

2019 SCY State Championship Meet - 4/13/2019 to 4/14/2019
Minnesota Masters Swimming SCY State Championship Meet, Sanction #: 309-S003
Results

Women 18-24 50 Yard Freestyle

MN: 24.38 ! 4/14/2018 **Ellie Suek**
NATL: 22.21 N 1/31/2015 **VANDERPOOL-WALLAC**

Name	Age	Team	Seed Time	Finals Time	Points
1 Punyko, Kelly	22	Nort'landers Swim Club	27.00	26.58	9

Women 18-24 100 Yard Freestyle

MN: 53.48 ! 3/10/2018 **Ellie Suek**
NATL: 48.18 N 12/6/2014 **KATIE MEILI**

1 Molina Gonzalez, Karen	24	Minnetonka Masters	58.78	1:01.07	9
				28.56 1:01.07 (32.51)	
2 Becker, Signe	18	Uc30 - Unattached Minnesota	1:55.00	1:44.97	7
				47.77 1:44.97 (57.20)	

Women 18-24 500 Yard Freestyle

MN: 5:10.85 ! 4/15/2018 **Ellie Suek**
NATL: 4:49.97 N 10/25/2003 **JESSICA FOSCHI**

1 Schmitz, Sydney	19	South East Metro Sharks	5:36.00	5:57.82	9
				31.55 1:06.00 (34.45) 1:41.55 (35.55) 2:17.08 (35.53)	
				2:53.48 (36.40) 3:29.97 (36.49) 4:06.80 (36.83) 4:43.99 (37.19)	
				5:21.19 (37.20) 5:57.82 (36.63)	

Women 18-24 50 Yard Backstroke

MN: 26.73 ! 4/11/2015 **Tess Behrens**
NATL: 25.47 N 3/23/2019 **C BARTHOLOMEW**

1 Punyko, Kelly	22	Nort'landers Swim Club	29.00	28.70	9
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Women 18-24 100 Yard Backstroke

MN: 58.41 ! 3/10/2018 **Ellie Suek**
NATL: 53.83 N 3/24/2019 **C BARTHOLOMEW**

--- Becker, Signe	18	Uc30 - Unattached Minnesota	1:55.00	DQ	
				Multiple strokes	
				52.86 DQ (56.35)	

Women 18-24 50 Yard Breaststroke

MN: 29.67 ! 4/14/2018 **Ellie Suek**
NATL: 27.76 N 12/5/2014 **KATIE MEILI**

1 Punyko, Kelly	22	Nort'landers Swim Club	37.00	33.37	9
2 Molina Gonzalez, Karen	24	Minnetonka Masters	34.55	35.27	7

Women 18-24 200 Yard Breaststroke

MN: 2:20.13 ! 1/28/2018 **Ellie Suek**
NATL: 2:06.59 N 12/6/2014 **MICAH LAWRENCE**

1 Molina Gonzalez, Karen	24	Minnetonka Masters	2:38.76	2:41.82	9
				36.31 1:17.00 (40.69) 1:59.18 (42.18) 2:41.82 (42.64)	

Women 18-24 50 Yard Butterfly

MN: 25.89 ! 4/14/2018 **Ellie Suek**
NATL: 24.54 N 11/8/2009 **DANA VOLLMER**

1 Punyko, Kelly	22	Nort'landers Swim Club	29.00	28.05	9
2 Schmitz, Sydney	19	South East Metro Sharks	30.64	30.35	7
3 Becker, Signe	18	Uc30 - Unattached Minnesota	1:00.00	50.22	6

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Women 18-24 100 Yard IM

MN: 58.50 ! 3/10/2018 Ellie Suek

NATL: 53.02 N 12/21/2014 KATIE MEILI

1	Punyko, Kelly	22	Nortlanders Swim Club	1:10.00	1:06.00	9
	29.56		1:06.00 (36.44)			

Women 18-24 200 Yard IM

MN: 2:08.42 ! 3/10/2018 Ellie Suek

NATL: 1:54.20 N 12/4/2014 KATIE MEILI

1	Molina Gonzalez, Karen	24	Minnetonka Masters	2:21.66	2:29.87	9
	31.20		1:08.68 (37.48) 1:51.69 (43.01)	2:29.87 (38.18)		

Women 25-29 50 Yard Freestyle From Split Requests

MN: 25.14 ! 4/13/2013 Katy A Coombe

NATL: 22.45 N 5/13/2018 KATARZYNA WILK

2	Woodford, Molly	29	Hopkins Masters Swimming	NT	27.14	
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Women 25-29 50 Yard Freestyle

MN: 25.14 ! 4/13/2013 Katy A Coombe

NATL: 22.45 N 5/13/2018 KATARZYNA WILK

1	Pilhofer, Sophie	28	Macalester Masters	25.35	24.85!	9
2	Fittipaldi, Carolyn	25	Edina Swim Club	29.00	29.41	7

Women 25-29 100 Yard Freestyle

MN: 52.15 ! 4/13/2013 Stacy Busack

NATL: 48.58 N 5/12/2018 KATARZYNA WILK

1	Pilhofer, Sophie	28	Macalester Masters	57.68	56.14	9
	26.72		56.14 (29.42)			
2	Woodford, Molly	29	Hopkins Masters Swimming	59.10	58.31	7
	28.20		58.31 (30.11)			

Women 25-29 200 Yard Freestyle

MN: 1:58.97 ! 4/13/2013 Katy A Coombe

NATL: 1:48.80 N 5/20/2001 LIMIN LIU

1	Woodford, Molly	29	Hopkins Masters Swimming	2:05.05	2:04.39	9
	29.64		1:01.07 (31.43) 1:32.62 (31.55)	2:04.39 (31.77)		

Women 25-29 500 Yard Freestyle

MN: 5:12.45 ! 11/3/2013 Heather Lendway

NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA

1	Woodford, Molly	29	Hopkins Masters Swimming	5:30.72	5:40.08	9
	31.11		1:04.48 (33.37) 1:38.08 (33.60)	2:11.99 (33.91)		
	2:46.60 (34.61)		3:20.98 (34.38) 3:55.37 (34.39)	4:30.16 (34.79)		
	5:05.34 (35.18)		5:40.08 (34.74)			

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Women 25-29 1650 Yard Freestyle

MN: 18:34.90 ! 12/7/2008 Sandra F Bergquist

NATL: 16:50.17 N 5/19/1991 KAREN BURTON

1	Woodford, Molly	29	Hopkins Masters Swimming	18:59.27	19:16.20	9
	32.09	1:06.43 (34.34)	1:41.06 (34.63)	2:15.98 (34.92)		
	2:50.83 (34.85)	3:25.79 (34.96)	4:00.79 (35.00)	4:35.98 (35.19)		
	5:11.06 (35.08)	5:46.21 (35.15)	6:20.97 (34.76)	6:56.03 (35.06)		
	7:30.97 (34.94)	8:06.21 (35.24)	8:41.25 (35.04)	9:16.20 (34.95)		
	9:51.30 (35.10)	10:26.33 (35.03)	11:01.74 (35.41)	11:37.04 (35.30)		
	12:12.21 (35.17)	12:47.29 (35.08)	13:22.83 (35.54)	13:58.13 (35.30)		
	14:33.63 (35.50)	15:09.03 (35.40)	15:44.23 (35.20)	16:19.59 (35.36)		
	16:55.07 (35.48)	17:30.30 (35.23)	18:05.64 (35.34)	18:40.82 (35.18)	19:16.20 (35.38)	

Women 25-29 50 Yard Backstroke

MN: 27.89 ! 12/4/2011 Katie L Wind

NATL: 25.26 N 5/22/2010 TANICA JAMISON

1	Woodford, Molly	29	Hopkins Masters Swimming	34.00	32.62	9
2	Fittipaldi, Carolyn	25	Edina Swim Club	35.00	34.14	7

Women 25-29 50 Yard Breaststroke

MN: 31.48 ! 5/1/2011 Erika Bjorklund

NATL: 27.10 N 4/30/2016 KATIE MEILI

1	Pilhofer, Sophie	28	Macalester Masters	34.05	33.60	9
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Women 25-29 50 Yard Butterfly

MN: 26.80 ! 4/13/2013 Katie Buhr

NATL: 24.19 N 4/28/2017 DANIELLE HERRMANN

1	Pilhofer, Sophie	28	Macalester Masters	28.27	28.15	9
2	Woodford, Molly	29	Hopkins Masters Swimming	29.66	29.27	7

Women 25-29 100 Yard Butterfly

MN: 1:00.70 ! 4/13/2013 Katie Buhr

NATL: 53.20 N 4/24/2015 AMANDA SIMS

1	Fittipaldi, Carolyn	25	Edina Swim Club	1:10.00	1:09.78	9
	32.36	1:09.78 (37.42)				

Women 25-29 100 Yard IM

MN: 1:03.19 ! 4/11/1987 Judy A Lallier

NATL: 54.40 N 4/29/2017 DANIELLE HERRMANN

1	Pilhofer, Sophie	28	Macalester Masters	1:05.50	1:04.00	9
	29.63	1:04.00 (34.37)				

Women 30-34 50 Yard Freestyle

MN: 24.41 ! 5/9/2013 Katy A Coombe

NATL: 22.48 N 11/29/2012 ERIKA ERNDL

1	Vandam, Kathryn	34	Macalester Masters	25.06	25.34	9
2	White-Olson, Steff	32	Hopkins Masters Swimming	28.28	27.73	7
3	Pederson, Erin	33	Dakota Masters	32.54	28.81	6
4	Flessert, Amy	34	Nort'landers Swim Club	35.00	31.79	5

Women 30-34 100 Yard Freestyle

MN: 52.85 ! 5/9/2013 Katy A Coombe

NATL: 48.03 N 2/23/2013 ERIKA ERNDL

1	Vandam, Kathryn	34	Macalester Masters	1:00.50	54.88	9
	26.35	54.88 (28.53)				

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(Women 30-34 100 Yard Freestyle)

2	Roberts, Christina	33	Hopkins Masters Swimming	57.00	57.97	7
	28.02		57.97 (29.95)			
3	Pederson, Erin	33	Dakota Masters	1:02.39	1:02.31	6
	30.02		1:02.31 (32.29)			

Women 30-34 200 Yard Freestyle

MN: 1:55.79 ! 5/9/2013 Katy A Coombe

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL

1	Pederson, Erin	33	Dakota Masters	2:28.31	2:14.50	9
	31.14		1:05.39 (34.25) 1:40.04 (34.65)	2:14.50 (34.46)		
2	Flessert, Amy	34	Nort'landers Swim Club	2:30.00	2:22.57	7
	33.71		1:10.05 (36.34) 1:46.87 (36.82)	2:22.57 (35.70)		
3	Gregory, Ashley	33	South East Metro Sharks	2:13.21	2:24.57	6
	31.68		1:07.20 (35.52) 1:45.84 (38.64)	2:24.57 (38.73)		

Women 30-34 500 Yard Freestyle

MN: 5:15.28 ! 12/6/1992 Judy Lallier

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN

1	Pederson, Erin	33	Dakota Masters	6:17.44	6:11.04	9
	33.18		1:08.74 (35.56) 1:45.41 (36.67)	2:22.75 (37.34)		
	3:00.35 (37.60)		3:38.85 (38.50) 4:17.19 (38.34)	4:55.36 (38.17)		
	5:34.22 (38.86)		6:11.04 (36.82)			
2	Gregory, Ashley	33	South East Metro Sharks	6:03.51	6:37.23	7
	34.60		1:12.85 (38.25) 1:52.50 (39.65)	2:32.62 (40.12)		
	3:13.19 (40.57)		3:54.01 (40.82) 4:35.42 (41.41)	5:16.64 (41.22)		
	5:57.53 (40.89)		6:37.23 (39.70)			

Women 30-34 1000 Yard Freestyle

MN: 10:49.12 ! 2/19/2017 Sandra FBergquist

NATL: 9:51.93 N 4/15/2012 DAWN HECKMAN

1	Pederson, Erin	33	Dakota Masters	15:00.00	12:53.56	9
	34.97		1:12.86 (37.89) 1:51.60 (38.74)	2:30.51 (38.91)		
	3:09.28 (38.77)		3:48.05 (38.77) 4:27.12 (39.07)	5:06.27 (39.15)		
	5:45.57 (39.30)		6:24.98 (39.41) 7:03.94 (38.96)	7:43.37 (39.43)		
	8:22.48 (39.11)		9:01.81 (39.33) 9:40.91 (39.10)	10:20.28 (39.37)		
	10:59.46 (39.18)		11:38.60 (39.14) 12:17.29 (38.69)	12:53.56 (36.27)		
2	Flessert, Amy	34	Nort'landers Swim Club	13:30.00	12:58.79	7
	34.37		1:12.66 (38.29) 1:51.61 (38.95)	2:30.69 (39.08)		
	3:10.54 (39.85)		3:50.72 (40.18) 4:29.90 (39.18)	5:09.72 (39.82)		
	5:49.28 (39.56)		6:29.23 (39.95) 7:08.54 (39.31)	7:48.06 (39.52)		
	8:28.17 (40.11)		9:06.59 (38.42) 9:46.27 (39.68)	10:25.56 (39.29)		
	11:04.60 (39.04)		11:43.33 (38.73) 12:22.00 (38.67)	12:58.79 (36.79)		

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Women 30-34 1650 Yard Freestyle

MN: 17:59.75 ! 2/19/2017 Sandra FBergquist

NATL: 17:07.52 N 5/23/1993 KAREN BURTON

1	Persons, Katie	31	Riptide Masters	23:44.33	24:32.84	9
	36.22	1:15.96 (39.74)	1:58.61 (42.65)	2:42.12 (43.51)		
	3:25.72 (43.60)	4:09.93 (44.21)	4:55.66 (45.73)	5:40.54 (44.88)		
	6:24.69 (44.15)	7:08.69 (44.00)	7:53.63 (44.94)	8:37.34 (43.71)		
	9:23.29 (45.95)	10:07.95 (44.66)	10:53.53 (45.58)	11:38.81 (45.28)		
	12:24.04 (45.23)	13:08.78 (44.74)	13:54.08 (45.30)	14:38.84 (44.76)		
	15:24.22 (45.38)	16:09.93 (45.71)	16:54.82 (44.89)	17:40.47 (45.65)		
	18:25.24 (44.77)	19:10.75 (45.51)	19:56.64 (45.89)	20:43.07 (46.43)		
	21:30.53 (47.46)	22:17.34 (46.81)	23:04.37 (47.03)	23:49.90 (45.53)	24:32.84 (42.94)	

Women 30-34 50 Yard Backstroke

MN: 28.23 ! 4/23/2015 Kathryn Vandam

NATL: 24.96 N 5/1/2011 NORIKO INADA

1	Vandam, Kathryn	34	Macalester Masters	28.23	29.09	9
2	White-Olson, Steff	32	Hopkins Masters Swimming	36.36	32.92	7

Women 30-34 100 Yard Backstroke

MN: 1:00.89 ! 4/11/2015 Kathryn Vandam

NATL: 54.60 N 4/30/2011 NORIKO INADA

1	Vandam, Kathryn	34	Macalester Masters	1:00.89	1:04.18	9
	31.42	1:04.18 (32.76)				
2	Gregory, Ashley	33	South East Metro Sharks	1:14.15	1:13.61	7
	35.53	1:13.61 (38.08)				

Women 30-34 200 Yard Backstroke

MN: 2:10.00 ! 5/22/1993 Judy Lallier

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN

1	Gregory, Ashley	33	South East Metro Sharks	2:36.93	2:38.09	9
	36.44	1:16.18 (39.74)	1:57.73 (41.55)	2:38.09 (40.36)		

Women 30-34 50 Yard Breaststroke

MN: 31.63 ! 5/9/2013 Krisie M Melsen

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

1	Pederson, Erin	33	Dakota Masters	37.28	37.00	9
2	Flessert, Amy	34	Nort'landers Swim Club	38.99	40.20	7

Women 30-34 100 Yard Breaststroke

MN: 1:09.09 ! 5/9/2013 Krisie M Melsen

NATL: 1:02.08 N 5/4/2008 KATIE MCCLELLAND

1	White-Olson, Steff	32	Hopkins Masters Swimming	1:11.11	1:12.31	9
	33.80	1:12.31 (38.51)				
2	Pederson, Erin	33	Dakota Masters	1:34.49	1:22.52	7
	39.10	1:22.52 (43.42)				
3	Flessert, Amy	34	Nort'landers Swim Club	1:30.00	1:26.38	6
	41.99	1:26.38 (44.39)				

Women 30-34 200 Yard Breaststroke

MN: 2:30.45 ! 4/23/2015 Krisie M Melsen

NATL: 2:15.99 N 1/20/2013 ERIKA ERNDL

1	Flessert, Amy	34	Nort'landers Swim Club	3:10.00	3:03.46	9
	42.13	1:28.51 (46.38)	2:15.66 (47.15)	3:03.46 (47.80)		

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Women 30-34 50 Yard Butterfly

MN: 27.46 ! 5/9/2013 **Krisie M Melsen**

NATL: 24.18 N 4/15/2000 **ANGEL MARTINO**

1	Vandam, Kathryn	34	Macalester Masters	27.90	27.62	9
2	Gregory, Ashley	33	South East Metro Sharks	33.23	33.36	7

Women 30-34 100 Yard Butterfly

MN: 1:00.16 ! 4/10/2016 **Kathryn Vandam**

NATL: 55.01 N 5/16/1999 **ANGEL MARTINO**

1	Vandam, Kathryn	34	Macalester Masters	1:00.16	59.53!	9
				27.91	59.53 (31.62)	

Women 30-34 200 Yard Butterfly

MN: 2:14.67 ! 4/23/2015 **Kathryn Vandam**

NATL: 2:03.46 N 5/12/1996 **K PIPES-NEILSEN**

1	Vandam, Kathryn	34	Macalester Masters	2:14.67	2:15.22	9
				29.49	1:03.89 (34.40)	
					1:39.77 (35.88)	
					2:15.22 (35.45)	

Women 30-34 100 Yard IM

MN: 1:01.51 ! 4/23/2015 **Kathryn Vandam**

NATL: 57.01 N 4/15/2000 **ANGEL MARTINO**

1	White-Olson, Steff	32	Hopkins Masters Swimming	1:08.08	1:07.44	9
					31.21	
					1:07.44 (36.23)	
2	Gregory, Ashley	33	South East Metro Sharks	1:12.81	1:15.92	7
					35.09	
					1:15.92 (40.83)	

Women 30-34 200 Yard IM

MN: 2:13.64 ! 5/22/1993 **Judy Lallier**

NATL: 1:58.80 N 3/11/2009 **ERIKA ERNDL**

1	Vandam, Kathryn	34	Macalester Masters	2:16.88	2:14.50	9
				28.26	1:02.74 (34.48)	
					1:43.31 (40.57)	
					2:14.50 (31.19)	

Women 30-34 400 Yard IM

MN: 4:41.28 ! 5/22/1993 **Judy Lallier**

NATL: 4:14.84 N 1/20/2013 **ERIKA ERNDL**

1	Vandam, Kathryn	34	Macalester Masters	4:54.10	4:48.85	9
				29.55	1:03.36 (33.81)	
					1:41.62 (38.26)	
					2:19.06 (37.44)	
					3:01.06 (42.00)	
					3:43.10 (42.04)	
					4:17.51 (34.41)	
					4:48.85 (31.34)	

Women 35-39 50 Yard Freestyle

MN: 24.49 ! 2/24/2008 **Katrina D R Gerry**

NATL: 22.34 N 2/25/2007 **DARA TORRES**

1	Nymeyer, Elizabeth	36	Minnesota Masters Swim Club	27.03	27.37	9
2	Melsen, Krisie	38	Minnetonka Masters	28.82	28.53	7
3	Nauzo, Zuli	36	Uc30 - Unattached Minnesota	30.00	34.67	6

Women 35-39 100 Yard Freestyle

MN: 53.57 ! 2/24/2008 **Katrina D R Gerry**

NATL: 49.72 N 2/25/2007 **DARA TORRES**

1	Krejci, Rachel	36	Hopkins Masters Swimming	1:03.00	1:03.13	9
					31.13	
					1:03.13 (32.00)	
2	Nauzo, Zuli	36	Uc30 - Unattached Minnesota	1:15.00	1:17.10	7
					37.72	
					1:17.10 (39.38)	
3	Walling, Shannon	35	Nort'landers Swim Club	1:15.00	1:17.36	6
					36.62	
					1:17.36 (40.74)	

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Women 35-39 200 Yard Freestyle

MN: 2:03.87 ! 4/13/2013 Teresa Briest

NATL: 1:51.55 N 5/3/1997 K PIPES-NEILSEN

1	Krejci, Rachel	36	Hopkins Masters Swimming	2:16.00	2:15.51	9
	30.83	1:04.52 (33.69)	1:39.32 (34.80)	2:15.51 (36.19)		

Women 35-39 500 Yard Freestyle

MN: 5:17.00 ! 4/13/1997 Judy Lallier

NATL: 4:56.09 N 5/3/1997 K PIPES-NEILSEN

1	Krejci, Rachel	36	Hopkins Masters Swimming	6:12.00	6:16.29	9
	33.90	1:12.11 (38.21)	1:51.20 (39.09)	2:30.08 (38.88)		
	3:08.87 (38.79)	3:47.45 (38.58)	4:26.00 (38.55)	5:04.02 (38.02)		
	5:40.86 (36.84)	6:16.29 (35.43)				

Women 35-39 50 Yard Backstroke

MN: 27.96 ! 1/29/2012 Jie Li

NATL: 24.71 N 4/29/2017 NORIKO INADA

1	Nymeyer, Elizabeth	36	Minnesota Masters Swim Club	33.53	33.66	9
2	Nauzo, Zuli	36	Uc30 - Unattached Minnesota	40.00	40.51	7

Women 35-39 50 Yard Breaststroke

MN: 32.70 ! 4/30/2017 Krisie M Melsen

NATL: 28.51 N 5/2/2014 KATIE GLENN

1	Melsen, Krisie	38	Minnetonka Masters	34.11	34.02	9
2	Krejci, Rachel	36	Hopkins Masters Swimming	NT	40.63	7
3	Walling, Shannon	35	Nort'landers Swim Club	42.00	44.31	6

Women 35-39 100 Yard Breaststroke

MN: 1:09.57 ! 4/28/2017 Krisie M Melsen

NATL: 1:01.88 N 4/25/2015 KATIE GLENN

1	Melsen, Krisie	38	Minnetonka Masters	1:14.26	1:15.08	9
	35.46	1:15.08 (39.62)				
2	Jeske, Ingrid	35	Minnesota Masters Swim Club	1:30.42	1:24.72	7
	40.30	1:24.72 (44.42)				

Women 35-39 200 Yard Breaststroke

MN: 2:34.05 ! 5/10/2018 Krisie M Melsen

NATL: 2:17.51 N 4/26/2015 KATIE GLENN

1	Melsen, Krisie	38	Minnetonka Masters	2:42.03	2:41.17	9
	36.66	1:17.66 (41.00)	1:59.68 (42.02)	2:41.17 (41.49)		

Women 35-39 50 Yard Butterfly

MN: 27.74 ! 4/14/2002 Barbara A Scouler

NATL: 25.04 N 4/28/2017 NORIKO INADA

1	Melsen, Krisie	38	Minnetonka Masters	30.19	29.88	9
2	Krejci, Rachel	36	Hopkins Masters Swimming	NT	31.31	7
3	Jeske, Ingrid	35	Minnesota Masters Swim Club	36.04	37.10	6
4	Walling, Shannon	35	Nort'landers Swim Club	42.00	41.29	5

Women 35-39 100 Yard Butterfly

MN: 1:02.39 ! 4/14/2002 Barbara A Scouler

NATL: 55.78 N 5/18/2003 S VON DER LIPPE

1	Melsen, Krisie	38	Minnetonka Masters	1:10.08	1:07.94	9
	31.19	1:07.94 (36.75)				

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Women 35-39 100 Yard IM

MN: 1:01.81 ! 5/18/1997 Judy Lallier

NATL: 57.25 N 4/29/2017 GABRIELLE CHANG

1	Melsen, Krisie	38	Minnetonka Masters	1:09.06	1:09.00	9
	32.17	1:09.00 (36.83)				
2	Jeske, Ingrid	35	Minnesota Masters Swim Club	1:17.15	1:17.22	7
	36.37	1:17.22 (40.85)				
3	Nauzo, Zuli	36	Uc30 - Unattached Minnesota	NT	1:34.73	6
	44.28	1:34.73 (50.45)				

Women 35-39 200 Yard IM

MN: 2:11.77 ! 5/12/1996 Judy Lallier

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN

1	Jeske, Ingrid	35	Minnesota Masters Swim Club	2:42.64	2:50.87	9
	36.74	1:21.14 (44.40)	2:09.12 (47.98)	2:50.87 (41.75)		

Women 40-44 50 Yard Freestyle

MN: 24.43 ! 2/27/2011 Katrina D R Gerry

NATL: 21.91 N 4/15/2007 DARA TORRES

1	Churchill, Monica	44	Minnesota Masters Swim Club	28.00	27.55	9
2	Hilal, Susan	42	Hopkins Masters Swimming	34.00	35.17	7

Women 40-44 100 Yard Freestyle

MN: 53.41 ! 2/21/2016 Teresa R Briest

NATL: 48.34 N 4/15/2007 DARA TORRES

1	Churchill, Monica	44	Minnesota Masters Swim Club	1:03.90	1:04.50	9
	29.61	1:04.50 (34.89)				
2	Youngberg, Becky	44	Minnetonka Masters	1:12.16	1:10.54	7
	32.87	1:10.54 (37.67)				
3	Laden, Amanda	43	Life Time Swim Minnesota	1:17.67	1:19.26	6
	37.29	1:19.26 (41.97)				
4	Hilberg, Elizabeth	43	Life Time Swim Minnesota	1:49.94	1:26.98	5
	40.16	1:26.98 (46.82)				

Women 40-44 500 Yard Freestyle

MN: 5:17.14 ! 4/16/2011 Karen K Zemlin

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

1	Malmanger, Katherine	40	St Cloud YMCA	NT	7:06.72	9
	36.79	1:17.64 (40.85)	2:00.00 (42.36)	2:43.18 (43.18)		
	3:26.74 (43.56)	4:10.72 (43.98)	4:55.20 (44.48)	5:39.80 (44.60)		
	6:23.66 (43.86)	7:06.72 (43.06)				
2	Laden, Amanda	43	Life Time Swim Minnesota	NT	7:49.85	7
	38.88	1:24.46 (45.58)	2:14.26 (49.80)	3:01.43 (47.17)		
	3:49.60 (48.17)	4:37.60 (48.00)	5:26.19 (48.59)	6:14.68 (48.49)		
	7:02.94 (48.26)	7:49.85 (46.91)				

Women 40-44 1000 Yard Freestyle

MN: 10:58.30 ! 1/31/2010 Karen K Zemlin

NATL: 10:20.45 N 12/21/2003 K PIPES-NEILSEN

1	Malmanger, Katherine	40	St Cloud YMCA	NT	14:55.13	9
	38.16	1:20.38 (42.22)	2:04.82 (44.44)	2:49.34 (44.52)		
	3:34.67 (45.33)	4:20.07 (45.40)	5:05.88 (45.81)	5:51.88 (46.00)		
	6:37.68 (45.80)	7:22.94 (45.26)	8:08.65 (45.71)	8:53.99 (45.34)		
	9:39.71 (45.72)	10:24.33 (44.62)	11:09.75 (45.42)	11:54.93 (45.18)		
	12:40.42 (45.49)	13:26.03 (45.61)	14:11.00 (44.97)	14:55.13 (44.13)		

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Women 40-44 1650 Yard Freestyle

MN: 18:07.79 ! 4/18/2010 Karen K Zemlin

NATL: 17:06.37 N 11/4/2018 HEIDI GEORGE

1	Malmanger, Katherine	40	St Cloud YMCA	NT	24:20.58	9
	38.43	1:20.14 (41.71)	2:03.48 (43.34)	2:47.92 (44.44)		
	3:32.69 (44.77)	4:17.73 (45.04)	5:02.47 (44.74)	5:47.09 (44.62)		
	6:31.55 (44.46)	7:15.94 (44.39)	8:00.25 (44.31)	8:44.89 (44.64)		
	9:28.99 (44.10)	10:13.87 (44.88)	10:58.18 (44.31)	11:42.21 (44.03)		
	12:26.49 (44.28)	13:10.66 (44.17)	13:55.10 (44.44)	14:39.76 (44.66)		
	15:24.40 (44.64)	16:09.75 (45.35)	16:54.14 (44.39)	17:38.79 (44.65)		
	18:23.10 (44.31)	19:08.10 (45.00)	19:52.48 (44.38)	20:37.88 (45.40)		
	21:22.98 (45.10)	22:07.71 (44.73)	22:53.27 (45.56)	23:37.65 (44.38)	24:20.58 (42.93)	
2	Hilal, Susan	42	Hopkins Masters Swimming	26:00.00	25:34.45	7
	41.09	1:25.43 (44.34)	2:10.57 (45.14)	2:55.61 (45.04)		
	3:40.66 (45.05)	4:26.06 (45.40)	5:11.65 (45.59)	5:57.83 (46.18)		
	6:43.54 (45.71)	7:29.77 (46.23)	8:15.91 (46.14)	9:02.06 (46.15)		
	9:48.58 (46.52)	10:34.34 (45.76)	11:19.81 (45.47)	12:06.42 (46.61)		
	12:52.95 (46.53)	13:40.10 (47.15)	14:26.58 (46.48)	15:12.57 (45.99)		
	15:59.90 (47.33)	16:47.13 (47.23)	17:34.78 (47.65)	18:22.30 (47.52)		
	19:09.42 (47.12)	19:57.95 (48.53)	20:45.22 (47.27)	21:33.05 (47.83)		
	22:21.90 (48.85)	23:09.61 (47.71)	23:57.34 (47.73)	24:46.07 (48.73)	25:34.45 (48.38)	

Women 40-44 50 Yard Backstroke

MN: 27.92 ! 4/15/2012 Jie Li

NATL: 26.12 N 5/1/2011 SHERI HART

1	Davis, Michelle	44	Hopkins Masters Swimming	46.00	47.77	9
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Women 40-44 100 Yard Backstroke

MN: 58.39 ! 4/15/2012 Jie Li

NATL: 56.03 N 4/30/2011 SHERI HART

1	Laden, Amanda	43	Life Time Swim Minnesota	1:27.46	1:29.31	9
	42.16	1:29.31 (47.15)				

Women 40-44 200 Yard Backstroke

MN: 2:08.70 ! 4/15/2012 Jie Li

NATL: 2:04.43 N 4/24/2010 KRISTIN GARY

1	Malmanger, Katherine	40	St Cloud YMCA	NT	3:00.13	9
	42.14	1:26.67 (44.53)	2:13.91 (47.24)	3:00.13 (46.22)		

Women 40-44 50 Yard Breaststroke

MN: 35.05 ! 12/6/2009 Kristen L McRae

NATL: 28.71 N 5/11/2018 KATIE GLENN

1	Youngberg, Becky	44	Minnetonka Masters	39.00	39.92	9
2	Laden, Amanda	43	Life Time Swim Minnesota	42.61	42.90	7
3	Hilberg, Elizabeth	43	Life Time Swim Minnesota	49.94	52.82	6

Women 40-44 100 Yard Breaststroke

MN: 1:14.96 ! 1/21/2007 Barbara A Scouler

NATL: 1:02.70 N 5/13/2018 KATIE GLENN

1	Davis, Michelle	44	Hopkins Masters Swimming	1:35.00	1:35.10	9
	44.59	1:35.10 (50.51)				

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Women 40-44 200 Yard Breaststroke

MN: 2:49.00 ! 1/19/2014 Carole Weiland

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE

1	Youngberg, Becky	44	Minnetonka Masters	NT	3:03.41	9
	41.88	1:27.68 (45.80)	2:15.48 (47.80)	3:03.41 (47.93)		

Women 40-44 50 Yard Butterfly

MN: 26.22 ! 4/16/2011 Katrina D R Gerry

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

1	Churchill, Monica	44	Minnesota Masters Swim Club	30.60	30.74	9
2	Youngberg, Becky	44	Minnetonka Masters	35.16	36.20	7

Women 40-44 100 Yard Butterfly

MN: 1:00.85 ! 4/10/2005 Barbara A Scouler

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

1	Davis, Michelle	44	Hopkins Masters Swimming	2:00.00	1:41.88	9
	46.97	1:41.88 (54.91)				

Women 40-44 200 Yard IM

MN: 2:17.27 ! 4/4/2004 Barbara A Scouler

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

1	Youngberg, Becky	44	Minnetonka Masters	3:03.00	2:57.63	9
	37.24	1:25.29 (48.05)	2:12.97 (47.68)	2:57.63 (44.66)		

Women 45-49 50 Yard Freestyle

MN: 24.83 ! 5/4/2008 Barbara A Scouler

NATL: 23.80 N 4/8/2017 ERIKA BRAUN

1	Dussliere, Julie	46	JD Aquatic Masters	27.31	28.01	9
2	Phillips, Nicki	49	Hopkins Masters Swimming	45.00	35.10	7

Women 45-49 100 Yard Freestyle

MN: 55.86 ! 5/10/2018 Jennifer Ridge

NATL: 51.99 N 4/9/2017 ERIKA BRAUN

1	Hunter, Sarah	45	Hopkins Masters Swimming	1:09.00	1:10.32	9
	33.73	1:10.32 (36.59)				
2	Etnier, Lara	49	Hopkins Masters Swimming	NT	1:16.11	7
	36.23	1:16.11 (39.88)				
3	Phillips, Nicki	49	Hopkins Masters Swimming	NT	1:19.47	6
	38.71	1:19.47 (40.76)				

Women 45-49 500 Yard Freestyle

MN: 5:21.50 ! 4/12/2014 Karen K Zemlin

NATL: 5:04.13 N 4/11/2009 K PIPES-NEILSEN

1	Phillips, Nicki	49	Hopkins Masters Swimming	6:40.91	6:31.95	9
	36.24	1:15.15 (38.91)	1:54.44 (39.29)	2:34.14 (39.70)		
	3:13.84 (39.70)	3:53.41 (39.57)	4:33.07 (39.66)	5:12.82 (39.75)		
	5:52.72 (39.90)	6:31.95 (39.23)				
2	Hunter, Sarah	45	Hopkins Masters Swimming	6:35.00	6:32.99	7
	36.45	1:16.08 (39.63)	1:56.06 (39.98)	2:36.00 (39.94)		
	3:15.69 (39.69)	3:55.41 (39.72)	4:35.57 (40.16)	5:15.54 (39.97)		
	5:55.47 (39.93)	6:32.99 (37.52)				

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Women 45-49 1000 Yard Freestyle

