

## Rochester Masters Invite - 3/17/2024

## Results - Rochester Mastres Invite

**Event 1 Men 65+ 400 Yard Medley Relay**

	Team	Relay	Finals Time
1	Relaykers-30	A	5:46.63
	1) Curtis Nelson M68	2) James Parker M73	3) Darrell Smith M67
	1:25.55	2:19.65	3:18.16
	3:51.75	4:31.22	5:08.28
	5:46.63		4) Marc Anderson M74

**Event 1 Men 75+ 400 Yard Medley Relay**

	Team	Relay	Finals Time
1	Relaykers-30	A	7:36.96
	1) Bill Kansas M88	2) David Arlander M83	3) Robin Kleffman M76
	1:21.64	2:52.12	3:47.10
	4:45.68	5:24.78	6:15.37
	7:36.96		4) Kent Quackenbush M77

**Event 2 Women 75+ 400 Yard Medley Relay**

	Team	Relay	Finals Time
1	Relaykers-30	A	9:30.76
	1) Martha Arradondo W77	2) Carol Smollen W80	3) Babs Larsen W76
	1:25.69	4:05.55	5:22.76
	6:16.62	7:15.76	9:30.76
			4) AnnLiv Bacon W81

**Event 4 Women 18-24 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304T-MZJSW Katarina Vandebos	21 MNICE-30	6:46.54
	35.92	1:15.13	1:56.12
	2:37.32	3:18.87	4:01.00
	4:43.57	5:25.68	
	6:07.61	6:46.54	

**Event 4 Women 30-34 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304U-NCNFB Rebecca Miller	30 MINN-30	6:09.27
	32.65	1:08.71	1:45.92
	2:23.36	3:00.59	3:38.06
	4:15.87	4:53.83	
	5:31.92	6:09.27	

**Event 4 Women 40-44 500 Yard Freestyle**

	Team	Relay	Finals Time
1	3044-06JK7 Elizabeth Nymeyer	41 HOPK-30	6:31.90
	33.67	1:11.79	1:51.13
	2:31.05	3:11.23	3:52.03
	4:32.86	5:13.23	
	5:53.79	6:31.90	

**Event 4 Women 50-54 500 Yard Freestyle**

	Team	Relay	Finals Time
1	3040-024U2 Nicki Phillips	54 HOPK-30	6:31.14
	36.35	1:15.17	1:54.45
	2:33.97	3:13.14	3:52.50
	4:32.20	5:12.11	
	6:31.14		

**Event 4 Women 55-59 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304A-KAREN Karen Zemlin	56 HOPK-30	5:43.87
	32.50	1:07.05	1:41.63
	2:16.40	2:51.13	3:26.10
	4:00.89	4:35.42	
	5:09.91	5:43.87	
2	304U-025C1 Carrie Stolar	57 MTKA-30	6:16.53
	34.50	1:11.47	1:49.16
	2:27.34	3:05.69	3:43.91
	4:22.20	5:00.65	
	5:39.01	6:16.53	
3	304A-YFC1E Patty Jacobson	55 MINN-30	7:27.09
	39.09	1:21.47	2:05.59
	2:51.16	3:36.92	4:22.64
	5:08.88	5:55.46	
	6:41.90	7:27.09	

**Event 4 Women 65-69 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304C-0AC8D Judy Seliga-Punyko	66 NORT-30	8:21.20
	44.38	1:33.28	2:23.47
	3:14.63	4:06.41	4:57.99
	5:49.74	6:41.05	
	7:32.41	8:21.20	

**Event 4 Men 35-39 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304R-09TZA Matej Markota	39 UC30	5:35.04
	28.41	58.93	1:30.80
	2:03.97	2:37.97	3:12.37
	3:47.73	4:23.68	
	4:59.89	5:35.04	

**Event 4 Men 55-59 500 Yard Freestyle**

	Team	Relay	Finals Time
1	304X-005RT Bob Thompson	55 HOPK-30	5:53.93
	33.11	1:08.69	1:44.37
	2:20.18	2:56.53	3:32.59
	4:08.29	4:43.51	
	5:18.91	5:53.93	

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****(Event 4 Men 55-59 500 Yard Freestyle)**

2	304X-07ANR	Ronald Lulich	57	SEMS-30	6:59.03
	38.64	1:21.26	2:04.20	2:47.10	3:29.77
	4:12.37	4:55.07	5:37.24		
	6:19.02	6:59.03			

**Event 4 Men 60-64 500 Yard Freestyle**

1	304N-0AADX	Patrick Fleming	63	RLK-30	6:40.94
	33.69	1:11.70	1:52.45	2:33.59	3:15.42
	3:57.52	4:39.48	5:21.11		
	6:01.96	6:40.94			

2	304E-RP082	Christopher Chinander	63	UC30	6:47.97
	36.34	1:15.21	1:56.60	2:38.13	3:19.62
	4:01.84	4:44.36	5:26.90		
	6:08.97	6:47.97			

3	304Z-09MS2	Jeffrey Galloway	60	SEMS-30	7:53.93
	39.47	1:24.41	2:12.04	3:01.15	3:50.83
	4:40.55	5:29.51	6:18.79		
	7:07.05	7:53.93			

**Event 4 Men 65-69 500 Yard Freestyle**

1	304V-04TCH	Curtis Nelson	68	RLK-30	7:48.43
	42.97	1:28.95	2:16.24	3:06.59	3:54.72
	4:41.89	5:29.19	6:16.26		
	7:48.43				

