfly

```

=====
NATL: N 21.44      12/5/2009 ZSOLT GASPAR
MIN: L 23.20      4/10/2005 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Swee, Chris            31 Red River-30         29.19
2 Jetton, Douglas A      33 North Suburban-30    30.00
=====

```

Men 30-34 100 Yard IM

```

=====
NATL: N 50.89      5/10/2009 ERIK SCALISE
MIN: L 54.38      4/29/2007 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Kirk, John             31 Unat-30             58.61
   27.40   31.21
2 Jetton, Douglas A      33 North Suburban-30    1:03.10
   27.80   35.30
3 Swee, Chris            31 Red River-30         1:06.35
   31.35   35.00
4 Knox, Jeffrey          31 Blue Gills-30        1:06.74
   31.13   35.61
5 MacPherson, Jeremy A   31 Blue Gills-30        1:15.89
   34.45   41.44
=====

```

Men 30-34 200 Yard IM

```

=====
NATL: N 1:47.62    5/4/1997 RONALD KARNAUGH
MIN: L 2:03.05    4/13/1997 JOE VRUDNY
Name              Age Team              Finals
=====
1 Kirk, John      31 Unat-30            2:11.40
27.92  34.15  37.30  32.03

```

Men 35-39 50 Yard Freestyle

```

=====
NATL: N 20.14     5/4/2008 JOSH DAVIS
MIN: L 20.79     4/18/2010 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Jacobson, Brian L 37 Minnesota Msc-30 21.69
2 Grovender, Eric A 37 Unat-30          24.66
3 Bachman, Bryan D  36 Minnesota Msc-30 25.29
4 Linden, David R   38 Minnesota Msc-30 27.03

```

Men 35-39 100 Yard Freestyle

```

=====
NATL: N 44.24    4/20/2009 VLAD PYSHNENKO
MIN: L 49.11    4/14/1996 SKIP GRANTHAM
Name              Age Team              Finals
=====
1 Bachman, Bryan D 36 Minnesota Msc-30 57.29
28.92  28.37

```

Men 35-39 200 Yard Freestyle

```

=====
NATL: N 1:36.56  5/4/2008 JOSH DAVIS
MIN: L 1:46.66  4/19/2009 DUANE W DOBKO
Name              Age Team              Finals
=====
1 Bachman, Bryan D 36 Minnesota Msc-30 2:02.53
30.17  31.75  31.68  28.93

```

Men 35-39 500 Yard Freestyle

```

=====
NATL: N 4:33.97  5/17/2002 RONALD KARNAUGH
MIN: L 4:54.46  4/19/2009 DUANE W DOBKO
Name              Age Team              Finals
=====
1 Bachman, Bryan D 36 Minnesota Msc-30 5:35.80
32.00  33.26  33.66  33.98  34.10  34.23  33.87  33.71
33.68  33.31
2 Grovender, Eric A 37 Unat-30          6:17.31
32.25  36.16  37.78  38.42  38.34  38.59  39.20  39.59
39.72  37.26

```

Men 35-39 1650 Yard Freestyle

```

=====
NATL: N 15:53.88 5/18/2003 JEFF ERWIN
MIN: L 17:29.62 2/16/1992 James Stewart
Name              Age Team              Finals
=====
1 Bachman, Bryan D 36 Minnesota Msc-30 18:45.27
33.21  34.03  34.37  34.22  34.06  34.29  33.92  34.33
34.19  34.12  34.10  33.92  34.07  33.82  33.57  33.35
33.39  33.75  33.98  35.38  34.28  34.33  34.34  34.42
34.31  34.12  34.51  34.47  34.66  34.43  34.22  33.79
33.32

```

Men 35-39 50 Yard Breaststroke

```

=====
NATL: N 25.35    5/21/2010 STEVE WEST
MIN: L 26.91    4/18/2010 BRIAN L JACOBSON
Name              Age Team              Finals
=====
1 Jacobson, Brian L 37 Minnesota Msc-30 27.35
2 Linden, David R   38 Minnesota Msc-30 33.64

```

Men 35-39 100 Yard Breaststroke

```

=====
NATL: N 55.26   12/16/2001 RON KARNAUGH
MIN: L 59.43   4/16/2000 CHRIS WEISSMAN
Name              Age Team              Finals
=====
1 Linden, David R   38 Minnesota Msc-30 1:16.72
35.69  41.03

```

2 Grovender, Eric A
36.82 40.51

37 Unat-30

1:17.33

Men 35-39 50 Yard Butterfly

```
=====
NATL: N 22.30 4/21/2002 WADE KING
MIN: L 23.45 4/18/2010 BRIAN L JACOBSON
Name Age Team Finals
=====
1 Jacobson, Brian L 37 Minnesota Msc-30 24.67
2 Linden, David R 38 Minnesota Msc-30 29.96
=====
```

Men 35-39 100 Yard IM

```
=====
NATL: N 50.06 5/4/2008 JOSH DAVIS
MIN: L 53.98 1/18/2009 BRIAN L JACOBSON
Name Age Team Finals
=====
1 Jacobson, Brian L 37 Minnesota Msc-30 55.63
26.24 29.39
=====
```

