

## NSAC State Tune-up Meet - 3/12/2016

## Results

## Women 18-24 50 Yard Freestyle

MN-LMSC: 24.50 L 11/20/2014 Lauren Greenberg  
 NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC  
 28.59 18-24 NQT

Name	Age	Team	Seed Time	Finals Time	Points
1 Tripps, Gabrielle	19	Hopkins Masters -wg	33.00	30.20	

## Women 18-24 100 Yard Freestyle

MN-LMSC: 54.92 L 4/11/2015 Kelsea Smith  
 NATL: 48.18 N 12/6/2014 KATIE MEILI  
 1:02.78 18-24 NQT

1 Tripps, Gabrielle	19	Hopkins Masters -wg	1:08.86	1:06.60	
	31.77	1:06.60 (34.83)			

## Women 18-24 1650 Yard Freestyle

MN-LMSC: 18:18.88 L 12/31/1982 Judy Anderson  
 NATL: 17:31.70 N 1987 KAREN BURTON  
 22:17.60 18-24 NQT

1 Tripps, Gabrielle	19	Hopkins Masters -wg	26:00.00	22:30.29	
	34.39	1:13.95 (39.56)	1:54.61 (40.66)	2:36.15 (41.54)	
	3:17.70 (41.55)	3:59.22 (41.52)	4:40.86 (41.64)	5:22.07 (41.21)	
	6:03.47 (41.40)	6:45.25 (41.78)	7:26.59 (41.34)	8:08.07 (41.48)	
	8:49.03 (40.96)	9:30.29 (41.26)	10:11.07 (40.78)	10:52.56 (41.49)	
	11:34.10 (41.54)	12:15.02 (40.92)	12:55.73 (40.71)	13:36.79 (41.06)	
	14:17.75 (40.96)	14:59.01 (41.26)	15:40.27 (41.26)	16:21.26 (40.99)	
	17:02.57 (41.31)	17:43.64 (41.07)	18:24.33 (40.69)	19:05.92 (41.59)	
	19:47.52 (41.60)	20:28.70 (41.18)	21:10.00 (41.30)	21:51.34 (41.34)	22:30.29 (38.95)

## Women 18-24 50 Yard Breaststroke

MN-LMSC: 30.48 L 12/6/2009 Erika Bjorklund  
 NATL: 27.76 N 12/5/2014 KATIE MEILI  
 37.40 18-24 NQT

1 Paakh, Melissa K	23	Minnesota Masters Swim Club	34.15	33.54	NQT
2 Tripps, Gabrielle	19	Hopkins Masters -wg	39.00	37.72	

## Women 18-24 100 Yard Breaststroke

MN-LMSC: 1:04.31 L 11/20/2014 Lauren Greenberg  
 NATL: 58.71 N 12/5/2014 KATIE MEILI  
 1:20.59 18-24 NQT

1 Tripps, Gabrielle	19	Hopkins Masters -wg	1:22.58	1:20.06	NQT
	38.44	1:20.06 (41.62)			

## Women 18-24 50 Yard Butterfly

MN-LMSC: 27.23 L 2/26/2012 Alysha Blaydes  
 NATL: 24.54 N 11/8/2009 DANA VOLLMER  
 30.70 18-24 NQT

1 Paakh, Melissa K	23	Minnesota Masters Swim Club	27.59	26.65L	NQT
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## Women 18-24 100 Yard Butterfly

MN-LMSC: 1:00.76 L 1/24/2016 Melissa K Paakh  
 NATL: 52.30 N 11/8/2009 DANA VOLLMER  
 1:09.25 18-24 NQT

1 Paakh, Melissa K	23	Minnesota Masters Swim Club	1:00.76	1:00.75L	NQT
	28.78	1:00.75 (31.97)			

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## Women 18-24 100 Yard IM

MN-LMSC: 1:01.99 L 4/18/2010 Erika Bjorklund  
 NATL: 53.02 N 12/21/2014 KATIE MEILI  
 1:10.79 18-24 NQT

1 Paakh, Melissa K 23 Minnesota Masters Swim Club 1:06.82 1:06.20 NQT  
 30.03 1:06.20 (36.17)

## Women 25-29 100 Yard Freestyle

MN-LMSC: 52.15 L 4/13/2013 Stacy Busack  
 NATL: 49.18 N 2/24/2013 KIM VANDENBERG  
 1:01.87 25-29 NQT

1 Punyko, Renee M 27 Uc30 1:10.00 1:02.05  
 29.32 1:02.05 (32.73)  
 2 Fehl, Gretchen M 25 Uc30 1:03.52 1:04.59  
 30.30 1:04.59 (34.29)  
 3 Sullivan, Ashley E 27 North Suburban Aquatic Club-wg 1:09.06 1:09.18  
 32.06 1:09.18 (37.12)

## Women 25-29 200 Yard Backstroke

MN-LMSC: 2:07.48 L 5/1/2011 Katie Wind  
 NATL: 1:56.87 N 2/28/2015 F PELLEGRINI  
 2:32.25 25-29 NQT

1 Punyko, Renee M 27 Uc30 2:45.00 2:24.05 NQT  
 32.89 1:08.97 (36.08) 1:46.75 (37.78) 2:24.05 (37.30)

## Women 25-29 50 Yard Breaststroke

MN-LMSC: 31.48 L 5/1/2011 Erika Bjorklund  
 NATL: 27.14 N 2/21/2010 MEGAN JENDRICK  
 36.86 25-29 NQT

1 Sullivan, Ashley E 27 North Suburban Aquatic Club-wg 37.45 37.96

## Women 25-29 100 Yard Breaststroke

MN-LMSC: 1:07.73 L 4/12/2014 Steff White-Olson  
 NATL: 59.58 N 2/6/2010 MEGAN JENDRICK  
 1:19.68 25-29 NQT

1 Sullivan, Ashley E 27 North Suburban Aquatic Club-wg 1:23.59 1:23.56  
 39.71 1:23.56 (43.85)

## Women 25-29 100 Yard IM

MN-LMSC: 1:03.19 L 4/11/1987 Judy Anderson  
 NATL: 54.43 N 2/6/2010 MEGAN JENDRICK  
 1:09.69 25-29 NQT

1 Punyko, Renee M 27 Uc30 1:20.00 1:11.98  
 32.46 1:11.98 (39.52)  
 2 Fehl, Gretchen M 25 Uc30 1:11.75 1:14.64  
 34.54 1:14.64 (40.10)  
 3 Sullivan, Ashley E 27 North Suburban Aquatic Club-wg 1:23.15 1:27.29  
 42.39 1:27.29 (44.90)

## Women 25-29 200 Yard IM

MN-LMSC: 2:15.83 L 4/13/2013 Stacy Busack  
 NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER  
 2:29.11 25-29 NQT

1 Fehl, Gretchen M 25 Uc30 2:38.72 2:44.33  
 34.12 1:16.23 (42.11) 2:05.92 (49.69) 2:44.33 (38.41)

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## Women 35-39 50 Yard Freestyle

MN-LMSC: 24.49 L 2/24/2008 K. D Radke Gerry  
 NATL: 22.34 N 2/25/2007 DARA TORRES  
 29.44 35-39 NQT

1	Olson, Katherine L	38	Prairie Masters Swim Team	NT	31.76
2	Hankee, Diane L	38	North Suburban Aquatic Club-wg	32.56	32.03

## Women 35-39 1000 Yard Freestyle

MN-LMSC: 11:06.89 L 4/29/2007 Karen K Zemlin  
 NATL: 10:11.23 N 11/15/2014 HEIDI GEORGE  
 13:15.23 35-39 NQT

1	Hankee, Diane L	38	North Suburban Aquatic Club-wg	15:14.95	15:01.39
	40.20	1:22.78 (42.58)	2:06.44 (43.66)	2:50.94 (44.50)	
	3:35.61 (44.67)	5:07.17 (1:31.56)	5:53.02 (45.85)	6:38.92 (45.90)	
	7:25.61 (46.69)	8:11.47 (45.86)	8:57.29 (45.82)	9:42.91 (45.62)	
	10:29.76 (46.85)	11:15.46 (45.70)	12:01.48 (46.02)	12:46.76 (45.28)	
	13:33.11 (46.35)	14:18.63 (45.52)	15:01.39 (42.76)		

## Women 35-39 50 Yard Backstroke

MN-LMSC: 27.96 L 1/29/2012 Jie Li  
 NATL: 25.02 N 5/3/2014 NORIKO INADA  
 34.58 35-39 NQT

1	Olson, Katherine L	38	Prairie Masters Swim Team	33.07	33.13	NQT
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## Women 35-39 50 Yard Breaststroke

MN-LMSC: 33.16 L 4/13/1997 Judy Lallier  
 NATL: 28.51 N 5/2/2014 KATIE GLENN  
 38.46 35-39 NQT

1	Melsen, Krisie M	35	Hopkins Masters -wg	34.57	35.43	NQT
2	Olson, Katherine L	38	Prairie Masters Swim Team	37.74	38.09	NQT
---	Hankee, Diane L	38	North Suburban Aquatic Club-wg	44.00	DQ	
	Butterfly kick					