**Event 4 Men 70-74 500 Yard Freestyle**

1	304Z-RAFER	Ralph Bovard	71	RLK-30	8:22.15
	42.68	1:32.87	2:25.24	3:18.22	4:08.81
	5:02.30	5:53.76	6:45.27		
	7:37.09	8:22.15			

2	304V-00BVS	James Parker	73	RLK-30	9:06.97
	52.37	1:39.62	2:31.29	3:24.93	4:20.77
	5:18.04	6:15.59	7:13.29		
	8:11.44	9:06.97			

**Event 5 Women 25-29 100 Yard Backstroke**

1	304G-RR5TT	Lilith Lengvenis	26	MNICE-30	1:08.62
	33.05	1:08.62			

**Event 5 Women 30-34 100 Yard Backstroke**

1	304U-0AN7R	Katherine Maguire	31	WMSTO-30	1:23.76
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**Event 5 Women 35-39 100 Yard Backstroke**

1	3044-FHR74	Christina Drewitz	38	MINN-30	1:12.47
	34.86	1:12.47			

**Event 5 Women 55-59 100 Yard Backstroke**

1	3043-06KRT	Loralie Langman	57	RLK-30	1:34.37
	45.58	1:34.37			

**Event 5 Women 70-74 100 Yard Backstroke**

1	3048-024CX	Mary Vonderharr	71	RLK-30	2:22.90
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**Event 5 Women 75-79 100 Yard Backstroke**

1	3040-0AFZP	Martha Arradondo	77	RLK-30	2:57.44
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**Event 5 Women 80-84 100 Yard Backstroke**

1	304U-09VRE	AnnLiv Bacon	81	RLK-30	2:28.77
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**Event 5 Men 25-29 100 Yard Backstroke**

1	304E-B8D83	Nicholas Grivna	25	UC30	1:02.18
	29.66	1:02.18			

2	3847-S6J19	Sam Gleason	27	ALB-38	1:03.46
	30.08	1:03.46			

3	384D-1XEMK	Samuel Dyer	27	ALB-38	1:05.95
	31.42	1:05.95			

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****Event 5 Men 35-39 100 Yard Backstroke**

1	3043-0A6BF	Andrew Wilson	37	MINN-30	1:03.32
	30.50	1:03.32			

**Event 5 Men 50-54 100 Yard Backstroke**

1	304U-0B9WR	Michael Ward	50	WMSTO-30	1:17.01
	36.72	1:17.01			

**Event 5 Men 65-69 100 Yard Backstroke**

1	304E-0AC8F	Bill Punyko	65	NORT-30	1:17.48
	38.78	1:17.48			
2	304T-0250R	Thomas Jaeger	65	MINN-30	1:26.70
	41.54	1:26.70			

**Event 6 Women 18-24 50 Yard Freestyle**

1	304T-MZJSW	Katarina Vandenbos	21	MNICE-30	31.15
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**Event 6 Women 25-29 50 Yard Freestyle**

1	304X-99S9U	Kelly Punyko	26	NORT-30	27.83
2	304T-YPJBY	McKenna Vininski	27	UC30	29.42

**Event 6 Women 30-34 50 Yard Freestyle**

1	3047-XE0KA	Carly Krump	31	MNICE-30	28.24
2	304Z-0B7S1	Angela Guerra	34	MNICE-30	30.60
3	304U-0AN7R	Katherine Maguire	31	WMSTO-30	30.94

**Event 6 Women 55-59 50 Yard Freestyle**

1	304A-024KP	Susan Lamour	55	RLK-30	49.14
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**Event 6 Women 65-69 50 Yard Freestyle**

1	304C-0AC8D	Judy Seliga-Punyko	66	NORT-30	38.98
2	304G-NJTUM	Cathy Torgerson	65	RLK-30	48.23

**Event 6 Women 70-74 50 Yard Freestyle**

1	304N-099UT	Mary Hoover	74	HOPK-30	50.78
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**Event 6 Women 75-79 50 Yard Freestyle**

1	3040-0AFZP	Martha Arradondo	77	RLK-30	1:18.34
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**Event 6 Men 18-24 50 Yard Freestyle**

1	304D-4X7UM	Joshua Falkenhagen	24	UC30	22.07
2	204W-HFPZZ	Reid Pezewski	22	WISC-20	24.89

**Event 6 Men 25-29 50 Yard Freestyle**

1	304E-B8D83	Nicholas Grivna	25	UC30	26.13
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**Event 6 Men 35-39 50 Yard Freestyle**

1	304C-BRDC3	Paul Kittelson	37	MNICE-30	28.04
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**Event 6 Men 40-44 50 Yard Freestyle**

1	304J-KUTGH	Curtis Kilber	42	SEMS-30	26.25
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**Event 6 Men 60-64 50 Yard Freestyle**

1	304E-RP082	Christopher Chinander	63	UC30	29.41
2	3047-43D4A	Louis Plevell	60	HAST-30	34.40
3	304Z-09MS2	Jeffrey Galloway	60	SEMS-30	35.51

**Event 6 Men 65-69 50 Yard Freestyle**

1	304P-096YY	Bruce Paakh	66	RLK-30	25.24
2	304S-024V3	Trip Hedrick	69	UC30	26.02
3	3042-024ES	Darrell Smith	67	RLK-30	28.59

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****(Event 6 Men 65-69 50 Yard Freestyle)**

4	304E-0AC8F	Bill Punyko	65	NORT-30	31.36
5	304V-04TCH	Curtis Nelson	68	RLK-30	32.71
6	304R-8HZMD	Timothy Wilson	69	MINN-30	35.55
7	3049-024KN	Didier Lamour	67	RLK-30	41.25