Men 40-44 50 Yard Freestyle

```
=====
NATL: N 20.84 4/26/2009 MICHAEL ROSS
MIN: L 22.42 5/18/1997 NATE LEIGH
Name Age Team Finals
=====
1 Gibson, Samuel D 42 Unat-30 25.11
2 Hanson, Dan R 43 Minnesota Msc-30 25.21
3 Rosell, Robert D 40 Minnesota Msc-30 25.56
4 Nieters, Mark 42 St Cloud YMCA-30 29.05
5 Heikkila, Jay 42 Unat-30 29.49
-- Halleck, Stephen C 42 Unat-30 SCR
=====
```

Men 40-44 100 Yard Freestyle

```
=====
NATL: N 45.35 5/4/2008 MICHAEL ROSS
MIN: L 48.33 5/18/1997 NATE LEIGH
Name Age Team Finals
=====
1 Gibson, Samuel D 42 Unat-30 57.31
29.07 28.24
2 Nieters, Mark 42 St Cloud YMCA-30 1:03.97
30.93 33.04
3 Heikkila, Jay 42 Unat-30 1:05.84
31.73 34.11
=====
```

Men 40-44 200 Yard Freestyle

```
=====
NATL: N 1:38.94 5/4/2008 MICHAEL ROSS
MIN: L 1:49.15 5/18/1997 NATE LEIGH
Name Age Team Finals
=====
1 Heikkila, Jay 42 Unat-30 2:24.47
32.36 36.90 38.33 36.88
-- Halleck, Stephen C 42 Unat-30 SCR
=====
```

Men 40-44 500 Yard Freestyle

```
=====
NATL: N 4:39.86 5/8/2010 ALEX KOSTICH
MIN: L 4:51.37 5/18/1997 NATE LEIGH
Name Age Team Finals
=====
1 Lange, Steven J 40 Star Masters-30 6:56.42
36.15 40.82 42.92 43.49 42.72 42.89 42.71 41.70
42.29 40.73
=====
```

Men 40-44 1650 Yard Freestyle

```
=====
NATL: N 15:51.52 5/9/2010 ALEX KOSTICH
MIN: L 17:43.62 2/16/1997 James Stewart
Name Age Team Finals
=====
-- Halleck, Stephen C 42 Unat-30 SCR
=====
```

Men 40-44 100 Yard Backstroke

```
=====
NATL: N 48.49 4/26/2009 MICHAEL ROSS
MIN: L 55.15 12/6/2009 SCOTT P TRIPPS
Name Age Team Finals
=====
```

```

=====
1 Hanson, Dan R          43 Minnesota Msc-30          1:03.44
   31.45   31.99

```

Men 40-44 50 Yard Breaststroke

```

=====
NATL: N 25.84   5/18/2003 GREG RHODENBAUGH
MIN: L 28.12   6/2/1983 VIRG LUKEN
Name           Age Team           Finals
-----
1 Lange, Steven J      40 Star Masters-30      35.77
2 Nieters, Mark        42 St Cloud YMCA-30     37.47

```

Men 40-44 200 Yard Breaststroke

```

=====
NATL: N 2:03.37  4/19/2009 ROQUE SANTOS
MIN: L 2:20.83  4/14/2002 JAMES KOCHENDORFE
Name           Age Team           Finals
-----
1 Nieters, Mark        42 St Cloud YMCA-30     3:01.52
   40.40   45.99   48.27   46.86

```

Men 40-44 50 Yard Butterfly

```

=====
NATL: N 22.61   4/26/2009 MICHAEL ROSS
MIN: L 23.61   1/31/2010 MARTY T MORAN
Name           Age Team           Finals
-----
1 Rosell, Robert D     40 Minnesota Msc-30     27.30
2 Lange, Steven J      40 Star Masters-30     33.73

```

Men 40-44 100 Yard Butterfly

```

=====
NATL: N 49.27   5/4/2008 MICHAEL ROSS
MIN: L 52.14   5/23/2010 MARTY T MORAN
Name           Age Team           Finals
-----
1 Gibson, Samuel D     42 Unat-30             1:04.95
   30.83   34.12

```

Men 40-44 100 Yard IM

```

=====
NATL: N 51.85   5/23/2010 MICHAEL ROSS
MIN: L 56.09   1/31/2010 SCOTT P TRIPPS
Name           Age Team           Finals
-----
1 Lange, Steven J      40 Star Masters-30     1:12.59
   34.97   37.62

```

Men 40-44 400 Yard IM

```

=====
NATL: N 4:01.87  4/19/2009 ROQUE SANTOS
MIN: L 4:28.00  4/18/2010 SCOTT P TRIPPS
Name           Age Team           Finals
-----
1 Davenport, Greg      40 Star Masters-30     5:41.21
   39.44   42.33   46.86   42.49   48.46   48.75   38.67   34.21

```

Men 45-49 50 Yard Freestyle

```

=====
NATL: N 21.06   5/21/2010 RICHARD HUGHEY
MIN: L 22.06   4/14/2002 TRIP HEDRICK
Name           Age Team           Finals
-----
1 Zelenak, Mark J      45 Blue Gills-30       26.83
2 Baker, Chris J       45 Minnesota Msc-30    27.09
3 Ness, Randal J       48 Minnesota Msc-30    27.74
4 Fine, Alan           48 Minnesota Msc-30    28.54
5 Abegg, Michael L     45 Minnesota Msc-30    34.13
-- Bennett, Dennis M   45 Unat-IA-40         SCR