## Women 35-39 100 Yard Breaststroke

MN-LMSC: 1:10.80 L 5/18/1997 Judy Lallier  
 NATL: 1:01.88 N 4/25/2015 KATIE GLENN  
 1:23.64 35-39 NQT

1	Melsen, Krisie M	35	Hopkins Masters -wg	1:14.14	1:17.20	NQT
	36.01	1:17.20 (41.19)				

## Women 35-39 100 Yard IM

MN-LMSC: 1:01.81 L 5/18/1997 Judy Lallier  
 NATL: 57.67 N 5/23/2010 SHERI HART  
 1:13.63 35-39 NQT

1	Olson, Katherine L	38	Prairie Masters Swim Team	1:11.52	1:13.39	NQT
	32.96	1:13.39 (40.43)				

## Women 40-44 50 Yard Freestyle

MN-LMSC: 24.43 L 2/27/2011 K. D Radke Gerry  
 NATL: 21.91 N 4/15/2007 DARA TORRES  
 29.38 40-44 NQT

1	Barry, Amy	44	Minnesota Masters Swim Club	29.44	30.48
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**Women 40-44 50 Yard Breaststroke**

MN-LMSC: 35.05 L 12/6/2009 Kristen L McRae  
 NATL: 29.24 N 2/28/2010 S VON DER LIPPE  
 38.87 40-44 NQT

1 Barry, Amy 44 Minnesota Masters Swim Club 36.54 37.62 NQT

**Women 40-44 100 Yard Breaststroke**

MN-LMSC: 1:14.96 L 1/21/2007 Barbara A Scouler  
 NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE  
 1:25.64 40-44 NQT

1 Barry, Amy 44 Minnesota Masters Swim Club 1:24.00 1:24.13 NQT  
 39.88 1:24.13 (44.25)

**Women 45-49 50 Yard Freestyle**

MN-LMSC: 24.83 L 5/4/2008 Barbara A Scouler  
 NATL: 24.00 N 5/4/2008 SUSAN WALSH  
 30.22 45-49 NQT

1 Mc Callum, Lisa M 49 North Suburban Aquatic Club-wg 30.27 30.30

**Women 45-49 100 Yard Freestyle**

MN-LMSC: 57.45 L 3/20/2010 Barbara A Scouler  
 NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN  
 1:06.57 45-49 NQT

1 Mc Callum, Lisa M 49 North Suburban Aquatic Club-wg 1:06.18 1:07.79  
 31.72 1:07.79 (36.07)

**Women 45-49 200 Yard Freestyle**

MN-LMSC: 2:00.80 L 5/4/2008 Barbara A Scouler  
 NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN  
 2:20.10 45-49 NQT

1 Mc Callum, Lisa M 49 North Suburban Aquatic Club-wg 2:25.21 2:27.36  
 33.47 1:10.85 (37.38) 1:49.20 (38.35) 2:27.36 (38.16)

**Women 45-49 1000 Yard Freestyle**

MN-LMSC: 10:58.98 L 4/12/2014 Karen K Zemlin  
 NATL: 10:32.91 N 4/19/2009 K PIPES-NEILSEN  
 13:03.94 45-49 NQT

1 Mc Callum, Lisa M 49 North Suburban Aquatic Club-wg 15:00.00 13:34.25  
 34.92 1:13.74 (38.82) 1:54.37 (40.63) 2:35.06 (40.69)  
 3:16.22 (41.16) 3:57.37 (41.15) 4:38.28 (40.91) 5:19.60 (41.32)  
 6:01.18 (41.58) 6:42.53 (41.35) 7:23.91 (41.38) 8:04.89 (40.98)  
 8:45.67 (40.78) 9:26.38 (40.71) 10:07.63 (41.25) 10:49.71 (42.08)  
 11:31.46 (41.75) 12:13.14 (41.68) 12:54.38 (41.24) 13:34.25 (39.87)

**Women 45-49 50 Yard Butterfly**

MN-LMSC: 26.24 L 5/4/2008 Barbara A Scouler  
 NATL: 25.96 N 4/21/2013 SUSAN WILLIAMS  
 33.05 45-49 NQT

1 Mc Callum, Lisa M 49 North Suburban Aquatic Club-wg 33.41 34.20

**Women 50-54 50 Yard Freestyle**

MN-LMSC: 25.78 L 4/19/2009 Ann C Senn  
 NATL: 24.60 N 3/29/2014 SUE WALSH  
 30.56 50-54 NQT

1 Hromada, Sarah 54 Y's Guys Swimming -wg 33.00 32.38  
 2 Selby, Daree A 54 Hopkins Masters -wg 41.00 41.49

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**Women 50-54 100 Yard Freestyle**

MN-LMSC: 58.73 L 4/19/2009 Ann C Senn  
 NATL: 54.38 N 5/17/2002 LAURA VAL

1:07.30 50-54 NQT

1	Hromada, Sarah	54	Y's Guys Swimming -wg	1:11.96	1:09.86
	33.37		1:09.86 (36.49)		
2	Selby, Daree A	54	Hopkins Masters -wg	1:39.00	1:38.39
	45.92		1:38.39 (52.47)		

**Women 50-54 200 Yard Freestyle**

MN-LMSC: 2:11.39 L 4/17/2011 Jane D Hansen  
 NATL: 1:58.43 N 5/4/2014 JILL HERNANDEZ

2:21.82 50-54 NQT

1	Hromada, Sarah	54	Y's Guys Swimming -wg	2:36.50	2:30.97
	34.87		1:13.07 (38.20) 1:52.10 (39.03)	2:30.97 (38.87)	
2	Selby, Daree A	54	Hopkins Masters -wg	3:55.00	3:41.20
	48.77		1:44.22 (55.45) 2:43.36 (59.14)	3:41.20 (57.84)	

**Women 50-54 100 Yard IM**

MN-LMSC: 1:06.90 L 2/23/2014 Barbara A Scouler  
 NATL: 1:02.18 N 4/28/2012 K PIPES-NEILSEN

1:19.31 50-54 NQT

1	Hromada, Sarah	54	Y's Guys Swimming -wg	1:20.00	1:20.64
	38.79		1:20.64 (41.85)		

**Women 55-59 50 Yard Freestyle**

MN-LMSC: 27.31 L 5/23/2010 Nancy L Kryka  
 NATL: 25.29 N 5/10/2009 LAURA VAL

32.05 55-59 NQT

1	Merchant, Cynthia B	59	Minnesota Masters Swim Club	NT	41.62
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**Women 55-59 100 Yard Freestyle**

MN-LMSC: 1:02.21 L 2/21/2016 Marjorie D Laskey  
 NATL: 54.72 N 5/4/2008 LAURA VAL

1:11.11 55-59 NQT

1	Merchant, Cynthia B	59	Minnesota Masters Swim Club	NT	1:33.57
	42.84		1:33.57 (50.73)		

**Women 55-59 50 Yard Backstroke**

MN-LMSC: 35.60 L 2/22/2015 Barbara Ballard  
 NATL: 28.88 N 3/28/2010 LAURA VAL

38.57 55-59 NQT

1	Merchant, Cynthia B	59	Minnesota Masters Swim Club	NT	53.83
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**Women 55-59 50 Yard Breaststroke**

MN-LMSC: 37.85 L 1/24/2016 Marjorie D Laskey  
 NATL: 33.76 N 5/14/2011 LISA BENNETT

42.44 55-59 NQT

---	Merchant, Cynthia B	59	Minnesota Masters Swim Club	NT	DQ
	Butterfly kick				

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**Women 55-59 100 Yard IM**

MN-LMSC: 1:10.49 L 5/23/2010 Nancy L Kryka  
 NATL: 1:05.21 N 5/20/2007 LAURA VAL  
 1:22.31 55-59 NQT

1 Merchant, Cynthia B 59 Minnesota Masters Swim Club NT 1:50.30  
 53.14 1:50.30 (57.16)

**Women 60-64 50 Yard Freestyle**

MN-LMSC: 34.72 L 1/1/1993 Kathie Theis  
 NATL: 26.48 N 3/9/2014 LAURA VAL  
 33.86 60-64 NQT

1 Pendergast, Paula J 61 Michigan Masters 40.00 39.32

**Women 60-64 50 Yard Backstroke**

MN-LMSC: 38.81 L 4/15/2012 S. Lee-Sheridan  
 NATL: 29.58 N 4/26/2015 LAURA VAL  
 41.29 60-64 NQT

1 Pendergast, Paula J 61 Michigan Masters 47.00 47.35

**Women 60-64 100 Yard Backstroke**

MN-LMSC: 1:23.85 L 4/15/2012 S. Lee-Sheridan  
 NATL: 1:03.72 N 5/12/2013 LAURA VAL  
 1:30.37 60-64 NQT

1 Pendergast, Paula J 61 Michigan Masters 1:40.00 1:45.52  
 49.66 1:45.52 (55.86)

**Women 60-64 50 Yard Breaststroke**

MN-LMSC: 42.20 L 4/15/2012 S. Lee-Sheridan  
 NATL: 35.09 N 5/10/2013 MELINDA WOLFF  
 44.41 60-64 NQT