MN: 10:58.98 ! 4/12/2014 Karen K Zemlin

NATL: 10:32.91 N 4/19/2009 K PIPES-NEILSEN

1	Hunter, Sarah	45	Hopkins Masters Swimming	13:30.00	13:20.35	9
	35.81	1:15.07 (39.26)	1:55.04 (39.97)	2:35.41 (40.37)		
	3:15.60 (40.19)	3:55.72 (40.12)	4:35.91 (40.19)	5:16.45 (40.54)		
	5:57.08 (40.63)	6:37.62 (40.54)	7:18.07 (40.45)	7:58.43 (40.36)		
	8:38.85 (40.42)	9:19.32 (40.47)	10:00.02 (40.70)	10:40.60 (40.58)		
	11:21.14 (40.54)	12:01.90 (40.76)	12:42.16 (40.26)	13:20.35 (38.19)		
2	Phillips, Nicki	49	Hopkins Masters Swimming	13:34.08	13:22.79	7
	36.12	1:15.11 (38.99)	1:54.75 (39.64)	2:34.88 (40.13)		
	3:15.13 (40.25)	3:55.34 (40.21)	4:35.88 (40.54)	5:16.31 (40.43)		
	5:56.74 (40.43)	6:37.05 (40.31)	7:17.50 (40.45)	7:57.69 (40.19)		
	8:37.74 (40.05)	9:18.23 (40.49)	9:58.73 (40.50)	10:39.20 (40.47)		
	11:19.84 (40.64)	12:00.91 (41.07)	12:42.21 (41.30)	13:22.79 (40.58)		

Women 45-49 1650 Yard Freestyle

MN: 18:18.83 ! 4/12/2014 Karen K Zemlin

NATL: 17:39.79 N 4/8/2016 ALISON ZAMANIAN

1	Phillips, Nicki	49	Hopkins Masters Swimming	25:00.00	22:17.98	9
	36.47	1:15.99 (39.52)	1:55.64 (39.65)	2:35.31 (39.67)		
	3:15.77 (40.46)	3:55.71 (39.94)	4:35.95 (40.24)	5:16.50 (40.55)		
	5:57.00 (40.50)	6:37.52 (40.52)	7:17.74 (40.22)	7:58.06 (40.32)		
	8:38.63 (40.57)	9:19.27 (40.64)	10:00.42 (41.15)	10:41.32 (40.90)		
	11:22.28 (40.96)	12:03.29 (41.01)	12:44.50 (41.21)	13:25.37 (40.87)		
	14:06.38 (41.01)	14:47.70 (41.32)	15:29.20 (41.50)	16:10.22 (41.02)		
	16:51.21 (40.99)	17:32.22 (41.01)	18:13.32 (41.10)	18:54.42 (41.10)		
	19:35.39 (40.97)	20:16.05 (40.66)	20:57.14 (41.09)	21:38.16 (41.02)	22:17.98 (39.82)	

Women 45-49 50 Yard Backstroke

MN: 29.89 ! 4/15/2018 Jennifer Ridge

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

1	Dussliere, Julie	46	JD Aquatic Masters	32.23	32.36	9
2	Etnier, Lara	49	Hopkins Masters Swimming	41.21	37.91	7

Women 45-49 100 Yard Backstroke

MN: 1:03.62 ! 5/4/2008 Tenley F Burns

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS

1	Etnier, Lara	49	Hopkins Masters Swimming	1:24.84	1:25.21	9
	41.68	1:25.21 (43.53)				

Women 45-49 200 Yard Backstroke

MN: 2:16.95 ! 4/23/2015 Jennifer Ridge

NATL: 2:04.65 N 4/19/2009 K PIPES-NEILSEN

1	Etnier, Lara	49	Hopkins Masters Swimming	3:08.10	2:59.27	9
	41.98	1:26.68 (44.70)	2:13.08 (46.40)	2:59.27 (46.19)		

Women 45-49 50 Yard Breaststroke From Split Requests

MN: 34.24 ! 4/19/2018 Jennifer Ridge

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

1	Dussliere, Julie	46	JD Aquatic Masters	NT	37.24	
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Women 45-49 50 Yard Breaststroke

MN: 34.24 ! 4/19/2018 Jennifer Ridge

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

1	Etnier, Lara	49	Hopkins Masters Swimming	NT	45.31	9
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(Women 45-49 50 Yard Breaststroke)

2	Phillips, Nicki	49	Hopkins Masters Swimming	NT	48.40	7
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Women 45-49 100 Yard Breaststroke

MN: 1:13.63 ! 4/19/2018 Jennifer Ridge

NATL: 1:05.85 N 3/27/2011 S VON DER LIPPE

1	Dussliere, Julie	46	JD Aquatic Masters	1:18.75	1:20.24	9
	37.24		1:20.24 (43.00)			

Women 45-49 50 Yard Butterfly From Split Requests

MN: 26.24 ! 5/4/2008 Barbara A Scouler

NATL: 25.64 N 4/9/2017 ERIKA BRAUN

1	Dussliere, Julie	46	JD Aquatic Masters	NT	32.63	
	32.63		32.63 ()			

Women 45-49 50 Yard Butterfly

MN: 26.24 ! 5/4/2008 Barbara A Scouler

NATL: 25.64 N 4/9/2017 ERIKA BRAUN

1	Hunter, Sarah	45	Hopkins Masters Swimming	39.99	39.19	9
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Women 45-49 100 Yard Butterfly

MN: 59.70 ! 5/4/2008 Barbara A Scouler

NATL: 56.97 N 5/1/2011 S VON DER LIPPE

1	Dussliere, Julie	46	JD Aquatic Masters	1:11.52	1:15.29	9
	32.63		1:15.29 (42.66)			

Women 50-54 50 Yard Freestyle

MN: 25.78 ! 4/19/2009 Ann C Senn

NATL: 24.53 N 3/18/2016 FALL WILLEBOORDSE

1	Ridge, Jennifer	50	Mako Aquatics Masters	27.00	26.75	9
2	Casey, Joan	54	Hopkins Masters Swimming	32.00	30.58	7
3	Fackler, Jennifer	51	Life Time Swim Minnesota	38.83	40.01	6

Women 50-54 100 Yard Freestyle

MN: 57.37 ! 1/27/2019 Jennifer Ridge

NATL: 53.60 N 4/29/2016 FALL WILLEBOORDSE

1	Ridge, Jennifer	50	Mako Aquatics Masters	58.00	57.81	9
	27.91		57.81 (29.90)			
2	Schmitz, Karen	52	South East Metro Sharks	1:08.66	1:08.06	7
	32.27		1:08.06 (35.79)			
3	Fackler, Jennifer	51	Life Time Swim Minnesota	1:24.42	1:29.51	6
	44.36		1:29.51 (45.15)			

Women 50-54 200 Yard Freestyle

MN: 2:08.28 ! 4/15/2018 Amy V Roe

NATL: 1:58.34 N 4/10/2016 ELLEN REYNOLDS

1	Ridge, Jennifer	50	Mako Aquatics Masters	2:05.00	2:05.14!	9
	28.66		1:00.45 (31.79) 1:32.78 (32.33)	2:05.14 (32.36)		
2	Casey, Joan	54	Hopkins Masters Swimming	2:29.00	2:26.72	7
	32.48		1:09.04 (36.56) 1:48.15 (39.11)	2:26.72 (38.57)		
3	Fackler, Jennifer	51	Life Time Swim Minnesota	3:21.12	3:23.51	6
	44.00		1:34.18 (50.18) 2:28.54 (54.36)	3:23.51 (54.97)		

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Women 50-54 500 Yard Freestyle

MN: 5:44.84 ! 1/28/2018 Karen K Zemlin

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ

1	Ridge, Jennifer	50	Mako Aquatics Masters	5:50.00	5:42.61!	9
	30.35	1:04.16 (33.81)	1:38.65 (34.49)	2:13.69 (35.04)		
	2:48.88 (35.19)	3:24.29 (35.41)	3:58.65 (34.36)	4:33.96 (35.31)		
	5:09.29 (35.33)	5:42.61 (33.32)				
2	Roe, Amy	52	Minnesota Masters Swim Club	5:50.00	5:42.88!	7
	31.78	1:06.35 (34.57)	1:41.17 (34.82)	2:16.00 (34.83)		
	2:50.79 (34.79)	3:25.36 (34.57)	3:59.33 (33.97)	4:33.92 (34.59)		
	5:08.94 (35.02)	5:42.88 (33.94)				
3	Fackler, Jennifer	51	Life Time Swim Minnesota	9:10.01	9:05.31	6
	47.15	1:39.04 (51.89)	2:33.79 (54.75)	3:30.04 (56.25)		
	4:26.44 (56.40)	5:23.50 (57.06)	6:20.06 (56.56)	7:16.41 (56.35)		
	8:12.53 (56.12)	9:05.31 (52.78)				

Women 50-54 1650 Yard Freestyle

MN: 19:43.09 ! 1/28/2018 Karen K Zemlin

NATL: 18:16.11 N 4/15/2018 ELLEN REYNOLDS

1	Roe, Amy	52	Minnesota Masters Swim Club	20:30.00	19:47.21	9
	32.65	1:08.84 (36.19)	1:44.98 (36.14)	2:21.00 (36.02)		
	2:57.10 (36.10)	3:33.70 (36.60)	4:10.01 (36.31)	4:46.21 (36.20)		
	5:22.44 (36.23)	5:58.58 (36.14)	6:34.59 (36.01)	7:10.39 (35.80)		
	7:46.16 (35.77)	8:21.60 (35.44)	8:57.35 (35.75)	9:33.04 (35.69)		
	10:08.70 (35.66)	10:44.29 (35.59)	11:20.34 (36.05)	11:56.38 (36.04)		
	12:32.24 (35.86)	13:07.53 (35.29)	13:43.46 (35.93)	14:19.58 (36.12)		
	14:56.14 (36.56)	15:32.48 (36.34)	16:08.85 (36.37)	16:45.39 (36.54)		
	17:21.81 (36.42)	17:58.61 (36.80)	18:34.97 (36.36)	19:11.76 (36.79)	19:47.21 (35.45)	

Women 50-54 50 Yard Backstroke

MN: 31.78 ! 1/19/2014 Barbara A Scouler

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON

1	Schmitz, Karen	52	South East Metro Sharks	36.26	35.58	9
2	Langman, Loralie	52	Minnesota Masters Swim Club	42.00	39.77	7
3	Fackler, Jennifer	51	Life Time Swim Minnesota	48.84	51.17	6

Women 50-54 100 Yard Backstroke

MN: 1:04.68 ! 1/27/2019 Jennifer Ridge

NATL: 59.19 N 3/18/2016 FALL WILLEBOORDSE

1	Schmitz, Karen	52	South East Metro Sharks	1:17.67	1:14.75	9
	36.35	1:14.75 (38.40)				
2	Langman, Loralie	52	Minnesota Masters Swim Club	1:30.00	1:27.73	7
	41.82	1:27.73 (45.91)				
3	Fackler, Jennifer	51	Life Time Swim Minnesota	1:47.74	1:57.11	6

Women 50-54 200 Yard Backstroke

MN: 2:20.46 ! 1/27/2019 Jennifer Ridge

NATL: 2:07.51 N 11/22/2014 ELLEN REYNOLDS

1	Schmitz, Karen	52	South East Metro Sharks	2:43.03	2:39.41	9
	37.82	1:17.74 (39.92)	1:58.73 (40.99)	2:39.41 (40.68)		
2	Langman, Loralie	52	Minnesota Masters Swim Club	3:10.00	3:08.72	7
	42.88	1:29.84 (46.96)	2:19.56 (49.72)	3:08.72 (49.16)		

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Women 50-54 50 Yard Breaststroke

MN: 34.79 ! 1/27/2019 Jennifer Ridge

NATL: 31.61 N 4/14/2018 S VON DER LIPPE

1	Fackler, Jennifer	51	Life Time Swim Minnesota	50.05	54.48	9
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Women 50-54 50 Yard Butterfly

MN: 28.49 ! 4/12/2014 Barbara A Scouler

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON

1	Langman, Loralie	52	Minnesota Masters Swim Club	42.00	45.38	9
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Women 50-54 100 Yard IM

MN: 1:05.24 ! 1/27/2019 Jennifer Ridge

NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE

1	Ridge, Jennifer	50	Mako Aquatics Masters	1:05.00	1:06.25	9
				29.89	1:06.25 (36.36)	
2	Casey, Joan	54	Hopkins Masters Swimming	1:17.00	1:18.95	7
				36.91	1:18.95 (42.04)	

Women 50-54 200 Yard IM

MN: 2:25.04 ! 11/9/2014 Barbara A Scouler

NATL: 2:12.57 N 4/15/2018 ELLEN REYNOLDS

1	Ridge, Jennifer	50	Mako Aquatics Masters	2:20.00	2:23.08!	9
				29.68	1:06.29 (36.61)	
					1:49.53 (43.24)	
					2:23.08 (33.55)	

Women 55-59 50 Yard Freestyle

MN: 27.31 ! 5/23/2010 Nancy L Kryka

NATL: 25.16 N 4/8/2017 SUE WALSH

1	Scouler, Barbara	56	Minnetonka Masters	28.30	27.57	9
2	Kratz, Peggy	58	Riptide Masters	29.34	28.62	7
3	Laskey, Marjorie	58	I Swim Masters Team	30.00	29.46	6
4	Burd, Patricia	55	South East Metro Sharks	28.01	29.71	5
5	Petersen, Stephanie	57	St. Louis Area Masters	30.00	30.02	4
6	Carlson, Martha	56	I Swim Masters Team	30.03	31.78	3

Women 55-59 100 Yard Freestyle

MN: 1:00.82 ! 4/8/2017 Peggy Kratz

NATL: 54.72 N 5/4/2008 LAURA VAL

1	Scouler, Barbara	56	Minnetonka Masters	1:03.60	1:00.35!	9
				29.17	1:00.35 (31.18)	
2	Kratz, Peggy	58	Riptide Masters	1:02.85	1:00.40!	7
				29.11	1:00.40 (31.29)	
3	Burd, Patricia	55	South East Metro Sharks	1:01.36	1:06.70	6
				31.99	1:06.70 (34.71)	
4	Hromada, Sarah	57	Relaykers	1:09.63	1:15.71	5
				36.85	1:15.71 (38.86)	
5	Perez, Laura	57	South East Metro Sharks	1:20.00	1:16.39	4
				37.17	1:16.39 (39.22)	

Women 55-59 200 Yard Freestyle

MN: 2:14.32 ! 4/8/2017 Peggy Kratz

NATL: 1:57.90 N 4/30/2017 KARLYN PIPES

1	Kratz, Peggy	58	Riptide Masters	2:21.31	2:17.32	9
				32.74	1:07.79 (35.05)	
					1:42.92 (35.13)	
					2:17.32 (34.40)	
2	Burd, Patricia	55	South East Metro Sharks	2:15.40	2:21.50	7
				32.01	1:07.02 (35.01)	
					1:43.96 (36.94)	
					2:21.50 (37.54)	

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(Women 55-59 200 Yard Freestyle)

3	Laskey, Marjorie	58	I Swim Masters Team	2:25.00	2:23.14	6
	33.34	1:08.88 (35.54)	1:46.12 (37.24)	2:23.14 (37.02)		
4	Petersen, Stephanie	57	St. Louis Area Masters	2:36.00	2:27.06	5
	33.33	1:10.12 (36.79)	1:48.05 (37.93)	2:27.06 (39.01)		
5	Carlson, Martha	56	I Swim Masters Team	2:32.82	2:36.25	4
	34.82	1:13.50 (38.68)	1:54.71 (41.21)	2:36.25 (41.54)		
6	Hromada, Sarah	57	Relaykers	2:45.00	2:41.84	3
	39.91	1:21.47 (41.56)	2:02.68 (41.21)	2:41.84 (39.16)		
7	Hines, Lisa	56	St Cloud YMCA	3:12.28	3:03.58	2
	41.44	1:29.08 (47.64)	2:17.93 (48.85)	3:03.58 (45.65)		

Women 55-59 500 Yard Freestyle

MN: 6:13.06 ! 4/8/2017 Peggy Kratz
NATL: 5:20.68 N 4/29/2017 JILL HERNANDEZ

1	Burd, Patricia	55	South East Metro Sharks	6:07.84	6:24.00	9
	33.59	1:10.13 (36.54)	1:48.37 (38.24)	2:27.07 (38.70)		
	3:06.42 (39.35)	3:46.01 (39.59)	4:25.57 (39.56)	5:05.52 (39.95)		
	5:45.52 (40.00)	6:24.00 (38.48)				
2	Perez, Laura	57	South East Metro Sharks	NT	7:43.62	7
	40.35	1:25.38 (45.03)	2:11.67 (46.29)	2:59.21 (47.54)		
	3:47.87 (48.66)	4:36.21 (48.34)	5:24.23 (48.02)	6:12.32 (48.09)		
	6:59.31 (46.99)	7:43.62 (44.31)				
3	Hines, Lisa	56	St Cloud YMCA	8:00.00	8:06.54	6
	42.67	1:31.10 (48.43)	2:20.38 (49.28)	3:10.00 (49.62)		
	3:59.97 (49.97)	4:50.01 (50.04)	5:40.01 (50.00)	6:30.09 (50.08)		
	7:19.87 (49.78)	8:06.54 (46.67)				

Women 55-59 1000 Yard Freestyle

MN: 13:08.32 ! 2/26/2017 Peggy Kratz
NATL: 11:19.85 N 2/5/2017 K PARKER PALACE

1	Burd, Patricia	55	South East Metro Sharks	12:42.39	13:17.42	9
	35.71	1:15.12 (39.41)	1:55.06 (39.94)	2:36.06 (41.00)		
	3:16.60 (40.54)	3:57.20 (40.60)	4:37.92 (40.72)	5:18.04 (40.12)		
	5:58.26 (40.22)	6:38.82 (40.56)	7:19.09 (40.27)	7:59.50 (40.41)		
	8:39.43 (39.93)	9:19.53 (40.10)	9:59.36 (39.83)	10:39.25 (39.89)		
	11:19.44 (40.19)	11:59.23 (39.79)	12:39.15 (39.92)	13:17.42 (38.27)		
2	Perez, Laura	57	South East Metro Sharks	NT	15:49.42	7
	41.17	1:25.79 (44.62)	2:13.15 (47.36)	3:01.43 (48.28)		
	3:49.82 (48.39)	4:39.95 (50.13)	5:29.32 (49.37)	6:17.39 (48.07)		
	7:05.99 (48.60)	7:54.87 (48.88)	8:43.16 (48.29)	9:30.92 (47.76)		
	10:18.89 (47.97)	11:06.85 (47.96)	11:54.47 (47.62)	12:41.59 (47.12)		
	13:29.71 (48.12)	14:17.45 (47.74)	15:04.42 (46.97)	15:49.42 (45.00)		

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Women 55-59 1650 Yard Freestyle

MN: 21:36.53 ! 4/8/2017 Peggy Kratz

NATL: 18:56.04 N 4/16/2010 LAURA VAL

1	Burd, Patricia	55	South East Metro Sharks	21:11.29	21:53.32	9
	36.07	1:15.27 (39.20)	1:55.53 (40.26)	2:36.18 (40.65)		
	3:16.69 (40.51)	3:57.02 (40.33)	4:37.78 (40.76)	5:18.29 (40.51)		
	5:58.73 (40.44)	6:38.86 (40.13)	7:18.95 (40.09)	7:59.26 (40.31)		
	8:39.18 (39.92)	9:18.71 (39.53)	9:58.17 (39.46)	10:37.56 (39.39)		
	11:17.10 (39.54)	11:56.76 (39.66)	12:36.82 (40.06)	13:16.99 (40.17)		
	13:56.79 (39.80)	14:36.69 (39.90)	15:16.24 (39.55)	15:55.91 (39.67)		
	16:35.62 (39.71)	17:15.86 (40.24)	17:56.38 (40.52)	18:36.54 (40.16)		
	19:16.18 (39.64)	19:55.77 (39.59)	20:35.53 (39.76)	21:15.11 (39.58)	21:53.32 (38.21)	

Women 55-59 50 Yard Backstroke

MN: 35.00 ! 4/8/2017 Barbara Ballard

NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON

1	Scouler, Barbara	56	Minnetonka Masters	35.20	32.09!	9
2	Ballard, Barbara	59	Hopkins Masters Swimming	35.00	37.35	7
3	Hromada, Sarah	57	Relaykers	37.16	38.09	6
4	Joppa, Lori	56	Uc30 - Unattached Minnesota	58.23	50.11	5

Women 55-59 100 Yard Backstroke

MN: 1:15.35 ! 1/30/2011 Nancy L Kryka

NATL: 1:00.80 N 4/30/2017 KARLYN PIPES

1	Hromada, Sarah	57	Relaykers	1:18.69	1:23.87	9
	40.85	1:23.87 (43.02)				
2	Joppa, Lori	56	Uc30 - Unattached Minnesota	1:59.15	1:51.94	7
	54.59	1:51.94 (57.35)				

Women 55-59 100 Yard Backstroke From Split Requests

MN: 1:15.35 ! 1/30/2011 Nancy L Kryka

NATL: 1:00.80 N 4/30/2017 KARLYN PIPES

1	Ballard, Barbara	59	Hopkins Masters Swimming	NT	1:18.62	
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Women 55-59 200 Yard Backstroke

MN: 2:44.02 ! 11/8/2015 Barbara Ballard

NATL: 2:11.29 N 4/28/2017 KARLYN PIPES

1	Scouler, Barbara	56	Minnetonka Masters	2:40.60	2:32.21!	9
	36.49	1:14.28 (37.79)	1:53.39 (39.11)	2:32.21 (38.82)		
2	Petersen, Stephanie	57	St. Louis Area Masters	3:08.00	2:55.02	7
	40.88	1:24.74 (43.86)	2:10.30 (45.56)	2:55.02 (44.72)		
3	Laskey, Marjorie	58	I Swim Masters Team	3:15.00	2:55.15	6
	41.74	1:25.36 (43.62)	2:10.62 (45.26)	2:55.15 (44.53)		
4	Hromada, Sarah	57	Relaykers	3:10.00	2:56.49	5
	40.91	1:24.61 (43.70)	2:10.37 (45.76)	2:56.49 (46.12)		
5	Joppa, Lori	56	Uc30 - Unattached Minnesota	4:22.25	3:58.06	4
	54.35		2:57.23 ()	3:58.06 (1:00.83)		

Women 55-59 50 Yard Breaststroke

MN: 37.85 ! 1/24/2016 Marjorie D Laskey

NATL: 32.13 N 4/30/2017 CAROLINE KRATTLI

1	Hines, Lisa	56	St Cloud YMCA	46.00	47.94	9
2	Joppa, Lori	56	Uc30 - Unattached Minnesota	59.96	52.89	7

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Women 55-59 100 Yard Breaststroke

MN: 1:20.16 ! 3/10/2018 Barbara A Scouler

NATL: 1:10.55 N 4/28/2017 CAROLINE KRATTLI

1	Petersen, Stephanie	57	St. Louis Area Masters	1:30.00	1:27.40	9
	40.84	1:27.40 (46.56)				
2	Hines, Lisa	56	St Cloud YMCA	1:40.00	1:43.13	7
	50.66	1:43.13 (52.47)				
3	Joppa, Lori	56	Uc30 - Unattached Minnesota	1:59.03	1:56.15	6
	54.13	1:56.15 (1:02.02)				

Women 55-59 200 Yard Breaststroke

MN: 3:03.41 ! 11/6/2016 Marjorie D Laskey

NATL: 2:40.19 N 5/10/2009 CATHERINE KOHN

1	Joppa, Lori	56	Uc30 - Unattached Minnesota	4:30.42	4:21.03	9
	58.66	2:06.23 (1:07.57)	3:14.06 (1:07.83)	4:21.03 (1:06.97)		

Women 55-59 50 Yard Butterfly

MN: 30.47 ! 3/10/2018 Barbara A Scouler

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON

1	Scouler, Barbara	56	Minnetonka Masters	29.80	29.02!	9
2	Kratz, Peggy	58	Riptide Masters	37.58	32.74	7
3	Hines, Lisa	56	St Cloud YMCA	49.84	47.69	6
4	Joppa, Lori	56	Uc30 - Unattached Minnesota	59.06	55.78	5

Women 55-59 100 Yard Butterfly

MN: 1:11.38 ! 5/23/2010 Nancy L Kryka

NATL: 1:00.41 N 4/29/2017 KARLYN PIPES

1	Joppa, Lori	56	Uc30 - Unattached Minnesota	1:58.72	2:03.40	9
	55.26	2:03.40 (1:08.14)				

Women 55-59 200 Yard Butterfly

MN: 2:46.17 ! 4/8/2017 Peggy Kratz

NATL: 2:16.28 N 5/10/2009 LAURA VAL

1	Kratz, Peggy	58	Riptide Masters	2:53.58	2:47.29	9
	38.42	1:22.19 (43.77)	2:05.45 (43.26)	2:47.29 (41.84)		

Women 55-59 100 Yard IM

MN: 1:09.88 ! 3/10/2018 Barbara A Scouler

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES

1	Scouler, Barbara	56	Minnetonka Masters	1:09.97	1:06.87!	9
	30.94	1:06.87 (35.93)				
2	Hines, Lisa	56	St Cloud YMCA	1:35.00	1:36.71	7
	46.96	1:36.71 (49.75)				
3	Joppa, Lori	56	Uc30 - Unattached Minnesota	1:58.81	1:49.99	6
	51.00	1:49.99 (58.99)				

Women 55-59 200 Yard IM

MN: 2:36.65 ! 1/27/2019 Barbara A Scouler

NATL: 2:15.70 N 4/28/2017 JILL HERNANDEZ

1	Scouler, Barbara	56	Minnetonka Masters	2:36.30	2:26.87!	9
	31.04	1:09.65 (38.61)	1:52.10 (42.45)	2:26.87 (34.77)		
2	Joppa, Lori	56	Uc30 - Unattached Minnesota	3:58.51	4:05.59	7
	57.80	1:58.82 (1:01.02)	3:03.32 (1:04.50)	4:05.59 (1:02.27)		

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Women 60-64 50 Yard Freestyle

MN: 32.65 ! 4/8/2017 Sarah Nelson

NATL: 26.20 N 5/11/2018 PENNY NOYES

1 Seliga-Punyko, Judy 61 Nortlanders Swim Club 36.00 37.16 9

Women 60-64 100 Yard Freestyle

MN: 1:12.56 ! 4/8/2017 Pamela C Ogden

NATL: 56.45 N 4/29/2012 LAURA VAL

1 Pendergast, Paula 64 Relaykers NT 1:23.93 9
 40.07 1:23.93 (43.86)

2 Tinglov, Gale 62 Minnesota Masters Swim Club 1:23.13 1:26.37 7

3 Burgess, Yo 61 Life Time Swim Minnesota NT 1:26.99 6
 40.95 1:26.99 (46.04)

Women 60-64 500 Yard Freestyle

MN: 7:00.65 ! 4/8/2017 Sarah Nelson

NATL: 5:39.00 N 1/26/2014 LAURA VAL

1 Tinglov, Gale 62 Minnesota Masters Swim Club 7:55.23 7:59.84 9
 44.21 1:33.64 (49.43) 2:23.87 (50.23) 3:13.80 (49.93)

4:02.59 (48.79) 4:51.16 (48.57) 5:40.30 (49.14) 6:28.99 (48.69)

7:15.56 (46.57) 7:59.84 (44.28)

Women 60-64 1000 Yard Freestyle

MN: 14:42.96 ! 5/4/2017 Pamela C Ogden

NATL: 11:41.77 N 3/30/2012 LAURA VAL

1 Tinglov, Gale 62 Minnesota Masters Swim Club 16:08.23 16:36.47 9
 46.28 1:36.55 (50.27) 2:27.88 (51.33) 3:18.49 (50.61)

4:08.10 (49.61) 4:58.23 (50.13) 5:48.08 (49.85) 6:38.69 (50.61)

7:29.37 (50.68) 8:20.12 (50.75) 9:09.64 (49.52) 9:59.98 (50.34)

10:50.41 (50.43) 11:40.16 (49.75) 12:29.76 (49.60) 13:20.34 (50.58)

14:10.44 (50.10) 14:59.67 (49.23) 15:48.47 (48.80) 16:36.47 (48.00)

Women 60-64 50 Yard Backstroke

MN: 38.81 ! 4/15/2012 Sharon L-Sheridan

NATL: 29.58 N 4/26/2015 LAURA VAL

1 Pendergast, Paula 64 Relaykers 43.00 44.65 9

Women 60-64 100 Yard Backstroke

MN: 1:23.85 ! 4/15/2012 Sharon L-Sheridan

NATL: 1:03.72 N 5/12/2013 LAURA VAL

1 Pendergast, Paula 64 Relaykers 1:35.00 1:33.21 9

Women 60-64 200 Yard Backstroke

MN: 2:55.69 ! 2/26/2012 Sharon L-Sheridan

NATL: 2:19.36 N 4/7/2018 BONNIE BILICH

1 Pendergast, Paula 64 Relaykers 3:33.00 3:22.57 9
 48.27 () 3:22.57 (2:34.30)

Women 60-64 50 Yard Breaststroke

MN: 39.12 ! 2/9/2018 Jill Whitney

NATL: 33.79 N 5/7/2017 MELINDA MANN

1 Seliga-Punyko, Judy 61 Nortlanders Swim Club 43.00 42.36 9

2 Pendergast, Paula 64 Relaykers 44.00 44.39 7

3 Tinglov, Gale 62 Minnesota Masters Swim Club 45.50 48.00 6

4 Burgess, Yo 61 Life Time Swim Minnesota NT 51.34 5

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Women 60-64 100 Yard Breaststroke

	MN:	1:28.28	!	2/9/2018	Jill Whitney				
	NATL:	1:16.55	N	5/6/2017	MELINDA MANN				
1	Seliga-Punyko, Judy	61	Nort'landers Swim Club	1:36.00	1:33.63				9
	44.95	1:33.63 (48.68)							
2	Pendergast, Paula	64	Relaykers	1:36.00	1:36.10				7
	46.09	1:36.10 (50.01)							

Women 60-64 200 Yard Breaststroke

	MN:	3:16.53	!	4/14/2018	Beth A Dalton				
	NATL:	2:44.73	N	4/26/2015	LO KNAPP				
1	Pendergast, Paula	64	Relaykers	3:35.00	3:26.71				9
	46.79	1:40.04 (53.25)	2:34.95 (54.91)	3:26.71 (51.76)					
2	Seliga-Punyko, Judy	61	Nort'landers Swim Club	3:45.00	3:29.31				7
	47.99	1:42.41 (54.42)	2:36.77 (54.36)	3:29.31 (52.54)					

Women 60-64 50 Yard Butterfly

	MN:	36.09	!	4/15/2012	Sharon L-Sheridan				
	NATL:	27.93	N	5/13/2018	TRACI GRANGER				
1	Burgess, Yo	61	Life Time Swim Minnesota	NT	48.54				9

Women 60-64 100 Yard IM

	MN:	1:18.96	!	2/9/2018	Jill Whitney				
	NATL:	1:06.74	N	9/15/2018	PENNY NOYES				
1	Pendergast, Paula	64	Relaykers	1:28.00	1:29.85				9
	44.14	1:29.85 (45.71)							
2	Seliga-Punyko, Judy	61	Nort'landers Swim Club	1:32.00	1:35.36				7
	47.27	1:35.36 (48.09)							

Women 60-64 200 Yard IM

	MN:	2:56.18	!	3/10/2012	Sharon L-Sheridan				
	NATL:	2:25.40	N	3/4/2012	LAURA VAL				
1	Pendergast, Paula	64	Relaykers	3:23.00	3:24.76				9
	46.83	1:39.49 (52.66)	2:35.26 (55.77)	3:24.76 (49.50)					

Women 65-69 50 Yard Freestyle From Split Requests

	MN:	34.67	!	5/4/1989	Phyllis B Staige				
	NATL:	26.55	N	5/13/2018	LAURA VAL				
3	Lee-Sheridan, Sharon	67	Relaykers	NT	34.77				

Women 65-69 50 Yard Freestyle

	MN:	34.67	!	5/4/1989	Phyllis B Staige				
	NATL:	26.55	N	5/13/2018	LAURA VAL				
1	Ophaug, Patricia	67	KnightCrawlers	37.02	37.11				9
2	Conway, Mary	68	Relaykers	41.39	40.92				7
3	Connelly, Elizabeth	68	Relaykers	NT	46.96				6
4	Vonderharr, Mary	66	Relaykers	45.02	47.44				5

Women 65-69 100 Yard Freestyle

	MN:	1:16.80	!	5/4/1989	Phyllis B Staige				
	NATL:	57.88	N	5/12/2018	LAURA VAL				
1	Lee-Sheridan, Sharon	67	Relaykers	NT	1:21.94				9
	39.29	1:21.94 (42.65)							

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Women 65-69 500 Yard Freestyle

MN: 7:43.38 ! 1/27/2019 Sharon L-Sheridan

NATL: 5:52.39 N 5/21/2017 LAURA VAL

1	Connelly, Elizabeth	68	Relaykers	9:45.54	9:20.64	9
	54.96	1:52.28 (57.32)	2:50.43 (58.15)	3:47.87 (57.44)		
	4:43.88 (56.01)	5:39.40 (55.52)	6:35.17 (55.77)	7:31.13 (55.96)		
	8:26.07 (54.94)	9:20.64 (54.57)				

Women 65-69 1000 Yard Freestyle

MN: 15:24.49 ! 1/27/2019 Sharon L-Sheridan

NATL: 11:59.50 N 4/9/2017 LAURA VAL

1	Hakomaki, Sue	67	Minnesota Masters Swim Club	23:20.00	23:12.52	9
	57.88	2:03.40 (1:05.52)	3:11.60 (1:08.20)	4:17.69 (1:06.09)		
	5:25.54 (1:07.85)	6:34.66 (1:09.12)	7:44.54 (1:09.88)	8:53.65 (1:09.11)		
	10:02.87 (1:09.22)	11:13.11 (1:10.24)	12:23.95 (1:10.84)	13:35.11 (1:11.16)		
	14:46.54 (1:11.43)	15:58.05 (1:11.51)	17:10.36 (1:12.31)	18:22.88 (1:12.52)		
	19:36.91 (1:14.03)	20:47.97 (1:11.06)	22:01.00 (1:13.03)	23:12.52 (1:11.52)		

Women 65-69 50 Yard Backstroke

MN: 40.55 ! 1/27/2019 Sharon L-Sheridan

NATL: 29.65 N 5/12/2018 LAURA VAL

1	Ophaug, Patricia	67	KnightCrawlers	41.71	41.15	9
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Women 65-69 100 Yard Backstroke

MN: 1:26.25 ! 4/15/2018 Sharon L-Sheridan

NATL: 1:03.96 N 5/11/2018 LAURA VAL

1	Lee-Sheridan, Sharon	67	Relaykers	NT	1:33.61	9
	47.41	1:33.61 (46.20)				

Women 65-69 50 Yard Breaststroke

MN: 43.55 ! 3/10/2018 Sharon L-Sheridan

NATL: 36.58 N 5/11/2018 MELINDA WOLFF

1	Lee-Sheridan, Sharon	67	Relaykers	NT	45.20	9
2	Conway, Mary	68	Relaykers	49.49	48.72	7
3	Vonderharr, Mary	66	Relaykers	59.73	59.29	6