```

Men 45-49 100 Yard Freestyle

```

=====
NATL: N 46.46   5/22/2010 DAVID SIMS
MIN: L 48.35   4/14/2002 TRIP HEDRICK
Name           Age Team           Finals
-----
1 Lentz, Randy         47 Unat-30           55.39
   25.66   29.73
2 Ness, Randal J      48 Minnesota Msc-30    1:01.90

```

30.09	31.81			
3 Abegg, Michael L		45 Minnesota Msc-30		1:23.54
38.35	45.19			
-- Bennett, Dennis M		45 Unat-IA-40		SCR

Men 45-49 200 Yard Freestyle

=====				
NATL: N 1:41.69		5/21/2010 DAVID SIMS		
MIN: L 1:51.69		5/20/2007 THOMAS EMISON		
Name		Age Team		Finals
=====				
1 Zelenak, Mark J		45 Blue Gills-30		2:15.98
31.48	33.60		35.17	
2 Ness, Randal J		48 Minnesota Msc-30		2:17.55
32.36	35.44		33.34	
3 Abegg, Michael L		45 Minnesota Msc-30		3:01.96
40.28	43.96		49.46	

Men 45-49 500 Yard Freestyle

=====				
NATL: N 4:39.10		5/20/2007 DENNIS BAKER		
MIN: L 5:06.53		4/18/2010 THOMAS L RUEHLE		
Name		Age Team		Finals
=====				
1 Ness, Randal J		48 Minnesota Msc-30		6:21.36
33.93	37.97	39.09	39.55 39.53 39.47 39.55	38.42
37.86	35.99			
2 Zelenak, Mark J		45 Blue Gills-30		6:23.10
33.99	37.38	39.98	39.76 39.18 39.67 39.40	39.25
38.43	36.06			
3 Abegg, Michael L		45 Minnesota Msc-30		9:10.82
44.72	51.89	55.25	1:00.07 57.52 57.29 56.59	57.59
55.59	54.31			

Men 45-49 50 Yard Backstroke

=====				
NATL: N 24.28		5/22/2010 CHRIS STEVENSON		
MIN: L 26.97		5/16/1999 PAUL WINDRATH		
Name		Age Team		Finals
=====				
1 Zelenak, Mark J		45 Blue Gills-30		35.08

Men 45-49 100 Yard Backstroke

=====				
NATL: N 51.74		3/6/2010 CHRIS STEVENSON		
MIN: L 58.57		3/19/2000 JIM BENDTSEN		
Name		Age Team		Finals
=====				
1 Freund, John D		48 Minnesota Msc-30		1:05.96
32.83	33.13			

Men 45-49 200 Yard Backstroke

=====				
NATL: N 1:55.05		3/7/2010 CHRIS STEVENSON		
MIN: L 2:06.93		5/16/1999 PAUL WINDRATH		
Name		Age Team		Finals
=====				
1 Freund, John D		48 Minnesota Msc-30		2:30.22
36.85	38.26	38.16	36.95	

Men 45-49 50 Yard Breaststroke

=====				
NATL: N 26.58		12/20/2008 WALLY DICKS		
MIN: L 28.41		4/27/2008 JAMES L KOCHENDOR		
Name		Age Team		Finals
=====				
1 Lentz, Randy		47 Unat-30		30.94
2 Baker, Chris J		45 Minnesota Msc-30		33.22
3 Fine, Alan		48 Minnesota Msc-30		37.26

Men 45-49 100 Yard Breaststroke

=====				
NATL: N 57.87		4/19/2009 CHRIS WEISSMAN		
MIN: L 1:02.01		4/19/2009 JAMES L KOCHENDOR		
Name		Age Team		Finals
=====				
-- Baker, Chris J		45 Minnesota Msc-30		SCR

Men 45-49 50 Yard Butterfly

=====

NATL: N 22.67 5/4/2008 PAUL SMITH
 MIN: L 23.84 4/11/1999 TRIP HEDRICK

Name	Age	Team	Finals
1 Fine, Alan	48	Minnesota Msc-30	34.69
-- Bennett, Dennis M	45	Unat-IA-40	SCR

Men 45-49 100 Yard Butterfly

NATL: N 50.90 5/21/2010 DAVID SIMS
 MIN: L 53.28 4/11/1999 TRIP HEDRICK

Name	Age	Team	Finals
1 Lentz, Randy	47	Unat-30	1:00.60
27.56 33.04			
-- Bennett, Dennis M	45	Unat-IA-40	SCR

Men 45-49 200 Yard Butterfly

NATL: N 1:50.73 12/6/2008 DENNIS BAKER
 MIN: L 2:15.50 5/4/1997 JOHN MCCALL

Name	Age	Team	Finals
1 King, Robert E	46	Minnesota Msc-30	2:24.53
31.78 36.76 37.54 38.45			