1 Pendergast, Paula J 61 Michigan Masters 47.00 45.70

**Women 60-64 100 Yard Breaststroke**

MN-LMSC: 1:31.22 L 3/10/2012 S. Lee-Sheridan  
 NATL: 1:16.80 N 4/25/2015 LO KNAPP  
 1:38.67 60-64 NQT

1 Pendergast, Paula J 61 Michigan Masters 1:42.00 1:43.09  
 48.78 1:43.09 (54.31)

**Women 65-69 50 Yard Freestyle**

MN-LMSC: 34.67 L 5/4/1989 Phyllis B Staige  
 NATL: 28.03 N 3/6/2016 CHARLOTTE DAVIS  
 36.96 65-69 NQT

1 Hoover, Mary C 66 Hopkins Masters -wg 46.96 51.84

**Women 65-69 100 Yard Freestyle**

MN-LMSC: 1:16.80 L 5/4/1989 Phyllis B Staige  
 NATL: 1:05.01 N 4/26/2015 STELLA PREISLER  
 1:24.18 65-69 NQT

1 Hoover, Mary C 66 Hopkins Masters -wg 1:48.20 1:48.17

**Women 65-69 50 Yard Breaststroke**

MN-LMSC: 48.36 L 12/2/2001 Anice Flesh  
 NATL: 37.74 N 4/25/2004 JOANN LEILICH  
 49.68 65-69 NQT

1 Hoover, Mary C 66 Hopkins Masters -wg 53.15 53.40

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## Women 65-69 100 Yard Breaststroke

MN-LMSC: 1:45.72 L 12/2/2001 Anice Flesh  
 NATL: 1:23.95 N 4/25/2004 JOANN LEILICH  
 1:51.81 65-69 NQT

1 Hoover, Mary C 66 Hopkins Masters -wg 1:55.68 1:56.91  
 55.66 1:56.91 (1:01.25)

## Women 65-69 200 Yard Breaststroke

MN-LMSC: 3:54.12 L 4/14/2002 Anice Flesh  
 NATL: 3:01.50 N 4/4/2004 JOANN LEILICH  
 4:00.17 65-69 NQT

1 Hoover, Mary C 66 Hopkins Masters -wg 4:11.64 4:06.85  
 56.77 1:58.83 (1:02.06) 4:06.85 (2:08.02)

## Men 18-24 50 Yard Freestyle

MN-LMSC: 21.03 L 2/23/2014 Neal Kennedy  
 NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER  
 24.44 18-24 NQT

1 Charlton, Graham 24 Minnesota Masters Swim Club 23.00 24.05 NQT

## Men 18-24 100 Yard Freestyle

MN-LMSC: 46.38 L 12/6/2009 Zach J Wood  
 NATL: 42.59 N 12/1/2012 EUGENE GODSOE  
 54.54 18-24 NQT

1 English, Philip 24 Hopkins Masters -wg 51.73 52.26 NQT  
 25.42 52.26 (26.84)  
 2 Charlton, Graham 24 Minnesota Masters Swim Club 52.00 52.37 NQT  
 25.45 52.37 (26.92)

## Men 18-24 200 Yard Freestyle

MN-LMSC: 1:44.99 L 4/2/2006 Pael V Zhuravlev  
 NATL: 1:35.02 N 11/8/2009 ANDY GRANT  
 1:59.27 18-24 NQT

1 English, Philip 24 Hopkins Masters -wg 1:48.68 1:58.68 NQT  
 26.98 56.60 (29.62) 1:27.89 (31.29) 1:58.68 (30.79)

## Men 18-24 500 Yard Freestyle

MN-LMSC: 4:50.60 L 6/2/1983 Brian Ross  
 NATL: 4:24.81 N 1/24/2010 ANDY GRANT  
 5:36.40 18-24 NQT

1 English, Philip 24 Hopkins Masters -wg 4:54.03 5:17.36 NQT  
 29.33 1:02.79 (33.46) 1:35.72 (32.93) 2:07.82 (32.10)  
 2:39.88 (32.06) 3:11.93 (32.05) 3:43.76 (31.83) 4:15.71 (31.95)  
 4:47.05 (31.34) 5:17.36 (30.31)

## Men 18-24 1000 Yard Freestyle

MN-LMSC: 10:18.30 L 4/13/2013 Sky Boggio  
 NATL: 9:01.26 N 2/13/2010 JPARNOLD  
 12:53.09 18-24 NQT

1 English, Philip 24 Hopkins Masters -wg 11:10.39 11:32.41 NQT  
 31.51 1:05.49 (33.98) 1:41.48 (35.99) 2:17.90 (36.42)  
 2:54.24 (36.34) 3:30.94 (36.70) 4:07.69 (36.75) 4:43.33 (35.64)  
 5:19.26 (35.93) 5:55.32 (36.06) 6:31.03 (35.71) 7:05.75 (34.72)  
 7:39.30 (33.55) 8:13.93 (34.63) 8:48.25 (34.32) 9:22.77 (34.52)  
 9:55.99 (33.22) 10:28.68 (32.69) 11:00.98 (32.30) 11:32.41 (31.43)

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**Men 18-24 50 Yard Butterfly**

MN-LMSC: 22.19 L 4/12/2014 Neal Kennedy  
 NATL: 21.13 N 4/26/2015 HENRIK LINDAU  
 26.75 18-24 NQT

1 Charlton, Graham 24 Minnesota Masters Swim Club 26.00 26.12 NQT

**Men 18-24 100 Yard IM**

MN-LMSC: 50.33 L 4/12/2014 Neal Kennedy  
 NATL: 49.52 N 4/25/2015 COLIN BABCOCK  
 1:01.58 18-24 NQT

1 Charlton, Graham 24 Minnesota Masters Swim Club 1:00.00 1:02.59  
 27.53 1:02.59 (35.06)

**Men 18-24 200 Yard IM**

MN-LMSC: 1:57.26 L 4/11/2015 Marcus Duval  
 NATL: 1:49.30 N 4/26/2015 COLIN BABCOCK  
 2:14.17 18-24 NQT

1 English, Philip 24 Hopkins Masters -wg 2:16.32 2:16.99  
 29.77 1:07.23 (37.46) 1:45.91 (38.68) 2:16.99 (31.08)

**Men 30-34 50 Yard Freestyle**

MN-LMSC: 20.93 L 4/4/2004 Brian L Jacobson  
 NATL: 19.33 N 5/3/2014 ERVIN\ERVIN  
 25.05 30-34 NQT

1 Johnson, Luke B 33 Hopkins Masters -wg 25.00 24.87 NQT

**Men 30-34 100 Yard Freestyle**

MN-LMSC: 47.34 L 1/20/2008 Duane W Dobko  
 NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND  
 54.76 30-34 NQT

1 Nelson, Josiah C 34 Nort'landers Swim Club 1:29.00 1:25.57  
 38.95 1:25.57 (46.62)

**Men 30-34 200 Yard Freestyle**

MN-LMSC: 1:45.51 L 1/20/2008 Duane W Dobko  
 NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND  
 2:00.49 30-34 NQT

1 Parish, Patrick L 30 Hopkins Masters -wg 2:08.00 2:14.48  
 31.38 1:05.07 (33.69) 1:39.74 (34.67) 2:14.48 (34.74)  
 2 Nelson, Josiah C 34 Nort'landers Swim Club 3:18.00 3:14.35  
 41.07 1:30.88 (49.81) 2:22.86 (51.98) 3:14.35 (51.49)

**Men 30-34 500 Yard Freestyle**

MN-LMSC: 4:50.62 L 1/20/2008 Duane W Dobko  
 NATL: 4:29.49 N 2/25/1996 MATTHEW CETLINSKI  
 5:31.80 30-34 NQT

1 Parish, Patrick L 30 Hopkins Masters -wg 5:50.00 5:59.09  
 32.33 1:07.56 (35.23) 1:43.85 (36.29) 2:20.38 (36.53)  
 2:56.90 (36.52) 3:33.17 (36.27) 4:09.47 (36.30) 4:46.12 (36.65)  
 5:23.02 (36.90) 5:59.09 (36.07)  
 2 Nelson, Josiah C 34 Nort'landers Swim Club 8:30.00 8:48.99  
 42.84 1:35.30 (52.46) 2:28.55 (53.25) 3:21.48 (52.93)  
 4:15.77 (54.29) 5:11.18 (55.41) 6:06.94 (55.76) 7:01.33 (54.39)  
 7:55.45 (54.12) 8:48.99 (53.54)

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## Men 30-34 1000 Yard Freestyle

MN-LMSC: 10:22.31 L 3/24/1996 Joe Vrudny  
 NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF  
 12:04.85 30-34 NQT