**Event 6 Men 70-74 50 Yard Freestyle**

1	304Z-RAFER	Ralph Bovard	71	RLK-30	31.51
2	304J-05T76	Pat Carroll	71	NORT-30	33.17

**Event 6 Men 75-79 50 Yard Freestyle**

1	3041-P3869	Kent Quackenbush	77	RLK-30	36.61
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**Event 6 Men 80-84 50 Yard Freestyle**

1	3849-03KTT	James Elder	80	TOC-38	30.76
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**Event 7 Women 25-29 200 Yard Butterfly**

1	304B-EGSAD	Elena Patz	27	MNICE-30	2:30.07
	32.33	1:08.96	1:47.87	2:30.07	

**Event 7 Men 25-29 200 Yard Butterfly**

1	304S-09V3Y	Seth Baetzold	29	MINN-30	2:06.55
	27.72	59.45	1:33.08	2:06.55	

**Event 7 Men 65-69 200 Yard Butterfly**

1	544P-A1HS7	Gregory Lantgen	66	SDPM-54	2:59.20
	40.03	1:24.49	2:10.02	2:59.20	

**Event 8 Men 65+ 200 Yard Freestyle Relay**

1	Relaykers-30	A	2:27.21
	1) Marc Anderson M74	2) James Parker M73	3) Ralph Bovard M71
	31.44	1:04.04	1:44.29
		2:27.21	4) Didier Lamour M67

**Event 8 Men 75+ 200 Yard Freestyle Relay**

1	Relaykers-30	A	3:13.90
	1) John Ziegenhagen M77	2) Kent Quackenbush M77	3) Bill Kansas M88
			4) David Arlander M83

**Event 9 Women 55+ 200 Yard Freestyle Relay**

1	Relaykers-30	A	2:46.05
	1) Karen Slakey W60	2) Susan Lamour W55	3) Loralie Langman W57
	33.70	1:24.23	2:46.05
		2:46.05	4) Babs Larsen W76

**Event 9 Women 65+ 200 Yard Freestyle Relay**

1	Relaykers-30	A	3:31.38
	1) AnnLiv Bacon W81	2) Carol Smollen W80	3) Cathy Torgerson W65
	59.59	1:47.60	2:38.34
		3:31.38	4) Mary Vonderharr W71

**Event 11 Women 25-29 100 Yard Breaststroke**

1	304G-RR5TT	Lilith Lengvenis	26	MNICE-30	1:19.93
	37.65	1:19.93			

**Event 11 Women 30-34 100 Yard Breaststroke**

1	304Z-0B7S1	Angela Guerra	34	MNICE-30	1:25.07
	39.62	1:25.07			

**Event 11 Women 35-39 100 Yard Breaststroke**

1	3044-FHR74	Christina Drewitz	38	MINN-30	1:26.03
	41.05	1:26.03			

## Rochester Masters Invite - 3/17/2024

## Results - Rochester Mastres Invite

**Event 11 Women 70-74 100 Yard Breaststroke**

1	304N-099UT	Mary Hoover	74	HOPK-30	2:08.20
	1:01.13	2:08.20			

**Event 11 Men 18-24 100 Yard Breaststroke**

1	204W-HFPZZ	Reid Pezewski	22	WISC-20	1:10.83
	33.08	1:10.83			

**Event 11 Men 35-39 100 Yard Breaststroke**

1	304C-BRDC3	Paul Kittelson	37	MNICE-30	1:22.44
	37.99	1:22.44			

**Event 11 Men 60-64 100 Yard Breaststroke**

1	304N-0AADX	Patrick Fleming	63	RLK-30	1:22.02
	38.57	1:22.02			

**Event 11 Men 65-69 100 Yard Breaststroke**

1	304P-096YY	Bruce Paakh	66	RLK-30	1:12.55
	33.69	1:12.55			
2	304X-06SZ3	Todd Siegfried	65	RLK-30	1:17.43
	36.96	1:17.43			
3	3049-024KN	Didier Lamour	67	RLK-30	1:43.71
	48.98	1:43.71			

**Event 11 Men 70-74 100 Yard Breaststroke**

1	304V-00BVS	James Parker	73	RLK-30	1:48.19
	53.23	1:48.19			

**Event 11 Men 80-84 100 Yard Breaststroke**

1	304E-024GR	David Arlander	83	RLK-30	1:48.48
	50.98	1:48.48			

**Event 11 Men 85-89 100 Yard Breaststroke**

1	3045-025BS	Bill Kansas	88	RLK-30	2:24.69
	1:08.54	2:24.69			

**Event 12 Women 25-29 400 Yard IM**

1	304X-99S9U	Kelly Punyko	26	NORT-30	5:31.44
	33.85	1:15.73	1:56.54	2:37.47	3:24.76
			4:12.77	4:52.80	5:31.44

**Event 13 Women 30-34 200 Yard Backstroke**

1	3047-XEOKA	Carly Krump	31	MNICE-30	2:40.13
	37.67	1:18.88	2:00.27	2:40.13	

**Event 13 Women 40-44 200 Yard Backstroke**

1	3044-06JK7	Elizabeth Nymeyer	41	HOPK-30	2:46.51
	39.65	1:21.93	2:04.57	2:46.51	

**Event 13 Women 50-54 200 Yard Backstroke**

1	3040-024U2	Nicki Phillips	54	HOPK-30	3:17.17
	48.99	1:38.39	2:27.97	3:17.17	

**Event 13 Women 55-59 200 Yard Backstroke**

1	304U-025C1	Carrie Stolar	57	MTKA-30	2:52.87
	41.40	1:24.75	2:08.99	2:52.87	
2	3043-06KRT	Loralie Langman	57	RLK-30	3:24.32
	48.92	1:40.81	2:34.16	3:24.32	