Women 65-69 100 Yard Breaststroke

MN: 1:34.61 ! 4/15/2018 Sharon L-Sheridan

NATL: 1:20.27 N 4/28/2017 CHARLOTTE DAVIS

1	Conway, Mary	68	Relaykers	1:49.78	1:51.55	9
	53.64	1:51.55 (57.91)				

Women 65-69 200 Yard Breaststroke

MN: 3:28.01 ! 3/10/2018 Sharon L-Sheridan

NATL: 3:01.50 N 4/4/2004 JOANN LEILICH

1	Lee-Sheridan, Sharon	67	Relaykers	NT	3:46.64	9
	53.09	1:51.26 (58.17)	2:50.24 (58.98)	3:46.64 (56.40)		

Women 65-69 50 Yard Butterfly

MN: 42.73 ! 3/21/2015 Babs Larsen

NATL: 29.58 N 3/19/2017 LAURA VAL

1	Lee-Sheridan, Sharon	67	Relaykers	43.00	39.51!	9
2	Vonderharr, Mary	66	Relaykers	1:05.69	1:04.87	7

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Women 65-69 100 Yard IM

MN: 1:25.20 ! 3/10/2018 Sharon L-Sheridan

NATL: 1:09.44 N 2/4/2017 LAURA VAL

1 Vonderharr, Mary 66 Relaykers 2:00.10 2:07.99 9
 1:06.63 2:07.99 (1:01.36)

Women 65-69 200 Yard IM

MN: 3:15.37 ! 7/4/2015 Babs Larsen

NATL: 2:30.60 N 5/21/2017 LAURA VAL

1 Lee-Sheridan, Sharon 67 Relaykers NT 3:08.41! 9
 43.80 1:31.39 (47.59) 2:26.16 (54.77) 3:08.41 (42.25)

Women 70-74 50 Yard Freestyle

MN: 36.45 ! 4/10/1994 Phyllis B Staige

NATL: 28.72 N 5/11/2018 MARGARET TOPPEL

1 Larsen, Babs 71 Relaykers 37.00 38.67 9
 2 Arradondo, Martha 72 Relaykers 1:06.00 1:02.79 7

Women 70-74 1000 Yard Freestyle

MN: 17:41.06 ! 3/29/2014 Carol S Smollen

NATL: 13:57.42 N 5/10/2018 CHRISTIE HAYES

1 Larsen, Babs 71 Relaykers 18:00.00 18:17.01 9
 47.69 1:41.15 (53.46) 2:35.03 (53.88) 3:29.07 (54.04)
 4:24.14 (55.07) 5:19.18 (55.04) 6:14.44 (55.26) 7:10.30 (55.86)
 8:05.12 (54.82) 9:01.18 (56.06) 9:57.02 (55.84) 10:53.58 (56.56)
 11:49.60 (56.02) 12:46.15 (56.55) 13:42.46 (56.31) 14:38.01 (55.55)
 15:33.83 (55.82) 16:29.44 (55.61) 17:25.22 (55.78) 18:17.01 (51.79)

Women 70-74 50 Yard Backstroke

MN: 44.24 ! 3/10/2018 Babs Larsen

NATL: 34.60 N 5/12/2018 MARGARET TOPPEL

1 Arradondo, Martha 72 Relaykers 1:26.00 1:15.49 9

Women 70-74 100 Yard Backstroke

MN: 1:31.45 ! 5/10/2018 Babs Larsen

NATL: 1:14.57 N 5/11/2018 MARGARET TOPPEL

1 Arradondo, Martha 72 Relaykers NT 2:45.20 9
 1:18.37 2:45.20 (1:26.83)

Women 70-74 100 Yard Butterfly

MN: 1:41.41 ! 5/10/2018 Babs Larsen

NATL: 1:23.83 N 9/17/2016 MARGOT PETTIJOHN

1 Larsen, Babs 71 Relaykers 1:50.00 1:43.76 9
 49.69 1:43.76 (54.07)

Women 70-74 200 Yard Butterfly

MN: 3:40.34 ! 6/10/2018 Babs Larsen

NATL: 3:07.31 N 9/17/2016 MARGOT PETTIJOHN

1 Larsen, Babs 71 Relaykers 3:50.00 3:43.77 9
 51.57 1:49.22 (57.65) 2:46.64 (57.42) 3:43.77 (57.13)

Women 70-74 200 Yard IM

MN: 3:43.28 ! 1/28/2018 Babs Larsen

NATL: 2:51.31 N 5/7/2017 DIANN UUSTAL

1 Larsen, Babs 71 Relaykers 3:35.00 3:50.10 9
 1:50.57 () 2:57.57 (1:07.00) 3:50.10 (52.53)

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Women 70-74 400 Yard IM

MN: 7:36.45 ! 5/10/2018 Babs Larsen

NATL: 6:15.30 N 5/1/2016 KATHY SLIFER

1	Larsen, Babs	71	Relaykers	8:00.00	7:43.34	9
	50.17	2:45.05 (1:54.88)	3:43.00 (57.95)			
	4:49.29 ()	5:57.93 (1:08.64)	6:51.40 (53.47)	7:43.34 (51.94)		

Women 75-79 200 Yard Freestyle From Split Requests

MN: 3:27.69 ! 4/11/1999 Phyllis B Staige

NATL: 2:53.05 N 3/8/2009 RONNIE KAMPHAUSEN

3	Smollen, Carol	75	Relaykers	NT	3:35.03	
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Women 75-79 200 Yard Freestyle

MN: 3:27.69 ! 4/11/1999 Phyllis B Staige

NATL: 2:53.05 N 3/8/2009 RONNIE KAMPHAUSEN

1	Smollen, Carol	75	Relaykers	3:29.00	3:32.89	9
	48.59	1:42.25 (53.66)	2:38.22 (55.97)	3:32.89 (54.67)		

Women 75-79 500 Yard Freestyle From Split Requests

MN: 9:06.00 ! 4/11/1999 Phyllis B Staige

NATL: 7:32.58 N 5/16/2009 RONNIE KAMPHAUSEN

1	Smollen, Carol	75	Relaykers	NT	9:37.77	
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Women 75-79 1000 Yard Freestyle From Split Requests

MN: 59:59.99 ! 9/29/2016 No Record Swim

NATL: 15:47.72 N 3/18/2009 RONNIE KAMPHAUSEN

1	Smollen, Carol	75	Relaykers	NT	19:27.04!	
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Women 75-79 1650 Yard Freestyle

MN: 2:24.90 ! 6/2/1981 Mamie Brown

NATL: 26:47.55 N 4/1/2017 SARAH KOPSKY

1	Smollen, Carol	75	Relaykers	33:00.00	32:20.25	9
	51.40	1:50.06 (58.66)	2:47.04 (56.98)	3:46.94 (59.90)		
	4:44.54 (57.60)	5:42.66 (58.12)	6:42.12 (59.46)	7:40.38 (58.26)		
	8:38.32 (57.94)	9:37.77 (59.45)	10:36.46 (58.69)	11:34.01 (57.55)		
	12:34.28 (1:00.27)	13:32.04 (57.76)	14:31.47 (59.43)	15:30.57 (59.10)		
	16:29.58 (59.01)	17:29.58 (1:00.00)	18:27.38 (57.80)	19:27.04 (59.66)		
	20:26.85 (59.81)	21:27.01 (1:00.16)	22:26.89 (59.88)	23:25.49 (58.60)		
	24:23.61 (58.12)	25:22.95 (59.34)	26:22.31 (59.36)	27:22.97 (1:00.66)		
	28:23.33 (1:00.36)	29:22.69 (59.36)	30:20.89 (58.20)	31:22.11 (1:01.22)	32:20.25 (58.14)	

Women 75-79 50 Yard Backstroke

MN: 51.68 ! 1/27/2019 Carol S Smollen

NATL: 40.25 N 4/30/2000 DORIS STEADMAN

1	Bacon, AnnLiv	76	Relaykers	59.80	1:03.57	9
2	Pierce, Sandra	75	Relaykers	1:45.00	1:47.52	7

Women 75-79 100 Yard Backstroke

MN: 1:51.68 ! 1/27/2019 Carol S Smollen

NATL: 1:27.70 N 4/15/2011 NANCY BROWN

1	Bacon, AnnLiv	76	Relaykers	2:11.76	2:17.34	9
	1:07.30	2:17.34 (1:10.04)				

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Women 75-79 50 Yard Breaststroke

MN: 1:02.89 ! 2/21/2016 Caroline Owens

NATL: 41.53 N 4/13/2014 JOANN LEILICH

1	Smollen, Carol	75	Relaykers	1:00.00	1:00.92!	9
2	Pierce, Sandra	75	Relaykers	2:05.29	2:02.77	7

Men 18-24 50 Yard Freestyle

MN: 21.03 ! 2/23/2014 Neal H Kennedy

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER

1	Huft, Erick	23	Edina Swim Club	23.00	21.28	9
2	Josephson, Wilson	24	Macalester Masters	22.57	22.18	7
3	Ongalo, Garrett	21	Nort'landers Swim Club	23.69	23.20	6
4	Bibeau, Daniel	21	Uc30 - Unattached Minnesota	27.92	28.14	5

Men 18-24 100 Yard Freestyle

MN: 46.38 ! 12/6/2009 Zach J Wood

NATL: 42.59 N 12/1/2012 EUGENE GODSOE

1	Huft, Erick	23	Edina Swim Club	47.00	46.97	9
	23.07		46.97 (23.90)			
2	Josephson, Wilson	24	Macalester Masters	48.07	48.27	7
	23.54		48.27 (24.73)			
3	Bowman, Samuel	23	Uc20 - Unattached Wisconsin	50.69	50.34	6
	24.47		50.34 (25.87)			
4	Ongalo, Garrett	21	Nort'landers Swim Club	53.87	51.84	5
	24.69		51.84 (27.15)			
5	Bongers, Austin	24	Nort'landers Swim Club	52.76	52.79	4
	25.29		52.79 (27.50)			
6	Lisowski, Connor	21	Edina Swim Club	55.35	56.25	3
	27.78		56.25 (28.47)			
7	Schreffler, TyGene	19	Star Masters	NT	58.24	2
	27.91		58.24 (30.33)			

Men 18-24 200 Yard Freestyle

MN: 1:44.99 ! 4/2/2006 Pael V Zhuravlev

NATL: 1:35.02 N 11/8/2009 ANDY GRANT

1	Josephson, Wilson	24	Macalester Masters	1:52.27	1:48.52	9
	25.21		53.49 (28.28) 1:21.37 (27.88)	1:48.52 (27.15)		
2	Bongers, Austin	24	Nort'landers Swim Club	2:02.32	1:58.97	7
	26.61		56.78 (30.17) 1:27.93 (31.15)	1:58.97 (31.04)		

Men 18-24 500 Yard Freestyle From Split Requests

MN: 4:43.37 ! 4/9/2016 Marcus Duval

NATL: 4:24.81 N 1/24/2010 ANDY GRANT

1	Josephson, Wilson	24	Macalester Masters	NT	4:57.66	
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Men 18-24 500 Yard Freestyle

MN: 4:43.37 ! 4/9/2016 Marcus Duval

NATL: 4:24.81 N 1/24/2010 ANDY GRANT

1	Bowman, Samuel	23	Uc20 - Unattached Wisconsin	5:06.69	5:06.06	9
	29.56		1:01.30 (31.74) 1:33.30 (32.00)	2:05.42 (32.12)		
	2:36.44 (31.02)		3:07.12 (30.68) 3:37.35 (30.23)	4:07.01 (29.66)		
	4:36.64 (29.63)		5:06.06 (29.42)			

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(Men 18-24 500 Yard Freestyle)

2	Bongers, Austin	24	Nort'landers Swim Club	5:39.99	5:45.52	7
	28.95	1:01.71 (32.76)	1:35.20 (33.49)	2:09.79 (34.59)		
	2:44.56 (34.77)	3:20.30 (35.74)	3:56.70 (36.40)	4:33.69 (36.99)		
	5:10.47 (36.78)	5:45.52 (35.05)				
3	Lisowski, Connor	21	Edina Swim Club	5:25.00	5:55.27	6
	29.42	1:03.19 (33.77)	1:38.06 (34.87)	2:13.44 (35.38)		
	2:49.89 (36.45)	3:26.81 (36.92)	4:04.94 (38.13)	4:40.42 (35.48)		
	5:18.18 (37.76)	5:55.27 (37.09)				

Men 18-24 1000 Yard Freestyle

MN: 9:47.34 ! 4/9/2016 Marcus Duval
NATL: 9:01.26 N 2/13/2010 JP ARNOLD

1	Bowman, Samuel	23	Uc20 - Unattached Wisconsin	NT	10:58.87	9
	30.04	1:02.82 (32.78)	1:36.08 (33.26)	2:09.73 (33.65)		
	2:43.55 (33.82)	3:17.25 (33.70)	3:51.04 (33.79)	4:24.98 (33.94)		
	4:59.03 (34.05)	5:33.11 (34.08)	6:07.30 (34.19)	6:40.79 (33.49)		
	7:14.16 (33.37)	7:47.38 (33.22)	8:19.94 (32.56)	8:53.26 (33.32)		
	9:25.61 (32.35)	9:57.45 (31.84)	10:28.37 (30.92)	10:58.87 (30.50)		
2	Josephson, Wilson	24	Macalester Masters	11:11.11	11:09.74	7
	26.11	55.87 (29.76)	1:26.28 (30.41)	1:56.81 (30.53)		
	2:27.17 (30.36)	2:57.42 (30.25)	3:27.68 (30.26)	3:58.22 (30.54)		
	4:28.58 (30.36)	4:57.66 (29.08)	5:53.37 (55.71)	6:29.38 (36.01)		
	7:05.18 (35.80)	7:41.34 (36.16)	8:17.13 (35.79)	8:52.84 (35.71)		
	9:29.97 (37.13)	10:06.05 (36.08)	10:41.30 (35.25)	11:09.74 (28.44)		
3	Bongers, Austin	24	Nort'landers Swim Club	12:45.21	12:32.67	6
	29.63	1:04.43 (34.80)	1:40.78 (36.35)	2:18.51 (37.73)		
	2:56.55 (38.04)	3:34.28 (37.73)	4:11.94 (37.66)	4:50.13 (38.19)		
	5:28.37 (38.24)	6:07.60 (39.23)	6:46.65 (39.05)	7:26.12 (39.47)		
	8:04.80 (38.68)	8:44.03 (39.23)	9:22.83 (38.80)	10:01.12 (38.29)		
	10:40.37 (39.25)	11:18.71 (38.34)	11:56.73 (38.02)	12:32.67 (35.94)		
4	Licari, Robert	18	Nort'landers Swim Club	13:30.00	13:03.36	5
	34.20	1:13.50 (39.30)	1:53.84 (40.34)	2:34.31 (40.47)		
	3:15.69 (41.38)	3:56.24 (40.55)	4:35.97 (39.73)	5:16.03 (40.06)		
	5:56.11 (40.08)	6:35.99 (39.88)	7:15.51 (39.52)	7:55.55 (40.04)		
	8:34.82 (39.27)	9:14.15 (39.33)	9:54.77 (40.62)	10:34.19 (39.42)		
	11:13.25 (39.06)	11:51.95 (38.70)	12:29.36 (37.41)	13:03.36 (34.00)		

Men 18-24 1650 Yard Freestyle

MN: 16:20.14 ! 4/10/2016 Marcus Duval
NATL: 15:48.70 N 3/27/2010 ANDREW MUELLER

1	Bongers, Austin	24	Nort'landers Swim Club	22:00.00	21:09.94	9
	30.10	1:04.03 (33.93)	1:40.43 (36.40)	2:17.61 (37.18)		
	2:55.29 (37.68)	3:32.94 (37.65)	4:11.13 (38.19)	4:49.92 (38.79)		
	5:28.97 (39.05)	6:08.15 (39.18)	6:47.13 (38.98)	7:26.95 (39.82)		
	8:07.13 (40.18)	8:47.34 (40.21)	9:26.60 (39.26)	10:06.18 (39.58)		
	10:45.54 (39.36)	11:24.86 (39.32)	12:03.83 (38.97)	12:43.60 (39.77)		
	13:23.44 (39.84)	14:02.68 (39.24)	14:41.03 (38.35)	15:20.29 (39.26)		
	16:00.15 (39.86)	16:39.73 (39.58)	17:18.79 (39.06)	17:57.91 (39.12)		
	18:36.62 (38.71)	19:15.95 (39.33)	19:55.32 (39.37)	20:33.22 (37.90)	21:09.94 (36.72)	

Men 18-24 50 Yard Backstroke

MN: 24.64 ! 4/13/2013 Sky Boggio
NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

1	Huft, Erick	23	Edina Swim Club	25.00	25.32	9
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(Men 18-24 50 Yard Backstroke)

2	Ongalo, Garrett	21	Nort'landers Swim Club	35.50	30.46	7
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Men 18-24 100 Yard Backstroke

MN: 52.63 ! 4/16/2000 Mike C Wencil

NATL: 45.36 N 11/30/2012 EUGENE GODSOE

1	Bongers, Austin	24	Nort'landers Swim Club	1:01.69	1:04.44	9
	31.07		1:04.44 (33.37)			
2	Ongalo, Garrett	21	Nort'landers Swim Club	NT	1:10.09	7
	35.19		1:10.09 (34.90)			
3	Licari, Robert	18	Nort'landers Swim Club	1:10.00	1:11.39	6
	34.95		1:11.39 (36.44)			

Men 18-24 200 Yard Backstroke

MN: 2:02.87 ! 4/13/2013 Robert Simson

NATL: 1:44.18 N 5/11/2013 ANDREW ELLIOTT

1	Bongers, Austin	24	Nort'landers Swim Club	2:50.00	2:21.82	9
	32.82		1:08.79 (35.97) 1:46.23 (37.44)	2:21.82 (35.59)		

Men 18-24 50 Yard Breaststroke

MN: 25.87 ! 4/14/2002 M D Christianson

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

1	Licari, Robert	18	Nort'landers Swim Club	31.00	30.11	9
2	Baetzold, Seth	24	Minnesota Masters Swim Club	31.99	31.77	7
3	Bibeau, Daniel	21	Uc30 - Unattached Minnesota	41.21	39.95	6

Men 18-24 100 Yard Breaststroke

MN: 56.15 ! 4/14/2002 M D Christianson

NATL: 52.63 N 2/3/2018 JOSH PRENOT

1	Bond, Riley	20	Minnesota Masters Swim Club	1:01.08	1:02.62	9
	29.14		1:02.62 (33.48)			
2	Bibeau, Daniel	21	Uc30 - Unattached Minnesota	1:27.16	1:24.28	7
	39.14		1:24.28 (45.14)			

Men 18-24 200 Yard Breaststroke

MN: 2:11.35 ! 4/19/1998 Reid Thorpe

NATL: 1:57.33 N 5/12/2013 ELLIOT KEEFER

1	Licari, Robert	18	Nort'landers Swim Club	2:40.00	2:36.50	9
	34.46		1:14.65 (40.19) 1:56.05 (41.40)	2:36.50 (40.45)		

Men 18-24 50 Yard Butterfly

MN: 22.19 ! 4/12/2014 Neal H Kennedy

NATL: 21.13 N 4/26/2015 HENRIK LINDAU

1	Boston, Bryce	23	Minnesota Masters Swim Club	24.00	23.30	9
2	Huft, Erick	23	Edina Swim Club	25.00	23.62	7
3	Josephson, Wilson	24	Macalester Masters	26.26	24.52	6
4	Baetzold, Seth	24	Minnesota Masters Swim Club	25.99	25.31	5
5	Ongalo, Garrett	21	Nort'landers Swim Club	26.50	25.87	4
6	Hingtgen, Zach	23	Minnesota Masters Swim Club	26.82	27.05	3
7	Licari, Robert	18	Nort'landers Swim Club	30.00	29.15	2
8	Schreffler, TyGene	19	Star Masters	NT	30.72	1

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Men 18-24 100 Yard Butterfly

	MN:	50.31	!	12/6/2009	Zach J Wood				
	NATL:	46.65	N	11/30/2012	EUGENE GODSOE				
1	Josephson, Wilson			24	Macalester Masters	56.56	53.31		9
		25.36					53.31 (27.95)		
2	Bibeau, Daniel			21	Uc30 - Unattached Minnesota	1:08.20	1:06.09		7
		30.46					1:06.09 (35.63)		

Men 18-24 200 Yard Butterfly

	MN:	1:53.19	!	4/9/2016	Marcus Duval				
	NATL:	1:48.74	N	3/19/2017	MICKEY MOWRY				
1	Baetzold, Seth			24	Minnesota Masters Swim Club	2:03.99	2:06.47		9
		26.90					58.70 (31.80)	1:32.68 (33.98)	2:06.47 (33.79)

Men 18-24 100 Yard IM

	MN:	50.33	!	4/12/2014	Neal H Kennedy				
	NATL:	49.23	N	4/15/2018	LUCAS BUREAU				
1	Josephson, Wilson			24	Macalester Masters	1:01.01	57.01		9
		27.21					57.01 (29.80)		
2	Bongers, Austin			24	Nort'landers Swim Club	1:00.67	1:02.19		7
		28.05					1:02.19 (34.14)		

Men 18-24 200 Yard IM

	MN:	1:57.26	!	4/11/2015	Marcus Duval				
	NATL:	1:49.30	N	4/26/2015	COLIN BABCOCK				
1	Bongers, Austin			24	Nort'landers Swim Club	2:24.39	2:23.28		9
		28.64					1:03.95 (35.31)	1:49.68 (45.73)	2:23.28 (33.60)
2	Bibeau, Daniel			21	Uc30 - Unattached Minnesota	2:46.23	2:41.61		7
		31.74					1:11.95 (40.21)	2:02.27 (50.32)	2:41.61 (39.34)

Men 18-24 400 Yard IM

	MN:	4:09.39	!	4/11/2015	Marcus Duval				
	NATL:	3:50.12	N	2/13/2010	RUSSELL PAYNE				
1	Bongers, Austin			24	Nort'landers Swim Club	5:22.28	5:26.36		9
		31.02					1:08.44 (37.42)	1:48.57 (40.13)	2:29.45 (40.88)
		3:19.49 (50.04)					4:10.31 (50.82)	4:50.05 (39.74)	5:26.36 (36.31)

Men 25-29 50 Yard Freestyle

	MN:	20.21	!	4/18/2010	Timothy Liebhold				
	NATL:	18.67	N	12/20/2014	BOUSQUET\ADRIAN				
1	Coleman, Peter			27	Uc30 - Unattached Minnesota	23.50	22.72		9
2	Trimpe, Trevor			28	Uc30 - Unattached Minnesota	25.39	23.81		7
3	Meagers, Andrew			27	Unattached	30.00	26.09		6

Men 25-29 100 Yard Freestyle

	MN:	44.93	!	12/6/2009	Timothy Liebhold				
	NATL:	41.13	N	5/3/2014	NATHAN ADRIAN				
1	Coleman, Peter			27	Uc30 - Unattached Minnesota	50.01	49.05		9
		23.90					49.05 (25.15)		

Men 25-29 50 Yard Breaststroke

	MN:	26.02	!	2/22/2015	Neal H Kennedy				
	NATL:	23.87	N	5/21/2010	MARK GANGLOFF				
1	Coleman, Peter			27	Uc30 - Unattached Minnesota	29.50	28.07		9

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Men 25-29 100 Yard Breaststroke

	MN:	57.11	!	4/11/2015	Neal H Kennedy				
	NATL:	51.57	N	4/25/2015	MARCUS TITUS				
1	Coleman, Peter			27	Uc30 - Unattached Minnesota	1:02.32		1:00.07	9
	28.55							1:00.07 (31.52)	
2	Trimpe, Trevor			28	Uc30 - Unattached Minnesota	1:04.31		1:03.03	7
	28.79							1:03.03 (34.24)	
3	Meagers, Andrew			27	Unattached	1:40.00		1:21.47	6
	37.86							1:21.47 (43.61)	

Men 25-29 100 Yard Butterfly

	MN:	49.64	!	4/11/2015	Neal H Kennedy				
	NATL:	45.32	N	11/30/2012	DAVIS TARWATER				
1	Trimpe, Trevor			28	Uc30 - Unattached Minnesota	57.19		56.49	9
	25.84							56.49 (30.65)	

Men 25-29 100 Yard IM

	MN:	50.45	!	12/6/2009	Timothy Liebhold				
	NATL:	47.77	N	5/3/2014	DARIAN TOWNSEND				
1	Coleman, Peter			27	Uc30 - Unattached Minnesota	56.41		55.58	9
	25.90							55.58 (29.68)	

Men 30-34 50 Yard Freestyle

	MN:	20.93	!	4/4/2004	Brian L Jacobson				
	NATL:	19.33	N	5/3/2014	ERVIN\ERVIN				
1	Bendix, Blake			30	Minnesota Masters Swim Club	22.50		22.99	9
2	Burks, Jonathan			31	South East Metro Sharks	24.01		24.96	7
3	Wojta, Samuel			31	Edina Swim Club	25.00		25.30	6
4	Dobbs, Jack			30	Hopkins Masters Swimming	30.00		25.97	5
5	Braski, Jonathan			34	Nort'landers Swim Club	27.00		26.16	4
6	Nelson, Justin			32	South East Metro Sharks	26.83		26.29	3
7	Kittelsohn, Paul			32	Piranhas Master's Workout Grou	30.50		30.12	2

Men 30-34 100 Yard Freestyle

	MN:	47.34	!	1/20/2008	Duane W Dobko				
	NATL:	42.75	N	12/21/2014	DARIAN TOWNSEND				
1	Dobbs, Jack			30	Hopkins Masters Swimming	1:10.00		56.47	9
	27.33							56.47 (29.14)	
2	Nelson, Justin			32	South East Metro Sharks	NT		58.29	7
	27.56							58.29 (30.73)	
3	Watson, Nicholas			33	Uc20 - Unattached Wisconsin	1:01.76		1:01.75	6
	28.90							1:01.75 (32.85)	
4	Braski, Jonathan			34	Nort'landers Swim Club	1:05.00		1:02.32	5
	28.71							1:02.32 (33.61)	

Men 30-34 200 Yard Freestyle

	MN:	1:45.51	!	1/20/2008	Duane W Dobko				
	NATL:	1:34.00	N	12/19/2014	DARIAN TOWNSEND				
1	Anderson, Joseph			34	Hopkins Masters Swimming	1:51.52		1:49.82	9
	25.46							52.98 (27.52) 1:21.17 (28.19) 1:49.82 (28.65)	
2	Kittelsohn, Paul			32	Piranhas Master's Workout Grou	2:45.00		2:38.11	7
	34.05							1:12.88 (38.83) 1:55.00 (42.12) 2:38.11 (43.11)	

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Men 30-34 500 Yard Freestyle

MN: 4:50.62 ! 1/20/2008 Duane W Dobko

NATL: 4:29.49 N 2/25/1996 MATTHEW CETLINSKI

1	Anderson, Joseph	34	Hopkins Masters Swimming	5:05.34	5:09.60	9
	28.48	59.50 (31.02)	1:30.63 (31.13)	2:01.52 (30.89)		
	2:33.00 (31.48)	3:04.42 (31.42)	3:35.10 (30.68)	4:05.85 (30.75)		
	4:37.72 (31.87)	5:09.60 (31.88)				
2	Wilson, Andrew	33	Minnesota Masters Swim Club	5:45.00	5:32.40	7
	29.23	1:01.83 (32.60)	1:35.78 (33.95)	2:09.52 (33.74)		
	2:43.34 (33.82)	3:17.41 (34.07)	3:51.37 (33.96)	4:25.52 (34.15)		
	4:59.65 (34.13)	5:32.40 (32.75)				
3	Burks, Jonathan	31	South East Metro Sharks	5:38.48	5:52.85	6
	29.90	1:03.98 (34.08)	1:38.90 (34.92)	2:14.55 (35.65)		
	2:50.00 (35.45)	3:26.19 (36.19)	4:02.61 (36.42)	4:39.34 (36.73)		
	5:16.49 (37.15)	5:52.85 (36.36)				
4	Hoke, James	32	Minnesota Ice Swim Club	6:02.73	5:56.79	5
	32.32	1:07.38 (35.06)	1:43.08 (35.70)	2:18.97 (35.89)		
	2:55.18 (36.21)	3:31.60 (36.42)	4:08.14 (36.54)	4:44.73 (36.59)		
	5:21.78 (37.05)	5:56.79 (35.01)				

Men 30-34 1650 Yard Freestyle

MN: 17:12.36 ! 4/27/2017 Joseph M Anderson

NATL: 15:51.57 N 5/12/1996 JEFF ERWIN

1	Hoke, James	32	Minnesota Ice Swim Club	20:13.45	20:42.20	9
	33.37	1:10.06 (36.69)	1:47.66 (37.60)	2:25.98 (38.32)		
	3:04.09 (38.11)	3:41.93 (37.84)	4:20.01 (38.08)	4:58.13 (38.12)		
	5:35.67 (37.54)	6:13.24 (37.57)	6:51.01 (37.77)	7:29.64 (38.63)		
	8:07.29 (37.65)	8:45.47 (38.18)	9:23.14 (37.67)	10:01.22 (38.08)		
	10:39.85 (38.63)	11:17.87 (38.02)	11:55.96 (38.09)	12:33.34 (37.38)		
	13:11.71 (38.37)	13:49.98 (38.27)	14:28.37 (38.39)	15:06.71 (38.34)		
	15:44.82 (38.11)	16:23.05 (38.23)	17:01.03 (37.98)	17:38.98 (37.95)		
	18:16.83 (37.85)	18:53.80 (36.97)	19:31.05 (37.25)	20:07.36 (36.31)	20:42.20 (34.84)	

Men 30-34 50 Yard Backstroke

MN: 24.28 ! 2/24/2008 Duane W Dobko

NATL: 21.51 N 4/26/2015 MATT GREVERS

1	Dobbs, Jack	30	Hopkins Masters Swimming	35.00	28.28	9
2	Burks, Jonathan	31	South East Metro Sharks	29.85	29.61	7
3	Wojta, Samuel	31	Edina Swim Club	30.05	29.90	6
4	Kittelton, Paul	32	Piranhas Master's Workout Grou	37.20	37.53	5

Men 30-34 100 Yard Backstroke

MN: 51.61 ! 2/24/2008 Duane W Dobko

NATL: 46.34 N 12/21/2013 ADAM MANIA

1	Paquin, Luke	31	Minnesota Ice Swim Club	1:03.00	59.90	9
	29.22	59.90 (30.68)				
2	Dobbs, Jack	30	Hopkins Masters Swimming	1:15.00	1:02.71	7
	30.53	1:02.71 (32.18)				
3	Braski, Jonathan	34	Nort'landers Swim Club	1:15.00	1:18.67	6
	36.80	1:18.67 (41.87)				

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Men 30-34 200 Yard Backstroke

MN: 1:52.60 ! 5/18/1997 Robert Hauck

NATL: 1:43.73 N 12/21/2014 ADAM MANIA

1	Paquin, Luke	31	Minnesota Ice Swim Club	2:20.00	2:14.37	9
	31.61	1:05.91 (34.30)	1:40.08 (34.17)	2:14.37 (34.29)		
2	Dobbs, Jack	30	Hopkins Masters Swimming	2:45.00	2:19.70	7
	33.73	1:09.38 (35.65)	1:45.07 (35.69)	2:19.70 (34.63)		

Men 30-34 50 Yard Breaststroke

MN: 26.39 ! 4/23/2015 Luke A Vestrum

NATL: 24.35 N 4/24/2015 MATT GREVERS

1	Watson, Nicholas	33	Uc20 - Unattached Wisconsin	31.68	31.57	9
2	Dobbs, Jack	30	Hopkins Masters Swimming	NT	35.89	7
3	Braski, Jonathan	34	Nort'landers Swim Club	36.00	36.40	6

Men 30-34 100 Yard Breaststroke

MN: 59.42 ! 5/10/2018 Anthony G Buhr

NATL: 53.44 N 4/29/2011 ED MOSES

1	Wojta, Samuel	31	Edina Swim Club	1:15.00	1:16.47	9
	35.73	1:16.47 (40.74)				
2	Braski, Jonathan	34	Nort'landers Swim Club	1:22.00	1:20.29	7
	37.67	1:20.29 (42.62)				
3	Hoke, James	32	Minnesota Ice Swim Club	1:16.92	1:20.42	6
	38.13	1:20.42 (42.29)				

Men 30-34 200 Yard Breaststroke

MN: 2:16.46 ! 5/10/2018 Anthony G Buhr

NATL: 1:56.02 N 5/1/2011 ED MOSES

---	Watson, Nicholas	33	Uc20 - Unattached Wisconsin	2:32.68	DQ	
	False start					
	33.52	1:11.26 (37.74)	1:51.50 (40.24)	DQ (40.35)		

Men 30-34 50 Yard Butterfly

MN: 22.98 ! 4/23/2015 Luke A Vestrum

NATL: 21.11 N 4/26/2015 MATT GREVERS

1	Dobbs, Jack	30	Hopkins Masters Swimming	35.00	28.68	9
2	Nelson, Justin	32	South East Metro Sharks	29.52	28.96	7
3	Watson, Nicholas	33	Uc20 - Unattached Wisconsin	33.65	30.88	6

Men 30-34 100 Yard Butterfly

MN: 51.97 ! 5/18/1997 Robert Hauck

NATL: 47.28 N 12/20/2013 ADAM MANIA

1	Wilson, Andrew	33	Minnesota Masters Swim Club	59.00	57.25	9
	26.46	57.25 (30.79)				
2	Bendix, Blake	30	Minnesota Masters Swim Club	1:00.00	57.32	7
	25.22	57.32 (32.10)				

Men 30-34 200 Yard Butterfly

MN: 1:57.69 ! 5/18/1997 Robert Hauck

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND

1	Watson, Nicholas	33	Uc20 - Unattached Wisconsin	NT	2:43.58	9
	35.65	1:16.22 (40.57)	1:59.74 (43.52)	2:43.58 (43.84)		

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Men 30-34 100 Yard IM

MN: 52.60 ! 4/23/2015 Luke A Vestrum

NATL: 47.71 N 4/29/2017 RYAN LOCHTE

1	Paquin, Luke	31	Minnesota Ice Swim Club	59.39	59.26	9
	27.40		59.26 (31.86)			
2	Bendix, Blake	30	Minnesota Masters Swim Club	1:00.00	1:00.83	7
	28.03		1:00.83 (32.80)			
3	Wilson, Andrew	33	Minnesota Masters Swim Club	1:03.00	1:02.38	6
	28.17		1:02.38 (34.21)			
4	Braski, Jonathan	34	Nort'landers Swim Club	1:15.00	1:14.92	5
	34.07		1:14.92 (40.85)			

Men 30-34 200 Yard IM

MN: 2:03.05 ! 4/13/1997 Joe Vrudny

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND

1	Anderson, Joseph	34	Hopkins Masters Swimming	2:05.91	2:07.28	9
	28.07		1:00.36 (32.29)	1:38.12 (37.76)	2:07.28 (29.16)	
2	Paquin, Luke	31	Minnesota Ice Swim Club	2:09.30	2:10.82	7
	28.64		1:02.91 (34.27)	1:41.32 (38.41)	2:10.82 (29.50)	
3	Wilson, Andrew	33	Minnesota Masters Swim Club	2:20.00	2:15.73	6
	27.74		1:02.75 (35.01)	1:43.87 (41.12)	2:15.73 (31.86)	