1	Parish, Patrick L	30	Hopkins Masters -wg	12:15.00	12:29.46
	33.84	1:10.57 (36.73)	1:47.67 (37.10)	2:24.91 (37.24)	
	3:02.65 (37.74)	3:40.12 (37.47)	4:18.51 (38.39)	4:56.55 (38.04)	
	5:34.43 (37.88)	6:12.44 (38.01)	6:50.29 (37.85)	7:28.10 (37.81)	
	8:06.04 (37.94)	8:43.78 (37.74)	9:21.74 (37.96)	9:59.82 (38.08)	
	10:37.73 (37.91)	11:15.88 (38.15)	11:53.24 (37.36)	12:29.46 (36.22)	
2	Nelson, Josiah C	34	Nort'landers Swim Club	18:00.00	19:11.03
	46.58	1:42.31 (55.73)	2:37.37 (55.06)	3:32.37 (55.00)	
	4:28.70 (56.33)	5:26.33 (57.63)	6:22.07 (55.74)	7:20.83 (58.76)	
	8:17.91 (57.08)	9:15.68 (57.77)	10:13.01 (57.33)	11:12.73 (59.72)	
	12:11.25 (58.52)	13:11.05 (59.80)	14:10.59 (59.54)	15:11.17 (1:00.58)	
	16:11.15 (59.98)	17:09.89 (58.74)	18:09.90 (1:00.01)	19:11.03 (1:01.13)	

## Men 30-34 1650 Yard Freestyle

MN-LMSC: 17:22.42 L 4/13/1997 Joe Vrudny  
 NATL: 15:51.57 N 5/12/1996 JEFF ERWIN  
 20:23.80 30-34 NQT

1	Johnson, Luke B	33	Hopkins Masters -wg	20:00.00	21:08.43
	33.04	1:09.29 (36.25)	1:46.73 (37.44)	2:23.89 (37.16)	
	3:01.99 (38.10)	3:39.04 (37.05)	4:17.26 (38.22)	4:54.74 (37.48)	
	5:33.53 (38.79)	6:11.97 (38.44)	6:50.19 (38.22)	7:28.59 (38.40)	
	8:08.36 (39.77)	8:47.16 (38.80)	9:27.54 (40.38)	10:06.27 (38.73)	
	10:46.44 (40.17)	11:26.24 (39.80)	12:05.51 (39.27)	12:43.75 (38.24)	
	13:22.95 (39.20)	14:01.30 (38.35)	14:41.30 (40.00)	15:19.55 (38.25)	
	15:59.94 (40.39)	16:39.00 (39.06)	17:19.16 (40.16)	17:57.71 (38.55)	
	18:38.43 (40.72)	19:17.13 (38.70)	19:55.63 (38.50)	20:32.71 (37.08)	21:08.43 (35.72)

## Men 30-34 50 Yard Breaststroke

MN-LMSC: 26.39 L 4/23/2015 Luke Vestrum  
 NATL: 24.35 N 4/24/2015 MATT GREVERS  
 32.00 30-34 NQT

1	Johnson, Luke B	33	Hopkins Masters -wg	32.00	32.04
2	Nelson, Josiah C	34	Nort'landers Swim Club	45.00	46.25

## Men 30-34 100 Yard Breaststroke

MN-LMSC: 1:00.74 L 4/27/2008 Brian L Jacobson  
 NATL: 53.44 N 4/29/2011 ED MOSES  
 1:11.20 30-34 NQT

1	Johnson, Luke B	33	Hopkins Masters -wg	1:11.00	1:11.29
	33.46	1:11.29 (37.83)			

## Men 30-34 200 Yard IM

MN-LMSC: 2:03.05 L 4/13/1997 Joe Vrudny  
 NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND  
 2:15.49 30-34 NQT

1	Parish, Patrick L	30	Hopkins Masters -wg	2:27.00	2:32.21
	32.52	1:13.19 (40.67)	1:57.30 (44.11)	2:32.21 (34.91)	

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## Men 30-34 400 Yard IM

MN-LMSC: 4:22.05 L 3/24/1996 JOE VRUDNY  
 NATL: 3:40.98 N 12/19/2014 DARIAN TOWNSEND  
 4:57.13 30-34 NQT

--- Parish, Patrick L 30 Hopkins Masters -wg 5:20.00 DQ  
 Not on back off wall - back  
 32.73 1:11.64 (38.91) 1:55.07 (43.43) 2:37.52 (42.45)  
 3:24.74 (47.22) 4:10.67 (45.93) 4:48.31 (37.64) DQ (36.17)

## Men 35-39 50 Yard Freestyle

MN-LMSC: 20.79 L 4/18/2010 Brian L Jacobson  
 NATL: 20.14 N 5/4/2008 JOSH DAVIS  
 25.18 35-39 NQT

1 Hankee, Michael J 39 North Suburban Aquatic Club-wg 29.18 28.42  
 2 Harris, Alan J 37 Uc30 NT 29.96

## Men 35-39 100 Yard Freestyle

MN-LMSC: 46.95 L 4/29/2012 Brian L Jacobson  
 NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO  
 55.99 35-39 NQT

1 Overby, Nathan E 35 Minnesota Masters Swim Club 58.00 57.38  
 27.66 57.38 (29.72)  
 2 Hankee, Michael J 39 North Suburban Aquatic Club-wg 1:01.46 1:01.26  
 29.24 1:01.26 (32.02)  
 3 Harris, Alan J 37 Uc30 NT 1:08.02  
 31.13 1:08.02 (36.89)

## Men 35-39 500 Yard Freestyle

MN-LMSC: 4:54.46 L 4/19/2009 Duane W Dobko  
 NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH  
 5:36.60 35-39 NQT

1 Overby, Nathan E 35 Minnesota Masters Swim Club 5:47.00 5:54.26  
 31.10 1:05.60 (34.50) 1:41.64 (36.04) 2:18.10 (36.46)  
 2:54.18 (36.08) 3:30.83 (36.65) 4:07.09 (36.26) 4:43.62 (36.53)  
 5:19.80 (36.18) 5:54.26 (34.46)  
 2 Hankee, Michael J 39 North Suburban Aquatic Club-wg 6:21.37 6:22.97  
 31.66 1:06.93 (35.27) 1:44.45 (37.52) 2:23.32 (38.87)  
 3:03.22 (39.90) 3:42.86 (39.64) 4:22.80 (39.94) 5:03.67 (40.87)  
 5:44.37 (40.70) 6:22.97 (38.60)

## Men 35-39 1650 Yard Freestyle

MN-LMSC: 17:29.26 L 2/16/1992 James A Stewart  
 NATL: 15:53.88 N 5/18/2003 JEFF ERWIN  
 20:32.98 35-39 NQT

1 Overby, Nathan E 35 Minnesota Masters Swim Club 20:35.00 20:02.32 NQT  
 32.88 1:09.12 (36.24) 1:46.43 (37.31) 2:24.14 (37.71)  
 3:01.90 (37.76) 3:39.68 (37.78) 4:17.39 (37.71) 4:55.12 (37.73)  
 5:33.28 (38.16) 6:11.29 (38.01) 6:49.32 (38.03) 7:27.20 (37.88)  
 8:05.12 (37.92) 8:42.94 (37.82) 9:20.65 (37.71) 9:58.29 (37.64)  
 10:36.20 (37.91) 11:14.19 (37.99) 11:52.29 (38.10) 12:30.31 (38.02)  
 13:08.14 (37.83) 13:46.27 (38.13) 14:24.50 (38.23) 15:03.16 (38.66)  
 15:41.56 (38.40) 16:19.48 (37.92) 16:57.16 (37.68) 17:35.08 (37.92)  
 18:12.46 (37.38) 18:49.77 (37.31) 19:27.22 ( ) 20:02.32 (35.10)

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**Men 35-39 50 Yard Backstroke**

MN-LMSC: 24.31 L 4/27/2008 Duane W Dobko  
 NATL: 22.70 N 5/4/2008 JOSH DAVIS  
 29.83 35-39 NQT

1 Hankee, Michael J 39 North Suburban Aquatic Club-wg 37.47 41.46

**Men 35-39 50 Yard Breaststroke**

MN-LMSC: 26.75 L 4/29/2012 Brian L Jacobson  
 NATL: 25.35 N 5/21/2010 STEVE WEST  
 32.44 35-39 NQT

1 Harris, Alan J 37 Uc30 NT 37.30

**Men 35-39 100 Yard Breaststroke**

MN-LMSC: 58.09 L 4/15/2012 Brian L Jacobson  
 NATL: 54.98 N 3/28/2015 JAMES SHEEHAN  
 1:11.61 35-39 NQT

1 Harris, Alan J 37 Uc30 NT 1:24.77  
 38.50 1:24.77 (46.27)

**Men 35-39 50 Yard Butterfly**

MN-LMSC: 23.39 L 5/1/2011 Brian L Jacobson  
 NATL: 22.26 N 4/29/2011 JOSH DAVIS  
 27.89 35-39 NQT

1 Hankee, Michael J 39 North Suburban Aquatic Club-wg 37.30 38.67

**Men 35-39 100 Yard IM**

MN-LMSC: 52.66 L 4/29/2012 Brian L Jacobson  
 NATL: 50.06 N 5/4/2008 JOSH DAVIS  
 1:04.17 35-39 NQT