Men 45-49 100 Yard IM

NATL: N 52.14 5/23/2010 RICHARD HUGHEY
 MIN: L 58.20 4/19/2009 JAMES L KOCHENDOR

Name	Age	Team	Finals
1 Armstrong, Jeff J	46	Minnesota Msc-30	1:10.46
33.87 36.59			

Men 45-49 200 Yard IM

NATL: N 1:58.20 5/22/2010 ANDERS RASMUSSEN
 MIN: L 2:11.85 4/16/2000 JIM BENDTSEN

Name	Age	Team	Finals
1 Freund, John D	48	Minnesota Msc-30	2:28.21
31.76 37.69 44.45 34.31			
2 Ness, Randal J	48	Minnesota Msc-30	2:44.71
35.59 43.78 50.74 34.60			
-- Bennett, Dennis M	45	Unat-IA-40	SCR

Men 45-49 400 Yard IM

NATL: N 4:14.17 5/21/2010 DENNIS BAKER
 MIN: L 4:40.39 4/11/1999 PAUL WINDRATH

Name	Age	Team	Finals
1 Armstrong, Jeff J	46	Minnesota Msc-30	5:32.41
32.08 38.33 49.06 47.40 44.00 45.01 39.37 37.16			

Men 50-54 50 Yard Freestyle

NATL: N 21.38 5/10/2009 AMBROSE GAINES
 MIN: L 21.90 4/25/2004 TRIP HEDRICK

Name	Age	Team	Finals
1 Emison, Thomas W	52	Minnesota Msc-30	24.97
2 Wells, Dave	51	Millard Aquatic-29	25.30
3 Siegfried, Todd L	52	Minnesota Msc-30	26.96
4 Tucker, Joe	54	Unat-30	28.61
5 Bailly, David H	54	Minnesota Msc-30	28.66
6 Kopp, Lindsey R	54	Minnesota Msc-30	28.97
7 Heikkila, Steve C	53	Unat-30	30.69

Men 50-54 100 Yard Freestyle

NATL: N 46.59 5/10/2009 AMBROSE GAINES
 MIN: L 48.16 4/25/2004 TRIP HEDRICK

Name	Age	Team	Finals
1 Smith, Darrell J	54	Minnesota Msc-30	55.58
26.90 28.68			
2 Holthus, Brian K	53	Minnesota Msc-30	56.04
26.31 29.73			

3	Emison, Thomas W	52	Minnesota Msc-30	56.60
	27.39 29.21			
4	Lamour, Didier B	53	Minnesota Msc-30	57.52
	27.73 29.79			
5	Siegfried, Todd L	52	Minnesota Msc-30	58.05
	27.81 30.24			
6	Heikkila, Steve C	53	Unat-30	1:07.95
	32.34 35.61			

Men 50-54 200 Yard Freestyle

=====										
NATL: N 1:43.76		5/10/2009 AMBROSE GAINES								
MIN: L 1:48.45		4/4/2004 TRIP HEDRICK								
Name	Age Team							Finals		
=====										
1	Emison, Thomas W	52	Minnesota Msc-30							2:04.08
	28.86 31.28 32.14			31.80						
2	Tucker, Joe	54	Unat-30							2:21.50
	32.90 36.17 36.41			36.02						

Men 50-54 500 Yard Freestyle

=====										
NATL: N 4:47.57		5/20/2001 JIM MCCONICA								
MIN: L 5:21.88		1/18/2009 THOMAS EMISON								
Name	Age Team							Finals		
=====										
1	Tucker, Joe	54	Unat-30							6:19.82
	34.12 38.25 39.29			39.08 39.40 39.05	38.68	38.15				
	37.69 36.11									
2	Hanzlik, Jim D	54	Minnesota Msc-30							6:37.43
	34.75 39.60 40.65			40.71 40.46 40.61	40.97	40.49				
	40.60 38.59									
3	Heikkila, Steve C	53	Unat-30							7:00.54
	34.99 40.48 42.60			43.07 43.26 43.74	44.30	43.71				
	43.45 40.94									

Men 50-54 1650 Yard Freestyle

=====										
NATL: N 16:42.07		5/20/2001 JIM MCCONICA								
MIN: L 18:02.22		4/29/2007 James Stewart								
Name	Age Team							Finals		
=====										
1	Holthus, Brian K	53	Minnesota Msc-30							21:25.10
	33.03 36.85 38.09			38.60 38.59 39.05	39.41	39.39				
	39.18 39.57 39.35			39.29 39.58 39.51	39.83	39.68				
	39.71 39.93 39.64			39.77 39.08 38.81	39.14	39.77				
	39.27 39.44 39.42			39.39 38.96 39.19	38.87	38.92				
	36.79									
2	Hess, Michael C	50	Blue Gills-30							21:41.93
	33.79 37.91 38.29			38.37 38.37 38.61	39.55	40.03				
	39.71 40.14 40.04			40.34 40.31 40.16	40.56	40.05				
	40.18 40.26 40.48			39.74 39.60 40.37	40.02	39.73				
	39.89 40.08 40.15			39.89 39.39 39.37	39.57	39.07				
	37.91									

Men 50-54 50 Yard Backstroke

=====										
NATL: N 25.52		5/22/2010 RICHARD KAMMERER								
MIN: L 28.31		12/7/2008 JIM B NIELSEN								
Name	Age Team							Finals		
=====										
--	Holthus, Brian K	53	Minnesota Msc-30							SCR