Men 30-34 400 Yard IM

MN: 4:20.80 ! 4/30/2017 Joseph M Anderson

NATL: 3:40.98 N 12/19/2014 DARIAN TOWNSEND

1	Anderson, Joseph	34	Hopkins Masters Swimming	4:40.80	4:34.63	9
	29.21		1:02.42 (33.21)	1:38.16 (35.74)	2:13.52 (35.36)	
	2:53.29 (39.77)		3:33.00 (39.71)	4:04.52 (31.52)	4:34.63 (30.11)	
2	Paquin, Luke	31	Minnesota Ice Swim Club	4:47.04	4:56.19	7
	29.73		1:04.46 (34.73)	1:42.58 (38.12)	2:20.17 (37.59)	
	3:03.28 (43.11)		3:47.18 (43.90)	4:22.12 (34.94)	4:56.19 (34.07)	

Men 35-39 50 Yard Freestyle

MN: 20.79 ! 4/18/2010 Brian L Jacobson

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN

1	Arnold, James	38	Omaha Masters Swim Club	22.20	22.15	9
2	Steele, Reed	39	Minnesota Masters Swim Club	25.00	24.15	7
3	Rupp, Christopher	38	Macalester Masters	26.00	25.04	6
4	Iallonardo, Joseph	37	South East Metro Sharks	30.00	26.98	5
5	Rammel, John	35	St Cloud YMCA	26.70	27.04	4
6	Karau, Michael	37	Minnesota Masters Swim Club	32.39	31.19	3

Men 35-39 100 Yard Freestyle

MN: 46.95 ! 4/29/2012 Brian L Jacobson

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO

1	Steele, Reed	39	Minnesota Masters Swim Club	53.02	53.67	9
	25.94		53.67 (27.73)			
2	Iallonardo, Joseph	37	South East Metro Sharks	NT	1:00.24	7
	28.23		1:00.24 (32.01)			
3	Karau, Michael	37	Minnesota Masters Swim Club	1:09.84	1:10.32	6
	33.24		1:10.32 (37.08)			

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Men 35-39 200 Yard Freestyle

MN: 1:46.66 ! 4/19/2009 Duane W Dobko

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS

1	Steele, Reed	39	Minnesota Masters Swim Club	1:56.00	1:53.88	9
	26.29	54.41 (28.12)	1:23.94 (29.53)	1:53.88 (29.94)		
2	Rupp, Christopher	38	Macalester Masters	2:00.00	1:59.42	7
	27.01	57.16 (30.15)	1:28.51 (31.35)	1:59.42 (30.91)		
3	Iallonardo, Joseph	37	South East Metro Sharks	2:19.00	2:16.05	6
	29.41	1:01.32 (31.91)	1:36.41 (35.09)	2:16.05 (39.64)		
4	Karau, Michael	37	Minnesota Masters Swim Club	2:38.00	2:32.17	5
	31.93	1:09.85 (37.92)	1:50.55 (40.70)	2:32.17 (41.62)		

Men 35-39 500 Yard Freestyle

MN: 4:54.46 ! 4/19/2009 Duane W Dobko

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH

1	Steele, Reed	39	Minnesota Masters Swim Club	5:13.98	5:02.34	9
	27.57	57.29 (29.72)	1:27.70 (30.41)	1:58.33 (30.63)		
	2:28.91 (30.58)	2:59.42 (30.51)	3:29.93 (30.51)	4:00.86 (30.93)		
	4:32.06 (31.20)	5:02.34 (30.28)				
2	Karau, Michael	37	Minnesota Masters Swim Club	7:36.58	7:04.95	7
	35.31	1:15.78 (40.47)	1:57.22 (41.44)	2:40.51 (43.29)		
	3:23.02 (42.51)	4:07.55 (44.53)	4:50.95 (43.40)	5:35.55 (44.60)		
	6:21.67 (46.12)	7:04.95 (43.28)				

Men 35-39 1000 Yard Freestyle

MN: 10:21.86 ! 5/21/1992 James A Stewart

NATL: 9:27.97 N 5/20/2010 ERIC CHRISTENSEN

1	Iallonardo, Joseph	37	South East Metro Sharks	14:00.00	13:10.53	9
	35.15	1:13.38 (38.23)	1:52.42 (39.04)	2:31.22 (38.80)		
	3:10.22 (39.00)	3:49.44 (39.22)	4:29.75 (40.31)	5:10.56 (40.81)		
	5:51.03 (40.47)	6:32.12 (41.09)	7:13.84 (41.72)	7:54.38 (40.54)		
	8:35.25 (40.87)	9:15.08 (39.83)	9:55.33 (40.25)	10:35.34 (40.01)		
	11:15.41 (40.07)	11:55.83 (40.42)	12:35.30 (39.47)	13:10.53 (35.23)		

Men 35-39 1650 Yard Freestyle

MN: 17:29.62 ! 2/16/1992 James A Stewart

NATL: 15:53.88 N 5/18/2003 JEFF ERWIN

1	Steele, Reed	39	Minnesota Masters Swim Club	18:50.00	17:54.74	9
	29.33	1:01.30 (31.97)	1:33.77 (32.47)	2:06.02 (32.25)		
	2:38.43 (32.41)	3:10.54 (32.11)	3:42.79 (32.25)	4:14.88 (32.09)		
	4:47.70 (32.82)	5:20.19 (32.49)	5:55.35 (35.16)	6:26.01 (30.66)		
	7:00.67 (34.66)	7:31.43 (30.76)	8:06.11 (34.68)	8:36.70 (30.59)		
	9:11.16 (34.46)	9:42.18 (31.02)	10:16.47 (34.29)	10:47.61 (31.14)		
	11:22.28 (34.67)	11:53.44 (31.16)	12:28.50 (35.06)	12:59.26 (30.76)		
	13:34.47 (35.21)	14:05.61 (31.14)	14:40.34 (34.73)	15:11.68 (31.34)		
	15:46.48 (34.80)	16:17.60 (31.12)	16:51.90 (34.30)	17:23.59 (31.69)	17:54.74 (31.15)	
2	Iallonardo, Joseph	37	South East Metro Sharks	24:30.00	22:11.17	7
	36.29	1:14.83 (38.54)	1:55.45 (40.62)	2:36.72 (41.27)		
	3:18.81 (42.09)	3:59.90 (41.09)	4:41.91 (42.01)	5:23.28 (41.37)		
	6:04.81 (41.53)	6:46.00 (41.19)	7:27.34 (41.34)	8:08.14 (40.80)		
	8:49.23 (41.09)	9:30.62 (41.39)	10:11.49 (40.87)	10:52.08 (40.59)		
	11:33.56 (41.48)	12:13.31 (39.75)	12:53.79 (40.48)	13:34.50 (40.71)		
	14:15.68 (41.18)	14:55.81 (40.13)	15:36.95 (41.14)	16:17.28 (40.33)		
	16:57.13 (39.85)	17:37.39 (40.26)	18:18.14 (40.75)	18:58.29 (40.15)		
	19:37.95 (39.66)	20:16.97 (39.02)	20:56.51 (39.54)	21:35.80 (39.29)	22:11.17 (35.37)	

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Men 35-39 50 Yard Backstroke

MN: 24.31 ! 4/27/2008 Duane W Dobko

NATL: 22.62 N 4/29/2017 JEFF NATALIZIO

1	Steele, Reed	39	Minnesota Masters Swim Club	28.00	28.74	9
2	Rupp, Christopher	38	Macalester Masters	30.00	29.82	7

Men 35-39 200 Yard Backstroke

MN: 1:49.93 ! 5/4/2008 Duane W Dobko

NATL: 1:47.72 N 5/4/2008 JOSH DAVIS

1	Rupp, Christopher	38	Macalester Masters	2:15.00	2:16.94	9
	31.97	1:07.06 (35.09)	1:42.32 (35.26)	2:16.94 (34.62)		

Men 35-39 100 Yard Breaststroke

MN: 58.09 ! 4/15/2012 Brian L Jacobson

NATL: 54.98 N 3/28/2015 JAMES SHEEHAN

1	Rammel, John	35	St Cloud YMCA	1:12.84	1:11.68	9
	34.11	1:11.68 (37.57)				

Men 35-39 100 Yard Butterfly

MN: 51.98 ! 4/9/2016 Luke A Vestrum

NATL: 47.62 N 3/25/2018 ROLAND SCHOEMAN

1	Rammel, John	35	St Cloud YMCA	1:03.13	1:05.51	9
	29.36	1:05.51 (36.15)				

Men 35-39 100 Yard IM

MN: 52.66 ! 4/29/2012 Brian L Jacobson

NATL: 49.01 N 4/29/2017 JEFF NATALIZIO

1	Arnold, James	38	Omaha Masters Swim Club	1:00.00	57.06	9
	26.83	57.06 (30.23)				
2	Steele, Reed	39	Minnesota Masters Swim Club	1:00.00	1:00.87	7
	28.61	1:00.87 (32.26)				
3	Rupp, Christopher	38	Macalester Masters	1:10.00	1:02.34	6
	28.97	1:02.34 (33.37)				
4	Rammel, John	35	St Cloud YMCA	1:07.55	1:09.37	5
	33.14	1:09.37 (36.23)				

Men 40-44 50 Yard Freestyle

MN: 20.84 ! 4/23/2015 Brian L Jacobson

NATL: 20.67 N 12/20/2014 JOSH DAVIS

1	Dowd, Jeffrey	44	Minnesota Masters Swim Club	24.82	24.50	9
2	Peterfeso, Nathen	40	South East Metro Sharks	30.00	27.58	7
3	Crosland, John	42	Sea Devils Masters	27.50	27.76	6
4	Pittelkow, Jeff	44	Hopkins Masters Swimming	28.00	27.92	5
5	Opheim, Robert	40	St Cloud YMCA	30.39	29.96	4

Men 40-44 100 Yard Freestyle

MN: 46.20 ! 4/23/2015 Brian L Jacobson

NATL: 45.15 N 5/3/2014 JOSH DAVIS

1	Dowd, Jeffrey	44	Minnesota Masters Swim Club	55.94	53.97	9
	26.10	53.97 (27.87)				
2	Peterfeso, Nathen	40	South East Metro Sharks	1:01.00	1:02.02	7
	29.52	1:02.02 (32.50)				
3	Shiek, Jameson	44	Life Time Swim Minnesota	1:26.32	1:19.02	6
	36.96	1:19.02 (42.06)				

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Men 40-44 200 Yard Freestyle

MN: 1:49.15 ! 5/18/1997 Nate Leigh

NATL: 1:38.23 N 4/24/2015 JOSH DAVIS

1	Parker, Adam	42	Minnesota Masters Swim Club	2:02.75	2:07.80	9
	29.30	1:00.96 (31.66)	1:33.79 (32.83)	2:07.80 (34.01)		
2	Pittelkow, Jeff	44	Hopkins Masters Swimming	2:20.00	2:12.94	7
	29.45	1:03.11 (33.66)	1:37.70 (34.59)	2:12.94 (35.24)		
3	Crosland, John	42	Sea Devils Masters	2:25.00	2:17.38	6
	32.04	1:06.71 (34.67)	1:41.78 (35.07)	2:17.38 (35.60)		

Men 40-44 500 Yard Freestyle

MN: 4:51.37 ! 5/18/1997 Nate Leigh

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS

1	Pittelkow, Jeff	44	Hopkins Masters Swimming	6:40.00	6:11.51	9
	32.75	1:08.68 (35.93)	1:45.82 (37.14)	2:24.00 (38.18)		
	3:01.85 (37.85)	3:39.93 (38.08)	4:18.15 (38.22)	4:56.31 (38.16)		
	5:34.68 (38.37)	6:11.51 (36.83)				
2	Peterfeso, Nathen	40	South East Metro Sharks	6:30.00	6:16.50	7
	32.80	1:10.10 (37.30)	1:48.56 (38.46)	2:27.44 (38.88)		
	3:05.89 (38.45)	3:44.55 (38.66)	4:22.80 (38.25)	5:00.98 (38.18)		
	5:39.77 (38.79)	6:16.50 (36.73)				
3	Shiek, Jameson	44	Life Time Swim Minnesota	9:19.89	8:49.67	6
	46.39	1:35.34 (48.95)	2:28.20 (52.86)	3:22.88 (54.68)		
	4:18.41 (55.53)	5:13.12 (54.71)	6:07.69 (54.57)	7:02.55 (54.86)		
	7:57.19 (54.64)	8:49.67 (52.48)				

Men 40-44 1000 Yard Freestyle

MN: 10:40.89 ! 12/15/1996 James A Stewart

NATL: 9:32.66 N 5/7/2010 ALEX KOSTICH

1	Parker, Adam	42	Minnesota Masters Swim Club	11:38.19	12:09.96	9
	32.25	1:08.06 (35.81)	1:44.68 (36.62)	2:21.41 (36.73)		
	2:58.23 (36.82)	3:35.00 (36.77)	4:12.04 (37.04)	4:49.18 (37.14)		
	5:25.49 (36.31)	6:01.70 (36.21)	6:38.74 (37.04)	7:15.37 (36.63)		
	7:52.40 (37.03)	8:29.06 (36.66)	9:05.98 (36.92)	9:43.13 (37.15)		
	10:20.48 (37.35)	10:57.18 (36.70)	11:33.94 (36.76)	12:09.96 (36.02)		
2	Pittelkow, Jeff	44	Hopkins Masters Swimming	14:00.00	13:06.01	7
	34.10	1:12.63 (38.53)	1:51.68 (39.05)	2:31.37 (39.69)		
	3:10.61 (39.24)	3:51.86 (41.25)	4:32.56 (40.70)	5:12.58 (40.02)		
	5:52.61 (40.03)	6:33.32 (40.71)	7:13.26 (39.94)	7:53.73 (40.47)		
	8:34.40 (40.67)	9:13.85 (39.45)	9:53.82 (39.97)	10:33.98 (40.16)		
	11:13.67 (39.69)	11:52.55 (38.88)	12:30.97 (38.42)	13:06.01 (35.04)		

Men 40-44 1650 Yard Freestyle

MN: 17:43.62 ! 2/16/1997 James A Stewart

NATL: 15:51.52 N 5/9/2010 ALEX KOSTICH

1	Parker, Adam	42	Minnesota Masters Swim Club	20:03.37	20:14.34	9
	33.31	1:10.04 (36.73)	1:46.51 (36.47)	2:22.85 (36.34)		
	2:59.91 (37.06)	3:36.86 (36.95)	4:14.12 (37.26)	4:50.13 (36.01)		
	5:26.24 (36.11)	6:01.67 (35.43)	6:37.68 (36.01)	7:14.01 (36.33)		
	7:49.88 (35.87)	8:25.99 (36.11)	9:02.11 (36.12)	9:38.52 (36.41)		
	10:14.45 (35.93)	10:49.93 (35.48)	11:26.76 (36.83)	12:03.55 (36.79)		
	12:40.75 (37.20)	13:18.14 (37.39)	13:56.03 (37.89)	14:32.88 (36.85)		
	15:10.39 (37.51)	15:48.11 (37.72)	16:25.79 (37.68)	17:03.91 (38.12)		
	17:42.12 (38.21)	18:20.21 (38.09)	18:58.36 (38.15)	19:36.32 (37.96)	20:14.34 (38.02)	

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(Men 40-44 1650 Yard Freestyle)

2	Pittelkow, Jeff	44	Hopkins Masters Swimming	22:40.00	21:47.05	7
	34.84	1:12.92 (38.08)	1:52.20 (39.28)	2:31.92 (39.72)		
	3:11.47 (39.55)	3:51.30 (39.83)	4:32.19 (40.89)	5:12.49 (40.30)		
	5:52.63 (40.14)	6:32.50 (39.87)	7:11.90 (39.40)	7:51.73 (39.83)		
	8:31.56 (39.83)	9:11.48 (39.92)	9:51.21 (39.73)	10:31.34 (40.13)		
	11:11.27 (39.93)	11:50.79 (39.52)	12:31.67 (40.88)	13:10.67 (39.00)		
	13:50.94 (40.27)	14:30.46 (39.52)	15:09.90 (39.44)	15:50.19 (40.29)		
	16:30.18 (39.99)	17:10.44 (40.26)	17:50.25 (39.81)	18:29.81 (39.56)		
	19:09.31 (39.50)	19:48.90 (39.59)	20:29.29 (40.39)	21:09.00 (39.71)	21:47.05 (38.05)	
3	Opheim, Robert	40	St Cloud YMCA	23:42.34	23:22.07	6
	33.54	1:12.35 (38.81)	1:52.80 (40.45)	2:34.71 (41.91)		
	3:16.82 (42.11)	3:58.84 (42.02)	4:41.34 (42.50)	5:23.94 (42.60)		
	6:06.96 (43.02)	6:49.69 (42.73)	7:33.24 (43.55)	8:16.49 (43.25)		
	9:00.43 (43.94)	9:43.69 (43.26)	10:26.37 (42.68)	11:09.40 (43.03)		
	11:52.53 (43.13)	12:35.26 (42.73)	13:19.03 (43.77)	14:03.18 (44.15)		
	14:46.78 (43.60)	15:30.01 (43.23)	16:13.02 (43.01)	16:56.66 (43.64)		
	17:40.74 (44.08)	18:23.44 (42.70)	19:07.31 (43.87)	19:50.48 (43.17)		
	20:33.91 (43.43)	21:17.22 (43.31)	22:00.26 (43.04)	22:42.91 (42.65)	23:22.07 (39.16)	

Men 40-44 100 Yard Backstroke

MN: 55.15 ! 12/6/2009 Scott P Tripps

NATL: 48.49 N 4/26/2009 MICHAEL ROSS

1	Pittelkow, Jeff	44	Hopkins Masters Swimming	NT	1:18.20	9
	38.26	1:18.20 (39.94)				

Men 40-44 50 Yard Breaststroke

MN: 26.69 ! 4/23/2015 Brian L Jacobson

NATL: 25.02 N 3/12/2016 JARROD MARRS

1	Parker, Adam	42	Minnesota Masters Swim Club	33.46	35.04	9
2	Pittelkow, Jeff	44	Hopkins Masters Swimming	NT	37.38	7

Men 40-44 100 Yard Breaststroke

MN: 59.52 ! 4/12/2014 Brian L Jacobson

NATL: 55.37 N 4/25/2015 JEFF COMMINGS

1	Dowd, Jeffrey	44	Minnesota Masters Swim Club	1:09.87	1:07.10	9
	31.07	1:07.10 (36.03)				
2	Parker, Adam	42	Minnesota Masters Swim Club	1:12.57	1:15.48	7
	34.76	1:15.48 (40.72)				
3	Opheim, Robert	40	St Cloud YMCA	1:20.71	1:21.43	6
	37.84	1:21.43 (43.59)				

Men 40-44 200 Yard Breaststroke

MN: 2:20.83 ! 4/14/2002 James Kochendorfr

NATL: 2:00.53 N 5/3/2014 STEVE WEST

1	Parker, Adam	42	Minnesota Masters Swim Club	2:35.29	2:43.18	9
	36.74	1:18.16 (41.42)	1:59.31 (41.15)	2:43.18 (43.87)		

Men 40-44 50 Yard Butterfly

MN: 23.61 ! 1/31/2010 Marty T Moran

NATL: 22.60 N 4/14/2018 JAMES ZENYUH

1	Dowd, Jeffrey	44	Minnesota Masters Swim Club	28.43	26.91	9
2	Peterfeso, Nathen	40	South East Metro Sharks	32.00	29.40	7
3	Pittelkow, Jeff	44	Hopkins Masters Swimming	NT	32.35	6

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Men 40-44 100 Yard Butterfly

MN: 52.14 ! 5/23/2010 Marty T Moran
NATL: 49.27 N 5/4/2008 MICHAEL ROSS

1	Peterfeso, Nathen	40	South East Metro Sharks	1:14.00	1:10.34	9
	31.88		1:10.34 (38.46)			

Men 40-44 100 Yard IM

MN: 52.25 ! 4/23/2015 Brian L Jacobson
NATL: 51.07 N 4/25/2015 JEFF COMMINGS

1	Crosland, John	42	Sea Devils Masters	1:10.00	1:10.00	9
	32.52		1:10.00 (37.48)			

Men 40-44 200 Yard IM

MN: 2:00.60 ! 4/18/2010 Scott P Tripps
NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS

1	Pittelkow, Jeff	44	Hopkins Masters Swimming	NT	2:42.09	9
	32.85		1:15.06 (42.21) 2:04.95 (49.89)	2:42.09 (37.14)		

Men 45-49 50 Yard Freestyle

MN: 21.87 ! 1/27/2019 Brian L Jacobson
NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

1	Jacobson, Brian	45	Minnesota Ice Swim Club	20.84	22.31	9
2	Fries, Matthew	46	Minnetonka Masters	28.37	28.57	7
3	Sparber, Gregory	49	Unattached	NT	28.93	6
4	Kurus, Doobie	46	Hopkins Masters Swimming	30.00	29.37	5
5	Kirsch, Kevin	48	Minnesota Ice Swim Club	31.00	32.06	4
6	Timmerman, Tim	47	Nort'landers Swim Club	35.02	35.02	3

Men 45-49 100 Yard Freestyle

MN: 48.35 ! 4/14/2002 Trip Hedrick
NATL: 46.21 N 4/26/2015 NICOLAS GRANGER

1	Tripps, Scott	49	Hopkins Masters Swimming	56.50	54.30	9
	25.89		54.30 (28.41)			
2	Kurus, Doobie	46	Hopkins Masters Swimming	1:07.00	1:05.68	7
	31.91		1:05.68 (33.77)			
3	Timmerman, Tim	47	Nort'landers Swim Club	1:16.34	1:17.99	6
	37.50		1:17.99 (40.49)			

Men 45-49 200 Yard Freestyle

MN: 1:50.20 ! 4/8/2017 Bernie Zeruhn
NATL: 1:41.69 N 5/21/2010 DAVID SIMS

1	Tripps, Scott	49	Hopkins Masters Swimming	1:59.50	2:03.11	9
	27.85		58.63 (30.78) 1:30.72 (32.09)	2:03.11 (32.39)		
2	Fries, Matthew	46	Minnetonka Masters	2:29.48	2:25.80	7
			1:06.11 () 1:44.46 (38.35)	2:25.80 (41.34)		
3	Kurus, Doobie	46	Hopkins Masters Swimming	2:30.00	2:26.73	6
	32.28		1:08.41 (36.13) 1:47.31 (38.90)	2:26.73 (39.42)		
4	Mann, Stephen	45	Macalester Masters	2:37.21	2:30.97	5
	34.77		1:12.04 (37.27) 1:51.85 (39.81)	2:30.97 (39.12)		
5	Kirsch, Kevin	48	Minnesota Ice Swim Club	2:45.00	2:50.08	4
	35.99		1:16.54 (40.55) 2:02.00 (45.46)	2:50.08 (48.08)		
6	Timmerman, Tim	47	Nort'landers Swim Club	3:02.94	2:50.77	3
	40.53		1:23.73 (43.20) 2:08.33 (44.60)	2:50.77 (42.44)		

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Men 45-49 500 Yard Freestyle

MN: 5:03.32 ! 4/8/2017 Bernie Zeruhn

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

1	Timmerman, Tim	47	Nort'landers Swim Club	7:53.04	7:59.42	9
	42.14	1:29.96 (47.82)	2:18.20 (48.24)	3:06.72 (48.52)		
	3:54.74 (48.02)	4:43.32 (48.58)	5:33.21 (49.89)	6:23.58 (50.37)		
	7:13.70 (50.12)	7:59.42 (45.72)				

Men 45-49 1000 Yard Freestyle

MN: 10:53.34 ! 3/17/2002 James A Stewart

NATL: 9:43.93 N 5/20/2010 KEITH SWITZER

1	Timmerman, Tim	47	Nort'landers Swim Club	16:32.43	16:51.11	9
	46.05	1:36.71 (50.66)	2:27.80 (51.09)	3:18.91 (51.11)		
	4:10.24 (51.33)	5:01.17 (50.93)	5:51.59 (50.42)	6:42.74 (51.15)		
	7:34.69 (51.95)	8:25.26 (50.57)	9:16.25 (50.99)	10:06.28 (50.03)		
	10:57.15 (50.87)	11:48.43 (51.28)	12:39.46 (51.03)	13:31.23 (51.77)		
	14:24.74 (53.51)	15:14.04 (49.30)	16:04.14 (50.10)	16:51.11 (46.97)		

Men 45-49 1650 Yard Freestyle

MN: 18:04.91 ! 3/17/2002 James A Stewart

NATL: 16:08.05 N 5/20/2010 JEFF ERWIN

1	Timmerman, Tim	47	Nort'landers Swim Club	28:36.22	27:33.47	9
	46.39	1:35.76 (49.37)	2:25.71 (49.95)	3:16.89 (51.18)		
	4:07.44 (50.55)	4:57.79 (50.35)	5:47.83 (50.04)	6:38.02 (50.19)		
	7:28.80 (50.78)	8:18.81 (50.01)	9:09.90 (51.09)	10:00.86 (50.96)		
	10:51.07 (50.21)	11:42.38 (51.31)	12:34.03 (51.65)	13:23.83 (49.80)		
	14:14.77 (50.94)	15:04.28 (49.51)	15:55.14 (50.86)	16:46.36 (51.22)		
	17:36.38 (50.02)	18:26.35 (49.97)	19:16.47 (50.12)	20:06.42 (49.95)		
	20:56.03 (49.61)	21:46.75 (50.72)	22:36.82 (50.07)	23:26.93 (50.11)		
	24:17.13 (50.20)	25:07.67 (50.54)	25:57.90 (50.23)	26:47.56 (49.66)	27:33.47 (45.91)	

Men 45-49 50 Yard Backstroke

MN: 25.83 ! 5/9/2013 Marty T Moran

NATL: 23.58 N 4/26/2015 MICHAEL ROSS

1	Tripps, Scott	49	Hopkins Masters Swimming	27.50	26.98	9
2	Kurus, Doobie	46	Hopkins Masters Swimming	39.26	41.51	7
3	Timmerman, Tim	47	Nort'landers Swim Club	40.46	41.58	6
4	Kirsch, Kevin	48	Minnesota Ice Swim Club	45.00	41.82	5
---	Mann, Stephen	45	Macalester Masters	38.58	DQ	
	Shoulders past vertical toward breast					

Men 45-49 100 Yard Backstroke

MN: 57.59 ! 4/8/2017 Bernie Zeruhn

NATL: 51.55 N 4/30/2011 CHRIS STEVENSON

1	Tripps, Scott	49	Hopkins Masters Swimming	1:00.50	58.64	9
	28.71	58.64 (29.93)				
2	Timmerman, Tim	47	Nort'landers Swim Club	1:28.46	1:33.96	7

Men 45-49 200 Yard Backstroke

MN: 2:03.55 ! 4/23/2015 Scott P Tripps

NATL: 1:53.97 N 5/1/2016 SAEGER\GRANGER

1	Tripps, Scott	49	Hopkins Masters Swimming	2:06.50	2:10.01	9
	30.42	1:03.59 (33.17)	1:37.36 (33.77)	2:10.01 (32.65)		

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Men 45-49 50 Yard Breaststroke

MN: 28.41 ! 4/27/2008 Kchnfr-Jbsn Tie

NATL: 26.05 N 4/30/2017 STEVE WEST

1	Jacobson, Brian	45	Minnesota Ice Swim Club	26.69	28.68	9
2	Tripps, Scott	49	Hopkins Masters Swimming	30.50	31.05	7
3	Kurus, Doobie	46	Hopkins Masters Swimming	46.68	47.85	6

Men 45-49 100 Yard Breaststroke

MN: 1:02.01 ! 4/19/2009 James Kochendorfr

NATL: 55.69 N 5/13/2018 STEVE WEST

1	Tripps, Scott	49	Hopkins Masters Swimming	1:10.50	1:10.14	9
	32.48		1:10.14 (37.66)			
2	Fries, Matthew	46	Minnetonka Masters	NT	1:23.63	7
	39.28		1:23.63 (44.35)			
3	Sparber, Gregory	49	Unattached	NT	1:28.08	6
	42.78		1:28.08 (45.30)			
4	Kirsch, Kevin	48	Minnesota Ice Swim Club	1:40.00	1:36.33	5
	48.17		1:36.33 (48.16)			

Men 45-49 200 Yard Breaststroke

MN: 2:24.11 ! 4/19/2009 Malachy McCarthy

NATL: 2:02.42 N 4/29/2017 STEVE WEST

1	Tripps, Scott	49	Hopkins Masters Swimming	2:33.50	2:40.08	9
	34.35		1:15.21 (40.86)	1:57.60 (42.39)	2:40.08 (42.48)	

Men 45-49 50 Yard Butterfly

MN: 23.84 ! 4/11/1999 Trip Hedrick

NATL: 22.67 N 5/4/2008 PAUL SMITH

1	Jacobson, Brian	45	Minnesota Ice Swim Club	23.82	24.75	9
2	Tripps, Scott	49	Hopkins Masters Swimming	26.50	26.10	7
3	Kurus, Doobie	46	Hopkins Masters Swimming	NT	42.76	6

Men 45-49 100 Yard Butterfly

MN: 53.28 ! 4/11/1999 Trip Hedrick

NATL: 50.90 N 5/21/2010 DAVID SIMS

1	Tripps, Scott	49	Hopkins Masters Swimming	1:02.50	1:00.09	9
	27.45		1:00.09 (32.64)			

Men 45-49 100 Yard IM

MN: 56.83 ! 2/23/2019 Brian L Jacobson

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

1	Jacobson, Brian	45	Minnesota Ice Swim Club	52.25	56.63!	9
	26.57		56.63 (30.06)			
2	Tripps, Scott	49	Hopkins Masters Swimming	1:01.50	1:00.10	7
	27.53		1:00.10 (32.57)			
3	Fries, Matthew	46	Minnetonka Masters	1:13.97	1:17.10	6
	36.03		1:17.10 (41.07)			
4	Kurus, Doobie	46	Hopkins Masters Swimming	NT	1:26.74	5
	40.61		1:26.74 (46.13)			
---	Mann, Stephen	45	Macalester Masters	1:30.00	DQ	
	Shoulders past vertical toward breast - back					
	39.71		DQ (41.99)			

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Men 45-49 200 Yard IM

MN: 2:06.08 ! 2/22/2015 Scott P Tripps

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER

1	Tripps, Scott	49	Hopkins Masters Swimming	2:08.50	2:15.36	9
	28.49	1:01.73 (33.24)	1:42.80 (41.07)	2:15.36 (32.56)		

Men 50-54 50 Yard Freestyle

MN: 21.90 ! 4/25/2004 Trip Hedrick

NATL: 21.36 N 4/29/2011 ROWDY GAINES

1	Bennett, Dennis	53	Iowa Masters	23.50	23.27	9
2	Young, Robert	54	Mako Aquatics Masters	24.57	24.81	7
3	Schmitz, William	52	South East Metro Sharks	NT	25.46	6
4	Ewing, Michael	52	St Cloud YMCA	26.99	26.05	5
5	Merkle, Jonathan	51	West Express	26.63	27.21	4
6	Stephenson, Paul	53	Minnetonka Masters	28.42	27.78	3
7	Hutchinson, Anthony	51	Minnesota Masters Swim Club	40.00	28.43	2
8	Volz, Jack	53	Unattached	NT	30.36	1
9	Nieters, Mark	50	St Cloud YMCA	28.00	31.29	
10	Wieczorek, Adam	54	South East Metro Sharks	35.00	32.41	
11	Diaz, Richard	52	Minnetonka Masters	36.73	37.19	
12	Pasko, Paul	54	Hopkins Masters Swimming	1:10.00	41.60	

Men 50-54 100 Yard Freestyle

MN: 48.16 ! 4/25/2004 Trip Hedrick

NATL: 46.59 N 5/10/2009 ROWDY GAINES

1	Bennett, Dennis	53	Iowa Masters	51.77	50.79	9
	24.29	50.79 (26.50)				
2	Young, Robert	54	Mako Aquatics Masters	54.83	54.88	7
	26.18	54.88 (28.70)				
3	Kaufmann, Gordy	52	Hopkins Masters Swimming	59.06	58.46	6
	27.83	58.46 (30.63)				
4	Hutchinson, Anthony	51	Minnesota Masters Swim Club	1:18.00	1:05.01	5
	29.93	1:05.01 (35.08)				
5	Nieters, Mark	50	St Cloud YMCA	1:04.00	1:05.08	4
	31.34	1:05.08 (33.74)				

Men 50-54 200 Yard Freestyle

MN: 1:48.45 ! 4/4/2004 Trip Hedrick

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES

1	Bennett, Dennis	53	Iowa Masters	1:55.00	1:53.41	9
	25.66	53.99 (28.33)	1:23.65 (29.66)	1:53.41 (29.76)		
2	Schmitz, William	52	South East Metro Sharks	1:59.26	1:59.42	7
	28.49	58.68 (30.19)	1:29.08 (30.40)	1:59.42 (30.34)		
3	Merkle, Jonathan	51	West Express	2:10.26	2:09.31	6
	30.13	1:02.19 (32.06)	1:35.43 (33.24)	2:09.31 (33.88)		
4	Stephenson, Paul	53	Minnetonka Masters	2:30.00	2:21.15	5
	31.62	1:08.24 (36.62)	1:45.92 (37.68)	2:21.15 (35.23)		
5	Hutchinson, Anthony	51	Minnesota Masters Swim Club	3:00.00	2:33.44	4
	33.93	1:11.88 (37.95)	1:52.47 (40.59)	2:33.44 (40.97)		
6	Diaz, Richard	52	Minnetonka Masters	3:13.44	2:59.02	3
	38.24	1:21.22 (42.98)	2:09.64 (48.42)	2:59.02 (49.38)		
7	Pasko, Paul	54	Hopkins Masters Swimming	4:10.00	4:03.38	2
	50.22	1:53.01 (1:02.79)	2:59.98 (1:06.97)	4:03.38 (1:03.40)		

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Men 50-54 500 Yard Freestyle

MN: 5:20.88 ! 7/6/2015 Thomas Ruehle

NATL: 4:47.57 N 5/20/2001 JIM MCONICA

1	Schmitz, William	52	South East Metro Sharks	5:36.51	5:32.64	9
	30.03	1:02.65 (32.62)	1:35.87 (33.22)	2:09.57 (33.70)		
	2:43.90 (34.33)	3:18.04 (34.14)	3:51.99 (33.95)	4:26.00 (34.01)		
	5:00.28 (34.28)	5:32.64 (32.36)				
2	Kaufmann, Gordy	52	Hopkins Masters Swimming	6:35.00	6:11.31	7
	31.24	1:07.09 (35.85)	1:44.98 (37.89)	2:23.33 (38.35)		
	3:02.00 (38.67)	3:40.70 (38.70)	4:19.56 (38.86)	4:57.83 (38.27)		
	5:35.90 (38.07)	6:11.31 (35.41)				
3	Nieters, Mark	50	St Cloud YMCA	6:13.75	6:31.01	6
	33.54	1:10.02 (36.48)	1:48.73 (38.71)	2:28.22 (39.49)		
	3:09.13 (40.91)	3:50.68 (41.55)	4:32.28 (41.60)	5:13.54 (41.26)		
	5:53.04 (39.50)	6:31.01 (37.97)				
4	Stephenson, Paul	53	Minnetonka Masters	6:52.74	6:48.30	5
	33.67	1:11.72 (38.05)	1:54.01 (42.29)	2:38.43 (44.42)		
	3:22.14 (43.71)	4:06.11 (43.97)	4:49.76 (43.65)	5:32.02 (42.26)		
	6:12.44 (40.42)	6:48.30 (35.86)				
5	Hutchinson, Anthony	51	Minnesota Masters Swim Club	7:50.00	7:37.96	4
	36.47	1:18.08 (41.61)	2:01.83 (43.75)	2:46.61 (44.78)		
	3:32.07 (45.46)	4:18.96 (46.89)	5:14.14 (55.18)	6:02.11 (47.97)		
	6:53.32 (51.21)	7:37.96 (44.64)				