1 Harris, Alan J 37 Uc30 NT 1:21.83  
 36.47 1:21.83 (45.36)

**Men 40-44 50 Yard Freestyle**

MN-LMSC: 20.84 L 4/23/2015 Brian L Jacobson  
 NATL: 20.67 N 12/20/2014 JOSH DAVIS  
 25.63 40-44 NQT

1 Finley, Charles R 44 Uc30 31.63 31.93

**Men 40-44 50 Yard Backstroke**

MN-LMSC: 25.15 L 4/18/2010 Scott P Tripps  
 NATL: 22.77 N 4/26/2009 MICHAEL ROSS  
 30.16 40-44 NQT

1 Seguin, Mark E 43 Minnetonka Masters -wg 27.53 27.85 NQT

**Men 40-44 100 Yard Backstroke**

MN-LMSC: 55.15 L 12/6/2009 Scott P Tripps  
 NATL: 48.49 N 4/26/2009 MICHAEL ROSS  
 1:05.48 40-44 NQT

1 Seguin, Mark E 43 Minnetonka Masters -wg 59.50 59.82 NQT  
 28.95 59.82 (30.87)

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**Men 40-44 200 Yard Backstroke**

MN-LMSC: 1:58.99 L 4/18/2010 Scott P Tripps  
 NATL: 1:50.09 N 5/4/2008 MICHAEL ROSS  
 2:20.73 40-44 NQT

1 Seguin, Mark E 43 Minnetonka Masters -wg 2:15.00 2:11.78 NQT  
 31.35 1:05.35 (34.00) 1:39.42 (34.07) 2:11.78 (32.36)

**Men 40-44 50 Yard Breaststroke**

MN-LMSC: 26.69 L 4/23/2015 Brian Jacobson  
 NATL: 25.56 N 4/24/2015 STEVE WEST  
 32.57 40-44 NQT

1 Finley, Charles R 44 Uc30 40.21 41.08

**Men 40-44 100 Yard Breaststroke**

MN-LMSC: 59.52 L 4/12/2014 Brian L Jacobson  
 NATL: 55.37 N 4/25/2015 JEFF COMMINGS  
 1:12.19 40-44 NQT

1 Finley, Charles R 44 Uc30 1:28.12 1:27.95  
 42.01 1:27.95 (45.94)

**Men 40-44 100 Yard IM**

MN-LMSC: 52.25 L 4/23/2015 Brian Jacobson  
 NATL: 51.07 N 4/25/2015 JEFF COMMINGS  
 1:04.65 40-44 NQT

1 Finley, Charles R 44 Uc30 1:32.80 1:26.94  
 43.71 1:26.94 (43.23)

**Men 45-49 50 Yard Freestyle**

MN-LMSC: 22.06 L 4/14/2002 Trip Hedrick  
 NATL: 21.06 N 5/21/2010 RICHARD HUGHEY  
 25.97 45-49 NQT

1 Kanter, Brad M 45 Hopkins Masters -wg 28.00 28.33

**Men 45-49 100 Yard Freestyle**

MN-LMSC: 48.35 L 4/14/2002 Trip Hedrick  
 NATL: 46.21 N 4/26/2015 NICOLAS GRANGER  
 56.98 45-49 NQT

1 Norton, David 48 Uc30 1:00.00 1:02.10  
 29.32 1:02.10 (32.78)

2 Kanter, Brad M 45 Hopkins Masters -wg 1:02.00 1:02.96  
 30.67 1:02.96 (32.29)

**Men 45-49 1000 Yard Freestyle**

MN-LMSC: 10:53.34 L 3/17/2002 James A Stewart  
 NATL: 9:43.93 N 5/20/2010 KEITH SWITZER  
 11:52.84 45-49 NQT

1 Kanter, Brad M 45 Hopkins Masters -wg 13:51.00 13:27.44  
 34.46 1:10.78 (36.32) 1:48.87 (38.09) 2:29.77 (40.90)  
 3:10.02 (40.25) 3:50.69 (40.67) 4:31.99 (41.30) 5:12.29 (40.30)  
 5:53.73 (41.44) 6:36.00 (42.27) 7:17.38 (41.38) 7:59.80 (42.42)  
 8:41.54 (41.74) 9:22.66 (41.12) 10:04.34 (41.68) 10:46.72 (42.38)  
 11:27.41 (40.69) 12:09.72 (42.31) 12:50.40 (40.68) 13:27.44 (37.04)

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## Men 45-49 1650 Yard Freestyle

MN-LMSC: 18:04.91 L 3/17/2002 James A Stewart  
 NATL: 16:08.05 N 5/20/2010 JEFF ERWIN  
 20:20.23 45-49 NQT

1	Awad, Omar	47	North Suburban Aquatic Club-wg	23:12.12	21:16.48
	34.22	1:11.71 (37.49)	1:50.06 (38.35)	2:29.10 (39.04)	
	3:08.05 (38.95)	3:47.23 (39.18)	4:26.42 (39.19)	5:06.02 (39.60)	
	5:45.20 (39.18)	6:24.28 (39.08)	7:03.45 (39.17)	7:42.53 (39.08)	
	8:21.40 (38.87)	9:00.37 (38.97)	9:39.82 (39.45)	10:19.40 (39.58)	
	10:58.21 (38.81)	11:37.48 (39.27)	12:16.82 (39.34)	12:55.56 (38.74)	
	13:34.68 (39.12)	14:13.52 (38.84)	14:52.51 (38.99)	15:31.43 (38.92)	
	16:10.43 (39.00)	16:49.36 (38.93)	17:28.10 (38.74)	18:06.72 (38.62)	
	18:45.36 (38.64)	19:23.57 (38.21)	20:01.93 (38.36)	20:40.21 (38.28)	21:16.48 (36.27)

## Men 45-49 100 Yard Breaststroke

MN-LMSC: 1:02.01 L 4/19/2009 J. L Kochendorfer  
 NATL: 56.83 N 2/20/2015 TODD TORRES  
 1:12.19 45-49 NQT

1	Norton, David	48	Uc30	1:15.00	1:20.08
	36.81	1:20.08 (43.27)			

## Men 45-49 50 Yard Butterfly

MN-LMSC: 23.84 L 4/11/1999 Trip Hedrick  
 NATL: 22.67 N 5/4/2008 PAUL SMITH  
 28.32 45-49 NQT

1	Awad, Omar	47	North Suburban Aquatic Club-wg	31.30	29.21
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## Men 45-49 100 Yard Butterfly

MN-LMSC: 53.28 L 4/11/1999 Trip Hedrick  
 NATL: 50.90 N 5/21/2010 DAVID SIMS  
 1:03.61 45-49 NQT

1	Awad, Omar	47	North Suburban Aquatic Club-wg	1:12.90	1:08.05
	31.86	1:08.05 (36.19)			

## Men 45-49 100 Yard IM

MN-LMSC: 57.72 L 4/23/2015 Scott Tripps  
 NATL: 52.14 N 5/23/2010 RICHARD HUGHEY  
 1:05.93 45-49 NQT

1	Awad, Omar	47	North Suburban Aquatic Club-wg	1:15.60	1:13.18
	32.92	1:13.18 (40.26)			
2	Norton, David	48	Uc30	1:07.00	1:13.44
	34.52	1:13.44 (38.92)			

## Men 50-54 50 Yard Freestyle

MN-LMSC: 21.90 L 4/25/2004 Trip Hedrick  
 NATL: 21.36 N 4/29/2011 ROWDY GAINES  
 26.55 50-54 NQT

1	Schlichting, Randy J	51	Hopkins Masters -wg	26.50	26.13	NQT
2	Daniels, Scott A	52	Minnesota Masters Swim Club	25.75	26.41	NQT
3	Kough, David S	52	Minnesota Masters Swim Club	26.69	27.19	
4	Zelenak, Mark J	50	Uc30	27.50	27.28	
5	Selby, Donald C	54	Hopkins Masters -wg	28.55	28.76	

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**Men 50-54 100 Yard Freestyle**

MN-LMSC: 48.16 L 4/25/2004 Trip Hedrick  
 NATL: 46.59 N 5/10/2009 ROWDY GAINES  
 58.92 50-54 NQT

1	Daniels, Scott A	52	Minnesota Masters Swim Club	57.00	58.42	NQT
	27.67			58.42 (30.75)		
2	Zelenak, Mark J	50	Uc30	1:02.00	1:01.12	
	29.61			1:01.12 (31.51)		
3	Ness, Randal J	53	Hopkins Masters -wg	1:02.80	1:03.49	
	30.62			1:03.49 (32.87)		
4	Selby, Donald C	54	Hopkins Masters -wg	1:04.15	1:05.53	
	31.24			1:05.53 (34.29)		

**Men 50-54 200 Yard Freestyle**

MN-LMSC: 1:48.45 L 4/4/2004 Trip Hedrick  
 NATL: 1:43.76 N 5/10/2009 ROWDY GAINES  
 2:06.42 50-54 NQT

