

Men 25-29 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Christianson, Marcus	25 UNAT	2:51.85	25.73	29.51	29.19	24.15	1:03.27

Women 30-34 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Norman, Carrie T	32 MOVY-28	4:44.22	48.91	41.66	53.82	38.43	1:41.40

Men 40-44 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Awad, Omar	43 NSAC-30	3:18.73	28.70	31.52	38.38	26.93	1:13.20
2	Cruz, Eduardo	42 UNAT	3:33.17	31.94	36.17	39.25	29.81	1:16.00

Women 40-44 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Cleven, Detra R	42 BASC-15	3:29.18	31.21	35.45	37.22	29.60	1:15.70
2	Thrasher, Jill	44 UNAT	5:12.06	50.32	54.08	55.53	43.39	1:48.74
3	Hurd, Stephanie	44 UNAT	5:35.19	52.75	56.60	59.52	43.48	2:02.84

Women 45-49 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Tracy, Robin C	47 DKTA-52	3:27.26	31.33	38.08	35.22	29.15	1:13.48

Men 50-54 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Symonds, Barry	54 UNAT	3:16.23	31.04	33.03	35.22	27.54	1:09.40
2	Sive, Bill Q	50 LBG-33	5:03.67	48.81	51.10	57.07	39.82	1:46.87

Women 50-54 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Ogden, Pamela C	54 MINN-30	4:23.86	45.76	45.39	47.69	31.70	1:33.32

Women 55-59 Sprint Pentathlon

Place	Name	Team	Total	50FLY	50BK	50BR	50FR	100IM
1	Kryka, Nancy	56 MINN-30	3:44.89	34.85	37.81	41.85	30.88	1:19.50
2	Hunter, Theresa	59 UNAT	4:12.06	39.16	46.12	42.57	34.45	1:29.76

2011 Postal Pentathlon - 12/31/2011

Combined Events

Women 25-29 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Denney, Jenny 28	UNAT	7:48.56	1:15.63	1:15.69	1:29.32	1:04.44	2:43.48
2	Dumire, Stephanie 29	UNAT	9:00.46	1:39.06	1:29.06	1:35.72	1:09.56	3:07.06

Women 35-39 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Loecke, Heidi L 39	MOVY-28	8:32.44	1:24.22	1:25.27	1:36.81	1:10.08	2:56.06
2	Ruo, Bernice 38	UNAT	9:27.95	1:35.35	1:38.87	1:37.87	1:20.06	3:15.80

Men 40-44 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Awad, Omar 43	NSAC-30	7:06.71	1:03.41	1:10.39	1:21.70	58.80	2:32.41
2	Cruz, Eduardo 42	UNAT	8:18.29	1:20.05	1:20.75	1:32.49	1:10.60	2:54.40

Women 40-44 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Hearst, Amy B 40	MOVY-28	8:33.72	1:26.22	1:25.28	1:30.01	1:12.09	3:00.12

Men 45-49 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Ness, Randal J 49	HOPK-30	7:58.29	1:17.09	1:21.22	1:32.87	1:02.38	2:44.73

Women 45-49 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Hutzol, Jane 47	UNAT	11:18.09	1:59.61	1:58.30	2:09.04	1:22.83	3:48.31

Men 50-54 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Sive, Bill Q 50	LBG-33	11:28.83	2:05.74	1:53.50	2:05.31	1:27.79	3:56.49

Women 50-54 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Ogden, Pamela C 54	MINN-30	9:22.85	1:40.42	1:33.69	1:41.66	1:11.57	3:15.51

Men 55-59 Middle Distance Pentathlon

Place	Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1	Pogue, Tom 57	UNAT	8:32.40	1:18.33	1:32.00	1:32.90	1:07.03	3:02.14
2	Hafdahl, Jim 56	UNAT	9:22.48	1:38.98	1:37.09	1:35.44	1:16.90	3:14.07

Women 55-59 Middle Distance Pentathlon

Place Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1 Kryka, Nancy 56	MINN-30	8:27.93	1:27.05	1:24.95	1:33.33	1:09.50	2:53.10

Men 65-69 Middle Distance Pentathlon

Place Name	Team	Total	100FLY	100BK	100BR	100FR	200IM
1 Jackson, John 69	UNAT	10:51.21	1:50.58	1:49.74	1:53.65	1:32.61	3:44.63

Women 25-29 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Frimerman-Berquist, San	HOPK-30	17:09.74	2:50.62	2:45.20	3:16.03	2:25.07	5:52.82

Men 40-44 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Cruz, Eduardo 42	UNAT	18:02.46	3:06.84	2:57.48	3:11.16	2:33.10	6:13.88

Women 45-49 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Terzopoulos, Lori 45	UNAT	18:29.63	3:06.27	3:02.28	3:29.17	2:32.65	6:19.26
2 Eklund, Mary 47	UNAT	22:22.61	3:34.05	3:58.74	4:04.02	3:11.22	7:34.58

Men 50-54 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Cohn, Brian 53	UNAT	17:59.80	3:08.28	2:49.41	3:19.27	2:36.62	6:06.22
2 Sive, Bill Q 50	LBG-33	24:21.25	4:32.21	4:01.55	4:14.61	3:13.33	8:19.55

Women 50-54 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Ogden, Pamela C 54	MINN-30	21:42.23	3:55.53	3:33.41	3:58.51	2:49.11	7:25.67

Women 55-59 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Kryka, Nancy 56	MINN-30	19:24.87	3:30.00	3:07.82	3:34.60	2:43.33	6:29.12

Men 60-64 Ironman Pentathlon

Place Name	Team	Total	200FLY	200BK	200BR	200FR	400IM
1 Sherry, John 63	UNAT	20:50.76	3:57.83	3:12.25	3:45.60	2:49.73	7:05.35