**Event 13 Women 75-79 200 Yard Backstroke**

1	3046-02A9M	Babs Larsen	76	RLK-30	3:42.60
	51.95	1:48.63	2:46.94	3:42.60	

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****Event 13 Women 80-84 200 Yard Backstroke**

1	304Y-024J3	Carol Smollen	80	RLK-30	4:17.47
	1:01.69	2:07.84	3:14.57	4:17.47	
2	304U-09VRE	AnnLiv Bacon	81	RLK-30	5:16.89
	1:15.02	2:35.85	5:16.89		

**Event 13 Men 65-69 200 Yard Backstroke**

1	304V-04TCH	Curtis Nelson	68	RLK-30	3:01.18
	42.50	1:28.33	2:16.05	3:01.18	

**Event 14 Women 30-34 100 Yard Butterfly**

1	304U-NCNFB	Rebecca Miller	30	MINN-30	1:17.82
	34.99	1:17.82			

**Event 14 Women 60-64 100 Yard Butterfly**

1	3046-024HZ	Peggy Kratz	63	RIP-30	1:20.62
	39.63	1:20.62			

**Event 14 Men 18-24 100 Yard Butterfly**

1	304D-4X7UM	Joshua Falkenhagen	24	UC30	56.56
	26.02	56.56			
2	204W-HFPZZ	Reid Pezewski	22	WISC-20	1:02.36
	28.71	1:02.36			

**Event 14 Men 25-29 100 Yard Butterfly**

1	304E-B8D83	Nicholas Grivna	25	UC30	58.55
	27.14	58.55			
2	3847-S6J19	Sam Gleason	27	ALB-38	1:01.72
	28.94	1:01.72			
3	384D-1XEMK	Samuel Dyer	27	ALB-38	1:02.41
	28.90	1:02.41			

**Event 14 Men 35-39 100 Yard Butterfly**

1	3043-0A6BF	Andrew Wilson	37	MINN-30	57.90
	27.45	57.90			

**Event 14 Men 55-59 100 Yard Butterfly**

1	304X-005RT	Bob Thompson	55	HOPK-30	1:08.60
	31.45	1:08.60			

**Event 14 Men 60-64 100 Yard Butterfly**

1	304N-0AADX	Patrick Fleming	63	RLK-30	1:13.87
	34.35	1:13.87			

**Event 14 Men 65-69 100 Yard Butterfly**

1	3042-024ES	Darrell Smith	67	RLK-30	1:08.87
	32.03	1:08.87			
2	544P-A1HS7	Gregory Lantgen	66	SDPM-54	1:15.40

**Event 14 Men 80-84 100 Yard Butterfly**

1	3849-03KTT	James Elder	80	TOC-38	1:36.00
	42.19	1:36.00			

**Event 15 Men 55+ 400 Yard Freestyle Relay**

1	Relaykers-30				A	5:15.30
	1) Patrick Fleming M63	2) Curtis Nelson M68	3) James Parker M73	4) Ralph Bovard M71		
	33.85	1:11.25	1:48.88	2:30.72	3:12.15	3:56.33
				4:35.15	5:15.30	

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****Event 15 Men 75+ 400 Yard Freestyle Relay**

1	Relaykers-30				A	7:18.96
	1) David Arlander M83	2) Bill Kansas M88	3) Kent Quackenbush M77	4) John Ziegenhagen M77		
	48.75	1:42.37	3:03.57	4:30.94	5:13.43	6:36.98 7:18.96

**Event 16 Women 65+ 400 Yard Freestyle Relay**

1	Relaykers-30				A	7:27.23
	1) Babs Larsen W76	2) Mary Vonderharr W71	3) Carol Smollen W80	4) AnnLiv Bacon W81		
	42.18	1:27.77	2:22.79	3:21.86	4:14.40	6:15.34 7:27.23

**Event 17 Mixed 55+ 400 Yard Freestyle Relay**

1	Relaykers-30				A	5:51.80
	1) Robin Kleffman M76	2) Cathy Torgerson W65	3) Karen Slakey W60	4) Marc Anderson M74		
	37.52	1:18.53	3:53.34	4:37.05	5:12.97	5:51.80 5:51.80

**Event 18 Women 25-29 50 Yard Breaststroke**

1	304T-YPJBY McKenna Vininski	27	UC30	40.17
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**Event 18 Women 35-39 50 Yard Breaststroke**

1	3044-FHR74 Christina Drewitz	38	MINN-30	39.12
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**Event 18 Women 65-69 50 Yard Breaststroke**

1	304C-0AC8D Judy Seliga-Punyko	66	NORT-30	46.13
2	304G-NJTUM Cathy Torgerson	65	RLK-30	1:09.45

**Event 18 Women 70-74 50 Yard Breaststroke**

1	304N-099UT Mary Hoover	74	HOPK-30	1:00.22
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**Event 18 Men 40-44 50 Yard Breaststroke**

1	304J-KUTGH Curtis Kilber	42	SEMS-30	33.62
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**Event 18 Men 60-64 50 Yard Breaststroke**

1	304Z-09MS2 Jeffrey Galloway	60	SEMS-30	44.18
2	3047-43D4A Louis Plevell	60	HAST-30	45.48

**Event 18 Men 65-69 50 Yard Breaststroke**

1	304X-06SZ3 Todd Siegfried	65	RLK-30	35.55
2	304E-0AC8F Bill Punyko	65	NORT-30	41.50
3	3049-024KN Didier Lamour	67	RLK-30	47.09