1	Zelenak, Mark J	50	Uc30	2:17.00	2:18.87	
	31.77			1:06.96 (35.19)	1:43.47 (36.51)	2:18.87 (35.40)
2	Ness, Randal J	53	Hopkins Masters -wg	2:20.00	2:20.93	
	32.48			1:08.86 (36.38)	1:45.75 (36.89)	2:20.93 (35.18)

**Men 50-54 500 Yard Freestyle**

MN-LMSC: 5:20.88 L 7/4/2015 Thomas Ruehle  
 NATL: 4:47.57 N 5/20/2001 JIM MCCONICA  
 5:46.77 50-54 NQT

1	Ness, Randal J	53	Hopkins Masters -wg	6:18.00	6:24.74	
	35.01			1:13.63 (38.62)	1:52.91 (39.28)	2:32.62 (39.71)
	3:11.44 (38.82)			3:50.61 (39.17)	4:30.04 (39.43)	5:09.17 (39.13)
	5:47.89 (38.72)			6:24.74 (36.85)		

**Men 50-54 1000 Yard Freestyle**

MN-LMSC: 10:57.87 L 4/29/2007 James A Stewart  
 NATL: 9:55.84 N 4/6/2013 KEITH SWITZER  
 12:16.12 50-54 NQT

1	Zelenak, Mark J	50	Uc30	13:15.00	13:03.87	
	34.81			1:13.45 (38.64)	1:53.16 (39.71)	2:33.28 (40.12)
	3:12.66 (39.38)			3:52.78 (40.12)	4:32.44 (39.66)	5:12.44 (40.00)
	5:52.35 (39.91)			6:31.82 (39.47)	7:11.19 (39.37)	7:50.81 (39.62)
	8:30.71 (39.90)			9:10.30 (39.59)	9:49.53 (39.23)	10:29.00 (39.47)
	11:08.84 (39.84)			11:47.74 (38.90)	12:26.22 (38.48)	13:03.87 (37.65)

**Men 50-54 1650 Yard Freestyle**

MN-LMSC: 18:02.22 L 4/29/2007 James A Stewart  
 NATL: 16:28.77 N 4/23/2015 JEFF ERWIN  
 20:56.46 50-54 NQT

1	Kough, David S	52	Minnesota Masters Swim Club	20:56.45	21:14.21	
	33.91			1:10.66 (36.75)	1:48.39 (37.73)	2:26.46 (38.07)
	3:05.50 (39.04)			3:43.09 (37.59)	4:22.33 (39.24)	5:00.77 (38.44)
	5:40.22 (39.45)			6:19.34 (39.12)	6:58.20 (38.86)	7:37.20 (39.00)
	8:16.29 (39.09)			8:55.20 (38.91)	9:34.51 (39.31)	10:13.40 (38.89)
	10:52.39 (38.99)			11:31.45 (39.06)	12:10.21 (38.76)	12:49.33 (39.12)
	13:28.20 (38.87)			14:07.46 (39.26)	14:46.80 (39.34)	15:25.50 (38.70)
	16:04.06 (38.56)			16:43.14 (39.08)	17:22.99 (39.85)	18:02.55 (39.56)
	18:41.34 (38.79)			19:20.51 (39.17)	19:59.42 (38.91)	20:37.61 (38.19)
						21:14.21 (36.60)

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**Men 50-54 50 Yard Backstroke**

MN-LMSC: 27.10 L 4/11/2015 Randy Schlichting  
 NATL: 24.57 N 5/4/2014 FRITZ BEDFORD  
 31.40 50-54 NQT

1	Schlichting, Randy J	51	Hopkins Masters -wg	28.50	28.60	NQT
2	Daniels, Scott A	52	Minnesota Masters Swim Club	29.50	32.25	
3	Kough, David S	52	Minnesota Masters Swim Club	33.18	34.31	
4	Zelenak, Mark J	50	Uc30	36.00	36.14	

**Men 50-54 100 Yard Backstroke**

MN-LMSC: 59.08 L 4/11/2015 Randy Schlichting  
 NATL: 52.72 N 3/21/2015 FRITZ BEDFORD  
 1:08.53 50-54 NQT

1	Schlichting, Randy J	51	Hopkins Masters -wg	1:03.00	1:04.53	NQT
				31.25	1:04.53 (33.28)	

**Men 50-54 200 Yard Backstroke**

MN-LMSC: 2:12.18 L 4/27/2008 JEFFREY A LUKENS  
 NATL: 1:59.04 N 4/25/2015 JIM TUCHLER  
 2:26.14 50-54 NQT

1	Schlichting, Randy J	51	Hopkins Masters -wg	2:14.00	2:15.04	NQT
				31.11	1:05.19 (34.08)	1:40.10 (34.91)
						2:15.04 (34.94)

**Men 50-54 50 Yard Breaststroke**

MN-LMSC: 29.25 L 2/21/2016 William C Bloombe  
 NATL: 26.45 N 3/30/2014 DAVID GUTHRIE  
 33.89 50-54 NQT

1	Kough, David S	52	Minnesota Masters Swim Club	38.57	37.70	
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**Men 50-54 200 Yard Breaststroke**

MN-LMSC: 2:25.79 L 4/18/2010 Malachy McCarthy  
 NATL: 2:07.25 N 3/30/2014 DAVID GUTHRIE  
 2:44.30 50-54 NQT

1	Kough, David S	52	Minnesota Masters Swim Club	3:01.15	3:03.22	
				40.83	1:27.18 (46.35)	2:15.41 (48.23)
						3:03.22 (47.81)

**Men 50-54 50 Yard Butterfly**

MN-LMSC: 23.19 L 4/25/2004 Trip Hedrick  
 NATL: 23.19 N 4/25/2004 TRIP HEDRICK  
 29.01 50-54 NQT

1	Daniels, Scott A	52	Minnesota Masters Swim Club	28.00	28.31	NQT
2	Selby, Donald C	54	Hopkins Masters -wg	33.86	35.46	

**Men 50-54 100 Yard IM**

MN-LMSC: 56.53 L 4/25/2004 Trip Hedrick  
 NATL: 54.28 N 5/11/2013 DAVID SIMS  
 1:07.83 50-54 NQT

1	Schlichting, Randy J	51	Hopkins Masters -wg	1:06.00	1:05.38	NQT
				30.29	1:05.38 (35.09)	
2	Daniels, Scott A	52	Minnesota Masters Swim Club	1:05.00	1:05.70	NQT
				29.53	1:05.70 (36.17)	
3	Selby, Donald C	54	Hopkins Masters -wg	1:16.63	1:18.99	
				38.11	1:18.99 (40.88)	

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**Men 50-54 200 Yard IM**

MN-LMSC: 2:16.40 L 12/5/2010 Daniel P Sperry  
 NATL: 1:59.99 N 5/4/2014 DAVID SIMS  
 2:23.65 50-54 NQT

1 Ness, Randal J 53 Hopkins Masters -wg 2:49.00 2:47.08  
 35.83 1:21.51 (45.68) 2:12.44 (50.93) 2:47.08 (34.64)

**Men 55-59 50 Yard Freestyle**

MN-LMSC: 23.33 L 4/16/2011 Trip Hedrick  
 NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS  
 27.30 55-59 NQT

1 Downey, Keith S 55 Uc30 26.50 26.77 NQT  
 2 Tembreull, Mark W 58 North Suburban Aquatic Club-wg 35.10 34.15

**Men 55-59 100 Yard Freestyle**

MN-LMSC: 50.69 L 4/16/2011 Trip Hedrick  
 NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS  
 1:00.65 55-59 NQT

1 Downey, Keith S 55 Uc30 1:02.00 1:00.55 NQT  
 29.13 1:00.55 (31.42)  
 2 Tembreull, Mark W 58 North Suburban Aquatic Club-wg 1:20.10 1:16.58  
 35.30 1:16.58 (41.28)

**Men 55-59 500 Yard Freestyle**

MN-LMSC: 5:48.73 L 4/15/2012 Darrell J Smith  
 NATL: 4:56.82 N 4/11/2010 MICHAEL MANN  
 5:57.01 55-59 NQT

1 Fischer, Kenneth J 55 Hopkins Masters -wg 6:10.00 6:11.58  
 33.35 1:09.82 (36.47) 1:46.58 (36.76) 2:24.18 (37.60)  
 3:02.25 (38.07) 3:40.57 (38.32) 4:18.44 (37.87) 4:56.99 (38.55)  
 5:34.96 (37.97) 6:11.58 (36.62)

**Men 55-59 500 Yard Freestyle Time Trial**

MN-LMSC: 5:48.73 L 4/15/2012 Darrell J Smith  
 NATL: 4:56.82 N 4/11/2010 MICHAEL MANN  
 5:57.01 55-59 NQT

**- Time Trial**

1 Smith, Darrell J 59 Y's Guys Swimming -wg NT 6:02.05

**Men 55-59 1000 Yard Freestyle**

MN-LMSC: 12:02.78 L 4/23/2015 Craig Collins  
 NATL: 10:07.36 N 5/14/2006 JIM MC CONICA  
 12:33.34 55-59 NQT