Men 50-54 1000 Yard Freestyle

MN: 10:57.87 ! 4/29/2007 James A Stewart

NATL: 9:55.84 N 4/6/2013 KEITH SWITZER

1	Nieters, Mark	50	St Cloud YMCA	13:21.54	13:44.05	9
	37.06	1:17.27 (40.21)	1:59.59 (42.32)	2:42.15 (42.56)		
	3:24.80 (42.65)	4:06.64 (41.84)	4:49.38 (42.74)	5:32.04 (42.66)		
	6:14.46 (42.42)	6:57.05 (42.59)	7:38.78 (41.73)	8:21.14 (42.36)		
	9:02.70 (41.56)	9:43.85 (41.15)	10:24.66 (40.81)	11:05.93 (41.27)		
	11:45.51 (39.58)	12:26.07 (40.56)	13:05.99 (39.92)	13:44.05 (38.06)		

Men 50-54 1650 Yard Freestyle

MN: 18:02.22 ! 4/29/2007 James A Stewart

NATL: 16:28.77 N 4/23/2015 JEFF ERWIN

1	Nieters, Mark	50	St Cloud YMCA	22:36.83	22:47.24	9
	36.16	1:14.79 (38.63)	1:55.17 (40.38)	2:36.44 (41.27)		
	3:18.48 (42.04)	4:00.93 (42.45)	4:42.20 (41.27)	5:24.14 (41.94)		
	6:06.77 (42.63)	6:49.59 (42.82)	7:31.46 (41.87)	8:13.71 (42.25)		
	8:55.82 (42.11)	9:37.89 (42.07)	10:20.47 (42.58)	11:01.07 (40.60)		
	11:43.44 (42.37)	12:25.51 (42.07)	13:08.00 (42.49)	13:48.82 (40.82)		
	14:30.40 (41.58)	15:12.57 (42.17)	15:54.98 (42.41)	16:37.37 (42.39)		
	17:18.72 (41.35)	18:00.75 (42.03)	18:43.40 (42.65)	19:24.84 (41.44)		
	20:06.15 (41.31)	20:47.73 (41.58)	21:29.45 (41.72)	22:09.66 (40.21)	22:47.24 (37.58)	
2	Stephenson, Paul	53	Minnetonka Masters	24:14.29	23:43.54	7
	34.96	1:14.34 (39.38)	1:56.62 (42.28)	2:39.26 (42.64)		
	3:22.48 (43.22)	4:05.40 (42.92)	4:49.36 (43.96)	5:34.02 (44.66)		
	6:18.48 (44.46)	7:02.31 (43.83)	7:46.38 (44.07)	8:30.68 (44.30)		
	9:13.95 (43.27)	9:58.18 (44.23)	10:41.62 (43.44)	11:24.78 (43.16)		
	12:08.53 (43.75)	12:52.71 (44.18)	13:36.07 (43.36)	14:20.26 (44.19)		
	15:03.81 (43.55)	15:48.10 (44.29)	16:31.64 (43.54)	17:15.97 (44.33)		
	17:59.07 (43.10)	18:43.47 (44.40)	19:26.72 (43.25)	20:11.26 (44.54)		
	20:55.25 (43.99)	21:37.78 (42.53)	22:20.65 (42.87)	23:03.05 (42.40)	23:43.54 (40.49)	

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(Men 50-54 1650 Yard Freestyle)

3	Hutchinson, Anthony	51	Minnesota Masters Swim Club	27:00.00	27:24.54	6
	39.42	1:24.86 (45.44)	2:12.61 (47.75)	3:01.52 (48.91)		
	3:50.48 (48.96)	4:39.56 (49.08)	5:29.27 (49.71)	6:19.31 (50.04)		
	7:09.61 (50.30)	7:59.59 (49.98)	8:50.54 (50.95)	9:40.66 (50.12)		
	10:30.12 (49.46)	11:19.70 (49.58)	12:09.24 (49.54)	12:59.02 (49.78)		
	13:49.49 (50.47)	14:40.59 (51.10)	15:30.82 (50.23)	16:19.64 (48.82)		
	17:08.72 (49.08)	17:59.77 (51.05)	18:51.82 (52.05)	19:44.20 (52.38)		
	20:37.04 (52.84)	21:28.76 (51.72)	22:18.93 (50.17)	23:10.21 (51.28)		
	24:01.40 (51.19)	24:52.81 (51.41)	25:44.21 (51.40)	26:35.48 (51.27)	27:24.54 (49.06)	

Men 50-54 50 Yard Backstroke

MN: 26.84 ! 4/29/2017 Marty T Moran
NATL: 24.57 N 5/4/2014 FRITZ BEDFORD

1	Schlichting, Randy	54	Hopkins Masters Swimming	28.00	28.28	9
2	Bennett, Dennis	53	Iowa Masters	29.00	29.44	7
3	Hanson, Daniel	51	Ywca of St Paul	30.50	30.05	6
4	Young, Robert	54	Mako Aquatics Masters	29.66	30.52	5
5	Redding, Steven	52	Hopkins Masters Swimming	37.00	39.88	4
6	Diaz, Richard	52	Minnetonka Masters	41.67	40.29	3
7	Wieczorek, Adam	54	South East Metro Sharks	40.00	40.66	2

Men 50-54 100 Yard Backstroke

MN: 59.08 ! 4/11/2015 Randy Schlichting
NATL: 52.72 N 3/21/2015 FRITZ BEDFORD

1	Schlichting, Randy	54	Hopkins Masters Swimming	1:01.00	1:00.05	9
	29.98	1:00.05 (30.07)				
2	Stephenson, Paul	53	Minnetonka Masters	NT	1:18.65	7
	39.04	1:18.65 (39.61)				
3	Kaufmann, Gordy	52	Hopkins Masters Swimming	NT	1:21.33	6
	40.51	1:21.33 (40.82)				
4	Redding, Steven	52	Hopkins Masters Swimming	1:25.00	1:25.45	5
	41.42	1:25.45 (44.03)				

Men 50-54 200 Yard Backstroke

MN: 2:10.35 ! 4/10/2016 Randy Schlichting
NATL: 1:59.04 N 4/25/2015 JIM TUCHLER

1	Schlichting, Randy	54	Hopkins Masters Swimming	2:12.00	2:10.17!	9
	31.06	1:04.29 (33.23)	1:37.69 (33.40)	2:10.17 (32.48)		

Men 50-54 50 Yard Breaststroke

MN: 28.72 ! 4/9/2016 William Bloomberg
NATL: 26.45 N 3/30/2014 DAVID GUTHRIE

1	Ewing, Michael	52	St Cloud YMCA	30.99	31.09	9
2	Reeder, David	50	Macalester Masters	32.52	31.51	7
3	Young, Robert	54	Mako Aquatics Masters	35.14	34.82	6
4	Stephenson, Paul	53	Minnetonka Masters	40.00	37.59	5
5	Redding, Steven	52	Hopkins Masters Swimming	39.00	39.43	4
6	Kaufmann, Gordy	52	Hopkins Masters Swimming	NT	41.43	3

Men 50-54 100 Yard Breaststroke

MN: 1:02.62 ! 4/10/2016 William Bloomberg
NATL: 58.41 N 3/29/2014 DAVID GUTHRIE

1	Ewing, Michael	52	St Cloud YMCA	1:08.99	1:06.72	9
	31.39	1:06.72 (35.33)				

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(Men 50-54 100 Yard Breaststroke)

2	Reeder, David	50	Macalester Masters	1:12.21	1:10.08	7
	32.51				1:10.08 (37.57)	
3	Merkle, Jonathan	51	West Express	1:12.53	1:14.52	6
	34.92				1:14.52 (39.60)	
4	Stephenson, Paul	53	Minnetonka Masters	1:28.87	1:21.06	5
	38.48				1:21.06 (42.58)	
5	Redding, Steven	52	Hopkins Masters Swimming	1:32.00	1:24.69	4
	41.02				1:24.69 (43.67)	
6	Volz, Jack	53	Unattached	1:48.00	1:29.77	3
	40.75				1:29.77 (49.02)	

Men 50-54 200 Yard Breaststroke

MN: 2:23.83 ! 4/29/2017 Michael Ewing

NATL: 2:07.25 N 3/30/2014 DAVID GUTHRIE

1	Redding, Steven	52	Hopkins Masters Swimming	3:05.00	3:04.70	9
	43.01				1:29.53 (46.52) 2:17.61 (48.08) 3:04.70 (47.09)	

Men 50-54 50 Yard Butterfly

MN: 23.19 ! 4/25/2004 Trip Hedrick

NATL: 23.19 N 4/25/2004 TRIP HEDRICK

1	Bennett, Dennis	53	Iowa Masters	25.99	25.56	9
2	Young, Robert	54	Mako Aquatics Masters	26.12	26.09	7
3	Reeder, David	50	Macalester Masters	30.32	27.91	6
4	Kaufmann, Gordy	52	Hopkins Masters Swimming	28.47	28.28	5
5	Ewing, Michael	52	St Cloud YMCA	28.99	28.73	4
6	Redding, Steven	52	Hopkins Masters Swimming	33.00	35.15	3

Men 50-54 100 Yard Butterfly

MN: 52.05 ! 4/4/2004 Trip Hedrick

NATL: 51.73 N 5/12/2013 DAVID SIMS

1	Young, Robert	54	Mako Aquatics Masters	59.57	59.48	9
	27.35				59.48 (32.13)	
2	Redding, Steven	52	Hopkins Masters Swimming	1:16.00	1:18.16	7
	35.78				1:18.16 (42.38)	

Men 50-54 100 Yard IM

MN: 56.53 ! 4/25/2004 Trip Hedrick

NATL: 53.60 N 4/29/2017 MIKE IRVIN

1	Reeder, David	50	Macalester Masters	1:06.15	1:03.51	9
	29.93				1:03.51 (33.58)	
2	Ewing, Michael	52	St Cloud YMCA	1:05.99	1:04.93	7
	31.27				1:04.93 (33.66)	
3	Hanson, Daniel	51	Ywca of St Paul	1:08.50	1:06.87	6
	29.49				1:06.87 (37.38)	
4	Stephenson, Paul	53	Minnetonka Masters	NT	1:12.23	5
	34.38				1:12.23 (37.85)	
5	Nieters, Mark	50	St Cloud YMCA	1:20.00	1:17.20	4
	37.47				1:17.20 (39.73)	
6	Redding, Steven	52	Hopkins Masters Swimming	1:20.00	1:18.43	3
	35.86				1:18.43 (42.57)	

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Men 50-54 200 Yard IM

MN: 2:16.40 ! 12/5/2010 Daniel P Sperry

NATL: 1:58.19 N 3/11/2017 MIKE IRVIN

1	Schlichting, Randy	54	Hopkins Masters Swimming	2:20.00	2:20.18	9
	29.77	1:04.50 (34.73)	1:46.58 (42.08)	2:20.18 (33.60)		
2	Redding, Steven	52	Hopkins Masters Swimming	2:45.00	2:59.24	7
	36.67	1:22.04 (45.37)	2:15.29 (53.25)	2:59.24 (43.95)		

Men 55-59 50 Yard Freestyle

MN: 22.62 ! 4/15/2018 Jerry M Kollross

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS

1	Ruehle, Tom	55	Hopkins Masters Swimming	NT	25.14	9
2	Daniels, Scott	55	Relaykers	25.50	25.30	7
3	Sieben, Christopher	55	St Cloud YMCA	27.20	25.83	6
4	Cheng, Edward	59	Relaykers	27.00	26.96	5
5	Kelson, Aaron	58	Nort'landers Swim Club	27.27	27.56	4
6	Poitevent, Paul	58	Minnesota Masters Swim Club	26.16	27.68	3
7	Gruenwald, Steven	57	Riptide Masters	28.26	27.69	2
8	Brown, Jeffrey	57	Nort'landers Swim Club	28.33	27.71	1
9	Kough, David	55	Minnesota Masters Swim Club	28.50	28.57	
10	Ness, Randal	56	Hopkins Masters Swimming	28.50	28.66	
11	Brands, William	55	Hopkins Masters Swimming	32.00	30.90	

Men 55-59 100 Yard Freestyle

MN: 50.69 ! 4/16/2011 Trip Hedrick

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS

1	Sieben, Christopher	55	St Cloud YMCA	58.88	56.88	9
	27.65	56.88 (29.23)				
2	Cheng, Edward	59	Relaykers	58.00	58.31	7
	28.20	58.31 (30.11)				
3	Fleming, Patrick	58	Relaykers	1:01.00	1:00.32	6
	28.82	1:00.32 (31.50)				
4	Ness, Randal	56	Hopkins Masters Swimming	1:03.50	1:03.43	5
	30.66	1:03.43 (32.77)				
5	Gundersen, Rick	58	Hopkins Masters Swimming	NT	1:03.73	4
	30.56	1:03.73 (33.17)				
6	Brown, Jeffrey	57	Nort'landers Swim Club	1:03.50	1:05.18	3
	31.19	1:05.18 (33.99)				
7	Collins, Craig	59	Hopkins Masters Swimming	NT	1:06.70	2
	31.99	1:06.70 (34.71)				
8	Brands, William	55	Hopkins Masters Swimming	1:05.00	1:11.46	1
	33.19	1:11.46 (38.27)				

Men 55-59 200 Yard Freestyle

MN: 2:01.18 ! 4/29/2012 Darrell J Smith

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN

1	Ruehle, Tom	55	Hopkins Masters Swimming	2:00.57	2:01.84	9
	27.95	58.97 (31.02)	1:30.51 (31.54)	2:01.84 (31.33)		
2	Larson, Mark	56	Minnesota Masters Swim Club	2:30.00	2:15.81	7
	30.62	1:04.89 (34.27)	1:40.88 (35.99)	2:15.81 (34.93)		
3	Collins, Craig	59	Hopkins Masters Swimming	2:14.00	2:18.45	6
	32.04	1:06.09 (34.05)	1:41.92 (35.83)	2:18.45 (36.53)		
4	Ness, Randal	56	Hopkins Masters Swimming	2:25.00	2:18.97	5
	32.10	1:07.30 (35.20)	1:43.30 (36.00)	2:18.97 (35.67)		

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5	Sieben, Christopher	55	St Cloud YMCA	2:24.00	2:21.27	4
	33.25	1:09.33 (36.08)	1:46.38 (37.05)	2:21.27 (34.89)		
6	Brown, Jeffrey	57	Nort'landers Swim Club	2:35.50	2:24.31	3
	31.59	1:07.74 (36.15)	1:46.49 (38.75)	2:24.31 (37.82)		
7	Brands, William	55	Hopkins Masters Swimming	2:10.00	2:29.52	2
	32.65	1:10.71 (38.06)	1:50.70 (39.99)	2:29.52 (38.82)		

Men 55-59 500 Yard Freestyle

MN: 5:30.92 ! 2/23/2019 Tom Ruehle

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN

1	Ruehle, Tom	55	Hopkins Masters Swimming	5:31.00	5:30.80!	9
	29.83	1:03.35 (33.52)	1:37.23 (33.88)	2:11.41 (34.18)		
	2:45.46 (34.05)	3:19.47 (34.01)	3:53.42 (33.95)	4:26.78 (33.36)		
	4:59.27 (32.49)	5:30.80 (31.53)				
2	Gruenwald, Steven	57	Riptide Masters	6:16.00	5:53.83	7
	31.74	1:05.26 (33.52)	1:39.96 (34.70)	2:15.92 (35.96)		
	2:51.95 (36.03)	3:28.35 (36.40)	4:05.54 (37.19)	4:42.09 (36.55)		
	5:18.71 (36.62)	5:53.83 (35.12)				
3	Larson, Mark	56	Minnesota Masters Swim Club	6:08.64	6:05.10	6
	32.46	1:08.18 (35.72)	1:45.17 (36.99)	2:22.31 (37.14)		
	2:59.81 (37.50)	3:36.67 (36.86)	4:13.57 (36.90)	4:50.57 (37.00)		
	5:28.48 (37.91)	6:05.10 (36.62)				
4	Collins, Craig	59	Hopkins Masters Swimming	6:00.00	6:09.36	5
	32.71	1:08.64 (35.93)	1:45.30 (36.66)	2:22.38 (37.08)		
	3:00.05 (37.67)	3:37.83 (37.78)	4:15.80 (37.97)	4:54.15 (38.35)		
	5:32.19 (38.04)	6:09.36 (37.17)				
5	Ness, Randal	56	Hopkins Masters Swimming	6:36.00	6:34.08	4
	34.60	1:13.52 (38.92)	1:53.60 (40.08)	2:34.08 (40.48)		
	3:14.72 (40.64)	3:54.71 (39.99)	4:35.07 (40.36)	5:15.64 (40.57)		
	5:55.45 (39.81)	6:34.08 (38.63)				
6	Brown, Jeffrey	57	Nort'landers Swim Club	7:00.00	6:48.28	3
	37.57	1:18.26 (40.69)	2:00.73 (42.47)	2:43.86 (43.13)		
	3:26.30 (42.44)	4:07.88 (41.58)	4:49.26 (41.38)	5:30.20 (40.94)		
	6:10.66 (40.46)	6:48.28 (37.62)				
7	Brands, William	55	Hopkins Masters Swimming	6:40.00	6:53.33	2
	34.98	1:15.96 (40.98)	1:58.03 (42.07)	2:40.93 (42.90)		
	3:22.57 (41.64)	4:04.25 (41.68)	4:47.34 (43.09)	5:30.51 (43.17)		
	6:12.27 (41.76)	6:53.33 (41.06)				

Men 55-59 1000 Yard Freestyle

MN: 12:02.78 ! 4/23/2015 Craig Collins

NATL: 10:07.36 N 5/14/2006 JIM MC CONICA

1	Collins, Craig	59	Hopkins Masters Swimming	13:00.00	12:45.83	9
	34.42	1:11.20 (36.78)	1:49.26 (38.06)	2:27.56 (38.30)		
	3:06.07 (38.51)	3:44.45 (38.38)	4:22.87 (38.42)	5:01.19 (38.32)		
	5:39.68 (38.49)	6:17.95 (38.27)	6:56.46 (38.51)	7:35.41 (38.95)		
	8:14.44 (39.03)	8:53.74 (39.30)	9:32.61 (38.87)	10:11.57 (38.96)		
	10:50.59 (39.02)	11:29.66 (39.07)	12:08.35 (38.69)	12:45.83 (37.48)		
2	Larson, Mark	56	Minnesota Masters Swim Club	13:03.00	12:53.19	7
	32.27	1:09.88 (37.61)	1:48.46 (38.58)	2:27.68 (39.22)		
	3:06.70 (39.02)	3:45.34 (38.64)	4:23.84 (38.50)	5:03.13 (39.29)		
	5:42.25 (39.12)	6:21.82 (39.57)	7:00.89 (39.07)	7:40.85 (39.96)		
	8:20.55 (39.70)	9:00.09 (39.54)	9:39.13 (39.04)	10:18.63 (39.50)		
	10:58.13 (39.50)	11:36.99 (38.86)	12:15.71 (38.72)	12:53.19 (37.48)		

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3	Sieben, Christopher	55	St Cloud YMCA	13:30.50	13:40.12	6
	33.79	1:12.96 (39.17)	1:53.48 (40.52)	2:34.56 (41.08)		
	3:15.57 (41.01)	3:57.55 (41.98)	4:38.11 (40.56)	5:20.08 (41.97)		
	6:03.42 (43.34)	6:45.66 (42.24)	7:26.90 (41.24)	8:08.67 (41.77)		
	8:51.14 (42.47)	9:32.75 (41.61)	10:14.80 (42.05)	10:57.10 (42.30)		
	11:38.60 (41.50)	12:19.71 (41.11)	13:00.93 (41.22)	13:40.12 (39.19)		
4	Brown, Jeffrey	57	Nortlanders Swim Club	14:15.00	14:08.77	5
	38.42	1:19.54 (41.12)	2:01.90 (42.36)	2:44.92 (43.02)		
	3:28.56 (43.64)	4:11.69 (43.13)	4:55.09 (43.40)	5:38.17 (43.08)		
	6:22.05 (43.88)	7:04.70 (42.65)	7:47.54 (42.84)	8:30.67 (43.13)		
	9:13.72 (43.05)	9:56.40 (42.68)	10:38.82 (42.42)	11:21.69 (42.87)		
	12:04.17 (42.48)	12:46.68 (42.51)	13:28.56 (41.88)	14:08.77 (40.21)		

Men 55-59 1000 Yard Freestyle From Split Requests

MN: 12:02.78 ! 4/23/2015 Craig Collins

NATL: 10:07.36 N 5/14/2006 JIM MC CONICA

1	Ruehle, Tom	55	Hopkins Masters Swimming	NT	11:44.40!	
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Men 55-59 1650 Yard Freestyle

MN: 20:13.15 ! 4/23/2015 Craig Collins

NATL: 17:11.12 N 5/20/2007 JIM MC CONICA

1	Ruehle, Tom	55	Hopkins Masters Swimming	20:14.00	19:12.39!	9
	32.09	1:07.15 (35.06)	1:42.85 (35.70)	2:18.57 (35.72)		
	2:54.58 (36.01)	3:30.51 (35.93)	4:06.17 (35.66)	4:41.82 (35.65)		
	5:17.11 (35.29)	5:52.26 (35.15)	6:27.64 (35.38)	7:03.06 (35.42)		
	7:38.11 (35.05)	8:13.36 (35.25)	8:48.56 (35.20)	9:23.98 (35.42)		
	9:59.34 (35.36)	10:34.34 (35.00)	11:09.48 (35.14)	11:44.40 (34.92)		
	12:19.71 (35.31)	12:55.09 (35.38)	13:29.49 (34.40)	14:04.38 (34.89)		
	14:38.79 (34.41)	15:13.33 (34.54)	15:47.99 (34.66)	16:22.72 (34.73)		
	16:57.80 (35.08)	17:32.26 (34.46)	18:06.92 (34.66)	18:39.99 (33.07)	19:12.39 (32.40)	
2	Gruenwald, Steven	57	Riptide Masters	21:27.00	20:54.05	7
	30.58	1:04.54 (33.96)	1:40.49 (35.95)	2:17.06 (36.57)		
	2:54.00 (36.94)	3:31.37 (37.37)	4:14.43 (43.06)	4:51.78 (37.35)		
	5:29.53 (37.75)	6:07.38 (37.85)		7:24.49 ()		
	8:02.66 (38.17)	8:41.15 (38.49)	9:19.28 (38.13)	9:57.37 (38.09)		
	10:35.52 (38.15)	11:14.02 (38.50)	11:52.95 (38.93)	12:31.88 (38.93)		
	13:10.63 (38.75)	13:49.18 (38.55)	14:28.37 (39.19)	15:07.31 (38.94)		
	15:46.43 (39.12)	16:25.64 (39.21)	17:04.65 (39.01)	17:43.25 (38.60)		
	18:22.40 (39.15)	19:00.48 (38.08)	19:38.84 (38.36)	20:17.67 (38.83)	20:54.05 (36.38)	
3	Collins, Craig	59	Hopkins Masters Swimming	22:00.00	21:16.94	6
	34.49	1:12.04 (37.55)	1:50.15 (38.11)	2:28.39 (38.24)		
	3:06.96 (38.57)	3:45.64 (38.68)	4:24.28 (38.64)	5:02.83 (38.55)		
	5:41.19 (38.36)	6:19.53 (38.34)	6:57.92 (38.39)	7:36.73 (38.81)		
	8:15.45 (38.72)	8:54.01 (38.56)	9:32.82 (38.81)	10:11.60 (38.78)		
	10:50.20 (38.60)	11:29.49 (39.29)	12:08.73 (39.24)	12:47.83 (39.10)		
	13:26.75 (38.92)	14:06.06 (39.31)	14:45.11 (39.05)	15:24.03 (38.92)		
	16:02.94 (38.91)	16:42.24 (39.30)	17:21.40 (39.16)	18:00.54 (39.14)		
	18:40.16 (39.62)	19:19.66 (39.50)	19:59.19 (39.53)	20:38.80 (39.61)	21:16.94 (38.14)	

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(Men 55-59 1650 Yard Freestyle)

4	Larson, Mark	56	Minnesota Masters Swim Club	20:03.00	21:18.38	5
	32.67	1:09.14 (36.47)	1:47.41 (38.27)	2:26.15 (38.74)		
	3:04.87 (38.72)	3:44.09 (39.22)	4:23.32 (39.23)	5:02.57 (39.25)		
	5:41.42 (38.85)	6:20.54 (39.12)	6:59.66 (39.12)	7:38.67 (39.01)		
	8:18.39 (39.72)	8:57.31 (38.92)	9:36.33 (39.02)	10:15.29 (38.96)		
	10:53.99 (38.70)	11:33.10 (39.11)	12:12.11 (39.01)	12:51.23 (39.12)		
	13:30.31 (39.08)	14:09.86 (39.55)	14:49.08 (39.22)	15:28.29 (39.21)		
	16:07.76 (39.47)	16:47.14 (39.38)	17:26.84 (39.70)	18:06.16 (39.32)		
	18:45.59 (39.43)	19:24.02 (38.43)	20:02.32 (38.30)	20:40.73 (38.41)	21:18.38 (37.65)	
5	Kough, David	55	Minnesota Masters Swim Club	21:55.00	21:51.18	4
	34.54	1:11.62 (37.08)	1:50.18 (38.56)	2:29.16 (38.98)		
	3:07.94 (38.78)	3:46.91 (38.97)	4:25.79 (38.88)	5:05.33 (39.54)		
	5:45.27 (39.94)	6:24.85 (39.58)	7:04.29 (39.44)	7:43.95 (39.66)		
	8:23.78 (39.83)	9:03.48 (39.70)	9:43.80 (40.32)	10:24.38 (40.58)		
	11:05.01 (40.63)	11:45.77 (40.76)	12:26.58 (40.81)	13:07.15 (40.57)		
	13:47.67 (40.52)	14:28.14 (40.47)	15:08.97 (40.83)	15:49.20 (40.23)		
	16:29.94 (40.74)	17:10.33 (40.39)	17:50.53 (40.20)	18:30.94 (40.41)		
	19:11.59 (40.65)	19:52.07 (40.48)	20:32.82 (40.75)	21:12.94 (40.12)	21:51.18 (38.24)	

Men 55-59 50 Yard Backstroke

MN: 27.57 ! 4/13/2013 Peter D Rocca
NATL: 25.30 N 3/23/2019 FRITZ BEDFORD

1	Daniels, Scott	55	Relaykers	28.70	29.57	9
2	Sieben, Christopher	55	St Cloud YMCA	33.40	33.53	7

Men 55-59 100 Yard Backstroke From Split Requests

MN: 59.61 ! 5/10/2009 Jeffrey A Lukens
NATL: 53.81 N 2/25/2017 STEVE WOOD

1	Daniels, Scott	55	Relaykers	NT	1:02.68	
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Men 55-59 100 Yard Backstroke

MN: 59.61 ! 5/10/2009 Jeffrey A Lukens
NATL: 53.81 N 2/25/2017 STEVE WOOD

1	Ruehle, Tom	55	Hopkins Masters Swimming	NT	1:08.21	9
	33.08	1:08.21 (35.13)				
2	Collins, Craig	59	Hopkins Masters Swimming	1:20.00	1:26.38	7
	41.02	1:26.38 (45.36)				
3	Ness, Randal	56	Hopkins Masters Swimming	NT	1:27.55	6
	43.72	1:27.55 (43.83)				

Men 55-59 200 Yard Backstroke

MN: 2:08.38 ! 5/10/2009 Jeffrey A Lukens
NATL: 2:03.14 N 3/31/2012 TOM BARTON

1	Ruehle, Tom	55	Hopkins Masters Swimming	NT	2:31.81	9
	36.46	1:14.68 (38.22)	1:53.44 (38.76)	2:31.81 (38.37)		
2	Kough, David	55	Minnesota Masters Swim Club	2:47.25	2:46.31	7
	40.24	1:22.63 (42.39)	2:05.37 (42.74)	2:46.31 (40.94)		
3	Collins, Craig	59	Hopkins Masters Swimming	2:55.00	3:00.89	6
	41.24	1:28.04 (46.80)	2:14.78 (46.74)	3:00.89 (46.11)		

Men 55-59 50 Yard Breaststroke

MN: 29.48 ! 4/9/2016 James Kochendorfer
NATL: 26.72 N 5/11/2018 CARLO TRAVAINI

1	Kochendorfer, James	58	Relaykers	29.34	29.07!	9
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(Men 55-59 50 Yard Breaststroke)

2	Cheng, Edward	59	Relaykers	NT	36.62	7
3	Brands, William	55	Hopkins Masters Swimming	40.00	40.83	6
4	Collins, Craig	59	Hopkins Masters Swimming	NT	42.30	5
5	Ness, Randal	56	Hopkins Masters Swimming	NT	44.61	4

Men 55-59 100 Yard Breaststroke

MN: 1:04.86 ! 4/8/2017 James Kochendorfr

NATL: 57.95 N 5/13/2018 CARLO TRAVAINI

1	Kochendorfer, James	58	Relaykers	1:05.00	1:04.57!	9
	30.16		1:04.57 (34.41)			
2	Fleming, Patrick	58	Relaykers	1:16.00	1:17.17	7
	36.30		1:17.17 (40.87)			
3	Larson, Mark	56	Minnesota Masters Swim Club	1:18.21	1:19.23	6
	36.91		1:19.23 (42.32)			
4	Brands, William	55	Hopkins Masters Swimming	1:35.00	1:28.57	5
	40.93		1:28.57 (47.64)			

Men 55-59 200 Yard Breaststroke

MN: 2:27.67 ! 4/8/2017 James Kochendorfr

NATL: 2:07.80 N 5/12/2018 CARLO TRAVAINI

1	Larson, Mark	56	Minnesota Masters Swim Club	2:52.50	2:51.53	9
	37.96		1:21.19 (43.23)	2:06.83 (45.64)	2:51.53 (44.70)	
2	Kough, David	55	Minnesota Masters Swim Club	3:10.00	3:00.18	7
	41.46		1:27.40 (45.94)	2:15.26 (47.86)	3:00.18 (44.92)	
3	Ruehle, Tom	55	Hopkins Masters Swimming	NT	3:05.90	6
	43.32		1:31.15 (47.83)	2:18.65 (47.50)	3:05.90 (47.25)	
4	Brands, William	55	Hopkins Masters Swimming	NT	3:25.92	5
	45.34		1:38.15 (52.81)	2:34.20 (56.05)	3:25.92 (51.72)	

Men 55-59 50 Yard Butterfly

MN: 24.55 ! 4/16/2011 Trip Hedrick

NATL: 24.00 N 5/1/2016 BRUCE KONE

1	Daniels, Scott	55	Relaykers	27.50	27.40	9
2	Sieben, Christopher	55	St Cloud YMCA	27.15	27.62	7
3	Ruehle, Tom	55	Hopkins Masters Swimming	NT	28.41	6
4	Larson, Mark	56	Minnesota Masters Swim Club	29.38	29.23	5
5	Brown, Jeffrey	57	Nort'landers Swim Club	33.50	32.14	4
6	Gruenwald, Steven	57	Riptide Masters	31.92	32.31	3

Men 55-59 100 Yard Butterfly

MN: 56.02 ! 4/17/2011 Trip Hedrick

NATL: 53.68 N 5/11/2018 DAVID SIMS

1	Sieben, Christopher	55	St Cloud YMCA	1:00.50	1:04.55	9
	28.22		1:04.55 (36.33)			
2	Fleming, Patrick	58	Relaykers	1:07.00	1:06.53	7
	31.01		1:06.53 (35.52)			
3	Kelson, Aaron	58	Nort'landers Swim Club	1:08.89	1:08.41	6
	31.15		1:08.41 (37.26)			

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Men 55-59 200 Yard Butterfly

MN: 2:24.64 ! 2/21/2016 Darrell J Smith

NATL: 2:01.59 N 5/12/2018 DAVID SIMS

1	King, Robert	31.69	1:07.39 (35.70)	55	Macalester Masters	1:45.67 (38.28)	2:25.59 (39.92)	2:25.59	9
2	Sieben, Christopher	35.64	1:18.76 (43.12)	55	St Cloud YMCA	2:06.98 (48.22)	2:45.05 (38.07)	2:45.05	7
3	Fleming, Patrick	36.76	1:19.42 (42.66)	58	Relaykers	2:04.20 (44.78)	NT	2:51.08	6
							2:51.08 (46.88)		

Men 55-59 100 Yard IM

MN: 59.32 ! 4/17/2011 Trip Hedrick

NATL: 55.85 N 4/9/2016 STEVE WOOD

1	Daniels, Scott	28.58	1:02.91 (34.33)	55	Relaykers		1:04.50	1:02.91	9
2	Sieben, Christopher	31.02	1:07.68 (36.66)	55	St Cloud YMCA		1:08.00	1:07.68	7
3	Kelson, Aaron	32.46	1:10.51 (38.05)	58	Nort'landers Swim Club		1:11.10	1:10.51	6
4	Ness, Randal	36.37	1:17.60 (41.23)	56	Hopkins Masters Swimming		1:20.00	1:17.60	5
5	Collins, Craig	37.58	1:18.13 (40.55)	59	Hopkins Masters Swimming		1:20.00	1:18.13	4
---	Cheng, Edward			59	Relaykers		1:20.00	DQ	
	Shoulders past vertical toward breast - back								
		34.15				DQ (35.86)			

Men 55-59 200 Yard IM

MN: 2:23.08 ! 4/29/2012 Darrell J Smith

NATL: 2:02.25 N 5/13/2018 DAVID SIMS

1	Ruehle, Tom	29.57	1:05.67 (36.10)	55	Hopkins Masters Swimming	1:49.20 (43.53)	2:25.00	2:21.03!	9
2	King, Robert	30.56	1:08.48 (37.92)	55	Macalester Masters	1:49.41 (40.93)	2:24.00	2:23.50	7
3	Sieben, Christopher	31.33	1:08.90 (37.57)	55	St Cloud YMCA	1:53.07 (44.17)	2:23.50 (34.09)	2:27.03	6
4	Larson, Mark	30.02	1:12.22 (42.20)	56	Minnesota Masters Swim Club	1:57.38 (45.16)	2:27.03 (33.96)	2:34.11	5
5	Fleming, Patrick	32.78	1:14.36 (41.58)	58	Relaykers	1:58.20 (43.84)	2:34.11 (36.73)	2:35.61	4
6	Cheng, Edward	32.58	1:13.29 (40.71)	59	Relaykers	1:59.58 (46.29)	2:30.00	2:37.10	3
7	Collins, Craig	36.97	1:22.55 (45.58)	59	Hopkins Masters Swimming	2:12.27 (49.72)	2:35.61 (37.41)	2:50.00	2
8	Ness, Randal	37.07	1:21.36 (44.29)	56	Hopkins Masters Swimming	2:14.98 (53.62)	2:50.25 (37.98)	2:52.00	1
							2:52.21 (37.23)		