**Event 18 Men 70-74 50 Yard Breaststroke**

1	304J-05T76 Pat Carroll	71	NORT-30	40.34
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**Event 18 Men 75-79 50 Yard Breaststroke**

1	3041-P3869 Kent Quackenbush	77	RLK-30	51.51
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**Event 18 Men 80-84 50 Yard Breaststroke**

1	304E-024GR David Arlander	83	RLK-30	49.84
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**Event 18 Men 85-89 50 Yard Breaststroke**

1	3045-025BS Bill Kansas	88	RLK-30	1:01.21
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**Event 19 Women 18-24 100 Yard IM**

1	304T-MZJSW Katarina Vandenbos	21	MNICE-30	1:19.99
	35.83	1:19.99		

**Event 19 Women 25-29 100 Yard IM**

1	304G-RR5TT Lilith Lengvenis	26	MNICE-30	1:09.65
	32.41	1:09.65		
2	304B-EGSAD Elena Patz	27	MNICE-30	1:12.28
	32.68	1:12.28		

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****Event 19 Women 30-34 100 Yard IM**

1	3047-XE0KA	Carly Krump	31	MNICE-30	1:11.19
	32.67	1:11.19			
2	304U-0AN7R	Katherine Maguire	31	WMSTO-30	1:21.77
	36.48	1:21.77			

**Event 19 Women 55-59 100 Yard IM**

1	304U-025C1	Carrie Stolar	57	MTKA-30	1:16.65
	36.20	1:16.65			
2	304A-YFC1E	Patty Jacobson	55	MINN-30	1:32.34
	45.67	1:32.34			
3	304A-024KP	Susan Lamour	55	RLK-30	2:17.74
	1:10.58	2:17.74			

**Event 19 Women 70-74 100 Yard IM**

1	3048-024CX	Mary Vonderharr	71	RLK-30	2:11.58
	1:09.08	2:11.58			
2	304N-099UT	Mary Hoover	74	HOPK-30	2:19.55

**Event 19 Women 75-79 100 Yard IM**

1	3046-02A9M	Babs Larsen	76	RLK-30	1:48.20
	52.51	1:48.20			

**Event 19 Men 18-24 100 Yard IM**

1	304D-4X7UM	Joshua Falkenhagen	24	UC30	1:01.26
	27.18	1:01.26			

**Event 19 Men 50-54 100 Yard IM**

1	304U-0B9WR	Michael Ward	50	WMSTO-30	1:17.03
	36.06	1:17.03			

**Event 19 Men 55-59 100 Yard IM**

1	304X-005RT	Bob Thompson	55	HOPK-30	1:09.35
	32.18	1:09.35			
2	304X-07ANR	Ronald Lulich	57	SEMS-30	1:25.76
	41.27	1:25.76			

**Event 19 Men 65-69 100 Yard IM**

1	304P-096YY	Bruce Paakh	66	RLK-30	1:06.03
	30.43	1:06.03			
2	3042-024ES	Darrell Smith	67	RLK-30	1:13.32
	33.88	1:13.32			

**Event 19 Men 70-74 100 Yard IM**

1	304Z-RAFER	Ralph Bovard	71	RLK-30	1:32.13
	42.78	1:32.13			
2	304V-00BVS	James Parker	73	RLK-30	1:47.01
	51.95	1:47.01			

**Event 19 Men 80-84 100 Yard IM**

1	3849-03KTT	James Elder	80	TOC-38	1:30.42
	43.30	1:30.42			

**Event 19 Men 85-89 100 Yard IM**

1	3045-025BS	Bill Kansas	88	RLK-30	2:54.87
	1:33.17	2:54.87			

**Event 20 Women 25-29 50 Yard Backstroke**

1	304X-99S9U	Kelly Punyko	26	NORT-30	30.73
2	304T-YPJBY	McKenna Vininski	27	UC30	37.02