1 Smith, Darrell J 59 Y's Guys Swimming -wg 13:01.00 13:41.57  
 31.66 1:07.67 (36.01) 1:44.90 (37.23) 2:21.89 (36.99)  
 2:58.45 (36.56) 3:35.65 (37.20) 4:12.43 (36.78) 4:49.59 (37.16)  
 5:25.70 (36.11) 6:02.05 (36.35) 7:12.87 (1:10.82) 8:04.96 (52.09)  
 8:46.99 (42.03) 9:30.57 (43.58) 10:15.77 (45.20) 10:58.63 (42.86)  
 11:41.96 (43.33) 12:24.57 (42.61) 13:06.26 (41.69) 13:41.57 (35.31)

**Men 55-59 50 Yard Backstroke**

MN-LMSC: 27.57 L 4/13/2013 Peter Rocca  
 NATL: 26.05 N 3/15/2015 GLENN PATCHING  
 32.77 55-59 NQT

1 Gilman, Bill 56 Minnesota Masters Swim Club 35.00 37.05

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**Men 55-59 200 Yard Backstroke**

MN-LMSC: 2:08.38 L 5/10/2009 JEFFREY A LUKENS  
 NATL: 2:03.14 N 3/31/2012 TOM BARTON  
 2:28.61 55-59 NQT

1	Holthus, Brian K	58	Y's Guys Swimming -wg	2:45.00	2:40.38
	37.63	1:17.91 (40.28)	2:00.00 (42.09)	2:40.38 (40.38)	

**Men 55-59 50 Yard Breaststroke**

MN-LMSC: 30.54 L 1/24/2016 James L Kochendor  
 NATL: 27.81 N 5/4/2008 TIMOTHY SHEAD  
 34.93 55-59 NQT

1	Downey, Keith S	55	Uc30	34.50	31.70	NQT
2	Kochendorfer, James L	55	Minnesota Masters Swim Club	30.15	31.76	NQT
3	Lamour, Didier B	59	Minnesota Masters Swim Club	39.00	36.45	
4	Gilman, Bill	56	Minnesota Masters Swim Club	38.00	37.51	

**Men 55-59 100 Yard Breaststroke**

MN-LMSC: 1:08.34 L 11/8/2015 James L Kochendor  
 NATL: 1:01.42 N 5/4/2008 TIMOTHY SHEAD  
 1:17.22 55-59 NQT

1	Downey, Keith S	55	Uc30	1:12.50	1:11.41	NQT
	34.05	1:11.41 (37.36)				
2	Lamour, Didier B	59	Minnesota Masters Swim Club	1:20.00	1:20.62	
	37.88	1:20.62 (42.74)				

**Men 55-59 50 Yard Butterfly**

MN-LMSC: 24.55 L 4/16/2011 Trip Hedrick  
 NATL: 24.13 N 4/26/2015 BRUCE KONE  
 30.08 55-59 NQT

1	Paakh, Bruce	58	Minnesota Masters Swim Club	28.49	28.12	NQT
2	Gilman, Bill	56	Minnesota Masters Swim Club	31.00	30.76	
3	Fischer, Kenneth J	55	Hopkins Masters -wg	31.20	31.55	
4	Tembreull, Mark W	58	North Suburban Aquatic Club-wg	45.00	44.04	

**Men 55-59 100 Yard Butterfly**

MN-LMSC: 56.02 L 4/17/2011 Trip Hedrick  
 NATL: 53.90 N 5/12/2013 PAUL CARTER  
 1:07.98 55-59 NQT

1	Smith, Darrell J	59	Y's Guys Swimming -wg	1:02.30	1:02.64	NQT
	29.39	1:02.64 (33.25)				
2	Lamour, Didier B	59	Minnesota Masters Swim Club	1:12.00	1:10.84	
	32.19	1:10.84 (38.65)				

**Men 55-59 100 Yard IM**

MN-LMSC: 59.32 L 4/17/2011 Trip Hedrick  
 NATL: 56.20 N 5/4/2008 TIMOTHY SHEAD  
 1:10.41 55-59 NQT

1	Downey, Keith S	55	Uc30	1:15.00	1:10.81	
	34.95	1:10.81 (35.86)				
2	Lamour, Didier B	59	Minnesota Masters Swim Club	1:11.00	1:11.97	
	33.97	1:11.97 (38.00)				
---	Tembreull, Mark W	58	North Suburban Aquatic Club-wg	1:45.00	DQ	
	Butterfly kick - breast					
	53.06	DQ (51.69)				

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## Men 60-64 50 Yard Freestyle

MN-LMSC: 24.33 L 2/22/2015 Trip Hedrick  
 NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS  
 28.26 60-64 NQT

1	Evers, John N	61	Hopkins Masters -wg	26.74	27.32	NQT
2	Anderson, Paul L	60	Uc30	NT	28.43	
3	Strother, Patrick J	62	Minnesota Masters Swim Club	25.96	28.88	
4	Vollkommer, Paul W	60	St Cloud Y -wg	31.08	31.31	
5	Maguire, John	60	Star Masters	32.50	31.67	

## Men 60-64 100 Yard Freestyle

MN-LMSC: 54.41 L 2/22/2015 Trip Hedrick  
 NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS  
 1:03.05 60-64 NQT

1	Anderson, Paul L	60	Uc30	NT	1:05.82	
					32.23	1:05.82 (33.59)
2	Vollkommer, Paul W	60	St Cloud Y -wg	1:11.45	1:11.85	
					32.89	1:11.85 (38.96)

## Men 60-64 200 Yard Freestyle

MN-LMSC: 2:07.86 L 4/18/2010 Marc S Anderson  
 NATL: 1:51.08 N 4/24/2015 RICK COLELLA  
 2:16.55 60-64 NQT

1	Anderson, Paul L	60	Uc30	NT	2:32.10	
					34.54	1:12.38 (37.84) 1:52.91 (40.53) 2:32.10 (39.19)

## Men 60-64 500 Yard Freestyle

MN-LMSC: 5:54.87 L 4/19/2009 Marc S Anderson  
 NATL: 5:11.17 N 4/29/2012 JIM MC CONICA  
 6:15.76 60-64 NQT

1	Maguire, John	60	Star Masters	7:11.00	7:11.61	
					35.89	1:17.36 (41.47) 2:00.27 (42.91) 2:44.69 (44.42)
					3:29.21 (44.52)	4:13.73 (44.52) 4:58.47 (44.74) 5:43.81 (45.34)
					6:28.16 (44.35)	7:11.61 (43.45)

## Men 60-64 50 Yard Backstroke

MN-LMSC: 28.52 L 5/1/2014 Jeffrey Lukens  
 NATL: 26.82 N 5/4/2008 HUGH WILDER  
 34.41 60-64 NQT

1	Strother, Patrick J	62	Minnesota Masters Swim Club	37.81	39.38	
2	Maguire, John	60	Star Masters	40.50	41.75	
3	Vollkommer, Paul W	60	St Cloud Y -wg	44.08	44.62	

## Men 60-64 50 Yard Breaststroke

MN-LMSC: 32.21 L 4/4/2004 Jim Pelissier  
 NATL: 28.76 N 4/24/2015 RICK COLELLA  
 37.08 60-64 NQT

1	Evers, John N	61	Hopkins Masters -wg	33.00	33.23	NQT
2	Strother, Patrick J	62	Minnesota Masters Swim Club	33.87	35.02	NQT
3	Leaf, Thomas A	62	Uc30	40.00	38.64	
4	Maguire, John	60	Star Masters	45.00	43.82	

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**Men 60-64 100 Yard Breaststroke**

MN-LMSC: 1:10.29 L 4/4/2004 Jim Pelissier  
 NATL: 1:02.61 N 5/2/2014 RICK COLELLA  
 1:22.52 60-64 NQT

1 Evers, John N 61 Hopkins Masters -wg 1:12.22 1:13.69 NQT  
 34.96 1:13.69 (38.73)

**Men 60-64 200 Yard Breaststroke**

MN-LMSC: 2:34.89 L 4/4/2004 Jim Pelissier  
 NATL: 2:16.71 N 5/3/2014 RICK COLELLA  
 2:58.37 60-64 NQT

1 Evers, John N 61 Hopkins Masters -wg 2:46.00 2:46.75 NQT  
 38.19 1:20.67 (42.48) 2:04.06 (43.39) 2:46.75 (42.69)

**Men 60-64 50 Yard Butterfly**

MN-LMSC: 26.21 L 2/22/2015 Trip Hedrick  
 NATL: 24.46 N 5/22/2005 RICHARD ABRAHAMS  
 31.28 60-64 NQT

1 Vollkommer, Paul W 60 St Cloud Y -wg 34.88 34.63  
 2 Maguire, John 60 Star Masters 35.00 35.06

**Men 60-64 100 Yard IM**

MN-LMSC: 1:06.30 L 5/9/2013 Ralph Bovard  
 NATL: 57.23 N 5/11/2013 RICK COLELLA  
 1:13.67 60-64 NQT