Men 55-59 400 Yard IM

MN: 5:24.73 ! 4/8/2017 Gary Muchow

NATL: 4:28.66 N 5/2/2014 JIM SAUER

1	King, Robert	30.88	1:05.99 (35.11)	55	Macalester Masters	1:46.39 (40.40)	5:08.00	5:02.81!	9
		3:09.34 (43.27)	3:52.84 (43.50)			4:28.14 (35.30)	2:26.07 (39.68)	5:02.81 (34.67)	

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(Men 55-59 400 Yard IM)

2	Sieben, Christopher	55	St Cloud YMCA	5:48.00	5:28.73	7
	34.40	1:13.26 (38.86)	1:57.68 (44.42)	2:39.63 (41.95)		
	3:27.59 (47.96)	4:15.35 (47.76)	4:52.60 (37.25)	5:28.73 (36.13)		
3	Kough, David	55	Minnesota Masters Swim Club	5:44.44	5:40.37	6
	34.75	1:16.98 (42.23)	2:02.24 (45.26)	2:45.90 (43.66)		
	3:35.80 (49.90)	4:25.31 (49.51)	5:04.19 (38.88)	5:40.37 (36.18)		
4	Collins, Craig	59	Hopkins Masters Swimming	6:00.00	6:02.23	5
	39.68	1:27.21 (47.53)	2:16.33 (49.12)	3:02.72 (46.39)		
	3:52.98 (50.26)	4:43.42 (50.44)	5:23.77 (40.35)	6:02.23 (38.46)		

Men 60-64 50 Yard Freestyle From Split Requests

MN: 24.20 ! 4/9/2016 Trip Hedrick

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

1	Paakh, Bruce	61	Relaykers	NT	24.47	
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Men 60-64 50 Yard Freestyle

MN: 24.20 ! 4/9/2016 Trip Hedrick

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

1	Paakh, Bruce	61	Relaykers	25.33	24.42	9
2	Punyko, Bill	60	Nort'landers Swim Club	27.97	28.94	7
3	DuBose, Edwin	63	South East Metro Sharks	31.00	29.26	6
4	Risberg, Jeffrey	62	Macalester Masters	30.00	29.61	5
5	Licari, Robert	60	Nort'landers Swim Club	31.90	30.49	4
6	Burgess, Randal	63	Minnesota Masters Swim Club	36.75	32.03	3
7	Vollkommer, Paul	63	St Cloud YMCA	30.41	32.69	2
8	Shireman, Mark	64	Hopkins Masters Swimming	31.03	33.42	1

Men 60-64 100 Yard Freestyle

MN: 52.80 ! 4/9/2016 Trip Hedrick

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS

1	DuBose, Edwin	63	South East Metro Sharks	1:07.00	1:05.56	9
	31.51	1:05.56 (34.05)				
2	Drake, R Dru	64	South East Metro Sharks	1:04.00	1:05.61	7
	31.77	1:05.61 (33.84)				
3	Paakh, Bruce	61	Relaykers	56.90	1:08.78	6
	24.47	1:08.78 (44.31)				
4	Burgess, Randal	63	Minnesota Masters Swim Club	1:29.55	1:16.95	5
	28.56	1:16.95 (48.39)				
5	Hafdahl, Jim	63	Nort'landers Swim Club	1:29.99	1:22.12	4
	28.02	1:22.12 (54.10)				

Men 60-64 200 Yard Freestyle

MN: 2:07.86 ! 4/18/2010 Marc S Anderson

NATL: 1:51.08 N 4/24/2015 RICK COLELLA

1	Shireman, Mark	64	Hopkins Masters Swimming	2:39.64	2:43.92	9
	36.33	1:17.52 (41.19)	2:00.79 (43.27)	2:43.92 (43.13)		
2	Burgess, Randal	63	Minnesota Masters Swim Club	2:55.36	2:46.57	7
	36.58	1:17.55 (40.97)	2:01.50 (43.95)	2:46.57 (45.07)		
3	Vollkommer, Paul	63	St Cloud YMCA	2:46.33	2:50.83	6
	36.24	1:19.09 (42.85)	2:06.45 (47.36)	2:50.83 (44.38)		

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Men 60-64 500 Yard Freestyle

MN: 5:53.53 ! 4/8/2017 Darrell J Smith

NATL: 5:11.17 N 4/29/2012 JIM MC CONICA

1	Burgess, Randal	63	Minnesota Masters Swim Club	9:27.11	7:25.78	9
	37.67	1:20.73 (43.06)	2:06.36 (45.63)	2:53.59 (47.23)		
	3:39.67 (46.08)	4:25.45 (45.78)	5:11.25 (45.80)	5:56.63 (45.38)		
	6:42.03 (45.40)	7:25.78 (43.75)				

Men 60-64 1000 Yard Freestyle

MN: 12:43.78 ! 4/19/2009 Marc S Anderson

NATL: 10:42.16 N 4/23/2015 MICHAEL MANN

1	Burgess, Randal	63	Minnesota Masters Swim Club	19:33.63	15:31.27	9
	40.72	1:27.19 (46.47)	2:15.12 (47.93)	3:02.35 (47.23)		
	3:49.80 (47.45)	4:37.64 (47.84)	5:25.17 (47.53)	6:13.17 (48.00)		
	7:00.70 (47.53)	7:48.27 (47.57)	8:35.39 (47.12)	9:23.25 (47.86)		
	10:10.29 (47.04)	10:56.86 (46.57)	11:43.27 (46.41)	12:29.82 (46.55)		
	13:15.15 (45.33)	14:00.70 (45.55)	14:46.83 (46.13)	15:31.27 (44.44)		

Men 60-64 50 Yard Backstroke

MN: 28.52 ! 5/1/2014 Jeffrey A Lukens

NATL: 26.60 N 4/7/2018 BRUCE KONE

1	Holthus, Brian	61	Relaykers	31.00	30.63	9
2	Punyko, Bill	60	Nort'landers Swim Club	32.15	32.51	7
3	Nelson, Curtis	63	Relaykers	34.50	36.72	6
4	Lamour, Didier	62	Minnesota Masters Swim Club	35.00	36.96	5
5	Vollkommer, Paul	63	St Cloud YMCA	40.76	43.12	4

Men 60-64 100 Yard Backstroke

MN: 1:02.29 ! 5/1/2014 Jeffrey A Lukens

NATL: 57.46 N 4/30/2016 TOM BARTON

1	Holthus, Brian	61	Relaykers	1:07.00	1:06.60	9
	31.97	1:06.60 (34.63)				
2	Burgess, Randal	63	Minnesota Masters Swim Club	1:40.18	1:35.37	7
	45.41	1:35.37 (49.96)				

Men 60-64 200 Yard Backstroke

MN: 2:15.43 ! 5/1/2014 Jeffrey A Lukens

NATL: 2:07.91 N 5/1/2016 TOM BARTON

1	Holthus, Brian	61	Relaykers	2:25.00	2:28.11	9
	34.21	1:12.10 (37.89)	1:50.90 (38.80)	2:28.11 (37.21)		
2	Nelson, Curtis	63	Relaykers	2:54.00	3:02.35	7
	42.93	1:28.69 (45.76)	2:16.53 (47.84)	3:02.35 (45.82)		
3	Hafdahl, Jim	63	Nort'landers Swim Club	5:49.22	4:10.84	6
	1:01.47	2:04.11 (1:02.64)	3:07.87 (1:03.76)	4:10.84 (1:02.97)		

Men 60-64 50 Yard Breaststroke

MN: 31.34 ! 4/22/2018 Bruce Paakh

NATL: 28.30 N 2/11/2018 BRUCE KONE

1	Paakh, Bruce	61	Relaykers	32.25	32.94	9
2	Licari, Robert	60	Nort'landers Swim Club	34.69	33.95	7
3	Punyko, Bill	60	Nort'landers Swim Club	37.77	37.74	6
4	Carroll, Kevin	64	Uc30 - Unattached Minnesota	45.00	40.82	5

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Men 60-64 100 Yard Breaststroke

MN: 1:10.29 ! 4/4/2004 Jim L Pelissier

NATL: 1:02.61 N 5/2/2014 RICK COLELLA

1	Licari, Robert	60	Nort'landers Swim Club	1:15.29	1:13.52	9
	34.61	1:13.52 (38.91)				
2	Carroll, Kevin	64	Uc30 - Unattached Minnesota	1:40.00	1:34.63	7
	43.66	1:34.63 (50.97)				
3	Hafdahl, Jim	63	Nort'landers Swim Club	2:10.55	1:57.81	6
	55.82	1:57.81 (1:01.99)				

Men 60-64 200 Yard Breaststroke

MN: 2:34.89 ! 4/4/2004 Jim L Pelissier

NATL: 2:16.71 N 5/3/2014 RICK COLELLA

1	Licari, Robert	60	Nort'landers Swim Club	2:44.52	2:42.06	9
	36.12	1:16.24 (40.12)	2:00.10 (43.86)	2:42.06 (41.96)		
2	Carroll, Kevin	64	Uc30 - Unattached Minnesota	3:40.00	3:36.50	7
	45.28	1:40.57 (55.29)	2:39.56 (58.99)	3:36.50 (56.94)		

Men 60-64 50 Yard Butterfly

MN: 25.16 ! 4/9/2016 Trip Hedrick

NATL: 24.36 N 2/10/2018 BRUCE KONE

1	Paakh, Bruce	61	Relaykers	27.80	26.72	9
2	Smith, Darrell	62	Relaykers	28.51	28.86	7
3	Punyko, Bill	60	Nort'landers Swim Club	30.67	32.17	6

Men 60-64 100 Yard Butterfly

MN: 1:01.04 ! 4/29/2017 Darrell J Smith

NATL: 54.70 N 5/11/2018 PAUL CARTER

1	Smith, Darrell	62	Relaykers	1:02.54	1:03.25	9
	28.81	1:03.25 (34.44)				

Men 60-64 100 Yard IM

MN: 1:01.79 ! 4/15/2018 Bruce Paakh

NATL: 57.23 N 5/11/2013 RICK COLELLA

1	Paakh, Bruce	61	Relaykers	1:04.50	1:01.68!	9
	28.16	1:01.68 (33.52)				
2	Smith, Darrell	62	Relaykers	1:06.51	1:08.45	7
	32.17	1:08.45 (36.28)				
3	Lamour, Didier	62	Minnesota Masters Swim Club	1:15.00	1:14.49	6
	34.63	1:14.49 (39.86)				
4	Shireman, Mark	64	Hopkins Masters Swimming	1:21.75	1:26.39	5
	42.54	1:26.39 (43.85)				
5	Carroll, Kevin	64	Uc30 - Unattached Minnesota	1:40.00	1:28.35	4
	41.19	1:28.35 (47.16)				
6	Burgess, Randal	63	Minnesota Masters Swim Club	1:32.17	1:33.48	3
	44.56	1:33.48 (48.92)				
7	Hafdahl, Jim	63	Nort'landers Swim Club	2:00.01	1:45.25	2
	52.66	1:45.25 (52.59)				

Men 60-64 200 Yard IM

MN: 2:23.54 ! 4/28/2017 Darrell J Smith

NATL: 2:03.26 N 5/4/2014 RICK COLELLA

1	Drake, R Dru	64	South East Metro Sharks	2:50.00	2:46.93	9
	32.16	1:20.19 (48.03)	2:09.03 (48.84)	2:46.93 (37.90)		

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(Men 60-64 200 Yard IM)

2	Carroll, Kevin	64	Uc30 - Unattached Minnesota	3:40.00	3:31.13	7
	42.79	1:39.47 (56.68)	2:39.78 (1:00.31)	3:31.13 (51.35)		
3	Hafdahl, Jim	63	Nort'landers Swim Club	4:21.66	3:48.84	6
	52.24	1:54.72 (1:02.48)	2:59.91 (1:05.19)	3:48.84 (48.93)		

Men 65-69 50 Yard Freestyle

MN: 25.25 ! 4/11/2015 Marc S Anderson

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

1	Lukens, Jeffrey	65	Minnesota Masters Swim Club	27.00	26.70	9
2	Brown, Perry	67	Nort'landers Swim Club	28.60	28.87	7
3	Pogue, Thomas	65	Nort'landers Swim Club	29.88	29.38	6
4	Carroll, Pat	66	Nort'landers Swim Club	30.46	29.55	5
5	Bovard, Ralph	66	Relaykers	30.00	29.72	4
6	Leaf, Thomas	65	Minnesota Masters Swim Club	32.00	30.55	3
7	Stewart, Charles	67	Nort'landers Swim Club	30.50	31.74	2

Men 65-69 100 Yard Freestyle

MN: 56.05 ! 7/4/2015 Marc S Anderson

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

1	Lukens, Jeffrey	65	Minnesota Masters Swim Club	58.00	1:02.06	9
	30.15	1:02.06 (31.91)				
2	Carroll, Pat	66	Nort'landers Swim Club	1:05.59	1:05.05	7
	31.11	1:05.05 (33.94)				
3	Brown, Perry	67	Nort'landers Swim Club	1:09.87	1:05.44	6
	32.08	1:05.44 (33.36)				
4	Bovard, Ralph	66	Relaykers	1:08.72	1:07.11	5
	32.24	1:07.11 (34.87)				

Men 65-69 200 Yard Freestyle

MN: 2:09.56 ! 11/9/2014 Marc S Anderson

NATL: 1:52.57 N 4/30/2017 RICK COLELLA

1	Kornblatt, Daniel	69	Binghamton Univ Masters	2:24.00	2:27.06	9
	34.50	1:11.89 (37.39)	1:50.06 (38.17)	2:27.06 (37.00)		
2	Brown, Perry	67	Nort'landers Swim Club	2:35.67	2:29.69	7
	33.30	1:10.15 (36.85)	1:49.20 (39.05)	2:29.69 (40.49)		
3	Pogue, Thomas	65	Nort'landers Swim Club	2:38.78	2:49.76	6
	37.75	1:21.00 (43.25)	2:06.96 (45.96)	2:49.76 (42.80)		

Men 65-69 200 Yard Freestyle From Split Requests

MN: 2:09.56 ! 11/9/2014 Marc S Anderson

NATL: 1:52.57 N 4/30/2017 RICK COLELLA

2	Fine, Gary	68	Relaykers	NT	2:49.69	
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Men 65-69 500 Yard Freestyle

MN: 5:50.90 ! 2/22/2015 Marc S Anderson

NATL: 5:05.44 N 4/9/2017 RICK COLELLA

1	Hodgson, Thomas	69	Relaykers	7:30.00	8:09.12	9
	45.06	1:34.59 (49.53)	2:25.36 (50.77)	3:15.39 (50.03)		
	4:04.89 (49.50)	4:55.27 (50.38)	5:45.20 (49.93)	6:33.91 (48.71)		
	7:22.40 (48.49)	8:09.12 (46.72)				

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Men 65-69 1000 Yard FreestyleMN: **12:43.86** ! 4/9/2016 **Marc S Anderson**NATL: **11:23.13** N 4/16/2016 **JIM MC CONICA**

1	Hodgson, Thomas	69	Relaykers	17:30.00	17:31.40	9
	47.44	1:40.99 (53.55)	2:34.87 (53.88)	3:27.46 (52.59)		
	4:21.16 (53.70)	5:14.93 (53.77)	6:07.91 (52.98)	7:00.45 (52.54)		
	8:47.62 (1:47.17)		9:40.59 ()	10:33.52 (52.93)		
	11:26.28 (52.76)	12:18.95 (52.67)	13:11.86 (52.91)	14:05.27 (53.41)		
	14:57.93 (52.66)	15:49.90 (51.97)	16:41.60 (51.70)	17:31.40 (49.80)		

Men 65-69 1650 Yard FreestyleMN: **21:08.32** ! 3/21/2015 **Marc S Anderson**NATL: **19:07.81** N 4/23/2015 **JIM CLEMMONS**

1	Hodgson, Thomas	69	Relaykers	29:30.00	27:41.24	9
	45.95	1:37.85 (51.90)	2:29.38 (51.53)	3:23.35 (53.97)		
	4:13.86 (50.51)	5:05.47 (51.61)	5:57.31 (51.84)	6:49.22 (51.91)		
	7:40.70 (51.48)	8:31.84 (51.14)	9:22.60 (50.76)	10:13.66 (51.06)		
	11:04.84 (51.18)	11:55.52 (50.68)	12:46.49 (50.97)	13:37.47 (50.98)		
	14:27.73 (50.26)	15:18.18 (50.45)	16:08.56 (50.38)	16:58.72 (50.16)		
	17:48.26 (49.54)	18:39.20 (50.94)	19:29.00 (49.80)	20:19.31 (50.31)		
	21:10.26 (50.95)	21:59.30 (49.04)	22:49.53 (50.23)	23:38.53 (49.00)		
	24:27.65 (49.12)	25:16.84 (49.19)	26:06.44 (49.60)	26:54.61 (48.17)	27:41.24 (46.63)	

Men 65-69 50 Yard BackstrokeMN: **31.66** ! 5/1/2014 **Marc S Anderson**NATL: **27.74** N 5/23/2010 **RICHARD ABRAHAMS**

1	Lukens, Jeffrey	65	Minnesota Masters Swim Club	31.00	30.74!	9
2	Bovard, Ralph	66	Relaykers	38.33	37.42	7

Men 65-69 100 Yard BackstrokeMN: **1:09.73** ! 5/16/2015 **Marc S Anderson**NATL: **59.62** N 5/12/2013 **HUGH WILDER**

1	Lukens, Jeffrey	65	Minnesota Masters Swim Club	1:05.00	1:06.77!	9
	31.86	1:06.77 (34.91)				
2	Hodgson, Thomas	69	Relaykers	1:35.00	1:36.07	7
	45.93	1:36.07 (50.14)				

Men 65-69 200 Yard BackstrokeMN: **2:34.61** ! 1/25/2015 **Marc S Anderson**NATL: **2:15.61** N 1/14/2018 **LAWRENCE DAY**

1	Lukens, Jeffrey	65	Minnesota Masters Swim Club	2:25.00	2:30.18!	9
	36.16	1:13.65 (37.49)	1:51.69 (38.04)	2:30.18 (38.49)		
2	Kornblatt, Daniel	69	Binghamton Univ Masters	2:40.50	2:44.61	7
	39.69	1:21.60 (41.91)	2:03.73 (42.13)	2:44.61 (40.88)		

Men 65-69 50 Yard BreaststrokeMN: **32.21** ! 7/9/2015 **Marc S Anderson**NATL: **28.88** N 5/11/2018 **RICK COLELLA**

1	Carroll, Pat	66	Nort'landers Swim Club	38.58	36.67	9
2	Bovard, Ralph	66	Relaykers	39.94	37.64	7
3	Fine, Gary	68	Relaykers	40.00	39.60	6
4	Brown, Perry	67	Nort'landers Swim Club	39.87	41.93	5

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Men 65-69 100 Yard Breaststroke

MN: 1:13.82 ! 5/23/2010 Jim L Pelissier

NATL: 1:02.75 N 4/28/2017 RICK COLELLA

1	Strother, Patrick	65	Relaykers	1:24.00	1:24.11	9
	39.03	1:24.11 (45.08)				
2	Leaf, Thomas	65	Minnesota Masters Swim Club	1:28.00	1:29.36	7
	41.16	1:29.36 (48.20)				

Men 65-69 200 Yard Breaststroke

MN: 2:47.36 ! 5/10/2009 Jim L Pelissier

NATL: 2:16.70 N 4/29/2017 RICK COLELLA

1	Hodgson, Thomas	69	Relaykers	4:00.00	3:53.62	9
	53.39	1:51.69 (58.30)	2:52.79 (1:01.10)	3:53.62 (1:00.83)		

Men 65-69 50 Yard Butterfly

MN: 28.33 ! 7/4/2015 Marc S Anderson

NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS

1	Johnston, Jay	66	Relaykers	34.00	31.64	9
2	Brown, Perry	67	Nort'landers Swim Club	33.45	33.52	7
3	Bovard, Ralph	66	Relaykers	37.23	36.09	6

Men 65-69 100 Yard IM

MN: 1:05.54 ! 7/4/2015 Marc S Anderson

NATL: 57.45 N 4/29/2017 RICK COLELLA

1	Carroll, Pat	66	Nort'landers Swim Club	1:17.74	1:15.16	9
	36.15	1:15.16 (39.01)				
2	Bovard, Ralph	66	Relaykers	1:20.37	1:17.11	7
	37.32	1:17.11 (39.79)				
3	Leaf, Thomas	65	Minnesota Masters Swim Club	1:20.00	1:18.66	6
	35.71	1:18.66 (42.95)				
4	Brown, Perry	67	Nort'landers Swim Club	1:19.86	1:19.72	5
	36.91	1:19.72 (42.81)				
5	Stewart, Charles	67	Nort'landers Swim Club	1:20.00	1:21.97	4
	38.51	1:21.97 (43.46)				
6	Pogue, Thomas	65	Nort'landers Swim Club	1:23.17	1:25.18	3
	38.52	1:25.18 (46.66)				

Men 65-69 200 Yard IM

MN: 2:28.67 ! 5/1/2014 Marc S Anderson

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

1	Bovard, Ralph	66	Relaykers	2:50.55	2:53.61	9
	37.68	1:24.80 (47.12)	2:16.10 (51.30)	2:53.61 (37.51)		
2	Stewart, Charles	67	Nort'landers Swim Club	3:00.50	3:04.00	7
	41.02	1:25.09 (44.07)	2:18.38 (53.29)	3:04.00 (45.62)		
3	Fine, Gary	68	Relaykers	3:20.00	3:06.78	6
	40.83	1:32.49 (51.66)	2:23.51 (51.02)	3:06.78 (43.27)		

Men 70-74 50 Yard Freestyle From Split Requests

MN: 27.75 ! 4/11/1992 Raymond Hakomaki

NATL: 24.13 N 5/4/2008 JEFF FARRELL

1	Anderson, Marc	70	Relaykers	NT	26.51!	
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Men 70-74 50 Yard Freestyle

MN: 27.75 ! 4/11/1992 Raymond Hakomaki

NATL: 24.13 N 5/4/2008 JEFF FARRELL

1	Lockard, David	70	KnightCrawlers	30.86	30.01	9
2	Kaplan, Mark	70	Relaykers	36.00	37.61	7

Men 70-74 100 Yard Freestyle From Split Requests

MN: 1:02.85 ! 4/14/2002 Dave G Anderson

NATL: 54.58 N 4/26/2015 RICHARD ABRAHAMS

1	Anderson, Marc	70	Relaykers	NT	1:00.84!	
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Men 70-74 100 Yard Freestyle

MN: 1:02.85 ! 4/14/2002 Dave G Anderson

NATL: 54.58 N 4/26/2015 RICHARD ABRAHAMS

1	Anderson, Marc	70	Relaykers	NT	1:16.33	9
					30.02 1:16.33 (46.31)	
2	Kaplan, Mark	70	Relaykers	1:27.00	1:27.94	7
					43.27 1:27.94 (44.67)	

Men 70-74 200 Yard Freestyle From Split Requests

MN: 2:20.85 ! 4/14/2002 Dave G Anderson

NATL: 2:05.33 N 3/24/2019 FRED SCHLICHER

1	Anderson, Marc	70	Relaykers	NT	2:20.26!	
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Men 70-74 200 Yard Freestyle

MN: 2:20.85 ! 4/14/2002 Dave G Anderson

NATL: 2:05.33 N 3/24/2019 FRED SCHLICHER

1	Lockard, David	70	KnightCrawlers	2:44.52	2:33.76	9
					32.52 1:09.71 (37.19) 1:51.24 (41.53) 2:33.76 (42.52)	
2	Kaplan, Mark	70	Relaykers	3:27.00	3:20.20	7
					45.05 1:36.23 (51.18) 2:28.88 (52.65) 3:20.20 (51.32)	

Men 70-74 500 Yard Freestyle From Split Requests

MN: 6:34.07 ! 4/13/2003 Dave G Anderson

NATL: 5:41.21 N 11/4/2018 DAN KIRKLAND

1	Anderson, Marc	70	Relaykers	NT	6:21.57!	
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Men 70-74 1000 Yard Freestyle

MN: 13:37.05 ! 4/14/2002 Dave G Anderson

NATL: 11:52.71 N 1/27/2019 DAN KIRKLAND

1	Anderson, Marc	70	Relaykers	NT	13:43.31	9
					40.82 1:24.46 (43.64) 2:06.23 (41.77) 2:48.16 (41.93)	
					3:30.14 (41.98) 4:11.56 (41.42) 4:52.97 (41.41) 5:34.20 (41.23)	
					6:15.50 (41.30) 6:56.85 (41.35) 7:39.16 (42.31) 8:20.27 (41.11)	
					9:01.89 (41.62) 9:42.70 (40.81) 10:24.54 (41.84) 11:05.28 (40.74)	
					11:46.24 (40.96) 12:26.94 (40.70) 13:06.65 (39.71) 13:43.31 (36.66)	

Men 70-74 1000 Yard Freestyle From Split Requests

MN: 13:37.05 ! 4/14/2002 Dave G Anderson

NATL: 11:52.71 N 1/27/2019 DAN KIRKLAND

1	Anderson, Marc	70	Relaykers	NT	13:16.42!	
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Men 70-74 1650 Yard Freestyle

MN: 22:44.75 ! 4/14/2002 Dave G Anderson

NATL: 20:29.18 N 5/20/2001 GRAHAM JOHNSTON

1	Anderson, Marc	70	Relaykers	22:00.01	22:09.95!	9
	34.64	1:11.96 (37.32)	1:50.55 (38.59)	2:29.26 (38.71)		
	3:08.04 (38.78)	3:46.52 (38.48)	4:25.65 (39.13)	5:04.57 (38.92)		
	5:43.77 (39.20)	6:21.57 (37.80)	7:06.98 (45.41)	7:50.23 (43.25)		
	8:32.20 (41.97)	9:12.37 (40.17)	9:52.67 (40.30)	10:33.76 (41.09)		
	11:14.40 (40.64)	11:55.15 (40.75)	12:36.30 (41.15)	13:16.42 (40.12)		
	14:00.28 (43.86)	14:41.15 (40.87)	15:22.20 (41.05)	16:03.70 (41.50)		
	16:44.59 (40.89)	17:25.52 (40.93)	18:06.87 (41.35)	18:47.95 (41.08)		
	19:29.33 (41.38)	20:09.92 (40.59)	20:50.98 (41.06)	21:31.74 (40.76)	22:09.95 (38.21)	

Men 70-74 50 Yard Backstroke From Split Requests

MN: 35.08 ! 5/10/2018 Robin Kleffman

NATL: 29.72 N 4/26/2015 RICHARD BURNS

1	Anderson, Marc	70	Relaykers	NT	34.14!	
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Men 70-74 100 Yard Backstroke

MN: 1:14.13 ! 5/10/2018 Robin Kleffman

NATL: 1:05.25 N 5/11/2018 HUGH WILDER

1	Kaplan, Mark	70	Relaykers	NT	2:02.20	9
	59.62	2:02.20 (1:02.58)				

Men 70-74 100 Yard Backstroke From Split Requests

MN: 1:14.13 ! 5/10/2018 Robin Kleffman

NATL: 1:05.25 N 5/11/2018 HUGH WILDER

1	Anderson, Marc	70	Relaykers	NT	1:13.03!	
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Men 70-74 200 Yard Backstroke

MN: 2:45.89 ! 5/10/2018 Robin Kleffman

NATL: 2:23.68 N 5/2/2014 RICHARD BURNS

1	Anderson, Marc	70	Relaykers	2:44.99	2:42.01!	9
	37.87	1:18.36 (40.49)	2:00.87 (42.51)	2:42.01 (41.14)		

Men 70-74 50 Yard Breaststroke

MN: 36.06 ! 4/11/2015 Jim L Pelissier

NATL: 31.70 N 4/30/2016 ROBERT STRAND

1	Kleffman, Robin	71	Relaykers	37.90	38.61	9
2	Anderson, Marc	70	Relaykers	34.00	42.38	7
3	Kaplan, Mark	70	Relaykers	NT	54.56	6

Men 70-74 100 Yard Breaststroke

MN: 1:20.36 ! 4/11/2015 Jim L Pelissier

NATL: 1:09.47 N 5/1/2016 ROBERT STRAND

1	Kleffman, Robin	71	Relaykers	1:25.00	1:29.49	9
	43.46	1:29.49 (46.03)				
2	Anderson, Marc	70	Relaykers	1:19.99	1:36.00	7
	41.14	1:36.00 (54.86)				

Men 70-74 200 Yard Breaststroke

MN: 3:00.79 ! 4/11/2015 Jim L Pelissier

NATL: 2:35.66 N 4/29/2016 ROBERT STRAND

1	Kaplan, Mark	70	Relaykers	NT	4:19.98	9
	59.20	2:05.35 (1:06.15)	3:14.84 (1:09.49)	4:19.98 (1:05.14)		

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Men 70-74 200 Yard Butterfly

MN: 3:08.07 ! 1/27/2019 Robin Kleffman

NATL: 2:30.83 N 3/23/2019 FRED SCHLICHER

1	Anderson, Marc	70	Relaykers	2:59.99	3:11.26	9
	41.38	1:29.39 (48.01)	2:18.89 (49.50)	3:11.26 (52.37)		

Men 70-74 200 Yard IM

MN: 2:47.39 ! 4/14/2018 Robin Kleffman

NATL: 2:26.42 N 4/30/2016 ROBERT STRAND

1	Anderson, Marc	70	Relaykers	2:39.99	2:45.78!	9
	35.16	1:17.70 (42.54)	2:07.84 (50.14)	2:45.78 (37.94)		

Men 75-79 50 Yard Freestyle

MN: 31.08 ! 1/27/2013 Pete Magee

NATL: 25.58 N 3/4/2012 JEFF FARRELL

1	Arlander, David	78	Relaykers	41.13	41.14	9
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Men 75-79 100 Yard Freestyle

MN: 1:08.36 ! 4/13/2013 Pete Magee

NATL: 58.68 N 5/10/2009 DAVID RADCLIFF

1	Bergman, John	77	Relaykers	1:12.00	1:19.23	9
	38.09	1:19.23 (41.14)				
2	Arlander, David	78	Relaykers	NT	1:31.17	7
	26.35	1:31.17 (1:04.82)				

Men 75-79 200 Yard Freestyle

MN: 2:35.47 ! 4/29/2007 Dave G Anderson

NATL: 2:08.77 N 5/10/2009 DAVID RADCLIFF

1	Arlander, David	78	Relaykers	3:35.00	3:23.33	9
	48.31	1:41.43 (53.12)	2:34.68 (53.25)	3:23.33 (48.65)		

Men 75-79 100 Yard Backstroke

MN: 1:25.76 ! 4/30/2017 John Bergman

NATL: 1:08.55 N 4/19/2009 BURWELL JONES

1	Bergman, John	77	Relaykers	1:30.00	1:30.20	9
	43.45	1:30.20 (46.75)				

Men 75-79 50 Yard Breaststroke

MN: 41.68 ! 4/14/1996 Raymond Hakomaki

NATL: 34.58 N 3/5/2017 MIKE FRESHLEY

1	Arlander, David	78	Relaykers	45.94	46.90	9
2	Bergman, John	77	Relaykers	NT	51.19	7

Men 75-79 100 Yard Breaststroke

MN: 1:33.89 ! 4/14/1996 Raymond Hakomaki

NATL: 1:16.74 N 9/18/2016 MIKE FRESHLEY

1	Arlander, David	78	Relaykers	1:43.47	1:44.97	9
	50.61	1:44.97 (54.36)				

Men 75-79 200 Yard Breaststroke

MN: 3:29.04 ! 4/14/1996 Raymond Hakomaki

NATL: 2:45.33 N 4/29/2016 MIKE FRESHLEY

1	Arlander, David	78	Relaykers	3:49.41	3:51.82	9
	51.80	1:50.21 (58.41)	2:52.22 (1:02.01)	3:51.82 (59.60)		

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Men 75-79 50 Yard Butterfly

MN: 41.36 ! 4/13/2013 Pete Magee

NATL: 28.99 N 1/14/2017 MIKE FRESHLEY

1	Bergman, John	77	Relaykers	38.00	42.48	9
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Men 80-84 50 Yard Freestyle

MN: 34.48 ! 1/28/2018 Pete Magee

NATL: 28.68 N 4/30/2017 FARRELL\FARRELL

1	Petersen, Niel	80	Relaykers	45.00	46.19	9
2	Kansas, Bill	83	Relaykers	55.00	1:01.99	7

Men 80-84 100 Yard Freestyle

MN: 1:20.60 ! 3/10/2018 Pete Magee

NATL: 1:04.60 N 5/3/2014 DAVID RADCLIFF

1	Kansas, Bill	83	Relaykers	2:00.00	2:33.57	9
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1:11.28 2:33.57 (1:22.29)

Men 80-84 50 Yard Backstroke

MN: 44.77 ! 4/1/2001 Raymond Hakomaki

NATL: 34.49 N 4/29/2016 YOSHI OYAKAWA

1	Kansas, Bill	83	Relaykers	1:09.00	1:21.08	9
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Men 80-84 100 Yard Backstroke

MN: 1:41.94 ! 12/3/2000 Raymond Hakomaki

NATL: 1:15.69 N 3/11/2017 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	2:30.00	3:04.87	9
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Men 80-84 50 Yard Breaststroke

MN: 44.96 ! 2/26/2017 Bill Kansas

NATL: 37.74 N 3/12/2016 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	50.00	59.37	9
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Men 80-84 100 Yard Breaststroke

MN: 1:40.33 ! 4/1/2001 Raymond Hakomaki

NATL: 1:24.10 N 2/14/2016 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	1:55.00	2:30.04	9
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1:12.43 2:30.04 (1:17.61)

Men 80-84 200 Yard Breaststroke

MN: 3:45.24 ! 4/1/2001 Raymond Hakomaki

NATL: 3:09.84 N 3/12/2016 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	4:00.00	4:49.07	9
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1:08.09 2:21.22 (1:13.13) 3:35.71 (1:14.49) 4:49.07 (1:13.36)

Men 80-84 50 Yard Butterfly

MN: 52.88 ! 4/8/2017 Bill Kansas

NATL: 33.32 N 3/11/2017 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	49.00	1:21.80	9
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Men 80-84 100 Yard Butterfly

MN: 2:14.27 ! 4/14/2018 Bill Kansas

NATL: 1:22.34 N 4/8/2017 DAVID COSTILL

1	Kansas, Bill	83	Relaykers	2:20.00	2:56.93	9
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1:27.55 2:56.93 (1:29.38)