Men 50-54 100 Yard Backstroke

=====										
NATL: N 55.80		5/23/2010 RICHARD KAMMERER								
MIN: L 1:00.20		4/27/2008 JEFFREY A LUKENS								
Name	Age Team							Finals		
=====										
1	Holthus, Brian K	53	Minnesota Msc-30							1:03.68
	30.83 32.85									
2	Bailly, David H	54	Minnesota Msc-30							1:17.61
	36.26 41.35									

Men 50-54 200 Yard Backstroke

=====									
NATL: N 2:01.39		4/11/2010 LINCOLN DJANG							
MIN: L 2:12.18		4/27/2008 JEFFREY A LUKENS							
Name	Age Team							Finals	
=====									

1 Holthus, Brian K 53 Minnesota Msc-30 2:21.29
 32.75 35.36 36.70 36.48

Men 50-54 50 Yard Breaststroke

NATL: N 26.98 5/21/2010 HOLDEN BANK
 MIN: L 29.78 4/18/2010 MALACHY P McCARTH

Name	Age Team	Finals
1 Wells, Dave	51 Millard Aquatic-29	32.62
2 Lamour, Didier B	53 Minnesota Msc-30	32.67
3 Kopp, Lindsey R	54 Minnesota Msc-30	33.53
4 Siegfried, Todd L	52 Minnesota Msc-30	33.68
5 Tucker, Joe	54 Unat-30	35.36

Men 50-54 100 Yard Breaststroke

NATL: N 59.94 5/22/2010 JON BLANK
 MIN: L 1:05.49 4/18/2010 MALACHY P McCARTH

Name	Age Team	Finals
1 Wells, Dave	51 Millard Aquatic-29	1:12.78
33.72 39.06		

Men 50-54 50 Yard Butterfly

NATL: N 23.19 4/25/2004 TRIP HEDRICK
 MIN: L 23.19 4/25/2004 TRIP HEDRICK

Name	Age Team	Finals
1 Hugo, John M	50 Minnesota Msc-30	27.37
2 Foyt, Brian L	50 Minnesota Msc-30	28.01
3 Emison, Thomas W	52 Minnesota Msc-30	28.36
-- Kopp, Lindsey R	54 Minnesota Msc-30	SCR

Men 50-54 100 Yard Butterfly

NATL: N 51.93 4/13/2008 PAUL CARTER
 MIN: L 52.05 4/4/2004 TRIP HEDRICK

Name	Age Team	Finals
1 Smith, Darrell J	54 Minnesota Msc-30	1:01.72
28.96 32.76		
2 Lamour, Didier B	53 Minnesota Msc-30	1:01.81
28.86 32.95		
3 Foyt, Brian L	50 Minnesota Msc-30	1:02.88
29.94 32.94		

Men 50-54 200 Yard Butterfly

NATL: N 2:00.02 3/29/2009 WILLIAM SPECHT
 MIN: L 2:14.85 5/4/2008 DARRELL J SMITH

Name	Age Team	Finals
1 Tyndall, Chris	52 Minnesota Msc-30	4:36.03
56.15 1:11.61 1:13.78 1:14.49		

Men 50-54 100 Yard IM

NATL: N 55.42 5/10/2009 JACK GROSELLE
 MIN: L 56.53 4/25/2004 TRIP HEDRICK

Name	Age Team	Finals
1 Wells, Dave	51 Millard Aquatic-29	1:05.53
31.10 34.43		
2 Hess, Michael C	50 Blue Gills-30	1:09.98
32.34 37.64		
3 Kopp, Lindsey R	54 Minnesota Msc-30	1:11.99
34.61 37.38		
4 Bailly, David H	54 Minnesota Msc-30	1:14.70
33.84 40.86		

Men 50-54 200 Yard IM

NATL: N 2:00.82 5/10/2009 KEN SHILLING
 MIN: L 2:16.40 12/5/2010 DANIEL P SPERRY

Name	Age Team	Finals
1 Smith, Darrell J	54 Minnesota Msc-30	2:26.37
30.73 38.83 44.18 32.63		

2	Tucker, Joe			54	Unat-30			2:31.81
	32.28	39.82	42.99		36.72			
3	Bailly, David H			54	Minnesota Msc-30			2:54.86
	35.41	43.60	54.51		41.34			

Men 50-54 400 Yard IM

=====								
NATL: N 4:23.94		5/10/2009		MICHAEL MANN				
MIN: L 5:12.07		2/21/1999		ROBERT DAVIDSON				
Name	Age Team			Finals				
=====								
1	Tyndall, Chris			52	Minnesota Msc-30			8:31.68
	59.87	1:09.46	1:03.88	1:04.59	1:10.88	1:13.47	55.89	53.64
--	Hugo, John M			50	Minnesota Msc-30			SCR

Men 55-59 50 Yard Freestyle

=====								
NATL: N 21.82		4/30/2000		RICHARD ABRAHAMS				
MIN: L 24.14		5/10/2009		JEFFREY A LUKENS				
Name	Age Team			Finals				
=====								
1	Hedrick, Trip			56	Unat-30			23.92L
2	Brown, Perry			58	Nort'landers-30			27.42
3	Drake, Dru D			56	Sem Sharks-30			28.22
4	Brown, Terrell J			57	Minnesota Msc-30			29.54
5	Woods, Jeff J			59	KnightCrawlers-30			31.23
6	Langland, Jim T			58	Unat-30			34.55