1 Leaf, Thomas A 62 Uc30 1:18.00 1:18.52  
 36.55 1:18.52 (41.97)  
 2 Vollkommer, Paul W 60 St Cloud Y -wg 1:31.07 1:32.59  
 38.96 1:32.59 (53.63)

**Men 60-64 200 Yard IM**

MN-LMSC: 2:27.84 L 2/23/2013 Marc S Anderson  
 NATL: 2:03.26 N 5/4/2014 RICK COLELLA  
 2:37.92 60-64 NQT

1 Leaf, Thomas A 62 Uc30 3:03.00 2:52.96  
 35.36 1:21.44 (46.08) 2:10.87 (49.43) 2:52.96 (42.09)

**Men 65-69 50 Yard Freestyle**

MN-LMSC: 25.25 L 4/11/2015 Marc S Anderson  
 NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS  
 30.00 65-69 NQT

1 Kaplan, Mark 66 Edina Swim Club 33.10 34.84

**Men 65-69 200 Yard Freestyle**

MN-LMSC: 2:09.56 L 11/9/2014 Marc S Anderson  
 NATL: 1:57.54 N 5/21/2010 RICHARD ABRAHAMS  
 2:25.10 65-69 NQT

1 Kaplan, Mark 66 Edina Swim Club 3:06.00 3:15.12  
 42.70 1:32.71 (50.01) 2:24.89 (52.18) 3:15.12 (50.23)

**Men 65-69 1000 Yard Freestyle Time Trial**

MN-LMSC: 12:47.20 L 3/21/2015 Marc S Anderson  
 NATL: 11:25.42 N 1/31/2015 DAN KIRKLAND  
 14:21.60 65-69 NQT

**- Time Trial**

1 Anderson, Marc S 66 Hopkins Masters -wg NT 13:24.29 NQT

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## Men 65-69 1650 Yard Freestyle

MN-LMSC: 21:08.32 L 3/21/2015 Marc S Anderson  
 NATL: 19:07.81 N 4/23/2015 JIM CLEMMONS  
 24:22.52 65-69 NQT

1	Anderson, Marc S	66	Hopkins Masters -wg	21:08.00	22:14.09	NQT
	35.20	1:13.49 (38.29)	1:52.79 (39.30)	2:32.67 (39.88)		
	3:12.45 (39.78)	3:53.17 (40.72)	4:33.89 (40.72)	5:14.50 (40.61)		
	5:55.43 (40.93)	6:36.14 (40.71)	7:17.34 (41.20)	7:58.74 (41.40)		
	8:39.66 (40.92)	9:20.17 (40.51)	10:00.94 (40.77)	10:41.73 (40.79)		
	11:22.67 (40.94)	12:03.67 (41.00)	12:44.58 (40.91)	13:24.29 (39.71)		
	14:07.29 (43.00)	14:48.14 (40.85)	15:28.96 (40.82)	16:09.87 (40.91)		
	16:51.51 (41.64)	17:32.66 (41.15)	18:13.97 (41.31)	18:55.14 (41.17)		
	19:36.08 (40.94)	20:17.07 (40.99)	20:57.43 (40.36)	21:37.57 (40.14)	22:14.09 (36.52)	

## Men 65-69 50 Yard Breaststroke

MN-LMSC: 32.21 L 7/4/2015 Marc S Anderson  
 NATL: 30.53 N 5/10/2013 ROBERT STRAND  
 38.86 65-69 NQT

1	Kleffman, Robin T	68	Uc30	36.50	36.75	NQT
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## Men 65-69 50 Yard Butterfly

MN-LMSC: 28.33 L 7/4/2015 Marc S Anderson  
 NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS  
 32.98 65-69 NQT

1	Kleffman, Robin T	68	Uc30	30.50	30.16	NQT
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## Men 65-69 100 Yard IM

MN-LMSC: 1:05.54 L 7/4/2015 Marc S Anderson  
 NATL: 1:00.32 N 5/23/2010 RICHARD ABRAHAMS  
 1:18.22 65-69 NQT

1	Kleffman, Robin T	68	Uc30	1:20.50	1:14.57	NQT
	35.82	1:14.57 (38.75)				

## Men 65-69 200 Yard IM

MN-LMSC: 2:28.67 L 5/1/2014 Marc S Anderson  
 NATL: 2:19.21 N 5/4/2014 ALEK SHESTAKOV  
 2:51.70 65-69 NQT

1	Anderson, Marc S	66	Hopkins Masters -wg	2:28.00	2:29.00	NQT
	31.26	1:12.41 (41.15)	1:55.70 (43.29)	2:29.00 (33.30)		

## Men 65-69 400 Yard IM

MN-LMSC: 5:36.74 L 3/21/2015 Marc S Anderson  
 NATL: 4:57.17 N 5/2/2014 ALEK SHESTAKOV  
 6:28.22 65-69 NQT

1	Anderson, Marc S	66	Hopkins Masters -wg	5:36.50	5:32.05L	NQT
	34.73	1:15.61 (40.88)	1:59.86 (44.25)	2:42.82 (42.96)		
	3:30.38 (47.56)	4:20.68 (50.30)	4:57.00 (36.32)	5:32.05 (35.05)		

## Men 45+ 200 Yard Freestyle Relay

MN-LMSC: 1:38.34 L 4/29/2007 MINN  
 B K HOLTHUS, C D ANDERSEN, T EMISON, M BURNS  
 NATL: 1:27.70 N 5/4/2008 ARIZONA MASTERS  
 JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

1	Hopkins Masters -wg	A	NT	1:55.85
	1) Fischer, Kenneth J M55	2) Ness, Randal J M53	3) Selby, Donald C M54	4) Kanter, Brad M M45
	29.15	58.70 (29.55)	1:27.65 (28.95)	1:55.85 (28.20)

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**Men 55+ 400 Yard Freestyle Relay**

MN-LMSC: 4:17.96 L 4/17/2011

Nort'landers

T Pogue, P Carroll, P Brown, C Stewart

NATL: 3:28.26 N 3/28/2015

CMS

K ANDERSON, M MANN, C PETERSEN, G SCOTT

1	Minnesota Masters Swim Club	A	NT	4:00.05 L
	1) Gilman, Bill M56	2) Holthus, Brian K M58	3) Kochendorfer, James L M55	4) Paakh, Bruce M58
	29.26	1:00.39 (1:00.39)	1:29.66 (29.27)	2:02.05 (1:01.66)
	2:31.16 (29.11)	3:02.61 (1:00.56)	3:29.64 (27.03)	4:00.05 (57.44)

**Men 55+ 200 Yard Medley Relay**

MN-LMSC: 1:54.38 L 5/1/2014

MINN

J Lukens, D Lamour, D Smith, M Anderson

NATL: 1:45.32 N 4/11/2009

OREGON MASTERS

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

1	Minnesota Masters Swim Club	A	NT	1:54.92
	1) Holthus, Brian K M58	2) Kochendorfer, James L M55	3) Smith, Darrell J M59	4) Paakh, Bruce M58
	30.38	1:01.56 (31.18)	1:29.99 (28.43)	1:54.92 (24.93)

**Men 55+ 400 Yard Medley Relay**

MN-LMSC: 4:22.48 L 4/12/2015

MINN

B Holthus, R Bovard, D Smith, B Paakh

NATL: 3:57.13 N 3/28/2015

CMS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

1	Minnesota Masters Swim Club	A	NT	4:14.78 L
	1) Holthus, Brian K M58	2) Kochendorfer, James L M55	3) Smith, Darrell J M59	4) Paakh, Bruce M58
	32.03	1:06.33 (1:06.33)	1:38.90 (32.57)	2:15.33 (1:09.00)
	2:44.17 (28.84)	3:18.19 (1:02.86)	3:44.73 (26.54)	4:14.78 (56.59)

**Mixed 25+ 200 Yard Freestyle Relay**

MN-LMSC: 1:39.54 L 4/15/2012

HOPK

J Stone, J Hvistendahl, J Li, L B Johnson

NATL: 1:29.40 N 5/21/1990

SOUTHERN CALA

C PONTHER, D GRANER, K BUSH, P MC CLAFFERTY

1	North Suburban Aquatic Club-wg	A	NT	1:57.87
	1) Punyko, Renee M W27	2) Tembreull, Mark W M58	3) Sullivan, Ashley E W27	4) Hankee, Michael J M39
	27.60	1:00.78 (33.18)	1:30.55 (29.77)	1:57.87 (27.32)

**Mixed 25+ 200 Yard Medley Relay**

MN-LMSC: 1:50.64 L 4/15/2012

HOPK

L B Johnson, R Thorpe, K Vandam, A Andersen

NATL: 1:35.20 N 4/26/2015

ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

1	North Suburban Aquatic Club-wg	A	NT	2:25.44
	1) Hankee, Michael J M39	2) Hankee, Diane L W38	3) Punyko, Renee M W27	4) Tembreull, Mark W M58
	42.00	1:22.59 (40.59)	1:52.21 (29.62)	2:25.44 (33.23)