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Men 80-84 100 Yard IM

MN: 1:47.56 ! 1/28/218 Pete Magee

NATL: 1:14.86 N 4/16/2016 DAVID COSTILL

1 Kansas, Bill 83 Relaykers 2:00.00 2:21.80 9
 1:12.82 2:21.80 (1:08.98)

Men 80-84 200 Yard IM

MN: 4:37.65 ! 4/14/2018 Bill Kansas

NATL: 2:53.98 N 2/21/2016 DAVID COSTILL

1 Kansas, Bill 83 Relaykers 4:30.00 5:48.20 9
 1:28.71 3:14.69 (1:45.98) 4:34.21 (1:19.52) 5:48.20 (1:13.99)

Men 80-84 400 Yard IM

MN: 9:27.08 ! 4/15/2018 Bill Kansas

NATL: 6:26.09 N 2/20/2016 DAVID COSTILL

1 Kansas, Bill 83 Relaykers 9:20.00 11:09.49 9
 1:36.65 4:44.22 () 6:15.36 (1:31.14)
 7:28.16 (1:12.80) 8:40.78 (1:12.62) 9:54.91 (1:14.13) 11:09.49 (1:14.58)

Men 90-94 1000 Yard Freestyle

MN: 59:59.99 ! 1/29/2016 No Record Swim

NATL: 18:13.07 N 11/9/2013 WILLARD LAMB

1 Gionfriddo, Nicola 91 South East Metro Sharks 31:00.00 31:43.55! 9
 1:25.98 2:55.79 (1:29.81) 4:26.78 (1:30.99) 5:59.99 (1:33.21)
 7:33.69 (1:33.70) 9:09.80 (1:36.11) 10:43.75 (1:33.95) 12:19.74 (1:35.99)
 13:55.45 (1:35.71) 15:32.57 (1:37.12) 17:09.81 (1:37.24) 18:46.18 (1:36.37)
 20:23.19 (1:37.01) 22:01.65 (1:38.46) 23:37.66 (1:36.01) 25:14.64 (1:36.98)
 26:52.87 (1:38.23) 28:30.20 (1:37.33) 30:07.84 (1:37.64) 31:43.55 (1:35.71)

Women 18+ 200 Yard Freestyle Relay

MN: 1:45.62 ! 4/18/2010 MINN

C Lamour, E Bjorklund, M Jacobsen, K Wind

NATL: 1:35.66 N 4/30/2016 CLUB TRIBE ALUM

G MIZERAK, S SHANER, C HURTUBISE, K GRIER

1 South East Metro Sharks A NT 1:57.96 18
 1) Schmitz, Sydney W19 2) Burd, Patricia W55 3) Schmitz, Karen W52 4) Gregory, Ashley W33
 28.01 57.83 (29.82) 1:28.47 (30.64) 1:57.96 (29.49)

Women 25+ 200 Yard Freestyle Relay

MN: 1:42.28 ! 4/23/2015 HOPK

K Vandam, S White-Olson, K Melsen, K Coombe

NATL: 1:35.01 N 4/25/2015 THE OLYMPIC CLU

O'DONNELL-MCCARTH, K KASTES, M GILL, K RAATZ

1 Hopkins Masters Swimming A NT 2:00.38 18
 1) Woodford, Molly W29 2) Etnier, Lara W49 3) Krejci, Rachel W36 4) Zemlin, Karen W51
 27.14 1:00.65 (33.51) 1:29.46 (28.81) 2:00.38 (30.92)

Women 25+ 400 Yard Freestyle Relay

MN: 4:00.03 ! 4/12/2015 HOPK

A Rittenhouse, K Vandam, K Melsen, K Coombe

NATL: 3:36.62 N 4/15/2018 CLUB TRIBE

G MIZERAK, V MAQUEDA, K GRIER, S SHANER

1 Hopkins Masters Swimming H NT 4:23.63 18
 1) White-Olson, Steff W32 2) Krejci, Rachel W36 3) Etnier, Lara W49 4) Woodford, Molly W29
 30.08 1:03.38 (1:03.38) 1:34.39 (31.01) 2:06.95 (1:03.57)
 2:42.73 (35.78) 3:22.94 (1:15.99) 3:51.54 (28.60) 4:23.63 (1:00.69)

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(Women 25+ 400 Yard Freestyle Relay)

2 Hopkins Masters Swimming	S	NT	4:56.31	14
1) Casey, Joan W54	2) Ballard, Barbara W59	3) Phillips, Nicki W49	4) Hilal, Susan W42	
32.06	1:08.08 (1:08.08)	1:43.45 (35.37)	2:21.86 (1:13.78)	
2:58.36 (36.50)	3:37.56 (1:15.70)	4:13.73 (36.17)	4:56.31 (1:18.75)	

Women 25+ 800 Yard Freestyle Relay

MN: 8:26.93 ! 4/15/2012 HOPK
K Vandam, J Stone, J Li, A Andersen
NATL: 7:43.29 N 2/23/2013 RED TIDE OF NYC
B O'CONNOR, W SPRAGUE, K GARY, K VANDENBERG

1 Hopkins Masters Swimming	S	NT	9:20.41	18
1) White-Olson, Steff W32	2) Krejci, Rachel W36	3) Woodford, Molly W29	4) Casey, Joan W54	
31.51	1:05.37 (1:05.37)	1:39.96 (1:39.96)	2:13.84 (2:13.84)	
2:46.94 (33.10)	3:23.77 (1:09.93)	4:00.84 (1:47.00)	4:36.52 (2:22.68)	
5:08.09 (31.57)	5:42.37 (1:05.85)	6:17.11 (1:40.59)	6:52.10 (2:15.58)	
7:25.17 (33.07)	8:02.71 (1:10.61)	8:42.12 (1:50.02)	9:20.41 (2:28.31)	

Women 25+ 200 Yard Medley Relay

MN: 1:52.16 ! 4/23/2015 HOPK
K Vandam, S White-Olson, K Melsen, K Coombe
NATL: 1:45.01 N 5/4/2008 SOUTHERN METHOD
L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

1 Hopkins Masters Swimming	P	NT	2:14.75	18
1) Woodford, Molly W29	2) Krejci, Rachel W36	3) Casey, Joan W54	4) White-Olson, Steff W32	
33.42	1:13.07 (39.65)	1:46.89 (33.82)	2:14.75 (27.86)	

Women 25+ 400 Yard Medley Relay

MN: 4:06.31 ! 4/12/2015 HOPK
K Vandam, S White-Olson, K Melsen, K Coombe
NATL: 4:00.63 N 4/8/2017 CLUB TRIBE
A CZAPLICKI, K HARRIS, M FALCONE, K GRIER

1 Hopkins Masters Swimming	S	NT	5:12.75	18
1) Etnier, Lara W49	2) Zemlin, Karen W51	3) Roberts, Christina W33	4) Krejci, Rachel W36	
41.18	1:25.14 (1:25.14)	2:09.81 (44.67)	2:58.69 (1:33.55)	
3:31.64 (32.95)	4:08.61 (1:09.92)	4:40.04 (31.43)	5:12.75 (1:04.14)	

Women 35+ 200 Yard Freestyle Relay

MN: 1:50.58 ! 4/8/2016 MINN
K Melsen, A Ode, S Biegler, J France
NATL: 1:36.42 N 2/1/2015 NCMS
K LINDAUER, A UHL, J STRINGER, E BRAUN

1 Minnesota Masters Swim Club	A	NT	2:31.46	18
1) Hilberg, Elizabeth W43	2) Fackler, Jennifer W51	3) Laden, Amanda W43	4) Burgess, Yo W61	
37.98	1:19.06 (41.08)	1:52.80 (33.74)	2:31.46 (38.66)	

Women 35+ 200 Yard Medley Relay

MN: 2:00.89 ! 5/13/2006 MTKA
T Burns, B Scouler, C Stolar, A Senn
NATL: 1:48.55 N 5/14/2006 COLORADO MASTER
S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

1 Hopkins Masters Swimming	K	NT	2:34.44	18
1) Etnier, Lara W49	2) Davis, Michelle W44	3) Ballard, Barbara W59	4) Hilal, Susan W42	
38.85	1:21.91 (43.06)	2:00.12 (38.21)	2:34.44 (34.32)	

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Women 55+ 200 Yard Freestyle Relay

MN: 2:21.36 ! 5/22/2010

MINN

NATL: 1:45.60 N 4/29/2017

M Jablonski, E Cutter, S Swartz, L Griffith

PALM BEACH MAST

K PIPES, E JONES, K TREIBLE SLATON, C WENZEL

1	Relaykers	B	NT	4:04.00	18
	1) Hromada, Sarah W57	2) Arradondo, Martha W72	3) Pierce, Sandra W75	4) Connelly, Elizabeth W68	
	35.27	1:37.02 (1:01.75)	3:15.16 (1:38.14)	4:04.00 (48.84)	

Women 55+ 400 Yard Freestyle Relay

MN: 5:06.18 ! 4/12/2015

HOPK

NATL: 4:04.74 N 2/13/2016

L Hoover, M Schwebach, B Ballard, S Swartz

UCLA BRUIN MAST

J HIRSTY, C CIRAULO, J COOK, V HIBBEN

1	Relaykers	A	NT	6:31.51	18
	1) Pendergast, Paula W64	2) Vonderharr, Mary W66	3) Bacon, AnnLiv W76	4) Hromada, Sarah W57	
	41.04	1:25.16 (1:25.16)	2:16.77 (51.61)	3:11.30 (1:46.14)	
	4:08.19 (56.89)		5:53.90 ()	6:31.51 ()	

Women 55+ 800 Yard Freestyle Relay

MN: 13:44.35 ! 4/12/2015

HOPK

NATL: 9:04.47 N 4/28/2013

B Dalton, S Swartz, M Schwebach, M Hoover

UCLA BRUIN MAST

V HIBBEN, K EINSIDLER, C CIRAULO, J COOK

1	Relaykers	A	NT	18:39.40	18
	1) Pendergast, Paula W64	2) Vonderharr, Mary W66	3) Pierce, Sandra W75	4) Bacon, AnnLiv W76	

Women 55+ 200 Yard Medley Relay

MN: 2:42.66 ! 5/22/2010

MINN

NATL: 1:59.24 N 4/29/2017

L Griffith, E Cutter, M Jablonski, S Swartz

PALM BEACH MAST

K PIPES, C WENZEL, E JONES, K TREIBLE SLATON

1	Relaykers	A	NT	4:50.59	18
	1) Arradondo, Martha W72	2) Pendergast, Paula W64	3) Vonderharr, Mary W66	4) Pierce, Sandra W75	
	1:18.76	3:09.62 ()	4:50.59 (1:40.97)		

Women 55+ 400 Yard Medley Relay

MN: 7:02.30 ! 1/27/2019

MINN

NATL: 4:38.48 N 4/26/2013

S Hromada, M Hoover, B Larsen, L Connelly

UCLA BRUIN MAST

K EINSIDLER, J COOK, C CIRAULO, V HIBBEN

1	Relaykers	A	NT	7:25.68	18
	1) Smollen, Carol W75	2) Pendergast, Paula W64	3) Vonderharr, Mary W66	4) Hromada, Sarah W57	
	55.78	1:54.49 (1:54.49)	2:40.89 (46.40)	3:32.84 (1:38.35)	
	4:44.58 (1:11.74)	6:11.24 (2:38.40)	6:47.77 (36.53)	7:25.68 (1:14.44)	

Women 65+ 200 Yard Freestyle Relay

MN: 2:42.25 ! 1/27/2019

MINN

NATL: 1:57.98 N 3/30/2019

B Larsen, M Vonderharr, M Conway, S Lee-Sheridan

NORTH TEXAS LON

J COLE, J WOOLSLAYER, K MACCURDY, C MCKELVEY

1	Relaykers	A	NT	2:46.57	18
	1) Lee-Sheridan, Sharon W67	2) Smollen, Carol W75	3) Conway, Mary W68	4) Vonderharr, Mary W66	
	34.77	1:20.50 (45.73)	2:00.17 (39.67)	2:46.57 (46.40)	

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Women 65+ 400 Yard Freestyle Relay

MN: 6:21.07 ! 2/23/2019 MINN

D Gregory, M Conway, M Vonderharr, B Larsen

NATL: 4:27.54 N 3/31/2019 NORTH TEXAS LON

J COLE, J WOOLSLAYER, K MACCOURDY, C MCKELVEY

1	Relayers	A	NT	6:29.34	18
	1) Conway, Mary W68	2) Connelly, Elizabeth W68	3) Smollen, Carol W75	4) Larsen, Babs W71	
	44.41	1:33.40 (1:33.40)	2:25.98 (52.58)	4:09.06 (2:35.66)	
	5:00.36 (51.30)	5:42.86 (1:33.80)	6:29.34 (46.48)		

Women 65+ 800 Yard Freestyle Relay

MN: 14:49.45 ! 4/14/2018 MINN

S Lee-Sheridan, C Bell, S Swartz, C Smollen

NATL: 10:23.97 N 5/6/2017 VIRGINIA MASTER

B BOSLEGO, M BARRY, K UMBDENSTOCK, S LOFTUS-CHARLE

1	Relayers	A	NT	13:46.69!	18
	1) Larsen, Babs W71	2) Connelly, Elizabeth W68	3) Conway, Mary W68	4) Smollen, Carol W75	
	43.56	1:31.76 (1:31.76)	2:21.85 (2:21.85)	3:11.12 (3:11.12)	
	4:02.66 (51.54)	4:59.64 (1:48.52)	5:55.63 (2:44.51)	6:49.78 (3:38.66)	
	7:35.15 (45.37)	8:26.55 (1:36.77)	9:18.86 (2:29.08)	10:08.95 (3:19.17)	
	10:59.39 (50.44)	11:55.09 (1:46.14)	12:51.23 (2:42.28)	13:46.69 (3:37.74)	

Women 65+ 200 Yard Medley Relay

MN: 3:14.14 ! 4/9/2016 MINN

C Smollen, M Hoover, B Larsen, A Tripps

NATL: 2:21.19 N 3/31/2019 NORTH TEXAS LON

J WOOLSLAYER, C MCKELVEY, K MACCOURDY, J COLE

1	Relayers	A	NT	3:18.55	18
	1) Smollen, Carol W75	2) Conway, Mary W68	3) Larsen, Babs W71	4) Connelly, Elizabeth W68	
	1:43.28	2:30.85 (47.57)	3:18.55 (47.70)		

Women 65+ 400 Yard Medley Relay

MN: 7:04.55 ! 4/8/2016 MINN

C Smollen, M Hoover, B Larsen, J Nicol

NATL: 5:27.83 N 5/6/2017 VIRGINIA MASTER

M BARRY, B BOSLEGO, S LOFTUS-CHARLEY, K UMBDENSTOC

1	Relayers	A	NT	7:16.55	18
	1) Lee-Sheridan, Sharon W67	2) Conway, Mary W68	3) Larsen, Babs W71	4) Bacon, AnnLiv W76	
	46.64	1:33.21 (1:33.21)	2:25.92 (52.71)		
	4:16.19 ()		6:10.67 ()	7:16.55 ()	

Men 18+ 200 Yard Freestyle Relay

MN: 1:32.48 ! 1/25/2015 Sunday Swim Tea

M Girard, R Simson, W Simson, J Timmer

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

N BRUNELLI, C JONES, N WESTBY, J SKUBA

1	Minnesota Masters Swim Club	A	NT	1:29.99!	18
	1) Hingtgen, Zach M23	2) Becker, Noah M21	3) Vennefron, Chase M23	4) Boston, Bryce M23	
	24.11	47.39 (23.28)	1:08.54 (21.15)	1:29.99 (21.45)	
2	Nort'landers Swim Club	A	NT	1:38.03	14
	1) Ongalo, Garrett M21	2) Bongers, Austin M24	3) Licari, Robert M18	4) Braski, Jonathan M34	
	24.58	49.77 (25.19)	1:15.09 (25.32)	1:38.03 (22.94)	

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Men 18+ 400 Yard Freestyle Relay

MN: 3:21.31 ! 4/11/1987 MINN

M Gernes, J Gernes, L Nyman, G Asmus

NATL: 3:01.60 N 2/13/2016 GOLDEN ROAD AQU

M MARSHALL, N KORTH, M JABEN, T COX

1	Nort'landers Swim Club	B	NT	3:57.57	18
	1) Pogue, Thomas M65	2) Bongers, Austin M24	3) Ongalo, Garrett M21	4) Braski, Jonathan M34	
	24.95	52.01 (52.01)	1:17.91 (25.90)	1:47.47 (55.46)	
	2:20.62 (33.15)	2:56.38 (1:08.91)	3:25.40 (29.02)	3:57.57 (1:01.19)	

Men 18+ 800 Yard Freestyle Relay

MN: 7:56.10 ! 4/14/2018 HOPK

R Miksch, A Carpenter, J Anderson, S Tripps

NATL: 6:53.52 N 4/14/2018 CLUB TRIBE

L BUREAU, J HENDERSON, A GLASS, A GREENHALGH

1	Minnesota Masters Swim Club	A	NT	7:36.56!	18
	1) Vennefron, Chase M23	2) Boston, Bryce M23	3) Hingtgen, Zach M23	4) Becker, Noah M21	
	25.53	53.92 (53.92)	1:22.98 (1:22.98)	1:52.08 (1:52.08)	
	2:17.47 (25.39)	2:46.54 (54.46)	3:15.78 (1:23.70)	3:44.82 (1:52.74)	
	4:10.82 (26.00)	4:40.65 (55.83)	5:10.97 (1:26.15)	5:42.09 (1:57.27)	
	6:07.18 (25.09)	6:36.02 (53.93)	7:05.99 (1:23.90)	7:36.56 (1:54.47)	
2	Macalester Masters	A	NT	8:46.22	14
	1) Rupp, Christopher M38	2) King, Robert M55	3) Mann, Stephen M45	4) Josephson, Wilson M24	
	27.45	58.53 (58.53)	1:30.41 (1:30.41)	2:01.21 (2:01.21)	
	2:31.71 (30.50)	3:05.82 (1:04.61)	3:40.65 (1:39.44)	4:15.32 (2:14.11)	
	4:51.52 (36.20)	5:32.08 (1:16.76)	6:13.39 (1:58.07)	6:52.65 (2:37.33)	
	7:17.16 (24.51)	7:46.08 (53.43)	8:16.27 (1:23.62)	8:46.22 (1:53.57)	
3	Nort'landers Swim Club	A	NT	11:45.53	12
	1) Pogue, Thomas M65	2) Hafdahl, Jim M63	3) Timmerman, Tim M47	4) Brown, Jeffrey M57	
	45.03	1:35.18 (1:35.18)	2:25.82 (2:25.82)	3:15.20 (3:15.20)	
	3:53.72 (38.52)	4:38.87 (1:23.67)	5:25.12 (2:09.92)	6:09.04 (2:53.84)	
	6:45.53 (36.49)	7:24.52 (1:15.48)	8:05.55 (1:56.51)	8:45.40 (2:36.36)	
	9:27.92 (42.52)	10:15.13 (1:29.73)	11:00.97 (2:15.57)	11:45.53 (3:00.13)	

Men 18+ 200 Yard Medley Relay

MN: 1:38.04 ! 4/23/2015 MINN

L Vestrum, B Jacobson, J Seaburg, J Arnold

NATL: 1:26.71 N 5/2/2014 THE OLYMPIC CLU

A SAETA, N KOON, N ADRIAN, A ERVIN

1	Minnesota Masters Swim Club	A	NT	1:38.17	18
	1) Becker, Noah M21	2) Bond, Riley M20	3) Boston, Bryce M23	4) Vennefron, Chase M23	
	26.42	54.06 (27.64)	1:16.79 (22.73)	1:38.17 (21.38)	
2	Nort'landers Swim Club	A	NT	2:03.45	14
	1) Braski, Jonathan M34	2) Bongers, Austin M24	3) Pogue, Thomas M65	4) Ongalo, Garrett M21	
	33.21	1:06.97 (33.76)	1:40.94 (33.97)	2:03.45 (22.51)	
3	Macalester Masters	A	NT	2:07.36	12
	1) Mann, Stephen M45	2) Reeder, David M50	3) Risberg, Jeffrey M62	4) Josephson, Wilson M24	
	30.48	1:12.54 (42.06)	1:45.64 (33.10)	2:07.36 (21.72)	

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Men 18+ 400 Yard Medley Relay

MN: 3:39.18 ! 4/12/2014 St Cloud YMCA

R Simson, J Hausauer, K Cordry, J Larson

NATL: 3:24.55 N 4/2/2016 ARIZONA MASTERS

D ADALSTEINSSON, D KNITTLE, B CREAGER, Z DALBY

1	Minnesota Masters Swim Club	A	NT	3:40.43	18
	1) Becker, Noah M21	2) Bond, Riley M20	3) Boston, Bryce M23	4) Vennefron, Chase M23	
	27.36	57.02 (57.02)	1:25.73 (28.71)	1:58.35 (1:01.33)	
	2:23.48 (25.13)	2:51.53 (53.18)	3:15.02 (23.49)	3:40.43 (48.90)	
2	Nort'landers Swim Club	B	NT	4:26.51	14
	1) Bongers, Austin M24	2) Braski, Jonathan M34	3) Licari, Robert M18	4) Ongalo, Garrett M21	
	36.80	1:16.13 (1:16.13)	1:46.96 (30.83)	2:24.14 (1:08.01)	
	2:55.23 (31.09)	3:34.14 (1:10.00)	3:58.48 (24.34)	4:26.51 (52.37)	

Men 25+ 200 Yard Freestyle Relay

MN: 1:26.37 ! 4/13/2013 Sunday Swim Tea

M Girard, J Timmer, M Woodson, W Simson

NATL: 1:19.71 N 4/7/2018 RICE AQUATICS

W WAGNER, A SURHOFF, D HILL, B COLLINS

1	Minnesota Ice Swim Club	A	NT	1:38.92	18
	1) Parker, Adam M42	2) Larson, Mark M56	3) Paquin, Luke M31	4) Jacobson, Brian M45	
	26.91	53.92 (27.01)	1:17.06 (23.14)	1:38.92 (21.86)	
2	Hopkins Masters Swimming	K	NT	1:38.95	14
	1) Dobbs, Jack M30	2) Tripps, Scott M49	3) Anderson, Joseph M34	4) Kaufmann, Gordy M52	
	26.03	50.02 (23.99)	1:13.43 (23.41)	1:38.95 (25.52)	
3	South East Metro Sharks	A	NT	1:43.92	12
	1) Schmitz, William M52	2) Nelson, Justin M32	3) Peterfeso, Nathen M40	4) Burks, Jonathan M31	
	25.60	51.90 (26.30)	1:19.25 (27.35)	1:43.92 (24.67)	

Men 25+ 400 Yard Freestyle Relay

MN: 3:12.17 ! 4/12/2014 Sunday Swim Tea

M Girard, J Timmer, M Woodson, W Simson

NATL: 2:56.95 N 4/8/2018 RICE AQUATICS

W WAGNER, A SURHOFF, B COLLINS, D HILL

1	South East Metro Sharks	A	NT	3:50.15	18
	1) Schmitz, William M52	2) Nelson, Justin M32	3) Peterfeso, Nathen M40	4) Burks, Jonathan M31	
	27.25	55.44 (55.44)	1:23.86 (28.42)	1:54.23 (58.79)	
	2:22.93 (28.70)	2:55.27 (1:01.04)	3:21.45 (26.18)	3:50.15 (54.88)	
2	Hopkins Masters Swimming	O	NT	4:42.80	14
	1) Pasko, Paul M54	2) Pittelkow, Jeff M44	3) Dobbs, Jack M30	4) Anderson, Joseph M34	
	48.40	1:52.65 (1:52.65)	2:21.32 (28.67)	2:53.94 (1:01.29)	
	3:21.09 (27.15)	3:51.73 (57.79)	4:16.40 (24.67)	4:42.80 (51.07)	

Men 25+ 800 Yard Freestyle Relay

MN: 7:25.38 ! 2/23/2013 Sunday Swim Tea

M Girard, J Timmer, M Woodson, W Simson

NATL: 6:33.89 N 4/7/2018 RICE AQUATICS

B COLLINS, W WAGNER, D HILL, A SURHOFF

1	Hopkins Masters Swimming	H	NT	8:47.03	18
	1) Dobbs, Jack M30	2) Anderson, Joseph M34	3) Pittelkow, Jeff M44	4) Kurus, Doobie M46	
	28.73	1:00.31 (1:00.31)	1:32.91 (1:32.91)	2:04.60 (2:04.60)	
	2:31.45 (26.85)	3:01.34 (56.74)	3:31.84 (1:27.24)	4:01.89 (1:57.29)	
	4:32.79 (30.90)	5:06.97 (1:05.08)	5:42.43 (1:40.54)	6:18.06 (2:16.17)	
	6:51.25 (33.19)	7:27.89 (1:09.83)	8:07.12 (1:49.06)	8:47.03 (2:28.97)	

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Men 25+ 200 Yard Medley Relay

MN: 1:34.85 ! 4/12/2014 Sunday Swim Tea

M Woodson, J Timmer, W Simson, M Girard

NATL: 1:27.81 N 4/29/2017 GOLDEN ROAD AQU

R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

1	Minnesota Ice Swim Club	A	NT	1:58.81	18
	1) Paquin, Luke M31	2) Hoke, James M32	3) Jacobson, Brian M45	4) Kirsch, Kevin M48	
	27.84	1:05.01 (37.17)	1:29.11 (24.10)	1:58.81 (29.70)	
2	Hopkins Masters Swimming	I	NT	2:02.15	14
	1) Dobbs, Jack M30	2) Anderson, Joseph M34	3) Pittelkow, Jeff M44	4) Kurus, Doobie M46	
	29.07	1:00.57 (31.50)	1:32.66 (32.09)	2:02.15 (29.49)	

Men 25+ 400 Yard Medley Relay

MN: 3:31.23 ! 4/12/2014 Sunday Swim Tea

M Woodson, J Timmer, W Simson, M Girard

NATL: 3:17.17 N 4/7/2018 RICE AQUATICS

A SURHOFF, E FRIEDLAND, B COLLINS, W WAGNER

1	Hopkins Masters Swimming	H	NT	4:13.63	18
	1) Dobbs, Jack M30	2) Tripps, Scott M49	3) Anderson, Joseph M34	4) Kaufmann, Gordy M52	
	31.10	1:03.49 (1:03.49)	1:36.05 (32.56)	2:13.98 (1:10.49)	
	2:41.42 (27.44)	3:13.52 (59.54)	3:41.98 (28.46)	4:13.63 (1:00.11)	
---	Hopkins Masters Swimming	O	NT	DQ	
	Stroke Infraction swimmer #1: Non-simultaneous arms - fly				
	1) Schlichting, Randy M54	2) Redding, Steven M52	3) Pittelkow, Jeff M44	4) Bergquist, Davdi M34	
	31.02	1:03.36 (1:03.36)	1:42.93 (39.57)	2:26.23 (1:22.87)	
	2:58.94 (32.71)	3:43.37 (1:17.14)	4:03.01 (19.64)	DQ (1:08.59)	

Men 35+ 200 Yard Freestyle Relay

MN: 1:33.45 ! 4/11/1992 MINN

P Windrath, L Nyman, J Lukens, N Leigh

NATL: 1:23.32 N 5/29/2010 LONGHORN AQUATI

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

1	Hopkins Masters Swimming	I	NT	1:56.55	18
	1) Schlichting, Randy M54	2) Redding, Steven M52	3) Pittelkow, Jeff M44	4) Kurus, Doobie M46	
	26.68	59.40 (32.72)	1:27.01 (27.61)	1:56.55 (29.54)	
2	Minnesota Masters Swim Club	A	NT	1:57.77	14
	1) Shiek, Jameson M44	2) Stephenson, Paul M53	3) Nieters, Mark M50	4) Ewing, Michael M52	
	34.64	1:02.08 (27.44)	1:31.60 (29.52)	1:57.77 (26.17)	

Men 35+ 400 Yard Freestyle Relay

MN: 3:19.38 ! 4/14/1996 MINN

P Windrath, J Lukens, D Mattai, N Leigh

NATL: 3:06.12 N 5/30/2010 LONGHORN AQUATI

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

1	St Cloud YMCA	A	NT	4:03.06	18
	1) Rammel, John M35	2) Opehim, Robert M40	3) Sieben, Christopher M55	4) Ewing, Michael M52	
	28.99	1:00.23 (1:00.23)	1:31.62 (31.39)	2:08.39 (1:08.16)	
	2:35.95 (27.56)	3:06.21 (57.82)	3:33.41 (27.20)	4:03.06 (56.85)	

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Men 45+ 200 Yard Freestyle Relay

MN: 1:38.34 ! 4/29/2007 MINN

B Holthus, C D Andersen, T Emison, M Burns

NATL: 1:27.70 N 5/4/2008 ARIZONA MASTERS

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

1	Nort'landers Swim Club	B	NT	2:12.03	18
	1) Brown, Jeffrey M57	2) Licari, Robert M60	3) Punyko, Bill M60	4) Timmerman, Tim M47	
	34.14	1:04.37 (30.23)	1:32.95 (28.58)	2:12.03 (39.08)	

Men 45+ 400 Yard Freestyle Relay

MN: 3:39.13 ! 4/29/2007 MINN

B Holthus, M Burns, D Smith, T Emison

NATL: 3:18.25 N 5/7/2010 WILDCAT ALUMNI

A JAEGER, T HARVILL, M VOLZING, D CUNNIFF

1	Hopkins Masters Swimming	P	NT	4:12.88	18
	1) Gundersen, Rick M58	2) Kurus, Doobie M46	3) Redding, Steven M52	4) Tripps, Scott M49	
	27.44	56.25 (56.25)	1:29.31 (33.06)	2:05.22 (1:08.97)	
	2:39.96 (34.74)	3:17.09 (1:11.87)	3:43.06 (25.97)	4:12.88 (55.79)	
2	Hopkins Masters Swimming	K	NT	4:18.27	14
	1) Schlichting, Randy M54	2) Ness, Randal M56	3) Collins, Craig M59	4) Brands, William M55	
	29.08	59.61 (59.61)	1:29.89 (30.28)	2:02.46 (1:02.85)	
	2:34.17 (31.71)	3:09.52 (1:07.06)	3:41.62 (32.10)	4:18.27 (1:08.75)	
3	Nort'landers Swim Club	A	NT	5:22.01	12
	1) Carroll, Pat M66	2) Brown, Perry M67	3) Hafdahl, Jim M63	4) Timmerman, Tim M47	
	32.37	1:06.94 (1:06.94)	1:26.06 (19.12)	2:16.30 (1:09.36)	
	3:01.57 (45.27)	3:51.07 (1:34.77)	4:35.05 (43.98)	5:22.01 (1:30.94)	

Men 45+ 800 Yard Freestyle Relay

MN: 8:05.13 ! 4/29/2007 MINN

T Emison, M Burns, D Smith, C D Andersen

NATL: 7:22.85 N 5/8/2010 WILDCAT ALUMNI

A JAEGER, S TRIMBLE, M VOLZING, D CUNNIFF

1	Hopkins Masters Swimming	A	NT	9:07.46	18
	1) Ruehle, Tom M55	2) Collins, Craig M59	3) Brands, William M55	4) Tripps, Scott M49	
	29.52	1:03.26 (1:03.26)	1:35.73 (1:35.73)	2:06.60 (2:06.60)	
	2:38.44 (31.84)	3:13.67 (1:07.07)	3:50.50 (1:43.90)	4:26.91 (2:20.31)	
	4:59.84 (32.93)	5:39.13 (1:12.22)	6:20.32 (1:53.41)	7:00.11 (2:33.20)	
	7:27.87 (27.76)	7:59.88 (59.77)	8:34.04 (1:33.93)	9:07.46 (2:07.35)	

Men 45+ 200 Yard Medley Relay

MN: 1:48.18 ! 4/8/2017 MINN-SCY

M Moran, M Ewing, C Sieben, C Kvaal

NATL: 1:36.56 N 5/23/2010 GEORGIA MASTERS

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

1	Hopkins Masters Swimming	N	NT	2:10.45	18
	1) Ruehle, Tom M55	2) Collins, Craig M59	3) Tripps, Scott M49	4) Brands, William M55	
	33.15	1:13.21 (40.06)	1:39.84 (26.63)	2:10.45 (30.61)	
2	St Cloud YMCA	A	NT	2:13.09	14
	1) Vollkommer, Paul M63	2) Ewing, Michael M52	3) Sieben, Christopher M55	4) Nieters, Mark M50	
	43.84	1:14.65 (30.81)	1:42.85 (28.20)	2:13.09 (30.24)	
3	Hopkins Masters Swimming	A	NT	2:35.99	12
	1) Redding, Steven M52	2) Shireman, Mark M64	3) Ness, Randal M56	4) Pasko, Paul M54	
	39.72	1:20.18 (40.46)	1:53.88 (33.70)	2:35.99 (42.11)	

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(Men 45+ 200 Yard Medley Relay)

4	Nort'landers Swim Club	C		NT	2:43.73	10
	1) Stewart, Charles M67	2) Hafdahl, Jim M63	3) Carroll, Pat M66	4) Timmerman, Tim M47		
	37.86	1:31.77 (53.91)	2:07.81 (36.04)	2:43.73 (35.92)		

Men 55+ 200 Yard Freestyle Relay

MN: 1:41.98 ! 5/1/2014

MINN

M Anderson, J Lukens, D Lamour, D Smith

NATL: 1:32.18 N 4/11/2009

OREGON MASTERS

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

1	Relaykers	A		NT	1:50.60	18
	1) Kochendorfer, James M58	2) Smith, Darrell M62	3) Daniels, Scott M55	4) Holthus, Brian M61		
	27.78	56.92 (29.14)	1:22.96 (26.04)	1:50.60 (27.64)		
2	Hopkins Masters Swimming	N		NT	1:55.58	14
	1) Ruehle, Tom M55	2) Brands, William M55	3) Ness, Randal M56	4) Collins, Craig M59		
	25.23	56.17 (30.94)	1:24.44 (28.27)	1:55.58 (31.14)		
3	Relaykers	B		NT	2:02.12	12
	1) Kleffman, Robin M71	2) Bovard, Ralph M66	3) Cheng, Edward M59	4) Hodgson, Thomas M69		
	30.80	1:00.48 (29.68)	1:27.17 (26.69)	2:02.12 (34.95)		
4	Nort'landers Swim Club	C		NT	2:13.59	10
	1) Stewart, Charles M67	2) Hafdahl, Jim M63	3) Carroll, Pat M66	4) Brown, Perry M67		
	32.96	1:13.85 (40.89)	1:42.72 (28.87)	2:13.59 (30.87)		

Men 55+ 400 Yard Freestyle Relay

MN: 4:00.05 ! 3/11/2016

MINN

B Gilman, B Holthus, J Kochendorfer, B Paakh

NATL: 3:28.26 N 3/28/2015

CMS

K ANDERSON, M MANN, C PETERSEN, G SCOTT

1	Relaykers	A		NT	4:20.87	18
	1) Fleming, Patrick M58	2) Fischer, Kenneth M58	3) Nelson, Curtis M63	4) Holthus, Brian M61		
	29.23	1:01.36 (1:01.36)	1:31.87 (30.51)	2:04.77 (1:03.41)		
	2:39.37 (34.60)	3:48.46 (1:43.69)	4:20.87 (32.41)			