## Rochester Masters Invite - 3/17/2024

## Results - Rochester Mastres Invite

<b>Event 20 Women 30-34 50 Yard Backstroke</b>					
1	304U-NCNFB	Rebecca Miller	30	MINN-30	34.06
<b>Event 20 Women 35-39 50 Yard Backstroke</b>					
1	3044-FHR74	Christina Drewitz	38	MINN-30	34.00
<b>Event 20 Women 55-59 50 Yard Backstroke</b>					
1	3043-06KRT	Loralie Langman	57	RLK-30	43.44
<b>Event 20 Women 75-79 50 Yard Backstroke</b>					
1	3040-0AFZP	Martha Arradondo	77	RLK-30	1:18.15
<b>Event 20 Women 80-84 50 Yard Backstroke</b>					
1	304U-09VRE	AnnLiv Bacon	81	RLK-30	1:10.70
<b>Event 20 Men 25-29 50 Yard Backstroke</b>					
1	304E-B8D83	Nicholas Grivna	25	UC30	28.74
<b>Event 20 Men 65-69 50 Yard Backstroke</b>					
1	304E-0AC8F	Bill Punyko	65	NORT-30	36.12
2	304V-04TCH	Curtis Nelson	68	RLK-30	37.01
<b>Event 20 Men 75-79 50 Yard Backstroke</b>					
1	3041-P3869	Kent Quackenbush	77	RLK-30	46.99
<b>Event 21 Women 30-34 200 Yard Freestyle</b>					
1	304Z-0B7S1	Angela Guerra	34	MNICE-30	2:24.92
	33.32	1:10.11	1:48.35	2:24.92	
<b>Event 21 Women 50-54 200 Yard Freestyle</b>					
1	3040-024U2	Nicki Phillips	54	HOPK-30	2:31.30
	35.28	1:13.40	1:52.34	2:31.30	
<b>Event 21 Women 60-64 200 Yard Freestyle</b>					
1	3046-024HZ	Peggy Kratz	63	RIP-30	2:25.16
	35.59	1:12.38	1:49.48	2:25.16	
2	304J-M8R9T	Karen Slakey	60	RLK-30	3:21.22
		3:21.22	3:21.22		
<b>Event 21 Women 65-69 200 Yard Freestyle</b>					
1	304C-0AC8D	Judy Seliga-Punyko	66	NORT-30	3:08.26
	43.68	1:31.14	2:20.19	3:08.26	
2	304G-NJTUM	Cathy Torgerson	65	RLK-30	4:11.81
		3:05.00	4:11.81		
<b>Event 21 Women 80-84 200 Yard Freestyle</b>					
1	304Y-024J3	Carol Smollen	80	RLK-30	3:54.57
	54.03	1:52.83	2:55.23	3:54.57	
<b>Event 21 Men 18-24 200 Yard Freestyle</b>					
1	304D-4X7UM	Joshua Falkenhagen	24	UC30	2:05.64
	26.96	57.90	1:31.53	2:05.64	
2	204W-HFPZZ	Reid Pezewski	22	WISC-20	2:16.44
	28.79	1:03.51	1:40.68	2:16.44	
<b>Event 21 Men 25-29 200 Yard Freestyle</b>					
1	3847-S6J19	Sam Gleason	27	ALB-38	2:00.61
	27.31	57.58	1:29.29	2:00.61	
2	384D-1XEMK	Samuel Dyer	27	ALB-38	2:04.99
	29.26	1:00.79	1:33.06	2:04.99	

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****Event 21 Men 60-64 200 Yard Freestyle**

1	304Z-09MS2	Jeffrey Galloway	60	SEMS-30	2:58.43
	39.67	1:24.09	2:11.61	2:58.43	

**Event 21 Men 65-69 200 Yard Freestyle**

1	304T-0250R	Thomas Jaeger	65	MINN-30	2:48.00
	38.60	1:20.40	2:04.81	2:48.00	

**Event 21 Men 70-74 200 Yard Freestyle**

1	304Z-RAFER	Ralph Bovard	71	RLK-30	2:58.64
	40.80	1:26.83	2:14.92	2:58.64	

**Event 22 Men 65+ 200 Yard Medley Relay**

1	Relaykers-30			A	2:33.90
	1) Marc Anderson M74	2) James Parker M73	3) Darrell Smith M67	4) Ralph Bovard M71	
	39.21	1:28.88	2:00.77	2:33.90	

**Event 22 Men 75+ 200 Yard Medley Relay**

1	Relaykers-30			A	3:27.86
	1) Robin Kleffman M76	2) David Arlander M83	3) John Ziegenhagen M77	4) Bill Kansas M88	
	38.00	1:29.61	3:27.86		

**Event 23 Women 18+ 200 Yard Medley Relay**

1	Minnesota Ice Swim Club-30			A	2:14.55
	1) Carly Krump W31	2) Angela Guerra W34	3) Elena Patz W27	4) Katarina Vandebos W21	
	33.39	1:12.94	1:42.70	2:14.55	

**Event 23 Women 55+ 200 Yard Medley Relay**

1	Relaykers-30			A	3:21.23
	1) Loralie Langman W57	2) Mary Vonderharr W71	3) Susan Lamour W55	4) Karen Slakey W60	
	44.15	1:46.63	2:44.79	3:21.23	

**Event 23 Women 75+ 200 Yard Medley Relay**

1	Relaykers-30			A	4:21.68
	1) AnnLiv Bacon W81	2) Carol Smollen W80	3) Babs Larsen W76	4) Martha Arradondo W77	
	2:15.87	3:08.45	4:21.68		

**Event 24 Mixed 55+ 200 Yard Medley Relay**

1	Relaykers-30			A	3:05.68
	1) Mary Vonderharr W71	2) Didier Lamour M67	3) Patrick Fleming M63	4) Loralie Langman W57	
	1:02.84	1:51.54	2:23.77	3:05.68	