Men 55-59 100 Yard Freestyle

=====								
NATL: N 48.37		4/30/2000		RICHARD ABRAHAMS				
MIN: L 53.72		5/10/2009		JEFFREY A LUKENS				
Name	Age Team			Finals				
=====								
1	Hedrick, Trip			56	Unat-30			53.79
	26.38	27.41						
2	Brown, Terrell J			57	Minnesota Msc-30			1:05.79
	32.04	33.75						
3	Woods, Jeff J			59	KnightCrawlers-30			1:09.91
	31.94	37.97						
4	Langland, Jim T			58	Unat-30			1:21.18
	38.30	42.88						

Men 55-59 200 Yard Freestyle

=====								
NATL: N 1:48.79		4/10/2010		MICHAEL MANN				
MIN: L 2:06.98		4/19/2009		CHRIS D ANDERSEN				
Name	Age Team			Finals				
=====								
1	Brown, Perry			58	Nort'landers-30			2:14.37
	31.62	34.34	34.90		33.51			
2	Drake, Dru D			56	Sem Sharks-30			2:25.22
	34.65	36.37	37.93		36.27			
3	Brown, Terrell J			57	Minnesota Msc-30			2:30.59
	32.86	37.53	40.14		40.06			
4	Langland, Jim T			58	Unat-30			2:48.18
	36.11	42.14	45.47		44.46			

Men 55-59 500 Yard Freestyle

=====								
NATL: N 4:56.82		4/11/2010		MICHAEL MANN				
MIN: L 5:50.25		4/19/2009		CHRIS D ANDERSEN				
Name	Age Team			Finals				
=====								
1	Brown, Perry			58	Nort'landers-30			6:08.04
	32.01	34.80	36.66		37.78	38.23	38.18	38.31
	38.03	36.02						
2	Langland, Jim T			58	Unat-30			7:38.77
	38.31	42.34	46.28		48.41	47.90	47.68	47.57
	48.54	43.93						47.81

Men 55-59 1650 Yard Freestyle

=====								
NATL: N 17:11.12		5/20/2007		JIM MCCONICA				
MIN: L 21:11.80		4/4/2004		Marc Anderson				
Name	Age Team			Finals				
=====								
1	Langland, Jim T			58	Unat-30			27:13.68
	41.15	46.92	48.73		49.57	49.90	50.68	50.20
	49.89	50.23	50.11		50.82	49.49	49.85	50.41
								49.99
								49.96

50.77 51.10 51.46 50.10 50.39 49.91 49.94 50.91
 49.67 49.85 48.62 49.59 50.31 49.32 48.63 48.47
 46.74

Men 55-59 50 Yard Butterfly

```

=====
NATL: N 24.16 3/25/2007 GREG SHAW
MIN: L 26.56 5/10/1998 RAY ELLIS
Name Age Team Finals
=====
1 Hedrick, Trip 56 Unat-30 25.76L
2 Drake, Dru D 56 Sem Sharks-30 31.48
3 Langland, Jim T 58 Unat-30 52.06
-- Woods, Jeff J 59 KnightCrawlers-30 SCR
  
```

Men 55-59 100 Yard IM

```

=====
NATL: N 56.20 5/4/2008 TIMOTHY SHEAD
MIN: L 1:04.23 5/10/1998 RAY ELLIS
Name Age Team Finals
=====
1 Woods, Jeff J 59 KnightCrawlers-30 1:25.06
40.82 44.24
2 Hansell, Mark D 56 KnightCrawlers-30 1:36.89
48.87 48.02
  
```

Men 55-59 200 Yard IM

```

=====
NATL: N 2:04.09 5/4/2008 TIMOTHY SHEAD
MIN: L 2:27.69 4/25/1999 JIM PELISSIER
Name Age Team Finals
=====
1 Brown, Perry 58 Nort'landers-30 2:47.21
35.51 44.86 50.79 36.05
2 Hansell, Mark D 56 KnightCrawlers-30 3:30.81
46.84 1:02.61 53.95 47.41
  
```

Men 55-59 400 Yard IM

```

=====
NATL: N 4:28.69 4/10/2010 MICHAEL MANN
MIN: L 5:26.41 5/21/2000 JIM PELISSIER
Name Age Team Finals
=====
1 Hansell, Mark D 56 KnightCrawlers-30 7:46.66
47.66 57.45 1:05.83 1:08.53 59.72 58.44 55.88 53.15
  
```

Men 60-64 50 Yard Freestyle

```

=====
NATL: N 22.30 5/22/2005 RICHARD ABRAHAMAS
MIN: L 25.32 4/13/2003 JAMES WHITE
Name Age Team Finals
=====
1 Anderson, Marc S 61 Minnesota Msc-30 25.95
2 Peitso, Charles M 60 Unat-30 27.08
3 Rothweiler, Michael R 62 Unat-30 28.02
4 Fine, Gary M 60 Minnesota Msc-30 30.48
5 Kaplan, Mark 61 Minnesota Msc-30 34.38
6 Heller, Ronald C 63 Minnesota Msc-30 39.32
  