Men 55+ 800 Yard Freestyle Relay

MN: 9:01.99 ! 2/22/2014

YSG

T Emison, D Lamour, B Holthus, D Smith

NATL: 7:42.24 N 3/29/2015

CMS

M MANN, C PETERSEN, G SCOTT, K ANDERSON

1	Relaykers	A		NT	9:59.70	18
	1) Nelson, Curtis M63	2) Fischer, Kenneth M58	3) Cheng, Edward M59	4) Holthus, Brian M61		
	38.16	1:22.19 (1:22.19)	2:09.26 (2:09.26)	3:04.86 (3:04.86)		
	3:28.16 (23.30)	4:04.09 (59.23)	4:40.36 (1:35.50)	5:16.22 (2:11.36)		
	5:47.30 (31.08)	6:20.70 (1:04.48)	6:54.89 (1:38.67)	7:29.24 (2:13.02)		
	7:49.35 (20.11)	8:40.91 (1:11.67)	9:21.19 (1:51.95)	9:59.70 (2:30.46)		

Men 55+ 200 Yard Medley Relay

MN: 1:52.00 ! 4/9/2016

MINN

B Holthus, J Kochendorfer, D Smith, B Paakh

NATL: 1:45.32 N 4/11/2009

OREGON MASTERS

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

1	Relaykers	A		NT	1:54.10	18
	1) Holthus, Brian M61	2) Kochendorfer, James M58	3) Smith, Darrell M62	4) Daniels, Scott M55		
	31.16	1:00.92 (29.76)	1:29.10 (28.18)	1:54.10 (25.00)		

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(Men 55+ 200 Yard Medley Relay)

2	Nort'landers Swim Club	B		NT	2:02.40	14
	1) Punyko, Bill M60	2) Licari, Robert M60	3) Kelson, Aaron M58	4) Brown, Jeffrey M57		
	33.07	1:06.62 (33.55)	1:35.15 (28.53)	2:02.40 (27.25)		
3	Relaykers	B		NT	2:31.48	12
	1) Kaplan, Mark M70	2) Fleming, Patrick M58	3) Fischer, Kenneth M58	4) Cheng, Edward M59		
	56.65	1:31.37 (34.72)	2:03.86 (32.49)	2:31.48 (27.62)		

Men 55+ 400 Yard Medley Relay

MN: 4:14.78 ! 3/11/2016 MINN

B Holthus, J Kochendorfer, D Smith, B Paakh

NATL: 3:57.13 N 3/28/2015 CMS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

1	Relaykers	B		NT	4:03.80!	18
	1) Daniels, Scott M55	2) Kochendorfer, James M58	3) Smith, Darrell M62	4) Paakh, Bruce M61		
	30.24	1:02.68 (1:02.68)	1:32.65 (29.97)	2:07.10 (1:04.42)		
	2:36.00 (28.90)	3:10.02 (1:02.92)	3:35.37 (25.35)	4:03.80 (53.78)		
2	Relaykers	A		NT	5:11.98	14
	1) Holthus, Brian M61	2) Kleffman, Robin M71	3) Fleming, Patrick M58	4) Bovard, Ralph M66		
	35.42	1:12.80 (1:12.80)	1:54.80 (42.00)	2:41.41 (1:28.61)		
	3:15.97 (34.56)	3:55.13 (1:13.72)	4:32.83 (37.70)	5:11.98 (1:16.85)		
3	Hopkins Masters Swimming	A		NT	5:18.23	12
	1) Ruehle, Tom M55	2) Brands, William M55	3) Ness, Randal M56	4) Collins, Craig M59		
	33.81	1:09.20 (1:09.20)	1:51.56 (42.36)	2:42.72 (1:33.52)		
	3:20.15 (37.43)	4:08.54 (1:25.82)	4:30.44 (21.90)	5:18.23 (1:09.69)		

Men 65+ 400 Yard Freestyle Relay

MN: 4:13.59 ! 4/8/2017 MINN

G Vandam, R Kleffman, J Bachman, M Anderson

NATL: 3:48.65 N 4/16/2016 VENTURA COUNTY

G GRUBER, J MC CONICA, H KERNS, B ROLLINS

1	Relaykers	A		NT	5:11.35	18
	1) Kleffman, Robin M71	2) Kaplan, Mark M70	3) Hodgson, Thomas M69	4) Bovard, Ralph M66		
	34.04	1:09.62 (1:09.62)	1:53.93 (44.31)	2:39.99 (1:30.37)		
	3:17.10 (37.11)	3:58.62 (1:18.63)	4:33.59 (34.97)	5:11.35 (1:12.73)		

Men 65+ 800 Yard Freestyle Relay

MN: 10:12.88 ! 1/22/2017 MINN

M Anderson, G Fine, R Kleffman, D Kornblatt

NATL: 8:32.89 N 4/17/2016 VENTURA COUNTY

J MC CONICA, B ROLLINS, H KERNS, G GRUBER

1	Relaykers	A		NT	13:21.86	18
	1) Hodgson, Thomas M69	2) Kleffman, Robin M71	3) Bovard, Ralph M66	4) Kansas, Bill M83		
	40.67	1:26.84 (1:26.84)	2:13.72 (2:13.72)	2:59.71 (2:59.71)		
	3:36.48 (36.77)	4:16.74 (1:17.03)	4:58.58 (1:58.87)	5:39.23 (2:39.52)		
	6:17.85 (38.62)	6:59.66 (1:20.43)	7:42.33 (2:03.10)	8:31.86 (2:52.63)		
	9:28.54 (56.68)	12:05.17 (3:33.31)	13:21.86 (4:50.00)			

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Men 65+ 200 Yard Medley Relay

MN: 2:07.56 ! 1/22/2017 MINN

D Kornblatt, G Fine, R Kleffman, M Anderson

NATL: 1:51.58 N 5/10/2009 SAN DIEGO SWIM

V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

1	Relaykers	A	NT	2:17.51	18
	1) Anderson, Marc M70	2) Strother, Patrick M65	3) Bovard, Ralph M66	4) Kleffman, Robin M71	
	34.14	1:09.15 (35.01)	1:46.03 (36.88)	2:17.51 (31.48)	
2	Relaykers	B	NT	3:36.61	14
	1) Hodgson, Thomas M69	2) Arlander, David M78	3) Kansas, Bill M83	4) Petersen, Niel M80	
	40.87	1:28.84 (47.97)	2:50.75 (1:21.91)	3:36.61 (45.86)	

Men 65+ 400 Yard Medley Relay

MN: 4:56.80 ! 4/8/2017 MINN

M Anderson, R Kleffman, G Vandam, J Bachman

NATL: 4:21.08 N 4/17/2016 VENTURA COUNTY

J MC CONICA, B ROLLINS, H KERNS, G GRUBER

1	Relaykers	A	NT	6:15.44	18
	1) Hodgson, Thomas M69	2) Fine, Gary M68	3) Anderson, Marc M70	4) Kaplan, Mark M70	
	47.57	1:38.13 (1:38.13)	2:21.54 (43.41)	3:09.04 (1:30.91)	
	3:50.95 (41.91)	4:41.20 (1:32.16)	5:26.39 (45.19)	6:15.44 (1:34.24)	

Men 75+ 200 Yard Freestyle Relay

MN: 2:45.05 ! 1/22/2017 MINN

P Magee, D Arlander, B Kansas, N Petersen

NATL: 1:56.99 N 3/31/2019 SAN DIEGO SWIM

M FRESHLEY, L WALKER, T RALPHS, P ANDERSEN

1	Relaykers	A	NT	3:04.99	18
	1) Kansas, Bill M83	2) Petersen, Niel M80	3) Arlander, David M78	4) Bergman, John M77	
	1:06.12	1:51.31 (45.19)	2:31.86 (40.55)	3:04.99 (33.13)	

Mixed 18+ 200 Yard Freestyle Relay

MN: 1:32.96 ! 4/12/2015 MINN

B Jacobson, L Greenberg, N Kennedy, T Behrens

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

1	Macalester Masters	A	NT	1:35.08	18
	1) Vandam, Kathryn W34	2) Pilhofer, Sophie W28	3) Rupp, Christopher M38	4) Josephson, Wilson M24	
	25.24	49.58 (24.34)	1:13.64 (24.06)	1:35.08 (21.44)	
2	Nort'landers Swim Club	A	NT	2:00.21	14
	1) Punyko, Kelly W22	2) Seliga-Punyko, Judy W61	3) Punyko, Bill M60	4) Brown, Perry M67	
	26.16	1:02.69 (36.53)	1:31.25 (28.56)	2:00.21 (28.96)	

Mixed 18+ 200 Yard Medley Relay

MN: 1:40.23 ! 4/12/2015 MINN

T Behrens, L Greenberg, N Kennedy, B Jacobson

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

1	South East Metro Sharks	A	NT	2:06.31	18
	1) Schmitz, Karen W52	2) Schmitz, Sydney W19	3) Peterfeso, Nathen M40	4) Schmitz, William M52	
	34.68	1:13.00 (38.32)	1:41.85 (28.85)	2:06.31 (24.46)	
2	Nort'landers Swim Club	A	NT	2:06.35	14
	1) Punyko, Kelly W22	2) Seliga-Punyko, Judy W61	3) Bongers, Austin M24	4) Punyko, Bill M60	
	28.63	1:10.64 (42.01)	1:37.47 (26.83)	2:06.35 (28.88)	

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(Mixed 18+ 200 Yard Medley Relay)

3	Nort'landers Swim Club	B	NT	2:14.40	12
	1) Licari, Robert M18	2) Licari, Robert M60	3) Walling, Shannon W35	4) Flessert, Amy W34	
	39.31	1:13.62 (34.31)	1:42.03 (28.41)	2:14.40 (32.37)	

Mixed 25+ 200 Yard Freestyle Relay

MN: 1:39.54 ! 4/15/2012 HOPK

J Stone, J Hvistendahl, J Li, L B Johnson

NATL: 1:27.70 N 4/28/2017 THE OLYMPIC CLU

M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD

1	Hopkins Masters Swimming	H	NT	1:41.77	18
	1) White-Olson, Steff W32	2) Woodford, Molly W29	3) Dobbs, Jack M30	4) Anderson, Joseph M34	
	26.99	53.99 (27.00)	1:18.67 (24.68)	1:41.77 (23.10)	
2	South East Metro Sharks	A	NT	1:47.64	14
	1) Burks, Jonathan M31	2) Burd, Patricia W55	3) Gregory, Ashley W33	4) Schmitz, William M52	
	24.60	53.90 (29.30)	1:23.61 (29.71)	1:47.64 (24.03)	

Mixed 25+ 400 Yard Freestyle Relay

MN: 3:40.11 ! 4/9/2017 MINN-MACAL

C Rupp, L Arnosti, K Dahlager, G Schneider-Bateman

NATL: 3:16.12 N 4/29/2016 THE OLYMPIC CLU

A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE

1	Hopkins Masters Swimming	I	NT	3:54.63	18
	1) Dobbs, Jack M30	2) Krejci, Rachel W36	3) Anderson, Joseph M34	4) Roberts, Christina W33	
	28.18	57.79 (57.79)	1:28.66 (30.87)	2:01.58 (1:03.79)	
	2:28.08 (26.50)	2:55.98 (54.40)	3:23.80 (27.82)	3:54.63 (58.65)	
2	Hopkins Masters Swimming	S	NT	4:27.48	14
	1) Woodford, Molly W29	2) Phillips, Nicki W49	3) Gundersen, Rick M58	4) Kurus, Doobie M46	
	29.39	1:01.28 (1:01.28)	1:37.11 (35.83)	2:16.31 (1:15.03)	
	2:46.64 (30.33)	3:19.95 (1:03.64)	3:51.60 (31.65)	4:27.48 (1:07.53)	

Mixed 25+ 800 Yard Freestyle Relay

MN: 8:04.30 ! 4/9/2017 MINN-MACAL

G Schneider-Bateman, L Arnosti, K Dahlager, C Rupp

NATL: 7:20.49 N 4/9/2017 CLUB TRIBE

M FALCONE, K GRIER, L ROBBINS, K GALLAGHER

1	Hopkins Masters Swimming	H	NT	8:54.77	18
	1) Roberts, Christina W33	2) Zemlin, Karen W51	3) Anderson, Joseph M34	4) Tripps, Scott M49	
	30.01	1:03.03 (1:03.03)	1:36.70 (1:36.70)	2:10.27 (2:10.27)	
	2:44.69 (34.42)	3:22.48 (1:12.21)	4:00.44 (1:50.17)	4:37.39 (2:27.12)	
	5:05.99 (28.60)	5:38.79 (1:01.40)	6:11.84 (1:34.45)	6:43.99 (2:06.60)	
	7:13.88 (29.89)	7:47.25 (1:03.26)	8:21.56 (1:37.57)	8:54.77 (2:10.78)	

Mixed 25+ 200 Yard Medley Relay

MN: 1:50.64 ! 4/15/2012 HOPK

L B Johnson, R Thorpe, K Vandam, A Andersen

NATL: 1:35.20 N 4/26/2015 ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

1	Hopkins Masters Swimming	H	NT	1:57.42	18
	1) Dobbs, Jack M30	2) Anderson, Joseph M34	3) Roberts, Christina W33	4) Woodford, Molly W29	
	29.64	1:00.52 (30.88)	1:30.61 (30.09)	1:57.42 (26.81)	
2	South East Metro Sharks	A	NT	2:09.96	14
	1) Burks, Jonathan M31	2) Gregory, Ashley W33	3) Drake, R Dru M64	4) Burd, Patricia W55	
	30.65	1:09.68 (39.03)	1:39.87 (30.19)	2:09.96 (30.09)	

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Mixed 25+ 400 Yard Medley RelayMN: **4:08.06 !** 4/16/2011 **HOPK**

S Tripps, L B Johnson, K Vandam, K Marentette
NATL: 3:45.13 N 4/25/2010 RED TIDE OF NYC
K GARY, N WERNER, T SHPAIZER, D LIPPIN

1 Hopkins Masters Swimming	N	NT	4:21.19	18
1) Dobbs, Jack M30	2) White-Olson, Steff W32	3) Anderson, Joseph M34	4) Krejci, Rachel W36	
29.36	1:01.92 (1:01.92)	1:35.14 (33.22)	2:13.43 (1:11.51)	
2:43.27 (29.84)	3:17.85 (1:04.42)	3:48.56 (30.71)	4:21.19 (1:03.34)	

Mixed 35+ 200 Yard Freestyle RelayMN: **1:38.19 !** 4/19/2009 **HOPK**

S Williams, T Ruehle, K Zemlin, S Tripps
NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN
K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

1 Hopkins Masters Swimming	O	NT	2:04.31	18
1) Frimmerman-Bergquist, Sandra W2	Krejci, Rachel W36	3) Pittelkow, Jeff M44	4) Pasko, Paul M54	
30.22	58.51 (28.29)	1:25.54 (27.03)	2:04.31 (38.77)	
2 St Cloud YMCA	A	NT	2:04.86	14
1) Malmanger, Katherine W40	2) Hines, Lisa W56	3) Nieters, Mark M50	4) Ewing, Michael M52	
37.20	1:11.03 (33.83)	1:39.21 (28.18)	2:04.86 (25.65)	

Mixed 35+ 400 Yard Freestyle RelayMN: **3:48.60 !** 4/19/2009 **HOPK**

J McCarthy, S Williams, K Zemlin, R Woodworth
NATL: 3:26.42 N 4/29/2016 NORTH CAROLINA
H STEWART, E BRAUN, K LINDAUER, V FLETCHER

1 St Cloud YMCA	A	NT	4:52.54	18
1) Nieters, Mark M50	2) Malmanger, Katherine W40	3) Tinglov, Gale W62	4) Sieben, Christopher M55	
31.76	1:06.35 (1:06.35)	1:42.77 (36.42)	2:24.52 (1:18.17)	
3:04.16 (39.64)	3:50.68 (1:26.16)	4:11.43 (20.75)	4:52.54 (1:01.86)	
2 Minnesota Masters Swim Club	A	NT	5:17.44	14
1) Shiek, Jameson M44	2) Hilberg, Elizabeth W43	3) Stephenson, Paul M53	4) Burgess, Yo W61	
35.75	1:19.66 (1:19.66)	1:59.13 (39.47)	2:47.16 (1:27.50)	
3:17.75 (30.59)	3:50.35 (1:03.19)	4:10.33 (19.98)	5:17.44 (1:27.09)	

Mixed 35+ 800 Yard Freestyle RelayMN: **8:19.98 !** 4/19/2009 **HOPK**

K Zemlin, K Lindblom, T Ruehle, S Tripps
NATL: 7:24.36 N 4/17/2005 ILLINOIS MASTER
L DILLMANN, J RIDGE, R KURZA, M KELLER

1 Hopkins Masters Swimming	O	NT	9:53.63	18
1) Phillips, Nicki W49	2) Hunter, Sarah W45	3) Pittelkow, Jeff M44	4) Collins, Craig M59	
38.03	1:18.65 (1:18.65)	2:00.05 (2:00.05)	2:41.05 (2:41.05)	
3:15.89 (34.84)	3:54.68 (1:13.63)	4:34.41 (1:53.36)	5:13.37 (2:32.32)	
5:43.71 (30.34)	6:18.05 (1:04.68)	6:53.96 (1:40.59)	7:29.79 (2:16.42)	
8:02.38 (32.59)	8:38.61 (1:08.82)	9:16.55 (1:46.76)	9:53.63 (2:23.84)	

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Mixed 35+ 200 Yard Medley Relay

MN: 1:51.44 ! 4/30/2017 MINN

M Moran, B Jacobson, K Melson, M Morris

NATL: 1:39.85 N 5/22/2010 COLORADO MASTER

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

1	Hopkins Masters Swimming	P	NT	2:16.25	18
	1) Gundersen, Rick M58	2) Krejci, Rachel W36	3) Kaufmann, Gordy M52	4) Hunter, Sarah W45	
	35.35	1:15.47 (40.12)	1:44.22 (28.75)	2:16.25 (32.03)	
2	St Cloud YMCA	A	NT	2:19.29	14
	1) Malmanger, Katherine W40	2) Ewing, Michael M52	3) Sieben, Christopher M55	4) Tinglov, Gale W62	
	41.17	1:12.42 (31.25)	1:40.49 (28.07)	2:19.29 (38.80)	
3	Minnesota Masters Swim Club	A	NT	2:38.41	12
	1) Fackler, Jennifer W51	2) Laden, Amanda W43	3) Stephenson, Paul M53	4) Shiek, Jameson M44	
	53.33	1:33.24 (39.91)	2:06.54 (33.30)	2:38.41 (31.87)	

Mixed 35+ 400 Yard Medley Relay

MN: 4:19.56 ! 4/16/2009 HOPK

K Lindblom, T Lee, S Tripps, K Zemlin

NATL: 3:48.70 N 4/19/2009 WALNUT CREEK MA

D SANTOS, R SANTOS, A ZAMANIAN, D BOATWRIGHT

1	Hopkins Masters Swimming	I	NT	5:00.72	18
	1) Etnier, Lara W49	2) Davis, Michelle W44	3) Tripps, Scott M49	4) Pittelkow, Jeff M44	
	39.87	1:22.16 (1:22.16)	2:06.96 (44.80)	2:57.24 (1:35.08)	
	3:25.33 (28.09)	4:00.03 (1:02.79)	4:28.48 (28.45)	5:00.72 (1:00.69)	

Mixed 45+ 200 Yard Freestyle Relay

MN: 1:45.74 ! 5/1/2011 MINN

T Emison, P Emison, N Kryka, B Holthus

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

1	Hopkins Masters Swimming	P	NT	1:55.50	18
	1) Etnier, Lara W49	2) Casey, Joan W54	3) Tripps, Scott M49	4) Kurus, Doobie M46	
	33.12	1:02.28 (29.16)	1:31.24 (28.96)	1:55.50 (24.26)	

Mixed 45+ 400 Yard Freestyle Relay

MN: 4:13.82 ! 4/8/2016 MINN-HOPK

R Ness, K Zemlin, J Casey, R Schlichting

NATL: 3:33.11 N 1/19/2019 NORTH CAROLINA

H STEWART, A HOLLAND, M ANDERSEN, E BRAUN

---	Hopkins Masters Swimming	N	NT	DQ	
	Early take-off swimmer #4				
	1) Etnier, Lara W49	2) Brands, William M55	3) Tripps, Scott M49	4) Zemlin, Karen W51	
	37.04	1:18.56 (1:18.56)	1:51.40 (32.84)	2:28.60 (1:10.04)	
	2:57.00 (28.40)	3:28.81 (1:00.21)	4:03.27 (34.46)	DQ (1:11.95)	

Mixed 45+ 200 Yard Medley Relay

MN: 2:00.97 ! 4/9/2016 MINN-HOPK

R Schlichting, S Tripps, J Casey, K Zemlin

NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

1	Hopkins Masters Swimming	O	NT	2:18.75	18
	1) Etnier, Lara W49	2) Brands, William M55	3) Tripps, Scott M49	4) Zemlin, Karen W51	
	37.74	1:17.45 (39.71)	1:44.70 (27.25)	2:18.75 (34.05)	

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Mixed 45+ 400 Yard Medley Relay

MN: 4:21.83 ! 4/12/2015

HOPK

NATL: 4:00.80 N 5/2/2004

R Schlichting, S Tripps, J Casey, K Zemlin

OREGON MASTERS

K ANDRUS-HUGHES, P ALLENDER, C CRABBE, M TENNANT

1 Hopkins Masters Swimming	K	NT	5:14.60	18
1) Ballard, Barbara W59	2) Shireman, Mark M64	3) Casey, Joan W54	4) Collins, Craig M59	
37.98	1:18.62 (1:18.62)	2:00.06 (41.44)	2:48.01 (1:29.39)	
3:24.75 (36.74)	4:07.26 (1:19.25)	4:39.86 (32.60)	5:14.60 (1:07.34)	

Mixed 55+ 200 Yard Freestyle Relay

MN: 2:00.71 ! 1/27/2019

MINN

NATL: 1:38.64 N 4/9/2017

D Lamour, S Lee, S Hromada, D Smith

NORTH CAROLINA

F MCEACHRAN, N CLARK, S WALSH, J KLEIN

1 Relaykers	A	NT	2:25.63	18
1) Bovard, Ralph M66	2) Cheng, Edward M59	3) Pendergast, Paula W64	4) Bacon, AnnLiv W76	
30.19	56.47 (26.28)	1:33.03 (36.56)	2:25.63 (52.60)	

Mixed 55+ 400 Yard Freestyle Relay

MN: 5:29.08 ! 4/9/2017

MINN-HOPK

NATL: 3:48.60 N 4/1/2012

M Hoover, D Selby, C Collins, M Anderson

PLANO WETCATS

T BARTON, J GOODING, L MORRISON, K MACCURITY

1 Relaykers	C	NT	8:33.62	18
1) Kansas, Bill M83	2) Hromada, Sarah W57	3) Pierce, Sandra W75	4) Bovard, Ralph M66	
1:09.12	2:33.67 (2:33.67)	3:09.91 (36.24)	3:47.62 (1:13.95)	
5:31.64 (1:44.02)	7:17.16 (3:29.54)	7:55.18 (38.02)	8:33.62 (1:16.46)	

Mixed 55+ 200 Yard Medley Relay

MN: 2:16.12 ! 2/23/2019

MINN

NATL: 1:50.70 N 4/8/2017

P Pendergast, P Fleming, D Smith, S Lee

NORTH CAROLINA

F MCEACHRAN, N VESTAL, J KLEIN, S WALSH

1 Relaykers	A	NT	2:35.67	18
1) Hromada, Sarah W57	2) Kleffman, Robin M71	3) Anderson, Marc M70	4) Pendergast, Paula W64	

Mixed 55+ 400 Yard Medley Relay

MN: 5:17.31 ! 2/23/2019

MINN

NATL: 4:12.46 N 4/28/2018

P Pendergast, J Kochendorfer, D Smith, L Hines

ILLINOIS MASTER

D SIMS, A SEIBT, A BLOCK, H KAFKA

1 Relaykers	A	NT	5:37.67	18
1) Holthus, Brian M61	2) Pendergast, Paula W64	3) Fleming, Patrick M58	4) Connelly, Elizabeth W68	
33.38	1:08.97 (1:08.97)	1:53.59 (44.62)	2:43.60 (1:34.63)	
3:06.94 (23.34)	3:51.82 (1:08.22)	4:43.48 (51.66)	5:37.67 (1:45.85)	
2 Relaykers	B	NT	8:56.56	14
1) Nelson, Curtis M63	2) Kleffman, Robin M71	3) Vonderharr, Mary W66	4) Pierce, Sandra W75	
41.03	1:24.19 (1:24.19)	1:45.01 (20.82)	2:05.07 (40.88)	
2:51.55 (46.48)		7:10.25 ()	8:56.56 ()	

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Mixed 65+ 200 Yard Freestyle Relay

MN: 2:14.83 ! 4/9/2016

MINN

B Larsen, M Anderson, C Smollen, G Fine

NATL: 1:49.23 N 4/28/2017

PUGET SOUND MAS

C DAVIS, S PREISSLER, W HAYES, R COLELLA

1	Relayers	A	NT	2:10.35!	18
	1) Anderson, Marc M70	2) Conway, Mary W68	3) Larsen, Babs W71	4) Strother, Patrick M65	
	26.51	1:04.88 (38.37)	1:43.54 (38.66)	2:10.35 (26.81)	
2	Relayers	B	NT	2:54.02	14
	1) Hodgson, Thomas M69	2) Connelly, Elizabeth W68	3) Arradondo, Martha W72	4) Kleffman, Robin M71	
	33.22	1:22.18 (48.96)	2:54.02 (1:31.84)		

Mixed 65+ 400 Yard Freestyle Relay

MN: 5:25.50 ! 2/20/2016

MINN

M Hoover, M Anderson, G Fine, B Larsen

NATL: 4:19.23 N 3/11/2017

PALM BEACH MAST

D QUIGGIN, B JOHNSTON, F HARE, L CHILDS

1	Relayers	A	NT	5:07.23!	18
	1) Anderson, Marc M70	2) Conway, Mary W68	3) Lee-Sheridan, Sharon W67	4) Johnston, Jay M66	
	29.69	1:00.84 (1:00.84)	1:43.63 (42.79)	2:30.49 (1:29.65)	
	3:10.95 (40.46)	3:56.80 (1:26.31)	4:30.40 (33.60)	5:07.23 (1:10.43)	
2	Relayers	B	NT	5:52.07	14
	1) Hodgson, Thomas M69	2) Larsen, Babs W71	3) Connelly, Elizabeth W68	4) Kleffman, Robin M71	
	40.85	1:23.81 (1:23.81)	2:07.71 (43.90)	2:56.16 (1:32.35)	
	3:47.69 (51.53)	4:41.71 (1:45.55)	5:16.33 (34.62)	5:52.07 (1:10.36)	

Mixed 65+ 800 Yard Freestyle Relay

MN: 10:59.00 ! 2/20/2016

MINN

M Anderson, B Larsen, C Smollen, G Vandam

NATL: 9:30.28 N 4/7/2017

TAMALPAIS AQUAT

R BURNS, L VAL, L SHOENBERGER, A BERNARD

1	Relayers	A	NT	11:18.49	18
	1) Anderson, Marc M70	2) Lee-Sheridan, Sharon W67	3) Larsen, Babs W71	4) Bovard, Ralph M66	
	32.65	1:07.86 (1:07.86)	1:44.65 (1:44.65)	2:20.26 (2:20.26)	
	3:01.79 (41.53)	3:49.06 (1:28.80)	4:36.48 (2:16.22)	5:21.52 (3:01.26)	
	6:06.18 (44.66)	6:57.10 (1:35.58)	7:49.95 (2:28.43)	8:41.09 (3:19.57)	
	9:17.99 (36.90)	9:58.48 (1:17.39)	10:40.03 (1:58.94)	11:18.49 (2:37.40)	
2	Relayers	B	NT	12:52.72	14
	1) Fine, Gary M68	2) Connelly, Elizabeth W68	3) Conway, Mary W68	4) Hodgson, Thomas M69	
	38.49	1:20.49 (1:20.49)	2:04.82 (2:04.82)	2:49.69 (2:49.69)	
	3:40.11 (50.42)	4:35.19 (1:45.50)	5:30.79 (2:41.10)	6:24.50 (3:34.81)	
	7:10.17 (45.67)	8:01.41 (1:36.91)	8:53.04 (2:28.54)	9:42.86 (3:18.36)	
	10:25.51 (42.65)	11:14.60 (1:31.74)	12:04.70 (2:21.84)	12:52.72 (3:09.86)	

Mixed 65+ 200 Yard Medley Relay

MN: 2:32.84 ! 2/20/2016

MINN

B Larsen, M Hoover, G Vandam, M Anderson

NATL: 2:04.19 N 4/30/2017

PUGET SOUND MAS

S PREISSLER, R COLELLA, C DAVIS, W HAYES

1	Relayers	A	NT	2:44.06	18
	1) Larsen, Babs W71	2) Conway, Mary W68	3) Kaplan, Mark M70	4) Johnston, Jay M66	
	47.90	1:36.16 (48.26)	2:07.85 (31.69)	2:44.06 (36.21)	
2	Relayers	B	NT	3:29.97	14
	1) Arradondo, Martha W72	2) Vonderharr, Mary W66	3) Bovard, Ralph M66	4) Hodgson, Thomas M69	
	1:17.38	2:15.59 (58.21)	2:51.04 (35.45)	3:29.97 (38.93)	

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Mixed 65+ 400 Yard Medley Relay

MN: 5:35.43 ! 4/9/2016

MINN

NATL: 5:20.49 N 4/1/2007

B Larsen, M Anderson, G Vandam, C Smollen
SAN DIEGO SWIM
B JORDAN, B BEST, M FRESHLEY, G CLIFFORD

1	Relaykers	A	NT	5:51.93	18
	1) Anderson, Marc M70	2) Bovard, Ralph M66	3) Larsen, Babs W71	4) Conway, Mary W68	
	35.95	1:13.03 (1:13.03)	1:53.93 (40.90)	2:39.64 (1:26.61)	
	3:28.09 (48.45)	4:24.03 (1:44.39)	5:05.48 (41.45)	5:51.93 (1:27.90)	

Mixed 75+ 200 Yard Freestyle Relay

MN: 3:22.91 ! 2/23/2019

MINN

NATL: 2:26.97 N 4/15/2018

a Bacon, B Kansas, N Petersen, C Smollen
VIRGINIA MASTER
B SCHREINER, L WALKER, E GAULRAPP, K NOVELL

1	Relaykers	A	NT	3:53.04	18
	1) Arlander, David M78	2) Smollen, Carol W75	3) Petersen, Niel M80	4) Pierce, Sandra W75	
	40.51	1:26.91 (46.40)	2:12.66 (45.75)	3:53.04 (1:40.38)	

Mixed 75+ 400 Yard Freestyle Relay

MN: 7:30.64 ! 2/23/2019

MINN

NATL: 5:33.36 N 4/8/2018

A Bacon, N Petersen, B Kansas, C Smollen
ARIZONA MASTERS
A WORTH, K MCKINNEY, J FRITZ, C GOODMAN

1	Relaykers	A	NT	6:53.18!	18
	1) Petersen, Niel M80	2) Smollen, Carol W75	3) Bacon, AnnLiv W76	4) Bergman, John M77	
	51.11	1:49.38 (1:49.38)	2:38.02 (48.64)	3:29.94 (1:40.56)	
	4:26.06 (56.12)	5:34.88 (2:04.94)	6:12.67 (37.79)	6:53.18 (1:18.30)	

Mixed 75+ 800 Yard Freestyle Relay

MN: 59:59.99 ! 12/30/2016

No Record

NATL: 12:18.74 N 4/19/2009

None, None, None, None
WALNUT CREEK MA
R MAYO, A HIRSCH, N STUPFEL, D MONROE

1	Relaykers	A	NT	17:22.62!	18
	1) Smollen, Carol W75	2) Bacon, AnnLiv W76	3) Kansas, Bill M83	4) Arlander, David M78	
	49.02	1:42.73 (1:42.73)	2:40.20 (2:40.20)	3:35.03 (3:35.03)	
	4:34.91 (59.88)	5:45.22 (2:10.19)	7:01.58 (3:26.55)	9:32.97 (5:57.94)	
	11:01.88 (1:28.91)	12:28.77 (2:55.80)	13:51.55 (4:18.58)		
	14:42.34 ()	15:37.31 ()	16:31.83 ()	17:22.62 ()	

Mixed 75+ 200 Yard Medley Relay

MN: 4:24.32 ! 1/27/2019

MINN

NATL: 2:46.58 N 5/10/2009

C Smollen, D Arlander, B Kansas, S Pierce
WALNUT CREEK MA
D BROWN, N STUPFEL, J ALEXANDER, D MONROE

1	Relaykers	A	NT	4:45.62	18
	1) Smollen, Carol W75	2) Arlander, David M78	3) Kansas, Bill M83	4) Pierce, Sandra W75	
	52.12	1:40.76 (48.64)	3:09.96 (1:29.20)	4:45.62 (1:35.66)	

2019 SCY State Championship Meet - 4/13/2019 to 4/14/2019
Minnesota Masters Swimming SCY State Championship Meet, Sanction #: 309-S003
Results

Mixed 75+ 400 Yard Medley Relay

MN: 8:14.35 ! 2/23/2019 MINN

C Smollen, D Arlander, B Kansas, A Bacon

NATL: 6:38.57 N 4/8/2017 ARIZONA MASTERS

J FRITZ, K MCKINNEY, C GOODMAN, A WORTH

1	Relaykers	B	NT	8:41.07	18
	1) Smollen, Carol W75	2) Arlander, David M78	3) Kansas, Bill M83	4) Bacon, AnnLiv W76	
	55.50	1:54.02 (1:54.02)	2:45.00 (50.98)	3:41.47 (1:47.45)	
	5:05.98 (1:24.51)	6:37.62 (2:56.15)	7:33.41 (55.79)	8:41.07 (2:03.45)	

Combined Team Scores

Combined Team Scores - Through Event 64

1. Relaykers	1755	2. Hopkins Masters Swimming	1485
3. Nort'landers Swim Club	750	4. South East Metro Sharks	422
5. St Cloud YMCA	347	6. Macalester Masters	323
7. Minnetonka Masters	274	8. Minnesota Ice Swim Club	151
9. Life Time Swim Minnesota	117	10. Mako Aquatics Masters	95
11. Edina Swim Club	87	12. Riptide Masters	67
13. Dakota Masters	55	14. Iowa Masters	43
15. KnightCrawlers	36	15. JD Aquatic Masters	36
17. Unattached	28	18. I Swim Masters Team	25
18. St. Louis Area Masters	25	20. Sea Devils Masters	21
21. Omaha Masters Swim Club	18	22. Binghamton Univ Masters	16
22. West Express	16	24. Piranhas Master's Workout Grou	14
25. Ywca of St Paul	12	26. Star Masters	3