**Event 25 Women 75-79 200 Yard Breaststroke**

1	3046-02A9M	Babs Larsen	76	RLK-30	4:33.82
	1:01.32	2:11.38	3:23.45	4:33.82	

**Event 25 Men 35-39 200 Yard Breaststroke**

1	304C-BRDC3	Paul Kittelson	37	MNICE-30	3:01.51
	39.54	1:25.02	2:12.74	3:01.51	

**Event 25 Men 60-64 200 Yard Breaststroke**

1	3047-43D4A	Louis Plevell	60	HAST-30	4:05.04
	53.66	1:58.24	3:05.87	4:05.04	

**Event 25 Men 65-69 200 Yard Breaststroke**

1	304X-06SZ3	Todd Siegfried	65	RLK-30	2:49.53
	38.48	1:21.24	2:05.15	2:49.53	

**Event 25 Men 80-84 200 Yard Breaststroke**

1	304E-024GR	David Arlander	83	RLK-30	4:01.64
	54.04	1:55.55	2:59.45	4:01.64	

## Rochester Masters Invite - 3/17/2024

## Results - Rochester Mastres Invite

**Event 25 Men 85-89 200 Yard Breaststroke**

1	3045-025BS	Bill Kansas	88	RLK-30	5:19.09
	1:12.29	2:33.29	3:56.99	5:19.09	

**Event 26 Women 25-29 100 Yard Freestyle**

1	304X-99S9U	Kelly Punyko	26	NORT-30	1:04.56
	30.86	1:04.56			

**Event 26 Women 30-34 100 Yard Freestyle**

1	304U-NCNFB	Rebecca Miller	30	MINN-30	1:05.21
	31.47	1:05.21			

**Event 26 Women 35-39 100 Yard Freestyle**

1	3044-FHR74	Christina Drewitz	38	MINN-30	1:05.81
	31.81	1:05.81			

**Event 26 Women 60-64 100 Yard Freestyle**

1	3046-024HZ	Peggy Kratz	63	RIP-30	1:04.28
	31.50	1:04.28			

**Event 26 Women 65-69 100 Yard Freestyle**

1	304C-0AC8D	Judy Seliga-Punyko	66	NORT-30	1:26.05
	41.89	1:26.05			
2	304G-NJTUM	Cathy Torgerson	65	RLK-30	1:53.88
	52.54	1:53.88			

**Event 26 Men 18-24 100 Yard Freestyle**

1	304D-4X7UM	Joshua Falkenhagen	24	UC30	52.82
	25.35	52.82			
2	204W-HFPZZ	Reid Pezewski	22	WISC-20	56.03
	26.68	56.03			

**Event 26 Men 25-29 100 Yard Freestyle**

1	304E-B8D83	Nicholas Grivna	25	UC30	55.27
	25.86	55.27			
2	384D-1XEMK	Samuel Dyer	27	ALB-38	56.43
	26.65	56.43			

**Event 26 Men 35-39 100 Yard Freestyle**

1	3043-0A6BF	Andrew Wilson	37	MINN-30	53.37
	25.71	53.37			

**Event 26 Men 40-44 100 Yard Freestyle**

1	304J-KUTGH	Curtis Kilber	42	SEMS-30	58.62
	27.54	58.62			

**Event 26 Men 55-59 100 Yard Freestyle**

1	304X-005RT	Bob Thompson	55	HOPK-30	59.83
	28.56	59.83			

**Event 26 Men 60-64 100 Yard Freestyle**

1	304E-RP082	Christopher Chinander	63	UC30	1:04.60
	31.00	1:04.60			
2	304N-0AADX	Patrick Fleming	63	RLK-30	1:04.71
	31.15	1:04.71			
3	304Z-09MS2	Jeffrey Galloway	60	SEMS-30	1:19.21
	37.41	1:19.21			

**Event 26 Men 65-69 100 Yard Freestyle**

1	544P-A1HS7	Gregory Lantgen	66	SDPM-54	1:04.63
	30.78	1:04.63			

**Rochester Masters Invite - 3/17/2024****Results - Rochester Mastres Invite****(Event 26 Men 65-69 100 Yard Freestyle)**

2	304R-8HZMD	Timothy Wilson	69	MINN-30	1:21.41
	39.65	1:21.41			

**Event 26 Men 70-74 100 Yard Freestyle**

1	304Z-RAFER	Ralph Bovard	71	RLK-30	1:13.52
	35.49	1:13.52			
2	304V-00BVS	James Parker	73	RLK-30	1:26.45
	41.15	1:26.45			

**Event 26 Men 75-79 100 Yard Freestyle**

1	3041-P3869	Kent Quackenbush	77	RLK-30	1:23.73
	39.40	1:23.73			

**Event 26 Men 80-84 100 Yard Freestyle**

1	3849-03KTT	James Elder	80	TOC-38	1:16.76
	36.50	1:16.76			

**Event 27 Women 25-29 50 Yard Butterfly**

1	304T-YPJBY	McKenna Vininski	27	UC30	31.76
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**Event 27 Women 30-34 50 Yard Butterfly**

1	304U-0AN7R	Katherine Maguire	31	WMSTO-30	34.86
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**Event 27 Women 60-64 50 Yard Butterfly**

1	304J-M8R9T	Karen Slakey	60	RLK-30	41.23
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**Event 27 Women 75-79 50 Yard Butterfly**

1	3046-02A9M	Babs Larsen	76	RLK-30	53.10
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**Event 27 Men 25-29 50 Yard Butterfly**

1	3847-56J19	Sam Gleason	27	ALB-38	26.98
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**Event 27 Men 50-54 50 Yard Butterfly**

1	304U-0B9WR	Michael Ward	50	WMSTO-30	34.32
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**Event 27 Men 55-59 50 Yard Butterfly**

1	304X-005RT	Bob Thompson	55	HOPK-30	32.49
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**Event 27 Men 65-69 50 Yard Butterfly**

1	304P-096YY	Bruce Paakh	66	RLK-30	28.06
2	304S-024V3	Trip Hedrick	69	UC30	28.60
3	3042-024ES	Darrell Smith	67	RLK-30	31.10
4	304E-0AC8F	Bill Punyko	65	NORT-30	37.70

**Event 27 Men 85-89 50 Yard Butterfly**

1	3045-025BS	Bill Kansas	88	RLK-30	1:48.11
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**Event 28 Women 55-59 200 Yard IM**