```

Men 60-64 100 Yard Freestyle

```

=====
NATL: N 49.14 5/22/2005 RICHARD ABRAHAMAS
MIN: L 56.92 4/13/2003 JAMES WHITE
Name Age Team Finals
=====
1 Kaplan, Mark 61 Minnesota Msc-30 1:24.62
41.74 42.88
2 Heller, Ronald C 63 Minnesota Msc-30 1:35.22
46.06 49.16
-- Rothweiler, Michael R 62 Unat-30 SCR
  
```

Men 60-64 500 Yard Freestyle

```

=====
NATL: N 5:13.68 5/22/2010 JIM CLEMMONS
MIN: L 5:54.87 4/19/2009 MARC S ANDERSON
Name Age Team Finals
=====
1 Peitso, Charles M 60 Unat-30 6:46.62
32.93 37.64 40.49 42.59 43.06 43.39 43.20 43.12
42.18 38.02
  
```

Men 60-64 1650 Yard Freestyle

Name	Age	Team	Finals
=====			
NATL: N 17:59.55 5/20/2010 JIM CLEMMONS			
MIN: L 21:11.82 4/19/2009 Marc S Anderson			
Name	Age	Team	Finals
=====			
-- Novak, Dan G	61	Minnesota Msc-30	SCR

Men 60-64 50 Yard Backstroke

Name	Age	Team	Finals
=====			
NATL: N 26.82 5/4/2008 HUGH WILDER			
MIN: L 32.26 11/16/2008 JIM PELISSIER			
Name	Age	Team	Finals
=====			
1 Anderson, Marc S	61	Minnesota Msc-30	32.43

Men 60-64 100 Yard Backstroke

Name	Age	Team	Finals
=====			
NATL: N 59.29 5/4/2008 HUGH WILDER			
MIN: L 1:10.49 12/5/2010 MARC S ANDERSON			
Name	Age	Team	Finals
=====			
1 Heller, Ronald C	63	Minnesota Msc-30	2:08.79
1:03.29 1:05.50			

Men 60-64 50 Yard Breaststroke

Name	Age	Team	Finals
=====			
NATL: N 29.32 5/14/2006 ROBERT STRAND			
MIN: L 32.21 4/4/2004 JIM PELISSIER			
Name	Age	Team	Finals
=====			
1 Peitso, Charles M	60	Unat-30	37.33
2 Rothweiler, Michael R	62	Unat-30	38.90
3 Fine, Gary M	60	Minnesota Msc-30	39.03

Men 60-64 100 Yard Breaststroke

Name	Age	Team	Finals
=====			
NATL: N 1:05.17 5/22/2010 ROBERT STRAND			
MIN: L 1:10.29 4/4/2004 JIM PELISSIER			
Name	Age	Team	Finals
=====			
1 Heller, Ronald C	63	Minnesota Msc-30	1:56.69
55.27 1:01.42			

Men 60-64 50 Yard Butterfly

Name	Age	Team	Finals
=====			
NATL: N 24.46 5/22/2005 RICHARD ABRAHAMS			
MIN: L 27.93 4/13/2003 JAMES WHITE			
Name	Age	Team	Finals
=====			
1 Fine, Gary M	60	Minnesota Msc-30	34.99
2 Novak, Dan G	61	Minnesota Msc-30	48.46
3 Kaplan, Mark	61	Minnesota Msc-30	49.63
-- Rothweiler, Michael R	62	Unat-30	SCR

Men 60-64 100 Yard Butterfly

Name	Age	Team	Finals
=====			
NATL: N 54.92 5/22/2005 RICHARD ABRAHAMS			
MIN: L 1:07.95 1/21/2007 JOHN T ZIEGENHAGE			
Name	Age	Team	Finals
=====			
1 Novak, Dan G	61	Minnesota Msc-30	1:49.39
54.61 54.78			

Men 60-64 100 Yard IM

Name	Age	Team	Finals
=====			
NATL: N 59.18 4/17/2010 GEORGE SCHMIDT			
MIN: L 1:06.47 4/13/2003 JAMES WHITE			
Name	Age	Team	Finals
=====			
1 Peitso, Charles M	60	Unat-30	1:11.75
33.43 38.32			
2 Novak, Dan G	61	Minnesota Msc-30	1:46.63
48.88 57.75			

Men 60-64 200 Yard IM

=====			
NATL: N 2:12.14 4/17/2010 GEORGE SCHMIDT			
MIN: L 2:31.84 3/28/2004 JIM PELISSIER			

Name	Age	Team	Finals
1 Novak, Dan G	61	Minnesota Msc-30	3:39.77
52.91 54.70 1:05.62	46.54		

Men 60-64 400 Yard IM

Name	Age	Team	Finals
NATL: N 4:45.65	5/21/2010	JIM CLEMMONS	
MIN: L 5:46.74	4/19/2009	MARC S ANDERSON	
-- Novak, Dan G	61	Minnesota Msc-30	SCR

Men 65-69 50 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 30.66	5/10/2009	PETER ANDERSEN	
MIN: L 33.47	5/23/2010	JIM PELISSIER	
-- Pelissier, Jim L	66	Minnesota Msc-30	NS

Men 65-69 100 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 1:08.19	5/10/2009	DAVID GILDEA	
MIN: L 1:13.82	5/23/2010	JIM PELISSIER	
-- Pelissier, Jim L	66	Minnesota Msc-30	SCR

Men 65-69 200 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 2:35.32	5/23/2010	KENNETH FROST	
MIN: L 2:47.36	5/10/2009	JIM PELISSIER	
-- Pelissier, Jim L	66	Minnesota Msc-30	NS

Men 70-74 50 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 33.19	4/22/2001	JOHN KORTHEUER	
MIN: L 39.20	1/30/2011	David C Arlander	
1 Arlander, David C	70	Minnesota Msc-30	39.25

Men 70-74 100 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 1:15.24	4/22/2001	JOHN KORTHEUER	
MIN: L 1:29.12	1/30/2011	David C Arlander	
1 Arlander, David C	70	Minnesota Msc-30	1:29.22
42.31 46.91			

Men 70-74 200 Yard Breaststroke

Name	Age	Team	Finals
NATL: N 2:49.47	5/3/2009	KARL WIEDAMANN	
MIN: L 3:14.17	4/25/1987	DON MCCULLOUGH	
1 Arlander, David C	70	Minnesota Msc-30	3:16.60
43.49 48.30 52.48	52.33		

Men 70-74 50 Yard Butterfly

Name	Age	Team	Finals
NATL: N 29.17	3/30/2008	DAVID COSTILL	
MIN: L 37.53	4/13/1991	RAYMOND HAKOMAKI	
1 Arlander, David C	70	Minnesota Msc-30	42.19

Men 90-94 50 Yard Backstroke

Name	Age	Team	Finals
NATL: N 49.65	3/25/2007	JOHN MERRILL	
MIN: L 56.32	1/30/2011	Raymond I Hakomak	
1 Hakomaki, Raymond I	90	Minnesota Msc-30	57.30

Men 90-94 50 Yard Breaststroke

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=====
NATL: N 53.07 4/15/2007 RUSS WITTE
MIN: L 53.68 12/5/2010 RAYMOND HAKOMAKI
Name Age Team Finals
=====
1 Hakomaki, Raymond I 90 Minnesota Msc-30 53.75
=====

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Women 25+ 200 Yard Medley Relay

```

=====
Team Finals
=====
1 North Suburban Aquatic Club-30 'A' 2:11.64
  1) Johnson, Katherine W W26 2) Schaitberger, Carie W26
  3) Wallace, Tricia W29 4) Hankee, Diane L W33
  32.76 37.11 30.60 31.17
2 Blue Gills-30 'C' 2:26.78
  1) Hess, Denise L W49 2) Weiland, Carole W39
  3) Bertram, Jamie W28 4) Knox, Sarah W29
  37.45 37.70 41.56 30.07
=====

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Men 18+ 800 Yard Freestyle Relay

```

=====
Team Finals
=====
1 Blue Gills-30 'A' 8:45.65
  1) Zelenak, Mark J M45 2) Knox, Jeffrey M31
  3) Hess, Michael C M50 4) Forslund, Cory W M21
  31.73 1:06.31 1:42.80 2:18.15 29.12 1:01.92 1:37.12 2:11.32
  30.18 1:03.17 1:37.93 2:13.31 27.20 56.98 1:29.85 2:02.87
=====

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Men 18+ 200 Yard Medley Relay

```

=====
Team Finals
=====
1 Blue Gills-30 'B' 2:01.54
  1) Zelenak, Mark J M45 2) Forslund, Cory W M21
  3) Hess, Michael C M50 4) Knox, Jeffrey M31
  36.61 31.48 29.79 23.66
=====

```

Men 25+ 800 Yard Freestyle Relay

```

=====
Team Finals
=====
-- Unattached-30 'A' DQ
  1) Sawyer, Donald M29 2) Heikkila, Steve C M53
  3) Heikkila, Jay M42 4)
  34.56 1:14.45 1:58.47 2:43.44 34.17 1:12.91 1:53.77 2:34.06
  31.87 1:09.82 1:47.82 2:25.85 29.03 1:01.91 1:38.62 2:15.71
=====

```

Mixed 18+ 200 Yard Medley Relay

```

=====
Team Finals
=====
1 St Cloud Area Family YMCA-30 'A' 2:16.75
  1) Melsen, Krisie M W30 2) Nieters, Mark M42
  3) Milberger, Alex R M23 4) Tinglov, Gale A W54
  34.28 36.99 28.47 37.01
2 Blue Gills-30 'A' 2:20.93
  1) MacPherson, Jeremy A M31 2) Seman, Karli W23
  3) MacPherson, Jen L W31 4) Karpe, John M M34
  34.91 42.84 37.11 26.07
3 KnightCrawlers-30 'A' 2:23.81
  1) Takehiro, Teri N W49 2) Sielaff, Mark M27
  3) Smith, Jenna L W24 4) Hansell, Mark D M56
  44.88 31.15 30.74 37.04
=====

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Mixed 35+ 200 Yard Medley Relay

```

=====
Team Finals
=====
1 Minnesota Masters Swim Club-30 'A' 2:08.00
  1) Kryka, Nancy W55 2) Britton, Becky A W50
  3) Linden, David R M38 4) Bachman, Bryan D M36
  36.04 37.77 29.37 24.82
=====

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