1	304U-025C1	Carrie Stolar	57	MTKA-30	2:45.10
	35.55	1:19.01	2:08.07	2:45.10	

**Event 28 Men 60-64 200 Yard IM**

1	304N-0AADX	Patrick Fleming	63	RLK-30	2:49.87
	37.04	1:21.39	2:07.64	2:49.87	

**Event 28 Men 65-69 200 Yard IM**

1	304T-0250R	Thomas Jaeger	65	MINN-30	3:15.63
	44.51	1:31.44	2:30.23	3:15.63	

## Rochester Masters Invite - 3/17/2024

## Results - Rochester Mastres Invite

**Event 29 Women 40-44 1650 Yard Freestyle**

1	3044-06JK7	Elizabeth Nymeyer	41	HOPK-30	23:14.08
	38.51	1:21.48	2:04.52	2:47.58	3:30.36
	4:12.95	4:55.38	5:38.02	6:19.99	7:01.82
	7:44.65	8:27.42	9:09.64	9:52.22	10:34.61
	11:16.90	11:59.14	12:41.44	13:23.31	14:05.41
	14:47.16	15:29.21	16:11.41	16:54.08	17:36.79
	18:19.37	19:02.08	19:44.45	20:27.44	21:09.84
	21:52.88	22:35.43	23:14.08		

**Event 29 Women 55-59 1650 Yard Freestyle**

1	304A-KAREN	Karen Zemlin	56	HOPK-30	19:44.20
	32.39	1:06.79	1:41.30	2:15.59	2:50.18
	3:24.67	3:59.08	4:33.48	5:07.84	5:42.40
	6:16.75	6:51.19	7:25.68	8:00.31	8:34.99
	9:09.36	9:43.82	10:18.33	10:52.80	11:26.38
	12:18.64	12:56.96	13:34.96	14:12.64	14:50.02
	15:27.45	16:04.60	16:41.51	17:18.27	17:55.04
	18:31.71	19:08.35	19:44.20		
2	304A-YFC1E	Patty Jacobson	55	MINN-30	25:37.35
	39.84	1:23.25	2:09.25	2:55.61	3:42.22
	4:28.67	5:15.04	6:01.83	6:48.72	7:35.76
	8:22.41	9:09.18	9:56.05	10:42.88	11:29.56
	12:16.15	13:02.95	13:49.89	14:36.54	15:24.12
	16:10.81	16:57.68	17:44.90	18:31.93	19:19.00
	20:06.38	20:53.37	21:40.84	22:28.71	23:15.85
	24:03.23	24:50.59	25:37.35		

**Event 29 Men 18-24 1650 Yard Freestyle**

1	204W-HFPZZ	Reid Pezewski	22	WISC-20	26:44.75
	31.70	1:13.21	1:59.10	2:51.51	3:40.66
	4:33.47	5:24.28	6:19.13	7:09.70	8:04.56
	8:55.86	9:47.50	10:28.81	11:10.49	11:56.21
	12:41.58	13:24.34	14:12.34	15:01.64	15:51.02
	16:48.66	17:44.24	18:38.46	19:33.02	20:26.35
	21:18.16	22:11.34	23:04.94	23:47.60	24:32.22
	25:18.27	26:03.10	26:44.75		

**Event 29 Men 25-29 1650 Yard Freestyle**

1	304S-09V3Y	Seth Baetzold	29	MINN-30	18:36.55
	28.63	1:00.98	1:34.06	2:07.46	2:41.64
	3:15.81	3:50.04	4:24.25	4:58.34	5:32.46
	6:06.68	6:41.02	7:15.23	7:49.01	8:23.39
	8:57.67	9:31.78	10:05.56	10:39.70	11:13.67
	11:46.96	12:21.59	12:55.56	13:29.79	14:04.76
	14:39.64	15:13.98	15:48.33	16:23.15	16:57.20
	17:31.22	18:05.20	18:36.55		

**Event 29 Men 45-49 1650 Yard Freestyle**

---	304Y-025ST	Brian Kirkvold	46	HOPK-30	DQ
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**Event 29 Men 55-59 1650 Yard Freestyle**

1	304X-07ANR	Ronald Lulich	57	SEMS-30	23:42.14
	39.90	1:23.33	2:07.42	2:51.41	3:35.56
	4:19.37	5:03.64	5:47.33	6:30.94	7:14.42
	7:57.58	8:40.63	9:23.60	10:06.45	10:49.67
	11:32.40	12:15.56	12:58.43	13:41.66	14:24.36
	15:07.73	15:50.75	16:33.76	17:16.58	18:00.00
	18:43.18	19:26.27	20:09.40	20:52.80	21:35.57
	22:18.50	23:01.49	23:42.14		

**Event 30 Women 55-59 1000 Yard Freestyle**

1	304A-KAREN	Karen Zemlin	56	HOPK-30	11:26.38
	32.39	1:06.79	1:41.30	2:15.59	2:50.18
	3:24.67	3:59.08	4:33.48	5:07.84	5:42.40
	6:16.75	6:51.19	7:25.68	8:00.31	8:34.99
	9:09.36	9:43.82	10:18.33	10:52.80	11:26.38
	12:18.64	12:56.96	13:34.96	14:12.64	14:50.02
	15:27.45	16:04.60	16:41.51	17:18.27	17:55.04
	18:31.71	19:08.35	11:26.38		

**Event 30 Men 25-29 1000 Yard Freestyle**

1	304S-09V3Y	Seth Baetzold	29	MINN-30	11:13.67
	28.63	1:00.98	1:34.06	2:07.46	2:41.64
	3:15.81	3:50.04	4:24.25	4:58.34	5:32.46
	6:06.68	6:41.02	7:15.23	7:49.01	8:23.39
	8:57.67	9:31.78	10:05.56	10:39.70	11:13.67
	11:46.96	12:21.59	12:55.56	13:29.79	14:04.76
	14:39.64	15:13.98	15:48.33	16:23.15	16:57.20
	17:31.22	18:05.20	11:13.67		